

Signature Cheer Academy *Recreational Cheer*

INFORMATIONAL PACKET



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SIGNATURE

Signature Cheer Academy's Competitive Recreational Program was founded in 2021 to provide a place in the community for athletes to find their love of for the sport of cheerleading. SCA's mission is to provide a fun environment that encourages skill advancement, hard work, and overall team camaraderie.



Signature

MEET YOUR LEADERSHIP TEAM



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COMPETITIVE RECREATIONAL TEAMS

During the competitive season, SCA competes for the Illinois Cheer Association (ICA) in the Super Rec. division. Our teams range from small (under 20) to large (over 20) athletes. Our athletes range from age 5 (Kindergarten) through 8th grade.

Non-Evaluative Teams

Kindergarten / 1st Grade

Tuition: \$145 per month

Practice Schedule: 2 practices per week (1.5 hours per practice)

2nd Grade

Tuition: \$195 per month

Practice Schedule: 2 practices per week (2 hours per practice)

Evaluative Teams

3rd Grade & Up

Tuition: \$195 per month

*These teams may include multiple grade levels per team. Team placement will be determined following evaluations held in April. Evaluations are used to create balanced and competitive teams to ultimately set each team up for a successful season. **This does not mean each team will have mixed grade levels.***

Teams will be determined and announced following mandatory evaluations.

See page 6 for more info regarding evaluations.



FALL SEASON RECREATIONAL CHEER TIMELINE



01

Registration

Register on the Signature Portal for your child's grade level for the *2026-2027 school year.*

Registration opens on Monday, February 23rd.

Informational Zoom Meeting
Monday, March 9TH @ 6 PM

02

Skills Clinics

(Grade 3-8)

April 6th & April 7th

3rd-5th Grade

(5:00-6:30 PM)

6th -8th Grade

(6:30-8:00 PM)

03

Evaluations +

Meet- the-Team

Mandatory Evaluations
(Grade 3-8)

April 13th & April 14th

3rd-5th Grade (5:00-6:30 PM)
6th -8th Grade (6:30-8:00 PM)

Meet-The-Team

Monday, April 20th
Times TBD

04

Practices

Monday, May 18th -
Sunday, November
22nd

05

Important Dates

Mandatory Uniform Sizing Date
Saturday, April 18th 9:00AM-3:00PM

No contact weeks:
May 25th -May 31st & June 29th -July 5th
**We encourage families to schedule vacations during this time*

NCA Camp: 6/24 & 6/25

Choreography Dates:

Week of July 27th
Week of August 3rd
**Each team will have two days
designated to their choreography*

06

Competitions

Local ICA competitions in
September and October

End-of-season State
Competition at NIU in
November

SKILLS CLINIC & MANDATORY EVALUATIONS

Skills Clinic Grades 3rd-8th ONLY

April 6th & 7th

Grades 3RD through 5TH

5:00-6:30 PM

Grades 6TH through 8TH

6:30-8:00 PM

The skills clinics are designed to help athletes prepare and brush up on skills for the mandatory evaluations.

Mandatory Evaluations

Grades 3rd-8th ONLY

April 13th & April 14th

3rd-5th Grade (5:00-6:30 PM)

6th-8th Grade (6:30-8:00 PM)

Athletes are required to attend these evaluations. Your registration for the evaluations includes the skills clinic. You are not required to attend the skills clinic, but it is highly encouraged. Registration is \$50

Registration can be found on signaturesportscomplex.com > cheer



Scheduled Fees

FEE DESCRIPTION	AMOUNT	BILLING DATE
Skills Clinic & Evaluation Fee	\$50	March 1 st
Competition Fees	\$325	April 15 th
Uniforms	Pg. 8	May 1 st
NCA Camp (K-2 nd Grade)	\$182	June 1 st
NCA Camp (3 rd Grade & Up)	\$327	June 1 st
Music & Choreography	\$285	July 1 st
Coaches Fees	\$175	August 1 st
ICA State Fees & Coaches Fee	\$250	October 28 th

Your tuition is billed on the 15th of every month prior. Once tuition is billed, it is **non-refundable. Your first month's tuition will be April 15th for May.*

Our billing is structured into multiple payments to help spread the total annual cost. Please note that **all charges are final and non-refundable once billed. Accounts must remain current; failure to do so may result in dismissal from the team.*



