

Gyeonggi Suwon International School Menu

<November>

Korean Menu					Fri(11.1)
					No School
Intern ational Menu					
	Mon(11.4)	Tue(11.5)	Wed(11.6)	Thu(11.7)	Fri(11.8)
Korean Menu	Korean-Style Clam Noodles 1,4,5,7,12,13,15 Barley Rice / Steamed Rice Steamed Dumpling 1,2,4,5,8,10,12,13,15,17 Korean Jelly Salad White Kimchi Kimchi 4,7	Braised Pork w/ Kimchi (ES-w/ Soy Sauce) 2,4,5,7,8,12,13,15 Steamed Rice Bean Paste Soup 4,5 Rolled Egg 1,4,5 Seasoned Bean Sprouts White Kimchi Radish Kimchi 4,7	Korean-Style Chicken Soup 2,4,5,7,12,13,15 Steamed Rice Buckwheat Crepe 4,5,8 Braised Tofu (ES-w/ Soy Sauce) 4,5,7,12,13,15 Seasoned Dried Squid (ES-Seasoned Dried Squid) 4,5,14 Cucumber salad (ES-Cucumber salad) White Kimchi Radish Kimchi 4,7	Stir-Fried Pork w/ Bean Sprout (ES-w/ Soy Sauce) 2,4,5,7,8,12,13 Steamed Rice Bean Paste Soup 4,5 Soft Tofu & Soy Sauce 4,5 Cabbage Wraps 4,5 White Kimchi Kimchi 4,7	Stir-Fried Chicken w/ Corn Cheese (ES-w/ Soy Sauce) 2,4,5,7,12,13 Steamed Rice Kelp & Radish Soup 2,4,5,7,12,13 Stir Fried Potatoes 2,4,5,7,12,13 Tofu & Korean Greens 4,5 White Kimchi Kimchi 4,7
Intern ational Menu	Swiss Steak 1,2,4,5,8,10,12,13,15 Steamed Rice Honey Carrots 4,5 Hemp Seed Salad 4,5	Jalapeno Chicken 1,2,4,5,7,12,13,15 Steamed Rice Mixed Vegetables 2,4,5,15 Oat Salad 4,5,10	Omelet Rice 1,2,4,5,7,8,10,12,13,15,17 Fried Shrimp 4,5,7 Grilled Eggplant Salad 4,5,17	Pulled Pork Burger 1,2,4,5,7,8,10,12,13,15,17 Fried Potatoes & Ketchups 4,5,10 Hand-Made Pickle	Beef Noodles 2,4,5,7,12,13,15 Steamed Dumpling 1,4,5,12,13,15 Jjasai

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<Food Allergy Notice> 1.Egg 2.Milk 3.Peanut 4.Soybean 5.Wheat 6.Mackerel 7.Shrimp 8.Pork 9.Peach 10.Tomato 11.Walnut 12.Chicken

