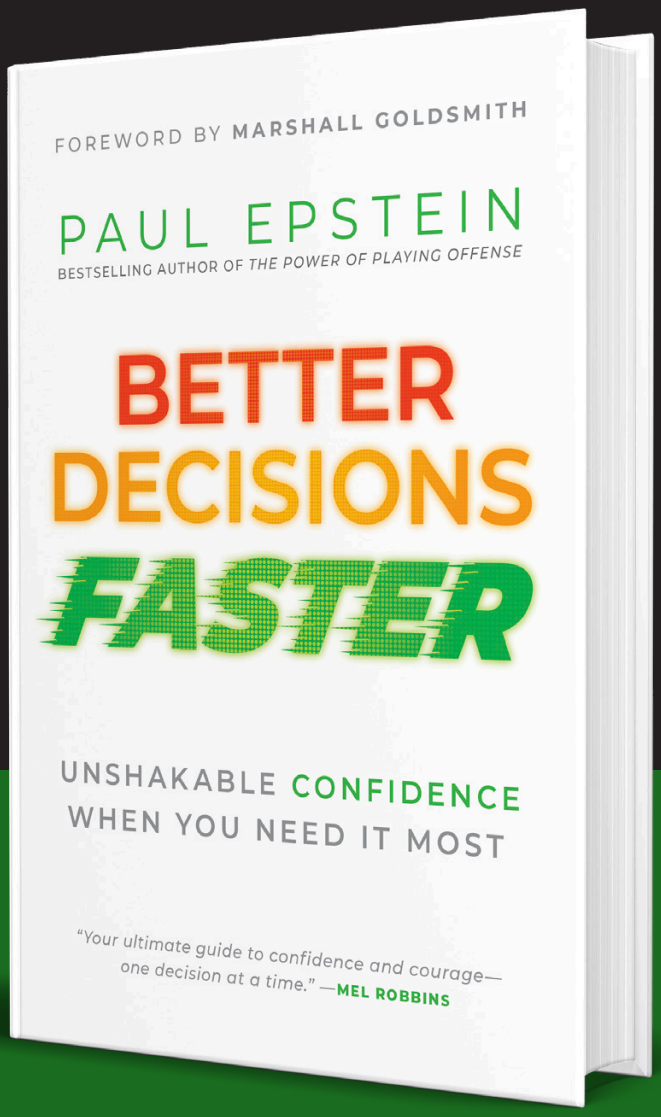
BONUS CONTENT



Unlock Your Superpowers

Featuring Lakshmi Gopalkrishnan

If Josh helped us become curious about things and ideas, now take a turn to becoming curious about yourself—so you can unlock the hidden superpowers you already possess.

They may be just beyond your zone of awareness. Let's call it the outsider's edge.

In comes the master of identifying your superpowers, who also happens to speak about the outsider's edge, Lakshmi Gopalkrishnan.

Growing up in India before moving to America, Lakshmi often felt like an outsider. The feelings associated with that other-ness were negative, like she didn't belong. Then she realized that the things that made her feel like an outsider were actually some of her most unique differentiators, the assets she had that no one else could match.

Lakshmi has become a proven expert in personal transformation, delivering over 7,700 hours of professional coaching across 26 countries. She has 27 years of experience consulting leaders and teams at Amazon, Facebook, Google, Microsoft, Starbucks, T-Mobile, Hewlett Packard, the U.S. military, and more. She was also handpicked by iconic thought leader Brené Brown as a facilitator and speaker for her "Dare to Lead" program that teaches leaders and corporations how to build and operationalize courage.
It was this courage (an upcoming value of the Hands) that took Lakshmi to the outsider's edge.

As a leader and as a coach for leaders, Lakshmi developed a deep understanding of what motivates people to be their best and do their best. As an immigrant, woman of color, and hard-charging business executive who prided herself on always having it together—until she didn't—her imperfect courage are what make her so powerful. She is living proof that vulnerability (from the heart) can be a superpower—once identified, decided on, and activated.

Over to you.

Take a moment and ask yourself, what are your 'outsider' traits that could be your greatest assets?

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Think of the things in your head or heart that make you feel like you're not part of the club—not just your background and genetics but moments, perceptions, secrets, dreams, and more that are inside you. Isn't it refreshing to know that those can actually become your unique differentiators—or should I say, your superpowers?

But we're mere mortals, not superheroes.

Lakshmi has a different take, and she presents it through an equation of her own.

Superheroes = Superpowers + Values

Superpowers are associated with your skills acquired and experiences to date. You then flip the page to your values.

While Better Decisions Faster provides a dozen values, consider the questions below that Lakshmi asks her clients to prompt them to identify values of their own—all require a deep look in your head and heart.

What are those things that are most important to you?

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What are those non-negotiables that you view the world through?

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What drives your filter process of what's right? What's wrong? What's good? What's bad?

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Once you have those answers, you can begin putting your superpowers to work.

Decision Drill

Final stop. Lakshmi's "superpower formula."
Start by looking at the experiences in your personal and professional life where you felt that every single part of you (head and heart) was firing, like you were being lit up. Your brain was stretched, your mental and decision-making capacity was expanded.

Then strip away the external details of those experiences—where you were, what role you were in—and identify the core of the experiences that made you feel like you were riding lightning.

For Lakshmi, it was the concept of being a transformation agent.
What will that green light be for you?

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With these experiences in mind, Lakshmi offers four tips to bring us home. Rumble with vulnerability. Put yourself in situations where you're forced to confront the places where you're most vulnerable.

Live your values. Know what you stand for and stand for it.

Embrace trust—in yourself and the people around you.

Reset and recover. Give yourself the space to rest and recharge after challenging circumstances.

Consider this the conclusion of your superpower workshop, a masterclass on knowing yourself, and a rocket booster to making better decisions faster. Onward.