Uniform Pricing

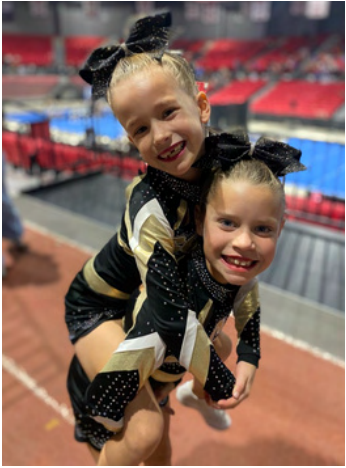
ITEM	COST	BILLING DATE
Mandatory Competition Bodysuit Mandatory Bow Mandatory Black Practice Team Bra OR Mandatory Black Practice Team Tank Cheer Shoes (to be purchased independently)	\$572.90	May 1 st
<i>Optional Practice Team Color Tank</i>	\$61.90	
<i>Optional Practice Team Color Bra</i>	\$59.90	
<i>Optional Practice Black Flutter Skirt</i>	\$44.90	
<i>Optional Practice Black Compression Short</i>	\$39.90	
<i>Optional Mesh Shorts</i>	\$44.95	
<i>Optional Warm Up Jacket</i>	\$161.90	
<i>Optional Warm Up Pant</i>	\$49.90	
<i>Optional Backpack</i>	\$156.90	

This amount does not reflect shipping fees \$27.50 and sales tax

The uniforms will be used for the next three competitive years



Evaluation Process



Evaluation Details

Standing Tumbling

Running Tumbling

Jumps

Evaluation for Potential Stunting Positions



****Potential flyers may be asked to perform body positions on the ground. Athletes will be asked to stand in height order and may look for potential basing and/or stunting pairs/groups by testing out potential stunts.**

****Athletes DO NOT try out for a stunting position. Once the athlete makes the team, the athlete will be given a stunting position based on an evaluation of every athlete who makes the team (ie you are traditionally in one stunting position, does not automatically guarantee you that same stunting position).**

****Athletes should demonstrate mastery of tumbling and jumping skills. Mastery comes from having correct body positioning (i.e. arm placement, leg placement), timing, speed, approach, and landing.**

****Athletes will show a 1-2 different standing and 1-2 different running tumbling passes at tryouts.**

****Athlete's athleticism, willingness to accept instruction and overall attitude will also factor into tryout results.**





FALL ADAPTIVE ABILITIES TEAM

Our Adaptive Abilities cheer team is composed of athletes in various grade levels ranging from ages 5-18 years old. Athletes will participate in practices once every other week from May through November, for an hour. SCA also has neurotypical peer cheer buddies assisting the team to share their love for cheerleading together. Athletes will compete at local competitions in Illinois and an end-of-season event at NIU.



Adaptive Team Pricing

ITEM	COST	BILLING DATE
Mandatory Competition Uniform Mandatory Top Bow	\$84.90 \$30 -	June 1 st
Optional Apparel	\$44.90	
<i>Optional Competition Skirt</i>	\$59.90	
<i>Optional Competition Pant</i>	\$61.90	
<i>Practice Tank</i>	\$39.90	
<i>Practice Compression Short</i>	\$49.90	
<i>Warm Up Pant</i>	\$161.90	
<i>Warm Up Jacket</i>	\$156.90	
<i>Backpack</i>	\$60	
Music		July 1 st

This amount does not reflect shipping fees \$27.50 and sales tax

The uniforms will be used for the next three competitive years





TINY SWIFTIES

Tiny Swifties is our non-competitive developmental team designed for ages 3 & 4 (Preschool and Pre-Kindergarten).

This program focuses on building strong fundamentals, coordination, confidence, and a love for the sport in a fun and encouraging team environment.

Program Details:

- Practices: 2 days per week
- Duration: 1 hour per practice
- Tuition: \$125 per month
- Season: First week of August through the last week of October

REGISTRATION WILL OPEN MAY 1st

A Tiny Swifties (Varsity brand) practice top will be available for purchase after registration is complete.

ALL ATHLETES MUST BE BATHROOM INDEPENDENT



ARE YOU READY FOR IT...

