

The Pelican Express

December 4, 2025

225.751.0273

mbsbr.org



MBS
Most Blessed Sacrament

Most Blessed Sacrament Catholic School serves our Church, its families, and the community by nurturing Gospel values, academic excellence, and a lifetime of prayer and service.

School Hours August - May

7:20 - Morning Carpool, office opens
7:45 - School Assembly, Gym
2:50 - Afternoon Carpool
3:30 - Office Closes

School Calendar

The school calendar is an active, live site. Click [here](#) for a full calendar.

Social Media



Attendance Reminders

- When a student is absent due to illness, parents are asked to verify the absence by either emailing the school office at MBSabsent@mbsbr.org or calling the school office before 9:00am.
- Students who arrive at school after 7:45am must be walked into the school office by a guardian who will sign the student in. The student will be given a tardy slip to admit to class.
- Students who check out of school due to illness cannot return to school until they have been fever-free without medication for 24 hours. Children with a fever at school must be picked up immediately.
- Early check-out procedures are similar. Parent/guardian must report to the school office who will sign the student out. The latest time to check out a student is 2:15pm.

Handbook Reminder (from October)

Outerwear Uniform Guidelines

- The following are the only acceptable outerwear options:
- Solid navy-blue, full-zip, or half-zip fleece jacket with the official school logo
- Solid navy-blue, full-zip windbreaker with the official school logo
- Solid navy-blue sweater with the official school logo
- Maroon athletic windbreaker in 6th through 8th grade
- Official navy MBS sweatshirt

Optional Winter Wear for ALL Students Overcoats - An overcoat is a heavy outerwear jacket or coat that is thickly lined or padded. Overcoats may only be worn to school on days when the morning temperature is under 50°. Overcoats worn to and from school and out on the playground may be of any color. No blue jean, denim, or camouflage jackets of any type are allowed under any circumstance.

Undershirts - Students may wear a solid white turtleneck or white long-sleeve shirt under the jumper or shirt on days when the temperature is below 40°.

Important Links

- [My School Bucks](#)
- [ClassLink](#)
- [Student Health](#)
- [Academic Support](#)
- [Tuition Policy](#)

Time & Talent Opportunities

- Cafeteria Volunteers - December- click [here](#)

The weekly Pelican Express is published on Thursdays and is posted on the website under "News."

UPCOMING EVENTS

December 4

- St Nicholas Mass, 8:15, dress uniforms required
- Varsity Cheer, St. Ursula

December 5

- Sisters visit
- Teacher Shopping Day - A
- Quiz Bowl Practice, Room 7

December 6

- St. Nicholas Christmas Market, Gym & HFH

December 8

- Feast of the Immaculate Conception, Mass 8:15, dress uniforms required

December 9

- 4H Club Meeting, Room 6
- JV Cheer Practice, St. Ursula
- Dance Practice, St. Ursula
- Band/Choir Concert, St. Ursula, 6pm

December 10

- Kindness Club, Library
- Dance Practice, St. Ursula
- 4th Grade Confession
- Pelibots, St. Ursula
- Pep Squad Practice, HFH

December 11

- 5th Grade Retreat
- Varsity Cheer

December 12

- Spirit Shirt Day with uniform bottoms
- Teacher Shopping Day - B
- Quiz Bowl Practice

December 15

- Middle School Math Club Meeting, Room 15
- Drama Club, St. Ursula
- 4th and 5th Math Club Meeting, Room 53

December 16

- First grade field trip - spirit shirts with uniform bottoms
- JV Cheer Practice, St. Ursula
- Dance Practice, St. Ursula

December 17

- Praise & Worship, St. Ursula
- Kindergarten field Trip
- Pep Squad Practice, HFH
- Pelibots, St. Ursula
- Dance Practice, St. Ursula
- MS Exams with early dismissal for middle school only

December 18

- School Mass, 8:15, dress uniforms required
- Varsity Cheer, St. Ursula
- MS Exams with early dismissal for middle school only

December 19

- No buses - carpool only
- Wear Christmas attire with uniform bottoms
- 2nd nine weeks ends
- The Nativity Story, 10:00-11:00, St. Ursula
- MS Exams
- Early Dismissal, 11:15
- No Afternoon Extended Care

December 4 : Saint John of Damascene

Today is the feast day of Saint John of Damascene. John grew up in the rich court of the Muslim ruler of Damascus where his father was a wealthy Christian court official.

