

# The Pelican Express

November 20, 2025

225.751.0273

mbsbr.org



**MBS**  
Most Blessed Sacrament

Most Blessed Sacrament Catholic School serves our Church, its families, and the community by nurturing Gospel values, academic excellence, and a lifetime of prayer and service.

## School Hours August - May

7:20 - Morning Carpool, office opens  
7:45 - School Assembly, Gym  
2:50 - Afternoon Carpool  
3:30 - Office Closes

## School Calendar

The school calendar is an active, live site. Click [here](#) for a full calendar.

## Social Media



## Attendance Reminders

- When a student is absent due to illness, parents are asked to verify the absence by either emailing the school office at [MBSabsent@mbsbr.org](mailto:MBSabsent@mbsbr.org) or calling the school office before 9:00am.
- Students who arrive at school after 7:45am must be walked into the school office by a guardian who will sign the student in. The student will be given a tardy slip to admit to class.
- Students who check out of school due to illness cannot return to school until they have been fever-free without medication for 24 hours. Children with a fever at school must be picked up immediately.
- Early check-out procedures are similar. Parent/guardian must report to the school office who will sign the student out. The latest time to check out a student is 2:15pm.

## Handbook Reminder (updated weekly)

### Admissions Policies

The schools of the Diocese of Baton Rouge, Louisiana, according to Brumfield vs. Dodd admit students of any race, color, national and ethnic origin to all rights, privileges, programs, and activities generally accorded or made available to students at their schools. It does not discriminate on the basis of race, color, national or ethnic origin in administration of its educational policies, admissions policies, scholarship programs and other organization-administered programs.

As a faith-based school, students applying to Most Blessed Sacrament Catholic School will be accepted using the following admission priorities:

- Currently enrolled students whose families practice their faith and are Identified Offertory Givers (IOG)
- Siblings of currently enrolled students
- Catholic students of parishioners who attend the Most Blessed Sacrament Early Learning Center and are IOG
- Catholic students of parishioners who are IOG
- Catholic students of parishioners transferring from another Catholic school who are IOG
- Students of Catholic families residing in another parish who practice their faith and are IOG
- Students of families of other faiths identified as members of their church

## Important Links

- [My School Bucks](#)
- [ClassLink](#)
- [Student Health](#)
- [Academic Support](#)
- [Tuition Policy](#)

## Time & Talent Opportunities

- Grandparents Day - click [here](#)
- Cafeteria Volunteers - December- click [here](#)

The weekly Pelican Express is published on Thursdays and is posted on the website under "News."

## UPCOMING EVENTS

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### November 21

- Grandparents Day
- Early dismissal, 11:15
- No Afternoon Extended Care
- Deadline for existing PK families to apply to K for next school year - see page 4

### November 24-28

- Thanksgiving Holidays - no school

### December 1

- Students return
- STAR Testing Window opens
- Drama Club, St. Ursula

### December 2

- Second Grade Retreat
- JV Cheer Practice, St. Ursula
- Dance Practice, St. Ursula

### December 3

- Dance Practice, St. Ursula
- Eco Club Meeting, Room 53
- 7<sup>th</sup> Grade Confession
- Pelibots, St. Ursula
- Pep Squad Practice, HFH

### December 4

- St Nicholas Mass, 8:15, dress uniforms required
- Varsity Cheer, St. Ursula

### December 5

- Sisters visit
- Teacher Shopping Day - A
- Quiz Bowl Practice, Room 7

### December 6

- St. Nicholas Christmas Market, Gym & HFH

### December 8

- Feast of the Immaculate Conception, Mass 8:15, dress uniforms required

### December 9

- 4H Club Meeting, Room 6
- JV Cheer Practice, St. Ursula
- Dance Practice, St. Ursula
- Band/Choir Concert, St. Ursula, 6pm

### December 10

- Kindness Club, Library
- Dance Practice, St. Ursula
- 4<sup>th</sup> Grade Confession
- Pelibots, St. Ursula
- Pep Squad Practice, HFH

### December 11

- 5<sup>th</sup> Grade Retreat
- Varsity Cheer

### December 12

- Spirit Shirt Day with uniform bottoms
- Teacher Shopping Day - B
- Quiz Bowl Practice

## **November 20th : The Presentation of the Blessed Virgin Mary**

Tomorrow we will celebrate The blessed Virgin Mary as the mother of the Church.

