



2025 Playful Programming Dates

*A quick guide to dates, themes, & events that integrate well with playful programming.
Visit PlayfulCampus.com/holidays for more information. Then contact dawn@playfulcampus.com to book your event.*

September

9/12 - World Mindfulness Day
9/12 – National Day of Encouragement
9/14 - National Coloring Day
9/15 - National Doodle Day
9/20 – National Day of Play
9/26 - National Pancake Day
Self-Improvement Month
Play Stations at Activity Fairs
Kicking it Off Well
Fall into Fun

October

10/4 - World Smile Day
10/10 - World Mental Health Day
10/14 - National Dessert Day
10/16 - National Dictionary Day
10/21 - Back to the Future Day
10/25 - National Art Day
ADHD Awareness Month
Emotional Wellness Month
Emotional Intelligence Awareness Month
National Arts and Humanities month
De-stress for midterms
Play Stations at Family Days,
Homecoming, and Block Parties

November

11/1 - National Stress Awareness Day
11/17 - National Bread Day
International Games Month
First Gen Forward
Friendsgiving

December

12/4 - National Cookie Day
De-stress for finals

January

National Hobby Month
Play Stations for activity fairs
New year – New habits (take play breaks)
Kicking it off well

February

2/17 - National Kindness Day
American Heart Month
Get moving and love it
Find how you love to play
Don't have to find your "passion" - be curious

March

3/6 – National Day of Unplugging
3/19 - Let's Laugh Day
3/18 - National Awkward Moments Day
3/20 - UN World Happiness Day
De-stress for midterms

April

4/1 - April Fool's Day
National Stress Awareness Month
National Student Leadership Week
National Volunteer Week
Play Stations for Spring Flings, Block Parties, etc.

May

Mental Health Awareness Month
May of Play
De-stress for finals