John would grow up to be a high government official himself. By this time, however, Muslim government were beginning to persecute Christians, so John left his position and became a monk in Jerusalem.

We know about John because of his writings. One book he wrote was a source on the teachings of the Greek Fathers of the Church. John was also a poet and hymn writer. Some of his songs are summaries of the truths of faith.

John was named a Dr. of the church in 1890. Some say he lived to be 104 years old.

St. John of Damascen...pray for us.



IMPORTANT INFORMATION

Tuition Rates

The deadline for Identified Offertory Giver (IOG) is December 15. Those donations must be made through weekly use of MBS church envelopes, automatic church deductions, or online giving through the church website. Catholic church members who meet the IOG requirement (\$325 minimum) will receive the in-parish tuition rate. Donations will be verified by December 15 unless otherwise authorized by the Pastor/Principal. Any offerings thereafter will count towards the following year.

2026-27 Enrollment - January 8-16

Existing Kindergarten-7th grade students

- All students (K-7) who will remain at MBS for the 2026-27 year must "Re-enroll" through Facts Family Portal
- Re-enrollment takes place January 8-16. This function will not be active until these dates.
- The fee is \$400. After the 16th, a \$100 late fee will be added. The enrollment fee is non-refundable.
- Tuition is not deducted in January.
- Have your FACTS login information. Reminder: District Code is MBS-LA
 - Login to FACTS Family Portal
 - Click Apply/Enroll>Enrollment/Reenrollment
 - You will have to click on submit TWICE: once before the payment, once after the payment.

Existing PK Students

- PK students who applied to Kindergarten in November will be notified of acceptance on January 26.
- January 27-February 10, accepted students will be asked to "Enroll" in FACTS.
- Enrollment fee is \$400 and is non-refundable.

Upcoming Charges on FACTS account

Just like last year, all 2026-27 fees will be charged as "Incidental Fees" after enrollment/beginning of February. You can pay them at that time, or over several months. The due date for all fees to be paid in full is June 30, 2026.

- **Enrollment fee \$400.** After the enrollment deadline, the enrollment fee increases to \$500 per student for returning students.
- **Technology fee of \$300.** This fee is assessed to students to cover all technology, which not only applies to the cost of student chrome books, but also to online textbooks licenses, subscriptions to ClassLink and all its components.
- **Security fee of \$300.** This fee is applied to families to staff a Baton Rouge Sheriff Office deputy on campus from 6am to 6pm while the students are present.
- **Facts fee of \$55.** A Facts payment plan must be set up during the enrollment process.
- **Capital Maintenance Fee of \$400** per family if applicable. This fee is assessed to families who are not identified offertory givers of MBS Church, those who are registered at another church parish, and/or those who are non-Catholic.

The PK-First Grade Fee and the 8th Grade Class Fee will be drafted with the first tuition payment for the 2026-27 school year, which will be in June of 2026.

- **PK-1st Grade fee of \$450.** This fee is assessed to students for snacks & supplies.
- **8th Grade fee of \$275.** This fee is assessed to students for Youth Legislature, caricature shirt, graduation, and field trip.

Scholarship Pajama Day

Student Council is collecting \$2 per student on **Tuesday, January 6**. Those students who bring in a minimum of \$2 are able to wear Pajamas to school. This money goes towards the Jill Peno Memorial Scholarship and the Home & School Angel Scholarship, both honor MBS students whom we have lost before their 8th Grade Graduation.

