

● Plan My Funeral

I understand that I will not be the one living with the consequences of my death, so here is a guide on how I would like my body to be managed when I do die.

Full Name: _____ D.O.B: ____/____/____

I would prefer for my body to be: ☐ Cremated ☐ Buried

Preferred funeral provider: _____

I would like these items to go with my body: _____

I would like to be dressed in: _____

I would like the ceremony to be:

- ☐ A funeral (with coffin present)
- ☐ A memorial (after cremation/burial)
- ☐ No service

If cremation - what would I like done with my ashes: _____

If burial - where: _____

Do I want some sort of memorialisation? (tree, park bench, fireworks, sent into space, other): _____

For my funeral/memorial, I would like the following:

It to be held: _____

Type of music/special songs: _____

Food: _____

Dress code: _____

Readings/poems/verses: _____

Flowers: _____

Photos: _____

Any special requests on how you wish to be remembered or what stories you would like told?

Notes:

Items to go with my body

We can still play like the Egyptians and the Vikings and have special items come with our body. For instance, you could choose a special blanket, doll, spouse's ashes, pet's ashes, photos, or important letters. There are some rules though if you opt for cremation. Chat with your Funeral Director about these.

Service Options

A **funeral** is a service with the coffin present. There are some limitations as to where you can host a funeral, but don't let that stop you from thinking big. Also, specify what coffin you would like - options typically include cardboard, willow or wood.

A **memorial** is a service hosted after cremation or burial. There are no limitations as to where you can hold one. Name a place. Some ideas are - in the backyard, at a favourite restaurant, outside in nature etc)

If **cremation**, ideas for ashes include:

- Internment at a cemetery
- Scattered at a memorable place
- Buried in a garden
- Put in fireworks
- Sent to space
- Made into a garden gnome, rocks, jewellery etc etc

Memorialisation

How do you want to be remembered? Maybe there is a specific park that you would like to purchase a park bench for, maybe you would like some trees planted on your behalf, maybe you would like to donate some money to a centre and have a plaque in memorial for you there: the possibilities for how you wish to be remembered are endless and as unique as you are.

Ceremony

A few important things to consider when communicating your wishes if you would like some form of a ceremony are:

- Food - ideas can range from specific caterers to asking everyone to bring a plate with a certain theme or cuisine.
- Flowers - being as specific as possible here is useful for those you leave behind.
- Attendees - is there anyone you would like to ensure is there (or not).
- Photos - what are your favourite photos and where are they stored.