When Mary was asked to be the mother of the savior, she was completely free to accept or reject the offer. Her response, “Be it done to me”, was a great act of faith. Because she did not understand what was happening, she must have known that there would be difficulties ahead.

She replied yes to the angel’s announcement and agreed to become the mother of Jesus, and the church has declared Mary to be the mother of God. Because she was the first to say yes to the Messiah, the church declared her to be the mother of the church.

Mary, our mother...pray for us.



## IMPORTANT INFORMATION

### Tuition Rates

The deadline for Identified Offertory Giver (IOG) is December 15. Those donations must be made through weekly use of MBS church envelopes, automatic church deductions, or online giving through the church website. Church members who meet the IOG requirement (\$325 minimum) will receive the in-parish tuition rate. Donations will be verified by December 15 unless otherwise authorized by the Pastor/Principal. Any offerings thereafter will count towards the following year.

### Attention PK Families

2026-27 applications opened on Wednesday, November 5. If you intend for your child to remain at MBS for the 26-27 school year, you must complete an application. Deadline is November 21.

### iGive Catholic

This year Most Blessed Sacrament Catholic School will participate in I Give Catholic. This is an annual day of giving that takes place the Tuesday after Thanksgiving. Many schools have an annual giving drive or appeal. MBS is trying this instead. Our goal is \$50,000. Funds will go towards additional security cameras, fencing, lighting and electronic locks for the gym entrance and school entrance. Items will be prioritized based upon the total amount of donations received. All donations are tax deductible.

We will still hold our yearly fundraiser, The Fun Run. This year the Fun Run will be held in conjunction with Pelican Games in the Spring.



### 2024-25 Yearbooks

We have five 2024-25 yearbooks left. They are for sale in the office for \$45. Make Checks out to MBS. They are available on a first come, first serve basis. No more will be ordered.

### Strategic Plan - Focus on Next Five Years - We need you!

#### Feedback via Survey

As part of Lumen Accreditation it is time for Most Blessed Sacrament Catholic to review the 2019-2020 Strategic Plan - "A Vision for our Future" and work towards a new strategic plan, focusing on the next five years. We encourage all of you to complete this [survey](#), sharing your constructive feedback as it relates to our wonderful school community. Help us reach our goal of 100% participation by completing the survey. Deadline for completion is December 1, 2025.

#### Focus Group Sessions

As part of the strategic planning process, Most Blessed Sacrament Catholic School will be hosting three, in person, focus group meetings, inviting stakeholders to share their thoughts about the future of our school. Please mark your calendars with the following dates and times.

- Wednesday, January 7, 2026 at 6:30pm - St. James Room - Parish Hall
- Monday, January 12, 2026 at 8:00am - St. James Room - Parish Hall
- Friday, January 16, 2026 at 12:15pm - St. James Room - Parish Hall

# DECEMBER 2025

## Elementary School

### Monday

Chicken Smackers  
Spaghetti and Cheese  
Vegetable Medley  
Garden Variety Veggies  
Tropical Fruit  
Milk  
**Choice:** Loaded Baked Potato

### Tuesday

Soft Tacos  
Pinto Beans & Spanish Rice  
Taco Salad Cup, Salsa  
Garden Variety Veggies  
Peaches  
Milk  
**Choice:** Chicken Smackers

### Wednesday

Chicken & Sausage Gumbo  
Steamed White Rice  
Potato Salad  
Garden Variety Veggies  
Fruit Sorbet  
Dinner Roll  
Milk  
**Choice:** Pepperoni or Cheese Pizza