No slippers or flip flops.

Pajamas must be modest and appropriate.

Students with inappropriate pajamas must call home for a uniform.

Students must wear athletic shoes.



Strategic Plan - Focus on Next Five Years - We need you!

Focus Group Sessions

As part of the strategic planning process, Most Blessed Sacrament Catholic School will be hosting three, in person, focus group meetings, inviting you, our stakeholders, to share their thoughts about the future of our school. Please mark your calendars with the following dates and times.

- Wednesday, January 7, 2026 at 6:30pm - St. James Room - Parish Hall
- Monday, January 12, 2026 at 8:00am - St. James Room - Parish Hall
- Friday, January 16, 2026 at 12:15pm - St. James Room - Parish Hall

2024-25 Yearbooks

We have five 2024-25 yearbooks left. They are for sale in the office for \$45. Make Checks out to MBS. They are available on a first come, first serve basis. No more will be ordered.

Middle School Sweatpants

Middle School Students (grades 6-8) are invited to participate in a Student Council fundraiser. Bring \$5 to school next week and give to your homeroom teacher. Then, you may wear sweatpants to school December 12-19. Leggings, yoga pants, and PJ pants are not allowed. Only sweatpants or joggers are allowed. Questions? Email Mrs. Keli Berry at KBerry@mbsbr.org

Middle School Exam Schedule

Wednesday, December 17

7:20-7:55 Homeroom and Assembly
8:00-9:20 **Literature Exam** (8th /6th take the exam, 7th has study hall)
9:25-9:45 Brunch
9:50-11:05 **Science Exam** (7th /8th take the exam, 6th has study hall)
11:15 Dismissal from Homerooms (Car Rider Pro)

Thursday, December 18

7:20-7:55 Homeroom and Assembly
8:00-9:20 **Religion Exam** (7th /8th take the exam, 6th has study hall)
9:25-9:45 Brunch
9:50-11:05 **English Exam** (all take the exam)
11:15 Dismissal from Homerooms (Car Rider Pro)

Friday, December 19

7:20-7:55 Homeroom and Assembly
8:00-9:20 **Social Studies Exam** (8th take the exam, 6th /7th have study hall)
9:25-9:45 Brunch
9:50-11:05 **Math Exam** (all take the exam)
11:15 Dismissal from Homerooms (Car Rider Pro)

2025 Advent Poster

Thank you to 4th grader Kimber Alombro whose artwork was selected to represent Advent this season at MBS.



