

Acceptable Items

Canned Goods

- Ready-to-Eat Meals (e.g., ravioli, chili, soup)
- Vegetables & Beans
- Fruits (packed in juice or light syrup)
- Proteins (e.g., tuna, chicken, salmon)

Pantry Staples

- Grains (e.g., rice, pasta, oatmeal)
- Dried Beans
- Meal Mixes (e.g., boxed potatoes, mac & cheese, cornbread/pancake mix)
- Sauces & Spreads (e.g., pasta sauce, peanut butter, jelly)

Breakfast Foods

- Cereal (hot or cold)
- Oatmeal
- Pancake & Biscuit Mixes

Snacks

- Granola Bars & Protein Bars
- Crackers (plain or with peanut butter)
- Fruit Cups & Applesauce
- Nuts & Dried Fruits
- Pudding & Jello Cups

Shelf-Stable Drinks

- Powdered or Canned Milk
- Non-Dairy Milks (e.g., soy, almond, oat)
- Juice Boxes or Canned Juices
- Baby & Infant Care
- Formula
- Diapers & Wipes