



# PSC Care-in-Action 2026-30

## VALUES

- Compassion
- Community
- Eco-connection
- Integrity
- Inner Transformation

## VISION

A safe climate for all life,  
shaped together in compassion.

## MISSION

We strengthen the emotional foundations of  
communities responding to the climate & nature crisis.

## 3 ACTION AREAS

1

### Provide Relief Now

Deliver best practice climate-aware support to reduce climate distress & burnout

2

### Grow Inner Skills & Compassion

Build the inner & social skills needed to live with uncertainty & navigate societal transformation

3

### Empower Systems Change

Advocate social & emotional wellbeing as fundamental to climate justice & community transformation

## STRATEGIC AMBITIONS

- Empower people & communities to navigate climate emotions & take effective, sustained climate action.
- Support collective social & emotional wellbeing within the climate & nature movement.
- Equip a skilled network of practitioners with climate-aware competencies.

## OUTCOMES

More people supported with  
their climate distress.

More practitioners trained in  
climate-aware best practices.

More resilient climate & nature  
movement.

Greater recognition of emotional  
health in climate policy.

## SHAPING THE PSYCHOLOGY WE NEED FOR A SAFE CLIMATE

Climate impacts, injustice and distress are intensifying, yet too often the psychosocial dimensions of this crisis go unrecognised. PSC charts a path where compassionate care and inner capacities ignite systemic shifts, creating resilient people, thriving movements and the conditions for lasting transformation.

## ENABLERS

- Regenerative Organisational Culture
- Diversity, Inclusion & Climate Justice
- Resource Sustainability
- Thriving PSC Community

WE'RE FOSTERING CARE  
& ENABLING ACTION.  
**CARE-IN-ACTION**