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<November>

	Mon(11.11)	Tue(11.12)	Wed(11.13)	Thu(11.14)	Fri(11.15)
Korean Menu	Beef Soup w/ Pepper (ES-Clear Beef Soup) 2,4,5,7,8,12,13,15 Steamed Rice Korean Meat Balls 1,2,4,5,8,10,12,13,15 Braised Tofu (ES-Braised Tofu) 4,5 Braised Soybeans 4,5 White Kimchi Radish Kimchi 4,7	Stewed Chicken w/ Soy Sauce 1,2,4,5,7,8,10,12,13,15 Steamed Rice Kimchi Soup (ES-Bean Paste Soup) 1,2,4,5,7,8,10,12,13,15 Stir fried Pumpkin 4,5,15 Seasoned Bean Sprouts (ES-Seasoned Bean Sprouts) 4,5 White Kimchi Radish Kimchi 4,7	Stir Fried Smoked Duck 1,2,4,5,7,8,10,12,13,14,15 Multigrain Rice / Steamed Rice Spicy Bean Sprout Soup (ES-Bean Sprout Soup) 4,5 Stewed Sweet Pumpkin 4,5 White Radish cabbage 17 White Kimchi Kimchi 4,7	Crab Meat & Egg Fried Rice & Jjajang Sauce 1,2,4,5,7,8,10,12,13,15,18 Steamed Rice Spicy Seafood Soup w/ Soft Tofu (ES-Seafood Soup w/ Soft Tofu) 1,2,4,5,7,8,10,12,13,15 Sweet & Sour Pork 1,2,4,5,8,10,12,13,15 Dried Radish Pickle 17 White Kimchi Kimchi 4,7	Spicy Stir-Fried Chicken (ES-Stir-Fried Chicken) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Perilla Soup w/ Sujebi 1,2,4,5,8,10,12,13,15 Stir-fried Mushroom 1,2,4,5,8,10,12,13,15,19 Seasoned Green 4,5 White Kimchi Radish Kimchi 4,7
International Menu	Bolognese Spaghetti 2,4,5,7,8,10,12,13,15 Garlic Bread 1,2,4,5 Cobb Salad 1	Assorted Cutlets (Pork Cutlet & Fish Cutlet) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Potato Salad 1,2,4,5 Coleslaw 1,4,5 Cream Soup 1,2,4,5,7,8,10,12,13,15	Yakiudon 1,2,4,5,7,8,9,10,12,13,14,15 Okonomiyaki 1,2,4,5,7,8,10,12,13,14,15 Lotus root chip Salad 4,5,10,17	<Thanksgiving Day> Roasted Chicken & Mashed Potatoes 1,2,4,5,7,8,10,12,13,15 Steamed Rice Grilled Vegetables 1,2,4,5,7,8,10,12,13,15 Macaroni & Cheese 1,2,4,5,7,8,10,12,13,15 Cream of Mushroom Soup 1,2,4,5,7,8,10,12,13,15	Barbecue Pork Ribs & Pilaf 1,2,4,5,7,8,10,12,13,15 Dutch Salad 1,2,4,5,7,8,10,12,13,15
	Mon(11.18)	Tue(11.19)	Wed(11.20)	Thu(11.21)	Fri(11.22)
Korean Menu	Stir Fried Pork w/ Galbi Sauce 1,2,4,5,7,8,10,12,13,15 Steamed Rice Squid Radish Soup 1,2,4,5,8,10,12,13,14,15 Lotus Salad 2,4,5 Denil's tongue jelly & vegetable (Denil's tongue jelly & vegetable) 4,5 White Kimchi Kimchi 4,7	Bulgogi Tteokbokki (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 Steamed Rice / Flying Fish Roe Rice Udon Soup 4,5,6,7 Fried Dumpling & Fried Seaweed Roll 4,5 Radish Pickle 17 White Kimchi Kimchi 4,7	Stewed Chicken w/ Sweet Pumpkin (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Bean Paste Soup 4,5 Stir fried Anchovies 4,5 Seasoned White Radish 4,5 White Kimchi Kimchi 4,7	Stir Fried Pork w/ Kimchi & Tofu (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,15 Steamed Rice Seaweed Soup 4,5 Seasoned Green 4,5 White Kimchi Radish Kimchi 4,7	Beef Soup 1,2,4,5,7,8,10,12,13,15 Steamed Rice Korean Meatballs 1,2,4,5,7,8,10,12,13,15 Pickled Chili White Kimchi Radish Kimchi 4,7
International Menu	French Toast 1,2,4,5 Grilled Sausage 1,2,4,5,8,10,12,13,15 Scrambled Eggs 1,2,4,5	Pork Bourguignon w/ Penne 1,2,4,5,7,8,10,12,13,15 Hand made Pickle	Shoyu Ramen 1,2,4,5,7,8,10,12,13,15 Octopus Balls 1,4,5 Spinach & Mandarin Salad	New York Hot Dog 1,2,4,5,8,10,12,13,15 Fried Potatoes & Ketchup 4,5,10	Pork Cutlet Kimchi Nabe 1,2,4,5,7,8,10,12,13,15 Fried Tofu 4,5 Pickled Ginger & Japanese

