Caring for the Body, PLLC
Center for Functional Medicine

Helping you Reverse Chronic Disease, Build Resilience & Create Vibrant Health

Estimated First-Year Treatment Plan with Kamila Fiore, APRN-C

We are honored to partner with you on your healing journey. Below is an outline of the typical costs for the first year of care with Kamila Fiore, APRN-C at Caring for the Body, PLLC.

Service	Estimated Cost
Initial New Patient Consultation with Kamila Fiore, APRN-C (2–2.5 hours)	$700
Basic Annual Membership (includes secure messaging, prescription management, and care coordination)	$165/year
Review of Findings Visit (60-90 minutes)	$400-600
Follow-Up Visit #1 (1 hour)	$400
Follow-Up Visit #2 (1 hour)	$400
Follow-Up Visit #3 (1 hour)	$400
Total Estimated Cost for First Year	**$2,465 - $2665**

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Important Notes:

- These costs reflect estimates based on typical visit frequency during your first year of care. Actual costs may vary depending on your individual needs and preferences.

- Kamila's time is billed at $400/hour, with a 30-minute minimum for scheduled visits. Although the minimum appointment duration is 30 minutes, **most follow-up visits are scheduled for 1 hour** to allow adequate time for reviewing findings, discussing recommendations, developing an appropriate care plan, and to ensure all of your questions are answered.

- The above estimate includes our **Basic Membership**. If you choose to upgrade to a **Premium or Premium Plus membership**, which includes added services such as ongoing health coaching or additional InBody testing support, your annual membership fee will be higher.

- Lab testing, specialty diagnostics, and nutritional supplements are **not included** in this estimate. These are discussed and recommended based on clinical relevance and your goals, with costs disclosed up front.

- Foundational lab testing often begins under $100, with **more advanced testing panels ranging from several hundred to a few thousand dollars**. We work with you to **prioritize and phase testing** as needed to manage costs.

Our goal is to provide expert, compassionate care while honoring your values and resources. We walk with you step by step, and there's no pressure to do everything at once.

Please don't hesitate to reach out with questions—we're here to support you.

Warmly,
The Caring for the Body Team

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