



**Psychology
for a Safe Climate**

Annual Report

2024-2025



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Acknowledgement of Country

Psychology for a Safe Climate acknowledges Aboriginal and Torres Strait Islander peoples as the Traditional Custodians of the unceded lands upon which we live and work. We pay respect to Elders past and present, and those to come, who hold the lore and care for Country.

We acknowledge the ongoing impact of colonisation, the extraction of natural resources, discrimination and the burden placed on First Nations communities. There can be no climate justice, shared health and wellbeing without First Nations justice.

As we face the global climate and nature crisis, we recognise that these lands hold many crisis stories. Healing requires truth-telling, listening and walking alongside First Peoples on Country, in the spirit of reconciliation, with compassionate care.



**Psychology
for a Safe Climate**





Letter from the Chair



**Monica
Taylor,
Board
Chair**



Across Australia, people continue to carry heavy feelings about climate change and nature loss. Feelings which create a need that cannot be met through information alone. It's clear that in the movement and the wider community, we are looking for spaces where emotions can be held. Spaces to feel less alone, where relational safety can support people to keep caring without burning out.

In a year of major strategy development and interest in our work, PSC's small team managed the concurrent push and pull of operations, planning and growth with steady dedication and care. Deep work on our coming 5-year Strategic Plan resulted in clarity about our vision, mission and values, and for this and all things PSC, I'd like to convey the board's heartfelt recognition to the staff, led by Bronwyn Gresham.

Through a huge year of activity, this wonderful team has continued to go above and beyond. Their commitment to PSC, the passion they have for the work and the care and expertise they bring to it is so deeply valued.

This is also my last year in a formal capacity with PSC, as I step down as Chair after a four-year term, with Sali Bache and Tim Fisher becoming co-Chairs to lead PSC into 2026. Board renewal is always exciting, a tiny bit frightening, and absolutely necessary, and nothing could convince me more of just how capable this replenished governance team is.

This past year also brought a fabulous new website, and I strongly recommend you take a moment to view the wonderful 2024-2025 highlights video in Bronwyn's CEO report.

<https://lnkd.in/erWuiUHK>

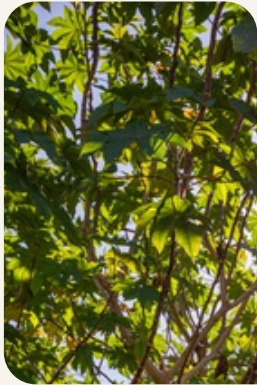
Over the past 12 months PSC's membership continued to grow as the value and importance of our work continues to be recognised as an integral part of the climate movement.

Heartfelt thanks to my PSC colleagues for the hours, months and years (4!) we've spent 'doing governance' together. I've loved every minute.

And finally, a special thanks to our incredible volunteers, supporters and donors. PSC simply could not achieve what it does without your conviction and belief in this small yet mighty organisation.



CEO's Report



**Bronwyn
Gresham,
CEO**



This year, we wanted to experiment with how best to use the requirements of an annual report, while acknowledging how the movement is asking for, and responding to, PSC.

As the impacts we witness are often tender, relational, and hard to quantify, we decided to share the story of our past 12 months through video. Hopefully this short film provides a sense of what our work and its impacts mean for us, and everyone we partner with.

This small film was made to stand as the key waypoint of PSC's year, and in acknowledgment of the storytelling contained there, this annual report is a briefer affair than usual.

Reflecting on the past year reinforces just what can be achieved with a small, dedicated team. It's heartwarming to witness the ever expanding network of practitioners, facilitators, volunteers, partners, and supporters who show up with skill, courage, and creativity, and help us tend to the emotional infrastructure that makes sustained climate action possible.

In FY24–25, we've been noticing a cultural shift. Increasingly, people and organisations are considering the emotional load of working in the polycrisis as something to respond to ethically, proactively, and with capability.

We're seeing more conversations shift away from “just push through” toward “how do we hold this safely, together?” When it comes to shifting the narratives and practices that have been contributing to exhaustion and burnout in the climate and nature movement, it's still early days. But this bubbling up of awareness and prioritisation really matters.

Over the past year, our visibility grew through partnerships, referrals, and repeat requests, typically for one-off talks or experiential workshops. We're grateful to have collaborated with more than 30 organisations, ranging from councils and grassroots groups to larger climate and community organisations, as well as mental health professionals seeking support and practice tools that align with climate-aware work.

Our climate cafés, workshops, and practitioner spaces are increasingly being treated as essential movement infrastructure, rather than “nice-to-have”, spaces to express and share climate feelings are being valued by individuals in crisis, teams, communities, and leaders who are feeling the pain of the work and wanting to stay engaged in deep and meaningful ways.

This year we reached over 3,000 people through 65 Climate Cafés, and we continued to trial new approaches like our first inter-organisational Climate Café facilitator training, strengthening peer-to-peer support as organisations learn with and through one another.

