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Rooted
in truth

TRANSFORMATIVE TRUTH!

By Clare Doughty

Elzbieta's two years at college were the most difficult she had experienced. Through Lifewords' tools and resources, lives like hers are being turned around.



Growing up in Poland, I was surrounded by faith, and was sure that I was known and loved by God," Elzbieta shares, "but when I encountered difficulties during my childhood, experienced loss, and struggled to make sense of suffering and evil, God's presence began to feel increasingly out of reach. When I moved to the UK, the challenges continued, and slowly I abandoned my faith altogether."

One day, after picking up a copy of Lifewords' *Little Book of Chaos* in a classroom at college, Elzbieta's chemistry teacher encouraged her to keep it, explaining that it was about faith and mental health and that he thought it might help her.

"A few days after leaving college, I was in my room when I suddenly felt a strong urge to open the *Little Book of*



Chaos," she says. "I tried to ignore it, but I couldn't. I opened the booklet at a random page and saw a quote from Isaiah 43. I looked up the full passage, and my eyes landed on these words: 'I have summoned you by name; you are mine.'"

"After years of searching for identity and meaning, those words silenced the noise. Through the chills and emotion, I finally felt clarity. I knew that God was real, and He was with me. I didn't understand why God would want anything to do with me, but I knew, without a doubt, that I believed in Christ and wanted to know more. I started to pray, and days later began to read my very first Bible."

Elzbieta reflects: "God speaks through His word, meets us in our chaos, and gently reminds us that we are His. Resources like *Little Book of Chaos* carry truth in a simple, honest way that meets people right where they are."

Stories like Elzbieta's emphasise what Lifewords is all about. Through scripture-rich, context-aware resources like *Little Book of Chaos*, alongside innovative global projects and programmes, Lifewords (formerly Scripture Gift Mission) is supporting the church in sharing the Bible in ways that change lives.

Rev Tim, interim associate priest in the parish of Sprowston, uses Lifewords' *Living with Loss* in his ministry: "It's a gentle and sensitive way to share hope and comfort with those in grief – it

feels like a pastoral gift that respects people's pain without rushing to resolve it. The language is accessible without being patronising, and its thoughtful design invites reflection, rather than demanding answers."

In the very different context of HMP Humber, a UK prison, Rev Matt has also seen the profound impact of Lifewords materials.

"The transformation I've seen after people have read Lifewords resources is phenomenal," he says. "One lad in particular received a Christmas resource and, because of what he discovered in the booklet, he not only decided to 'sort his life out' but realised that he had received the gift of Jesus for Christmas. After leaving prison, he went to rehab, is now part of an active church, and is doing really, really well. These resources have literally saved lives."

Whether you're a chaplain, youth worker, church leader or just someone seeking to live out your faith day to day, Lifewords offers tools and resources that are rooted in God's word and grounded in love, helping you to bring life where it's needed most.

Find out more at: lifewords.global



Clare Doughty is communications executive at Lifewords, a charity that helps people from all walks of life experience the life-giving message of the Bible.