<div>  <div> <div>DECEMBER 2025</div> <div>Elementary School</div> </div> <div>  </div> </div>				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Smackers Spaghetti and Cheese Vegetable Medley Garden Variety Veggies Tropical Fruit Milk Choice: Loaded Baked Potato	Soft Tacos Pinto Beans & Spanish Rice Taco Salad Cup, Salsa Garden Variety Veggies Peaches Milk Choice: Chicken Smackers	Chicken & Sausage Gumbo Steamed White Rice Potato Salad Garden Variety Veggies Fruit Sorbet Dinner Roll Milk Choice: Pepperoni or Cheese Pizza	Chicken Parmesan w/ Spaghetti Parmesan Roasted Zucchini Garden Variety Veggies Green Apple Wedges Garlic Dinner Roll Milk Choice: Loaded Baked Potato	Cheesy Chili Crunch Bowl Frito Chips Nacho Salad Cup & Sour Cream Garden Variety Veggies Orange Wedges Milk Choice: Pepperoni or Cheese Pizza
Spaghetti and Meat Sauce Garden Salad Garden Variety Veggies Red Apple Wedges Garlic Dinner Roll Milk Choice: Loaded Baked Potato	Hamburger/Cheesburger Sandwich Salad Cup Baked Beans French Fries Garden Variety Veggies Peaches Milk Choice: Chicken Smackers	Sliced, Roasted Turkey w/ Gravy Roasted Red Potatoes & Green Beans Garden Variety Veggies Orange Wedges Dinner Roll Christmas Cupcake Choice: Pepperoni or Cheese Pizza	Macaroni and Cheese Green Beans Garden Variety Veggies Green Apple Wedges Dinner Roll Milk Choice: Loaded Baked Potato	Chicken Sandwich French Fries Sandwich Salad Cup Garden Variety Veggies Fruit Sorbet Milk Choice: Pepperoni or Cheese Pizza
Honey Citrus Chicken Fried Rice Steamed Broccoli Garden Variety Veggies Pineapple Milk Choice: Loaded Baked Potato	Hamburger Steak w/ Gravy Mashed Potatoes & Lima Beans Garden Variety Veggies Red Apple Wedges Dinner Roll Milk Choice: Chicken Smackers	Chicken and Waffles Homestyle Grits Garden Variety Veggies Orange Wedges Milk Choice: Pepperoni or Cheese Pizza	Nachos PreK Classes: Grilled Cheese Fiesta Corn & Salsa Garden Variety Veggies Peaches Milk Choice: Loaded Baked Potato	Pepperoni or Cheese Pizza Garden Variety Veggies Whole Grain Goldfish Crackers Fruit Sorbet Milk Choice: No Choice
22	23	24	25	26
<div>  </div>				
29	30	31		
<div> <p>Notes: Menus are subject to change. All meals are served with a choice of milk.</p> <p>Notification Statement: Peanuts and Peanut butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program. However, some products served may contain nuts, may be produced in plants that use nuts, and may contain traces of nuts.</p> <p>MENUS: www.cnpr.org</p> <div>  <div> <div>PAY FOR MEALS ONLINE</div> <div>  </div> </div> </div> </div>				

OFFICE OF CHILD PROTECTION

According to the Safe Environment Policy promulgated by the Diocese of Baton Rouge, **all parish and school ministry volunteers/chaperones must complete a mandatory background check and child protection training.** Child Protection credentials allow the holder of these credentials the opportunity to chaperone/volunteer. All credentialed adults must abide by the sign-up and confirmation process for each event.

New Volunteer Credentialing for the 2025-2026 School Year

New Volunteer Applications for parents/guardians are being accepted now. Please email your volunteer request to childprotection@mbsbr.org to get the process started.

Update Your Volunteer File for 2025-2026

Please note that the [Code of Ethics](#) must be reviewed by all volunteers of MBS School annually as required by the Diocese of Baton Rouge. Please complete and submit the Code of Ethics Acknowledgement form, page 5, to the MBS Office of Child Protection to update your file.

For your convenience, you may scan and email the forms to childprotection@mbsbr.org.

PARENTS' COMMITMENT TO CHURCH & SCHOOL

Enrollment and/or continued enrollment at Most Blessed Sacrament Catholic School requires a commitment to ALL of the following:

- **Prayer and Mass** – Families must commit to daily prayer at home. Catholic families must attend weekly, Sunday, Mass on Holy Days of Obligation. Non-Catholic families must attend Sunday services at their home church.
- **Service** – Twenty (20) hours of Time and Talent given to the school and/or Church each year. Hours must be completed between January 1 and December 31 *to receive the in-parish tuition rate*. These hours are reviewed each year. Definition of an hour of Time and Talent: an actual hour of volunteer work or donation purchases of \$10
- **Weekly Church Offering** – A minimum amount of \$325 will be donated to the Church to support the stewardship program as an Identified Offertory Giver (IOG). Those donations must be made through weekly use of MBS church envelopes, automatic church deductions, or online giving through the church website. Church members who meet the *IOG requirement will receive the in-parish tuition*. Donations will be verified by December 15 unless otherwise authorized by the Pastor/Principal. Any offerings thereafter will count towards the following year.