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<November>

	Mon(11.25)	Tue(11.26)	Wed(11.27)	Thu(11.28)	Fri(11.29)
Korean Menu	Jeonju Style Bibimbap 1,2,4,5,7,8,12,13,15 Steamed Rice Bean Paste Soup 4,5 Corn Dog 1,2,4,5,8,10,12,13,15 Jab Chai 4,5 Seasoned Green White Kimchi Kimchi 4,7	Stir Fried Squid (ES-w/ Soy Sauce) 1,2,4,5,7,8,10,12,13,14,15 Steamed Rice Mushroom Soup 4,5,20 Steamed Egg 1,4,5 Seasoned Green 4,5 White Kimchi Kimchi 4,7	Pork Rice Soup w/ Sundae 1,2,4,5,7,8,10,12,13,15 Steamed Rice Kimchi Pancake 1,2,4,5,7 (ES-Corn Pancake) 1,2,4,5 Seasoned Green (ES-Seasoned Green) 4,5 White Kimchi Radish Kimchi 4,7	Stir Fried Pork 1,2,4,5,7,8,10,12,13,15 Multigrain Rice / Steamed Rice Pepper Paste Soup (ES-Bean Paste Soup) 1,2,4,5,7,8,10,12,13,15 Stewed Lotus Root 4,5 Lettuce Wrap 4,5 White Kimchi Radish Kimchi 4,7	Chicken Soup (ES-Chicken Soup) 1,2,4,5,7,8,10,12,13,14,15 & Rice Porridge w/ Chicken 1,2,4,5,7,8,10,12,13,14,15 Steamed Rice Stir Fried Fish Cake 4,5 Chili w/ Ssamjang 4,5 White Kimchi Kimchi 4,7
International Menu	Mongolian Pork 2,4,5,7,8,10,12,13,15 Steamed Rice Cabbage & Apple Salad 20	Baked Curry Chicken 1,2,4,5,7,8,10,12,13,15 Steamed Rice Broccoli & Cauliflower 4,5,15 Indian Salad 17	Garlic & Olive Oil Pasta 1,2,4,5,7,8,9,10,12,13,14,15 Sweet Bread 1,2,4,5 Pickle & Jalapeno	Chicken Quesadilla 1,2,4,5,7,8,10,12,13,15 Fried Potato & Ketchup 4,5,10 Tomato Salsa (ES-Tomato Salsa) 10 Sour Cream 1,2,4,5 Peas & Carrot 2,4,5	Beef Stroganov 1,2,4,5,7,8,10,12,13,15 Steamed Rice Vinagrete 10,17
Korean Menu					
International Menu					

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13.Beef 14.Squid 15.Shellfish 16.Buckwheat 17.Sulfite 18.Crab 19.Mushroom 20.Apple

Gyeonggi Suwon International School Menu

<Salad Bar>

	Mon	Tue	Wed	Thu	Fri
S a l a d	Lettuce & Romain lettuce & Red cabbage Broccoli Paprika Onion Vegetable Stick Black Olive Baked Beans 4 Oat Dried Cranberry Fruit Dressing 2,4,5	Lettuce & Kale & Red Beet Paprika Onion Vegetable Stick Sweet Corn Blue berry Tofu 4,5 Barley Dried Banana Chips Fruit Dressing 1,4,5	Lettuce & Spinach & Radicchio Broccoli Paprika Onion Vegetable Stick Couscous Chick peas 4 Oat Raisin Fruit Dressing 4,5	Lettuce & Blue Lettuce & Red cabbage Paprika Onion Vegetable Stick Green Olive Sweet Corn Rosted Mushrooms 4,5,19 Barley Dried Cranberry Fruit Dressing 1,4,5	Lettuce & Romain lettuce & Carrot Paprika Onion Vegetable Stick Kidney Beans 4 Egg 1 Oat Dried Banana Chips Fruit Dressing 2,4,5
S a n d w i c h	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice 20 Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Wheat Baguette 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Barley Tea Butter 2 Strawberry jam Corn Bread 1,2,4,5 Bread 1,2,4,5	Ham 2,4,5,8,12 Cheese 2 Tomato 10 Lettuce Milk 2 Juice Corn Tea Butter 2 Strawberry jam Morning roll 1,2,4,5 Bread 1,2,4,5

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