### Thursday

Chicken Parmesan w/ Spaghetti  
Parmesan Roasted Zucchini  
Garden Variety Veggies  
Green Apple Wedges  
Garlic Dinner Roll  
Milk  
**Choice:** Loaded Baked Potato

### Friday

Cheesy Chili Crunch Bowl  
Frito Chips  
Nacho Salad Cup & Sour Cream  
Garden Variety Veggies  
Orange Wedges  
Milk  
**Choice:** Pepperoni or Cheese Pizza

Spaghetti and Meat Sauce  
Garden Salad  
Garden Variety Veggies  
Red Apple Wedges  
Garlic Dinner Roll  
Milk  
**Choice:** Loaded Baked Potato

Hamburger/Cheesburger  
Sandwich Salad Cup  
Baked Beans  
French Fries  
Garden Variety Veggies  
Peaches  
Milk  
**Choice:** Chicken Smackers

Sliced, Roasted Turkey w/ Gravy  
Roasted Red Potatoes & Green Beans  
Garden Variety Veggies  
Orange Wedges  
Dinner Roll  
Christmas Cupcake  
**Choice:** Pepperoni or Cheese Pizza

Macaroni and Cheese  
Green Beans  
Garden Variety Veggies  
Green Apple Wedges  
Dinner Roll  
Milk  
**Choice:** Loaded Baked Potato

Chicken Sandwich  
French Fries  
Sandwich Salad Cup  
Garden Variety Veggies  
Fruit Sorbet  
Milk  
**Choice:** Pepperoni or Cheese Pizza

Honey Citrus Chicken  
Fried Rice  
Steamed Broccoli  
Garden Variety Veggies  
Pineapple  
Milk  
**Choice:** Loaded Baked Potato

Hamburger Steak w/ Gravy  
Mashed Potatoes & Lima Beans  
Garden Variety Veggies  
Red Apple Wedges  
Dinner Roll  
Milk  
**Choice:** Chicken Smackers

Chicken and Waffles  
Homestyle Grits  
Garden Variety Veggies  
Orange Wedges  
Milk  
**Choice:** Pepperoni or Cheese Pizza

Nachos  
PreK Classes: Grilled Cheese  
Fiesta Corn & Salsa  
Garden Variety Veggies  
Peaches  
Milk  
**Choice:** Loaded Baked Potato

Pepperoni or Cheese Pizza  
Garden Variety Veggies  
Whole Grain Goldfish Crackers  
Fruit Sorbet  
Milk  
**Choice:** No Choice

# Merry Christmas

# and Happy New Year!

**Notes:** Menus are subject to change. All meals are served with a choice of milk.

**Notification Statement:** Peanuts and Peanut butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program. However, some products served may contain nuts, may be produced in plants that use nuts, and may contain traces of nuts.

**MENUS:** [www.cnpr.org](http://www.cnpr.org)

PAY FOR MEALS ONLINE  
[MySchoolBucks.com](https://www.myschoolbucks.com)

## OFFICE OF CHILD PROTECTION

According to the Safe Environment Policy promulgated by the Diocese of Baton Rouge, **all parish and school ministry volunteers/chaperones must complete a mandatory background check and child protection training.** Child Protection credentials allow the holder of these credentials the opportunity to chaperone/volunteer. All credentialed adults must abide by the sign-up and confirmation process for each event.

### New Volunteer Credentialing for the 2025-2026 School Year

New Volunteer Applications for parents/guardians are being accepted now. Please email your volunteer request to [childprotection@mbsbr.org](mailto:childprotection@mbsbr.org) to get the process started.

### Update Your Volunteer File for 2025-2026

Please note that the [Code of Ethics](#) must be reviewed by all volunteers of MBS School annually as required by the Diocese of Baton Rouge. Please complete and submit the Code of Ethics Acknowledgement form, page 5, to the MBS Office of Child Protection to update your file.