Families meeting these requirements will receive the in-parish tuition rate. Any families who have not met the stewardship commitment requirements will receive either the Catholic Out-of-Parish tuition or Non-Catholic rates.

New Students

Time and Talent hours are prorated (10 hours) for new students. New families must also meet the IOG requirement of \$325.00 to receive in-parish tuition the following school year.

Log your Service Hours into FACTS.

Go to Family > Family Home. You will see "Service Hours" in the middle of the screen. Click "add" to add the hours. You must type in a description. Select "type a custom value," and then type your description.

Sending Items to School

Please label your items that you send to school from a SignUp Genius:

- **Parent Name** (signed up on the **SUG**)
- **Name of item**
- **Title of Sign Up** (ex: 5th Grade Auction Basket)

This helps us match your hours in FACTS.

Lots of info on the school website ~ click “athletics” tab! Parish Sports and all sports!

Boys Basketball will Host CSAA Jamboree, Friday December 5 at MBS.

5:45pm MBS 6 th Grade Varsity vs. St. Jude

6:30pm Sacred Heart vs. St. Theresa (6)

7:15pm MBS 8 th Grade Varsity vs. St. Jude

Also home games on Monday Dec 8: 4 th Grade, 5 th Maroon, 5 th Gray

Schedules for 3 rd Grade Maroon, 3 rd Grade Gray, 4 th grade, 5 th Grade Maroon, 5 th Grade Gray are on the website!

If you are interested on a carpool line sign or gym sign, please email Tommy Krysan:
tkysan@mbsbr.org

If you are interested in joining Pelican Power, please email Tommy Krysan:
tkrysan@mbsbr.org

Go Pelicans!

Athletics can be an important part of a young person’s life. It teaches discipline and self- pride while helping one realize the importance of cooperation. Athletics are a component of, and interact with, the spiritual, social and academic components of the overall school program. MBS recognizes that support from the administration, faculty, staff, coaches, parents and fans are necessary in providing a positive Catholic athletic experience for the student-athlete. Athletes, parents, and fans are a direct reflection of MBS and should adhere to the philosophy of the school by always acting in a dignified manner.

Go Pelicans!

Tommy Krysan, Athletic Director

MBS Athletics

tkrysan@mbsbr.org





**6th-8th Grade
Students**

Bring \$5.00

& wear your sweatpants

December 12 - 19

No pajama pants, leggings, or yoga pants allowed!



This is only for middle school students in 6th, 7th, and 8th grade!



It's the most wonderful time of the year!

JOIN US FOR THE 3RD ANNUAL

St. Nicholas Christmas Market

SATURDAY, DECEMBER 6 | 3PM - 7PM

*Most Blessed Sacrament Catholic School
8033 Baringer Road*

SANTA | GIFTS | CRAFTS | FOOD | ACTIVITIES



ST. NICHOLAS CHRISTMAS MARKET

VENDOR LIST

Love, Petunia LLC
Elle Designs
Ninja Nanny Crafts
Nomi's Pocket
Evelyn Lane Boutique
Lauren & Emily's Creative Corner
The Traveling Mouse
Sassy Spirit Stitches
Marie Madeleine-Catholic Gift Shop
Happy Eye Designs
Travis Foreman
Regalia & Co.
Lesley Guzzardo
Sorella Crafts & Gifts
Leigh Hayes Designs
Hearths of Fire Bread
Little Fleur Studio
O is for Oyster
St. Michael Sword Students

Jewelry by Joan
Original PVC Sculptures
Magnolia 23 Boutique
Scentsy Independent Consultant
Linked with Love
Glitterary Boutique
My Belle Arti
La Gift Girls
SugarHoneyLemony
House of Glamm
A Carlock Creation
Beloved Grace by Rashel
MBS Spirit Store
CrushCrochet Co.
Rene Bakes
MBS Bread of Life Gifts
Keepsakes by Kayla
Duckie Dazzle
Riman Korean Skincare

