

# The Pelican Express

February 5, 2026

225.751.0273

mbsbr.org



**MBS**  
Most Blessed Sacrament

Most Blessed Sacrament Catholic School serves our Church, its families, and the community by nurturing Gospel values, academic excellence, and a lifetime of prayer and service.

## School Hours August - May

7:20 - Morning Carpool, office opens  
7:45 - School Assembly, Gym  
2:50 - Afternoon Carpool  
3:30 - Office Closes

## School Calendar

The school calendar is an active, live site. Click [here](#) for a full calendar.

## Social Media



## Attendance Reminders

- When a student is absent due to illness, parents are asked to verify the absence by either emailing the school office at [MBSabsent@mbsbr.org](mailto:MBSabsent@mbsbr.org) or calling the school office before 9:00am.
- Students who arrive at school after 7:45am must be walked into the school office by a guardian who will sign the student in. The student will be given a tardy slip to admit to class.
- Students who check out of school due to illness cannot return to school until they have been fever-free without medication for 24 hours. Children with a fever at school must be picked up immediately.
- Early check-out procedures are similar. Parent/guardian must report to the school office who will sign the student out. The latest time to check out a student is 2:15pm.

## Handbook Reminder (updated weekly)

### Property Damage

Students may be asked to pay for accidental damage to property and will be expected to pay for deliberate damage to property. This includes fines for damaged books, damaged furniture, damaged Chromebooks and other technology aids, and the actual cost of any other damage.

Textbooks and workbooks must be covered within the first week of school and remain covered all year. Contact paper is not to be used to cover hardback books and, if used, the student will be assessed the replacement cost of the book.

Students who are issued a Chromebook or other school-owned technology are expected to take care of these devices and ensure that they are used properly for school-related activities only and kept in good condition. Chromebooks are to be closed and kept in cases when transported anywhere. Any damage incurred through accident or misuse will be charged to the student's FACTS account.

## Important Links

- [My School Bucks](#)
- [ClassLink](#)
- [Student Health](#)
- [Academic Support](#)
- [Tuition Policy](#)

## Time & Talent Opportunities

- Cafeteria Volunteers - February - click [here](#)
- 4th Grade Junior Achievement Restaurant Volunteer - click [here](#)
- Donations for Restaurant (4A) - click [here](#)
- Donations for Restaurant (4B) - click [here](#)

The weekly Pelican Express is published on Thursdays and is posted on the website under "News."

# UPCOMING EVENTS

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## February 5

- School Mass, 8:15 - Dress uniforms required
- Book Fair Preview Day (no sales), 9:45-2:30
- LEGO Robotics, 3pm
- Varsity Cheer, 3:15, St. Ursula

## February 6

- Mercedarian Sisters visit
- Book Fair Preview Day (no sales), 8-2:30
- Spring Pep Rally, 1:30
- Quiz Bowl Practice, 2:45
- 3<sup>rd</sup> Grade Basketball Game - see schedule on website

## February 8

- Book Fair Shopping Day, 9-1:30 - School Library

## February 9

- MS Math Club Meeting, 7:15am, Room 15
- Book Fair Shopping Day, 8-2:30 - School Library
- 4th-5<sup>th</sup> Grade Math Club Meeting, Room 53
- Drama Club, St. Ursula
- 6th Varsity, 7<sup>th</sup> JV, 8<sup>th</sup> Grade Basketball Games - see schedule on website
- Mandatory Parent (3-8 grades) Meeting, "Know2Protect" 6-7pm, St. Ursula
- Religion Fair Drop off - The Religion Fair will be held in Holy Family Hall, so projects can be dropped off at 2:45-4:00.