Fundraising

Our uniforms are more than just apparel, they represent our team identity, pride, and commitment to excellence. When our athletes step onto the mat in their black, gold and white, they do so as one unified team. Their uniforms reflect the hard work, dedication, and standards of our program.

To help offset the cost of uniforms and keep our program accessible for all families, we will offer a fundraising opportunity to kick off the season. Participation in fundraising is optional, but highly encouraged. Funds raised can be applied directly toward your athlete's uniform balance.

We are committed to providing an organized, well-communicated fundraising event that will make it easy for families to participate. More details, including timelines and earning potential, will be shared prior to the fundraiser.





SPRING AT SCA

SCA spring details will be communicated in the late summer/early fall.



Attendance Policies

PLEASE READ

Attendance while participating in any sport is extremely important. Cheerleading holds no exception. As a team sport, SCA depends on 100% attendance to train safely and efficiently. Failure to do so may result in removal from competitions and/or a team.

Communication For Missed A Practice

All communication regarding an athlete's attendance needs to go directly through the head coach.

Summer Attendance

During this designated summer training time, coaches are working to assess and plan for stunt groups and choreography. This is also a great time to build strength, flexibility and team cohesion before the mandatory season begins. Ultimately, it will prepare athletes physically for the competitive season. Mandatory practices begin July 6th.

Choreography

Full team participation is required for choreography and is non-negotiable due to the complexity of the routines and time constraints. Missing a choreography date will significantly impact the team's ability to create, clean, and perfect the routine. If an athlete cannot attend choreography, a missed day will count as two of their three absences. THERE WILL BE NO MAKEUP SESSIONS FOR MISSED CHOREOGRAPHY. All athletes pay for choreography regardless if they can attend or not.

Required Attendance Mandatory Practices

SCA athletes are allowed THREE absences per season (for illness/unforeseen circumstances) from the time mandatory practices begin. An athlete's absence from a practice must be communicated in advance to the head coach. Each coach develops a practice plan per team practice. The attendance of each athlete is crucial in maintaining the growth and efficiency of each plan and practice.



Code of Conduct

PLEASE READ

Athlete Conduct Expectations

All SCA athletes are expected to:

- Show respect to coaches, teammates, judges, staff, and facility personnel at all times.
- Demonstrate positive sportsmanship, including appropriate language and behavior during practices, competitions, and events.
- Follow all team rules, practice expectations, and safety guidelines as directed by coaches.
- Be attentive, prepared, and willing to accept coaching, correction, and feedback.
- Refrain from disruptive behavior, negative talk, or actions that detract from team unity.

Failure to meet these expectations may result in disciplinary action, including loss of privileges, removal from practices or competitions, or dismissal from the team.

Parent/Guardian Conduct Expectations

Parents and guardians play a vital role in the success of our athletes and teams. All SCA parents/guardians are expected to:

- Treat coaches, athletes, staff, judges, and other families with respect at all times.
- Support coaches' decisions regarding training, choreography, routines, positions, and competition decisions.
- Communicate concerns calmly, respectfully, and privately through proper channels.

Negative discussions, gossip, or public criticism of athletes, coaches, or other teams will not be tolerated

Communication Guidelines

All questions or concerns should be directed to the head coach through approved communication methods.

Coaches should be given adequate time to respond; immediate responses should not be expected.

Emotional or confrontational communication will not be tolerated.

Social Media Conduct

Athletes and parents are expected to:

- Represent SCA positively on all social media platforms.
- Refrain from posting negative, disrespectful, or harmful comments about SCA, its staff, athletes, or families.

Inappropriate social media behavior may result in disciplinary action.

Consequences of Policy Violations

Failure to comply with this conduct policy may result in one or more of the following:

- Verbal or written warning
- Meeting with coaches and/or directors
- Suspension from practices or competitions
- Removal from a team or dismissal from SCA

SCA reserves the right to determine appropriate consequences based on the severity and frequency of the behavior.

Acknowledgment

By participating in SCA, athletes and parents/guardians acknowledge and agree to abide by all attendance, conduct, and program policies.

ICA
Signature Cheer
ACADEMY



Thank you!

Feel free to reach out to us with any questions that you may have!

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Thank you for your loyalty to the Signature Cheer Academy family!