For your convenience, you may scan and email the forms to [childprotection@mbsbr.org](mailto:childprotection@mbsbr.org).

## PARENTS' COMMITMENT TO CHURCH & SCHOOL

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Enrollment and/or continued enrollment at Most Blessed Sacrament Catholic School requires a commitment to ALL of the following:

- **Prayer and Mass** – Families must commit to daily prayer at home. Catholic families must attend weekly, Sunday, Mass on Holy Days of Obligation. Non-Catholic families must attend Sunday services at their home church.
- **Service** – Twenty (20) hours of Time and Talent given to the school and/or Church each year. Hours must be completed between January 1 and December 31 *to receive the in-parish tuition rate*. These hours are reviewed each year. Definition of an hour of Time and Talent: an actual hour of volunteer work or donation purchases of \$10
- **Weekly Church Offering** – A minimum amount of \$325 will be donated to the Church to support the stewardship program as an Identified Offertory Giver (IOG). Those donations must be made through weekly use of MBS church envelopes, automatic church deductions, or online giving through the church website. Church members who meet the *IOG requirement will receive the in-parish tuition*. Donations will be verified by December 15 unless otherwise authorized by the Pastor/Principal. Any offerings thereafter will count towards the following year.

Families meeting these requirements will receive the in-parish tuition rate. Any families who have not met the stewardship commitment requirements will receive either the Catholic Out-of-Parish tuition or Non-Catholic rates.

### New Students

Time and Talent hours are prorated (10 hours) for new students. New families must also meet the IOG requirement of \$325.00 to receive in-parish tuition the following school year.

#### Log your Service Hours into FACTS.

**Go to Family > Family Home. You will see "Service Hours" in the middle of the screen. Click "add" to add the hours. You must type in a description. Select "type a custom value," and then type your description.**

#### Sending Items to School

**Please label your items that you send to school from a SignUp Genius:**

- **Parent Name** (signed up on the **SUG**)
- **Name of item**
- **Title of Sign Up** (ex: 5th Grade Auction Basket)

**This helps us match your hours in FACTS.**

We hope everyone has a wonderful Thanksgiving week! A great time for family, friends and giving thanks!

Lots of info on the school website ~ click “athletics” tab! Parish Sports and all sports!

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Boys Basketball practices are underway – Games start in December (schedules not released yet) – there are 146 CSAA teams, grades 3 through 8. We have 10 MBS teams. Parish Sports Basketball games are underway!

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If you are interested on a carpool line sign or gym sign, please email Tommy Krysan: [tkysan@mbsbr.org](mailto:tkysan@mbsbr.org)

If you are interested in joining Pelican Power, please email Tommy Krysan: [tkrysan@mbsbr.org](mailto:tkrysan@mbsbr.org)

Go Pelicans!

Athletics can be an important part of a young person’s life. It teaches discipline and self- pride while helping one realize the importance of cooperation. Athletics are a component of, and interact with, the spiritual, social and academic components of the overall school program. MBS recognizes that support from the administration, faculty, staff, coaches, parents and fans are necessary in providing a positive Catholic athletic experience for the student-athlete. Athletes, parents, and fans are a direct reflection of MBS and should adhere to the philosophy of the school by always acting in a dignified manner.

Go Pelicans!

Tommy Krysan, Athletic Director  
MBS Athletics  
[tkrysan@mbsbr.org](mailto:tkrysan@mbsbr.org)





An email will be sent out with event information you can share with your grandparents. For now, here are some helpful things to know!