## February 10

- Religion Fair Drop off - The Religion Fair will be held in Holy Family Hall, so projects can be dropped off at 7:20-7:45am.
- Book Fair Shopping Day, 8-2:30 - School Library
- Religion Fair, Holy Family Hall
- 4H Club Meeting, 2:45-4:00, Room 6
- JV Cheer/Dance 3:15-4:30, St. Ursula

## February 11

- Kindness Club, 6-8 grades, 7:20-7:45, St. Ursula
- 4<sup>th</sup> Grade Restaurant Set up, St. Ursula
- Dance Practice, 3:15-4:30, St. Ursula
- Class Group/Clubs/8<sup>th</sup> Graduation Pictures- **Dress Uniforms required**
- Book Fair Shopping Day, 8-noon - School Library
- Pelibots, 3:15-4:30, St. Ursula
- Dance, 3:15-4:30, St. Ursula
- Pep Squad, 3:15-4:30, HFH
- 6th JV & V, 7<sup>th</sup> JV, 8<sup>th</sup> Grade Basketball Games - see schedule on website

## February 12

- Mass, 8:15, Church, Dress Uniforms required
- 4<sup>th</sup> Grade Restaurant
- LEGO Robotics, 3:00-4:00
- Varsity Cheer, 3:15-4:30, St. Ursula

## February 13

- Wear Valentine Day Attire with uniform bottoms
- 4<sup>th</sup> Grade Restaurant
- K and 6<sup>th</sup> Grade Mardi Gras Parade, 2:00
- Quiz Bowl Practice, 2:45-4:30, Room 7

## February 16-20 - Mardi Gras Holidays, No School

## February 18 - Ash Wednesday

- 8:45 Mass
- 12 Noon Mass
- 6:00 Mass

## February 23

- Students return to school
- Drama Club, 3:15-4:30, St. Ursula
- 4<sup>th</sup> Grade Easter Basket Collection
- 7th Grade Basketball Game - see schedule on website

## February 24

- JV Cheer, 3:15-4:30, St. Ursula
- Dance Practice, 3:15-4:30, St. Ursula
- Faculty Meeting

## February 25

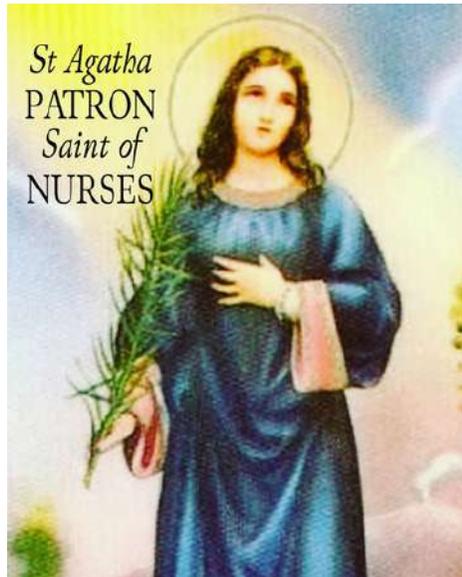
- Pelibots, 3:15, St. Ursula
- Dance Practice, 3:15-4:30, St. Ursula
- Pep Squad Practice, 3:15-4:30, HFH
- 7<sup>th</sup> Grade & 8<sup>th</sup> Grade Basketball Games - see schedule on website

## **February 5th : Saint Agatha**

Today we remember Saint Agatha. She is the patron saint of nurses.

Agatha was born in Sicily of noble parents. Her loveliness and kindness came to the attention of the Governor. He put her in prison for being a Christian and there she went through great torture that finally killed her. It is certain that Agatha died a martyr and her name came to be included in the Roman mass due to her courage in suffering and in remaining pure for the sake of Christ.

Saint Agatha...pray for us.



# IMPORTANT INFORMATION

## Mandatory Parent Meeting - Homeland Security Presentation

All parents in grades 3-8 are required to attend the Homeland Security Presentation on **Monday, February 9, 6-7pm.**

Know2Protect was created to educate and empower children, teens, parents, trusted adults and policy makers to prevent and combat online child sexual exploitation and abuse. It's never too early to start talking to your children and teens about the risks they encounter online.

## Group/Club/Graduation Pictures

On Wednesday, February 11, all students must wear DRESS UNIFORMS. We will take Class Group pictures, Club Group pictures, and 8<sup>th</sup> Grade Graduation pictures.

## Forward in Faith Gala

The Forward in Faith Gala will be on Saturday, February 28 at the Country Club of LA.

