CUSTOMFIT

2026 Pricing Sheet

New Client Special - $295

2 Personal Training Sessions + a DEXA Scan + a Nutrition Consult

PERSONAL TRAINING

Package Options:

5 Sessions - $775 (155 each)

10 Sessions -$1450 (145 each)

20 Sessions - $2700 (135 each)

40 Sessions - $5000 (125 each)

OR

Monthly Options:

4 sessions / month - $580 (145 each)

8 sessions / month - $1080 (135 each)

12 sessions / month - $1500 (125 each)

* 2 month minimum commitment then month-to-month

PARTNER TRAINING

Package Options:

5 Sessions - $1025 (205 each)

10 Sessions -$1950 (195 each)

20 Sessions - $3700 (185 each)

40 Sessions - $7000 (175 each)

OR

Monthly Options:

4 sessions / month - $780 (195 each)

8 sessions / month - $1480 (185 each)

12 sessions / month - $2100 (175 each)

* 2 month minimum commitment, then month-to-month

TRAINING PERKS: Every personal and partner training membership gets you UNLIMITED Recovery Room reservations and UNLIMITED Group Class bookings.

Must train min. 1x/week to be eligible

RECOVERY ROOM

2 for $99 (new clients)

4x - $260 (60 each)

8x - $440 (55 each)

GROUP CLASSES

2 Class Drop-in - $70

10x Class Pack - $290

CUSTOMFIT

2026 Pricing Sheet

Training Membership

TIER 1 — $240/MONTH

+ $100 initiation fee

- **Unlimited gym access**
  - Access all three Custom Fit studios (8,000 sq ft of training space)
  - Top-of-the-line barbells, dumbbells, kettlebells, and strength equipment
  - Showers, lockers, and towel service
- **Unlimited group fitness classes**
- **5 Recovery Room sessions** per month
  - 2-week recovery room booking window
- **20-minute nutrition consultation**

Performance Membership

TIER 2 — $370/MONTH

NO initiation fee

- **Unlimited gym access**
  - Access all three Custom Fit studios (8,000 sq ft of training space)
  - Top-of-the-line barbells, dumbbells, kettlebells, and strength equipment
  - Showers, lockers, and towel service
- **Unlimited group fitness classes**
- **Unlimited Recovery Room sessions**
  - 4-week priority booking window for the recovery room
- **20-minute nutrition consultation**
- **Unlimited DEXA scans and VO2 Max testing**

* 2-month minimum commitment

Hours of Operation:

GYM:

- **Weekdays**: 6am - 8pm
- **Weekends**: 7am - 8pm

RECOVERY ROOM:

- **Weekdays**: 8am - 7pm
- **Weekends**: 9am - 4pm

App store:

Android:

To sign up, download the Custom Fit Gym app:

hello@customfitsf.com 415-891-7120 www.customfitsf.com

CUSTOMFIT

2026 Pricing Sheet

Longevity Blueprint - $1250

Advanced Bloodwork + Genetic Testing + one DEXA Scan + one VO2 Max / RMR test + 30-minute nutrition consultation

DEXA SCANS

1x $150
2x $199
4x $349

DEXA Scans are the gold standard in body composition analysis, providing a detailed understanding of your body with unparalleled precision.

VO2 MAX + RMR

1x $285
2x $530
RMR Only $120

VO2 Max measures your body's ability to use oxygen during intense exercise and is considered the gold standard for cardio-respiratory fitness and measuring your potential for longevity.

ADVANCED BLOODWORK - $499

+ 15-minute in-studio blood-draw
+ 30-minute review with Dietitian
+ Over 50 key biomarkers
+ Optional MD consultation (+$700)

GENETIC TESTING - $499

General Health // Sports & Performance // Fertility // Plant-Based

+ Pickup & test in-studio or at home
+ Simple, one-time test
+ Covers 70 unique genetic traits
+ Truly personalized insights on health

3D GAIT ANALYSIS

75 min. Initial Assessment - $199 | 60 min. Follow-up - $125

3D Gait Analysis is the gold standard for assessing running mechanics, using advanced motion-capture technology to deliver precise, real-time movement data.

hello@customfitsf.com 415-891-7120 www.customfitsf.com