## Event Schedule

## Group 1 - Pre-K, Kindergarten, & 1st Grade

8:30 – 8:45 AM	Sign in and refreshments in Holy Family Hall
8:45 – 9:15 AM	Activity with your grandchild in the gym
9:15 – 9:30 AM	*Photo stations in the courtyard (after signing out your grandchild)

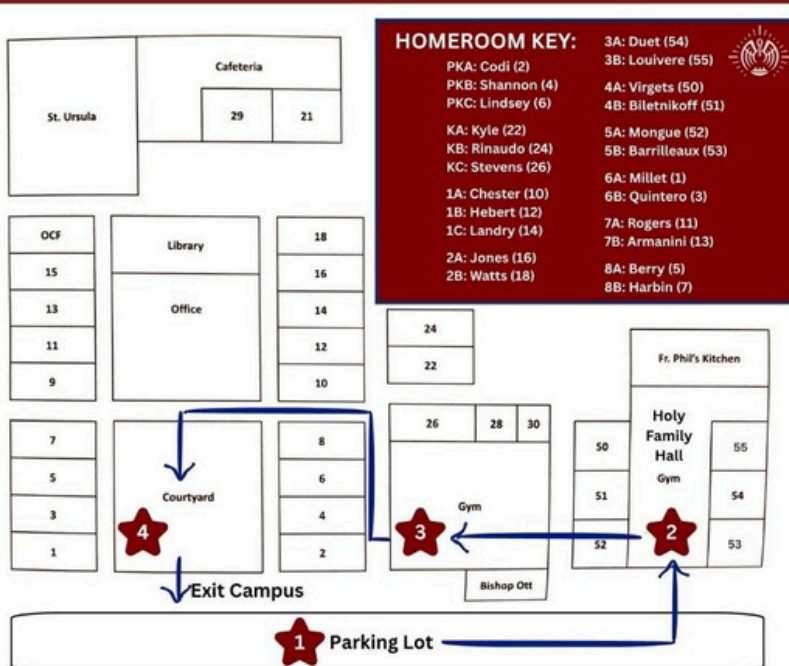
Group 2 - 2nd, 3rd, & 4th Grades

9:15 – 9:30 AM	Sign in and refreshments in Holy Family Hall
9:30 – 10:00 AM	Activity with your grandchild in the gym
10:00 – 10:15 AM	*Photo stations in the courtyard (after signing out your grandchild)

Group 3 – 5th, 6th, 7th, & 8th grades

10:00 – 10:15 AM	Sign in and refreshments in Holy Family Hall
10:15 – 10:45 AM	Activity with your grandchild in the gym
10:45 – 11:00 AM	*Photo stations in the courtyard (after signing out your grandchild)

## Event Flow Map



In the email, a larger version of this map will be provided. Volunteers and Ambassadors will be around campus to help guide grandparents.

GRANDPARENTS CAN CHECK OUT  
STUDENTS FROM THEIR  
HOMEROOMS AFTER THEY HAVE  
COMPLETED THEIR ACTIVITY WITH  
THEIR LAST GRANDCHILD



# Grandparents Day Info



Professional Photographer Option!

BUTTERFLIES OF HOPE WILL BE ON CAMPUS FOR GRANDPARENTS DAY.

**IF YOU WOULD LIKE A GROUP PHOTO TAKEN, SCAN THE QR CODE BELOW AND PURCHASE YOUR PACKAGE OPTION BY THURSDAY, NOVEMBER 20TH**

This is OPTIONAL! We will have other photo opportunities set up in the courtyard.

boh|butterflies of hope  
PHOTOGRAPHY

## GRANDPARENT'S DAY PORTRAITS

\*Pre-Registration is Required before Picture Day  
\*Deadline to order pictures is Thursday November 20th

SCAN QR CODE	ENTER ACCESS CODE	PACKAGE OPTIONS
	MBS2025	Digital Download of 1 image \$25 Micro: \$50 (2) 5x7s (2) 4x6s (1) Digital Download Basic: \$60 (1) 8x10s (2) 5x7s (1) Digital Download Deluxe: \$70 (2) 8x10s (2) 5x7s (2) 4x6 ALL Digitals
SELECT YOUR PACKAGE		





# **NEW Spirit Store Merchandise!**

*All new items will be available to purchase at Grandparents' Day and the St. Nicholas Market!*



