

IMCAC 4-Day Intensive Fellowship-Level Program

Facial & Body Injectables | Threads | Biostimulators | Fat Grafting

Advanced • Structural • Regenerative • Safety-Driven
May 14 - 17, 2026 • Colombo, Sri Lanka

DAY 1 Foundations of Advanced Facial Injectables

Structural Intelligence & Precision Execution

Theme: Full-Face Structural Anatomy & Injection Planning

Advanced Neurotoxins (Botulinum Toxin Type A)

- Upper face refinement beyond basics
- Microtoxin & intradermal toxin techniques
- Lower face reshaping (DAO, mentalis, platysma)
- Nefertiti neck lift
- Masseter contouring & facial slimming
- Managing ptosis & asymmetry

Structural Dermal Fillers

- Facial structural anatomy review
- Facial aging patterns and structural volume loss
- Midface structural support
- Temple restoration techniques
- Tear trough correction (vascular safety)

Hands-On Training

- Facial injection mapping
- Midface volumization
- Jawline structuring
- Tear trough precision techniques

DAY 2 Advanced Facial Contouring & Safety

Theme: Precision Facial Sculpting

Advanced Dermal Fillers

- Chin projection and facial harmony
- Jawline definition and contouring
- Lip contouring without overfilling
- Avoiding “Overfilled Face Syndrome”

Complication Prevention Lab

- Vascular occlusion protocol
- Hyaluronidase dosing strategy
- Blindness risk zones
- Ultrasound-guided injection (demonstration)

Clinical Decision Making

- Patient assessment and treatment planning
- Facial balance and proportion analysis
- Combination therapy planning

Hands-On Training

- Chin & jawline contouring
- Lip shaping techniques
- Advanced toxin refinement

CERTIFICATES YOU WILL RECEIVE

- Board Certification in Advanced Facial Fat Grafting
- Board Certification in Advanced Aesthetic Medicine

Optional Fellowship Track Add-On:

- Practical assessment
- Case submission (5 cases within 3 months)
- Viva evaluation

Awarded Title:

- Fellowship in Advanced Aesthetic & Regenerative Medicine

DAY 3 Body Fillers, Biostimulators & Collagen Banking

Theme: Regenerative Aesthetic Medicine

Sculptra (PLLA) Advanced Protocols

- Reconstitution science
- Vector-based body contouring
- Non-surgical buttock enhancement (BBL concept)
- Hip dip correction techniques
- Long-term collagen stimulation planning

Profilo & Bio-Remodeling

- Neck rejuvenation protocols
- Undereye skin quality improvement
- Elbow & hand rejuvenation
- Skin laxity correction strategies

Collagen Banking (Age Lock Technique)

- Preventive collagen stimulation
- 30–45 age group treatment protocols
- Maintenance cycle planning
- Combination therapy design

Hands-On / Demonstration

- Body marking techniques
- Cannula injection techniques
- Dilution & reconstitution lab
- Safe cannula placement

DAY 4 Threads, Fat Grafting & Complication Management

Theme: Lifting, Regeneration & Structural Longevity

Advanced Facial Threads

- Vector mapping science
- Midface lift techniques
- Jawline lifting
- Neck tightening procedures
- Avoiding nerve & vascular injury
- Managing dimpling & asymmetry

Body Threading

- Abdomen tightening
- Arm firming
- Buttock lift support
- Thread selection strategy

Advanced Fat Grafting

- Adipocyte survival theory
- Harvesting principles (low trauma)
- Fat processing (centrifuge vs filtration)
- Microdroplet injection technique
- Structural fat grafting for face & hands

Complication & Emergency Simulation

- Vascular compromise drill
- Fat embolism awareness
- Thread infection protocol
- Body filler overcorrection management

Hands-On Training

- Thread vector practice
- Fat grafting technique demonstration
- Anatomical model practice