We also delivered 53 workshops focused on climate emotions literacy and psychosocial skills, and invested in healthcare workforce capability through the development of a world first Capability Framework on Climate-Aware Practice. Importantly, we're seeing mental health professionals and practitioners seek guidance that supports their work with climate distress in a way that enables them respond to respond with wisdom, solidarity, and skill.

We're also reminded that cultural shift doesn't happen in big leaps or distinct moments. It happens in diverse ways, through repeated experiences. People gathering in conversation, in learning, in feelings circles. People feeling heard, resourced, and strengthened enough to not only keep going but to imagine ways of living that are genuinely life affirming, restorative and transformative. That's why offerings like ours remain so vital; they reduce isolation, strengthen community connection, and help people move through distress with others towards new possibilities.

Thank you for being part of this collective task. We're grateful to be walking alongside you and we look forward to what 2026- 2026 will bring.



Treasurer's Report



**Marijn
Cugati,
Board
Treasurer**

The work of PSC requires resources and thus financial funds. Our key resource is the hours of work spend by staff and volunteers. Our expenses therefore predominantly relate to salary related costs.

Total expenses in the 2024-2025 financial year amounted to \$370k. \$327k (88%) related to payroll. Other material expenses included Consulting, Accounting, Facilitators, Insurance, Travel, Subscriptions and Website costs.

The expansion of the PSC's work is reflected in the increasing level of expenses and of required funding.

Financial Year	22-23	23-24	24-25
Total Expenses \$	144,000	282,000	370,000
of which payroll \$ (% of expenses)	125,000 (86%)	250,000 (89%)	327,000 (88%)
of which other \$ (% of expenses)	20,000 (14%)	32,000 (11%)	43,000 (12%)



Donations and support

PSC is deeply grateful to people and organisations who support and fund our work.

In the 2024-2025 financial year, **PSC's internal income** from memberships, workshops, climate cafe's and training amounted to \$150k, covering 41% of total expenses.

Total **Grants and Donations** were \$286k. Overall, the Cash Surplus, and thus increase of cash balance, for the financial year was \$67k.

Grants & Donations in 24-25:

- The Sunrise Project
- Morris Family Foundation
- Private & member donations

Financial Year	22-23	23-24	24-25
Total Expenses \$	144,000	282,000	370,000
PSC Internal Income \$ (% of total expenses)	77,000 (54%)	96,000 (34%)	150,000 (41%)
Required Additional Funding	67,000	186,000	220,000
Grants & Donations \$ (% of total expenses)	74,000 (51%)	232,000 (82%)	286,000 (77%)
Cash Surplus (Deficit) \$	7,000	46,000	67,000



2024-2025 Highlights

MOMENTS TO FEEL

- Over 3000 people reached through our offerings.
- Our Climate Feelings Space continues to offer an online course for people to build personal skills, connect with others & support climate emotions.

DEEP LISTENING, SHARED MEANING MAKING

- 65 Climate Cafés provided regular spaces for people & groups to connect.
- Launched an interorganisational Climate Café Initiative, linking organisations together for climate emotion peer support.

LESS ISOLATED MORE CONNECTED

- Reviewed our Climate Café Program & aligned our feedback process to an evaluation framework.
- 90% of Climate Café participants reported feeling less isolated & more connected.

53 WORKSHOPS

- Reached over 900 people.
- Attended public events, webinars & stalls to build climate emotions literacy & spread messages of care & compassion with the community.

INNER SKILLS 4 OUTER ACTION

- Strengthening the climate & nature movement → working with 30+ organisations
- 90% of workshop participants felt more connected to their peers & learned how inner skills enhance & contribute to their work.

BUILDING CAPABILITY

- Trained 52 Climate Café facilitators to implement this peer support model with their communities.
- Health sector capability → Professional development and co-creation of a framework and training mental health professionals to be climate aware



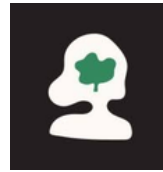
Moments of care and connection

Our 24-25 year was full of conferences, workshops, stalls, and strategy sessions.





Organisations we worked with



With gratitude

PSC is a true community effort. A heartfelt thank you to our dedicated volunteers, Board, and funders who support us. Your contributions make our work possible.

Our Board: Monica Taylor, Sonja Trio, Marijn Cugati, Tim Fisher, Dr Charles Le Feuvre, Dr Sali Bache, and Georgia Windrum.

Others who volunteered their talents & skills:

PSC Facilitators: Aurora Gyorffy, Caroline McLaren, Charlie Ward, Chloe Watfern, Courtney Kovacs, Georgia Monaghan, Ingrid Jolley, Laura Hartnell, Stephanie Booker, Tim Hollo, Viola Rosario.

Branding and website: Morrow Studio, Ash Bruders, Ange Kein

Videography: Chris Grose

Non-board committee members: Canice Curtis, Carol Ride, Helen Murphy, Isharah Hewavitharan, Sally Gillespie

And a huge thank you to all our funders, and to all those who contributed to our annual fundraiser this year:

- The Sunrise Project
- Morris Family Foundation
- Private Donations

