

## October Special

Renew your body and mind this month with our Chakra Balancing Massage or Harmony Facial! You will also get an affirmation card and crystal to take home with you!



Balance the body! Our Chakra Balance Massage is based on seven energy points along the body starting at the base of the spine to the crown of the head. This unique and personally customized service eases muscle tension, soothes the mind and helps bring balance to the Chakra system.

Chakra Balance Massage 1hr \$150 Chakra Balance Massage 1.5hr \$180

Feel the Zen with our Harmony Facial using a sound therapy method with Biofield tuning forks. The term biofield refers to our body's electrical system in its entirety. This uses both the electric current that runs through our bodies, and the magnetic field that surrounds it. This Facial is customized to your skin concerns and skin type. It also includes face, neck and shoulder massage and lymphatic drainage of the face.

Harmony Facial \$145 (1hr service)