Kids Market

Raegan Watts
Abram's Creations
Nora and Luke Parrino
Treats by Milly & Mutts- Amelia Bourg
Catholic Brics- Zachary LeBlanc
Haley Stelly

The Blush Boutique
Sweet Sisters- Maggie Reulet
Elizabeth Howland
Cameron Vinyard
Honeycomb Bracelets

THE PARTY ARTIST SANTA
5PM - 630PM



MOST BLESSED SACRAMENT SCHOOL
12/6/2025 | 3PM - 7PM



NEW Spirit Store Merchandise!

All new items will be available to purchase at the St. Nicholas Market this Saturday!



[Click Here to Shop Online!](#)

Shop in Person

Dec 6 St. Nicholas Christmas Market

Please email us at mbsbr.spiritstore@gmail.com with any questions or suggestions on what you would like to see available in the store!

Upcoming Events

The Immaculate Conception of the Blessed Virgin Mary

HOLY DAY OF OBLIGATION

MASS TIMES: 8:15 AM, 12:00 PM, & 6:00 PM

Dec
8

Advent Penance with Parish Adoration

6:00 PM

Dec
16

Christmas Eve

MUSIC PRELUDE 30 MINUTES BEFORE EACH MASS

MASS TIMES: 4:00 PM & 6:30 PM

MIDNIGHT AT 12:00 AM

Dec
24

Christmas Day

MUSIC PRELUDE 15 MINUTES BEFORE MASS

MASS TIME: 10:00 AM

Dec
25

New Years - Solemnity of Mary, Mother of God Holy Day of Obligation

12/31 - NEW YEARS EVE VIGIL

MASS TIMES: 4:00PM & 6:00PM

NEW YEARS DAY MASS TIME: 10:00 AM

Jan
1

THE NATIVITY STORY



FRIDAY, DECEMBER 19
10 A.M. ST. URSULA HALL

ALL ARE WELCOME



*Join Sister Dulce Maria and
The Mercedarian Sisters of the Blessed Sacrament*

for

La Posada

The Journey to find the Baby Jesus

Follow the shepherd in search of the Holy Family

Sunday December 7, 2025 3pm-5pm

La Posada is a Mexican and Spanish tradition, here at CSMPC it teaches the true meaning of Christmas. Children and adults accompany a Shepherd in his search for the Holy Family. The Shepherd shares his story of the importance of finding the Christ Child and what the birth of this Child means for our future.

Afterward, visit with St. Nicholas, Bubbles the Camel, animals in the petting zoo and take a pony ride while enjoying funnel cakes, caramel popcorn & face painting!

Appropriate for children of all ages. Event is free!

Donations Always Appreciated.

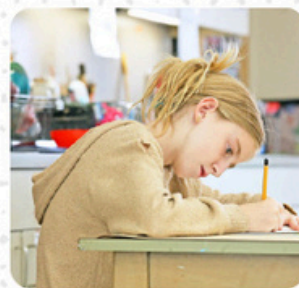


CYPRESS SPRINGS
MERCEDARIAN PRAYER CENTER
"OPENING THE DOOR TO CHRIST"
-Sister Dulce Maria

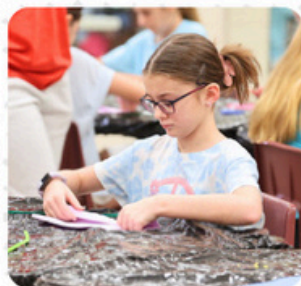


17560 GEORGE O'NEAL ROAD BATON ROUGE , LA 70817 225-752-8480

WWW.CYPRESSSPRINGSPRAYERCENTER.ORG



Holiday Camps at SJA



Baking
grades 4 - 8



Sewing
grades 4 - 8

Merry Makers
grades 3 - 5



Little Stickers Cheer Clinic
ages 6 - 14