- Tickets are on sale now! Get yours [here](#).
- The coveted week of Free Dress Pass is available for sale now AND the "Name the Gym" Raffle tickets are on sale. Click [here](#) to purchase these INSTABUY items.
- If you own a business and would like to donate an item for the auction, please click [here](#).
- If you would like to be a branded sponsor of the gala, please click [here](#).

## 2026-27 Fees

The 2027-27 Tuition and Fees have been published to the website. Please click [here](#) for more information.

## FACTS 2025 Tax Statement

- Login to FACTS Family Portal
- Financial (Financial Home)
- View Details
- View Payment Summary
- Choose 2025
- Print button is located at top right.

## Scholastic Book Fair

- The Book Fair is back. Click [here](#) for all things Book Fair.
- To see when your child's class attends the Book Fair, click [here](#).
- To sign up to help with the Book Fair, Click [here](#).
- To set up eWallet for your child, click [here](#).

## ExtraCurriculars at MBS

EXTRACURRICULARS	PK	K	1	2	3	4	5	6	7	8
Ambassadors										•
Altar Server					•	•	•	•	•	•
Band								•	•	•
Banner Bearers										•
Beta									•	•
Boy Scouts			•	•	•	•	•	•	•	•
Chess Club							•	•	•	•
Choir						•	•	•	•	•
Drama							•	•	•	•
ECO Club							•	•	•	•
4H						•	•	•	•	•
Girl Scouts		•	•	•	•	•	•	•	•	•
Jazz Band								•	•	•
Kindness Club								•	•	•
Liturgy Team									•	•
Math Club								•	•	•
Math Tournaments						•	•	•	•	•
Pelibots								•	•	•
Praise & Worship					•	•	•			
Quiz Bowl							•	•	•	•
Robotics			•	•	•	•	•			
Safety Patrol							•			
St. Joseph Workers										•
Student Council								•	•	•
Youth Legislature										•

Chess Club is seeking a moderator. If you are interested in serving in this capacity, please email Mrs. Gioe at [CGioe@mbsbr.org](mailto:CGioe@mbsbr.org)



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Smackers Spaghetti and Cheese Green Beans Garden Variety Veggies Green Apple Wedges Milk Choice: Pepperoni or Cheese Pizza	Soft Tacos Pinto Beans & Fiesta Corn Taco Salad Cup, Salsa Garden Variety Veggies Red Apple Wedges Milk Choice: Chicken Smackers	Chicken Parmesan w/ Spaghetti Steamed Broccoli Garden Variety Veggies Orange Wedges Garlic Dinner Roll Milk Choice: Pepperoni or Cheese Pizza	Chicken & Sausage Gumbo Steamed White Rice & Potato Salad Garden Variety Veggies Peaches Dinner Roll Milk Choice: Loaded Baked Potato	Chicken Sandwich French Fries Sandwich Salad Cup Garden Variety Veggies Fruit Sorbet Milk Choice: Pepperoni or Cheese Pizza
Chicken Tenderloin Strips Red Beans and Rice Garden Variety Veggies Orange Wedges Biscuit Milk Choice: Pepperoni or Cheese Pizza	Hamburger/Cheeseburger Sandwich Salad Cup Baked Beans French Fries Garden Variety Veggies Tropical Fruit Milk Choice: Chicken Smackers	Chicken & Sausage Jambalaya White Beans Garden Variety Veggies Peaches Dinner Roll Milk Vanilla Mardi Gras Cupcake Choice: Pepperoni or Cheese Pizza	Chicken Smackers Mashed Potatoes & Vegetable Medley Garden Variety Veggies Green Apple Wedges Dinner Roll Milk Choice: Loaded Baked Potato	Macaroni and Cheese Green Beans Garden Variety Veggies Diced Strawberry Fruit Cup Dinner Roll Milk Choice: Pepperoni or Cheese Pizza
Chicken Smackers Spaghetti and Cheese Green Beans Garden Variety Veggies Green Apple Wedges Milk Choice: Pepperoni or Cheese Pizza	Soft Tacos Pinto Beans & Fiesta Corn Taco Salad Cup, Salsa Garden Variety Veggies Peaches Milk Choice: Chicken Smackers	Chicken Sandwich French Fries Sandwich Salad Cup Garden Variety Veggies Red Apple Wedges Milk Choice: Pepperoni or Cheese Pizza	Chicken & Sausage Pastalaya Steamed Corn Garden Variety Veggies Orange Wedges Milk Choice: Loaded Baked Potato	Grilled Cheese Sandwich Veggie Soup Garden Variety Veggies Fruit Sorbet Milk Choice: Cheese Pizza

Notes: Menus are subject to change. All meals are served with a choice of milk.

