What you need to know about riding an e-scooter

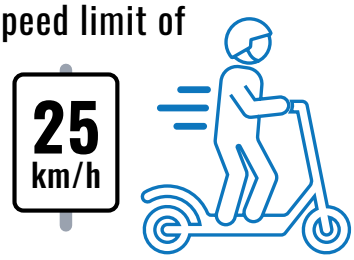
E-scooter injuries have been increasing. In 2025-2026 alone*:

...at **BC Children's Hospital Emergency**: Increase from **37 to 81** e-scooter-related visits among children and youth under 17 years of age

...at **Kelowna General Hospital Emergency**: Increase from **131 to 164** visits across all ages

...**Across BC**, **78 cases** were severe, requiring a trauma response. **38%** of these were life-threatening.

58.5% were travelling over the maximum speed limit of



Males are more likely to get hurt

Most injuries are from a fall

High-risk groups:

Youth
13 to 15-years-old

Adults
20 to 29-years-old



Upper extremity injuries are common:

- Fractures
- Bruises and abrasions
- Concussion or head injury

Remember the following:

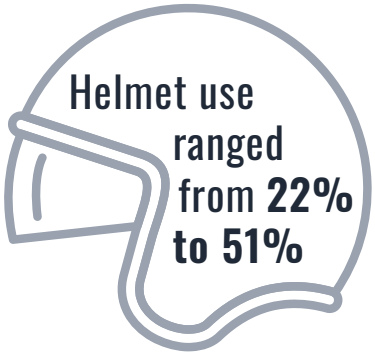
Know who can ride.

- Be more than 16 years of age
- No doubling—one rider at a time

Children under 16-years-old are **NOT** allowed to operate or ride on an e-scooter.

Know how to ride.

- Wear a helmet
- Stick to the speed limit of 25 km/h
- Obey traffic signs and rules of the road
- Know your hand signals



Know where to ride.

- Stay off the sidewalk
- Stay in a bike lane or to the right
- Be aware of uneven or cracked pavement
- Understand that regulations vary by city

Know when to ride.

- Leave the phone alone
- Refrain from substance use

Learn more at:
bit.ly/escootersbc

BC INJURY research and prevention unit

Data: Canadian Hospitals Injury Reporting and Prevention Program, BC Children's Hospital and Kelowna General Hospital; BC Trauma Registry, Trauma Services BC; April 1, 2025 to March 31, 2026.

Please note cases are an underestimate of the actual burden of injury, and they do not include all emergency department visits for e-scooter injuries in BC.