

Four Tips For Nightly Debriefing

Debriefing each night is one of the most valuable parts of a mission experience. It helps teams process what God is doing, build unity, and prepare their hearts for the next day. Here are five simple and effective practices Prayer Plan Missions encourages every team to use:

1. Worship

- Begin each debrief with a short time of worship. Worship sets the tone, recenters the group on Christ, and creates a sense of unity among the team.
- Music helps people relax, open up, and engage more deeply in discussion.

2. Ask Leading Questions

Prepare a few intentional questions to guide meaningful conversation. Some effective options include:

- “If you were to tweet something right now to summarize your day, what would it say?”
- “What did you experience today that you’ve never experienced before?”
- “Did you see God working in a teammate today?”

Good questions help people reflect, share, and recognize God’s activity throughout the day.

3. Use Different Sharing Strategies

Keep the debrief engaging by using a variety of sharing methods:

- **Partner Share** – Pair everyone up and have them share a highlight and a lowlight.
- **Open Share** – Anyone can speak at any time..

These strategies help quieter voices be heard and keep the group energized.

4. End in Prayer

- Ask specific team members to lead the closing prayer.
- For youth teams or groups needing guidance, assign each person a topic (e.g., safety, unity, host families, next day’s ministry).
- Finish with a positive, uplifting prayer to send the team into the next day encouraged and expectant.