**[Click Here to Shop Online!](#)**

**Shop in Person**

**Nov 21 Grandparents' Day  
Dec 6 St. Nicholas Christmas Market**

**Volunteer to help on Grandparents' Day!**

[signupgenius.com/go/10C0F48ADA82EA7FFC16-60074418-volunteers](https://signupgenius.com/go/10C0F48ADA82EA7FFC16-60074418-volunteers)

***Please email us at [mbsbr.spiritstore@gmail.com](mailto:mbsbr.spiritstore@gmail.com) with any questions or suggestions on what you would like to see available in the store!***

# ST. NICHOLAS CHRISTMAS MARKET

## VENDOR LIST

Love, Petunia LLC  
Elle Designs  
Ninja Nanny Crafts  
Nomi's Pocket  
Evelyn Lane Boutique  
Lauren & Emily's Creative Corner  
The Traveling Mouse  
Sassy Spirit Stitches  
Marie Madeleine-Catholic Gift Shop  
Happy Eye Designs  
Travis Foreman  
Regalia & Co.  
Lesley Guzzardo  
Sorella Crafts & Gifts  
Leigh Hayes Designs  
Hearths of Fire Bread  
Little Fleur Studio  
O is for Oyster  
St. Michael Sword Students

Jewelry by Joan  
Original PVC Sculptures  
Magnolia 23 Boutique  
Scentsy Independent Consultant  
Linked with Love  
Glitterary Boutique  
My Belle Arti  
La Gift Girls  
SugarHoneyLemony  
House of Glamm  
A Carlock Creation  
Beloved Grace by Rashel  
MBS Spirit Store  
CrushCrochet Co.  
Rene Bakes  
MBS Bread of Life Gifts  
Keepsakes by Kayla  
Duckie Dazzle  
Riman Korean Skincare

### **Kids Market**

Raegan Watts  
Abram's Creations  
Nora and Luke Parrino  
Treats by Milly & Mutts- Amelia Bourg  
Catholic Brics- Zachary LeBlanc  
Haley Stelly

The Blush Boutique  
Sweet Sisters- Maggie Reulet  
Elizabeth Howland  
Cameron Vinyard  
Honeycomb Bracelets

THE PARTY ARTIST SANTA  
5PM - 630PM



MOST BLESSED SACRAMENT SCHOOL  
12/6/2025 | 3PM - 7PM

# FALL DANCE CAMP



DANCE



CRAFTS



FUN



Our SMHS Warriorettes are hosting a fun-filled 2-day dance camp during Thanksgiving Break!

- November 24<sup>th</sup> & 25<sup>th</sup>
- 9:00am - 2:00pm
- K-5<sup>th</sup> grades
- \$75

Join us for dancing, games, crafts, and lots of fun!



SCAN ME

Questions? Jaclyn Hill [jhill@smhsbr.org](mailto:jhill@smhsbr.org)



# *Upcoming Events*

## *The Immaculate Conception of the Blessed Virgin Mary*

HOLY DAY OF OBLIGATION

MASS TIMES: 8:15 AM, 12:00 PM, & 6:00 PM

*Dec*  
*8*

## *Advent Penance with Parish Adoration*

6:00 PM

*Dec*  
*16*

## *Christmas Eve*

MUSIC PRELUDE 30 MINUTES BEFORE EACH MASS

MASS TIMES: 4:00 PM & 6:30 PM

MIDNIGHT AT 12:00 AM

*Dec*  
*24*

## *Christmas Day*

MUSIC PRELUDE 15 MINUTES BEFORE MASS

MASS TIME: 10:00 AM

*Dec*  
*25*

## *New Years - Solemnity of Mary, Mother of God Holy Day of Obligation*

12/31 - NEW YEARS EVE VIGIL

MASS TIMES: 4:00PM & 6:00PM

NEW YEARS DAY MASS TIME: 10:00 AM

*Jan*  
*1*