MENUS: [www.cnpbr.org](http://www.cnpbr.org)

Notification Statement: Peanuts and Peanut Butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program. However, some products served may contain nuts, may be produced in plants that use nuts, and may contain traces of nuts.



## OFFICE OF CHILD PROTECTION

According to the Safe Environment Policy promulgated by the Diocese of Baton Rouge, **all parish and school ministry volunteers/chaperones must complete a mandatory background check and child protection training.** Child Protection credentials allow the holder of these credentials the opportunity to chaperone/volunteer. All credentialed adults must abide by the sign-up and confirmation process for each event.

### New Volunteer Credentialing for the 2025-2026 School Year

New Volunteer Applications for parents/guardians are being accepted now. Please email your volunteer request to [childprotection@mbsbr.org](mailto:childprotection@mbsbr.org) to get the process started.

### Update Your Volunteer File for 2025-2026

Please note that the [Code of Ethics](#) must be reviewed by all volunteers of MBS School annually as required by the Diocese of Baton Rouge. Please complete and submit the Code of Ethics Acknowledgement form, page 5, to the MBS Office of Child Protection to update your file.

For your convenience, you may scan and email the forms to [childprotection@mbsbr.org](mailto:childprotection@mbsbr.org).

## PARENTS' COMMITMENT TO CHURCH & SCHOOL

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Enrollment and/or continued enrollment at Most Blessed Sacrament Catholic School requires a commitment to ALL of the following:

- **Prayer and Mass** – Families must commit to daily prayer at home. Catholic families must attend weekly, Sunday, Mass on Holy Days of Obligation. Non-Catholic families must attend Sunday services at their home church.
- **Service** – Twenty (20) hours of Time and Talent given to the school and/or Church each year. Hours must be completed between January 1 and December 31 *to receive the in-parish tuition rate*. These hours are reviewed each year. Definition of an hour of Time and Talent: an actual hour of volunteer work or donation purchases of \$10
- **Weekly Church Offering** – A minimum amount of \$325 will be donated to the Church to support the stewardship program as an Identified Offertory Giver (IOG). Those donations must be made through weekly use of MBS church envelopes, automatic church deductions, or online giving through the church website. Church members who meet the *IOG requirement will receive the in-parish tuition*. Donations will be verified by December 15 unless otherwise authorized by the Pastor/Principal. Any offerings thereafter will count towards the following year.

Families meeting these requirements will receive the in-parish tuition rate. Any families who have not met the stewardship commitment requirements will receive either the Catholic Out-of-Parish tuition or Non-Catholic rates.

### New Students

Time and Talent hours are prorated (10 hours) for new students. New families must also meet the IOG requirement of \$325.00 to receive in-parish tuition the following school year.

#### Log your Service Hours into FACTS.

**Go to Family > Family Home. You will see "Service Hours" in the middle of the screen. Click "add" to add the hours. You must type in a description. Select "type a custom value," and then type your description.**

#### Sending Items to School

**Please label your items that you send to school from a SignUp Genius:**

- **Parent Name (signed up on the SUG)**
- **Name of item**
- **Title of Sign Up (ex: 5th Grade Auction Basket)**

**This helps us match your hours in FACTS.**

Lots of info on the school website ~ click “athletics” tab! Parish Sports and all sports!

Parish Sports Tee Ball practice is underway; schedule coming soon!

MBS Track & Field practice is underway ; schedule coming soon!

MBS Volleyball practices start week of February 9, matches start week of March 9, schedule will be released by CSAA late February!

Lots of home boys’ basketball games! MBS Student Section wants to see all students! Pack the Nest!!

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If you are interested on a carpool line sign or gym sign, please email Tommy Krysan:  
tkysan@mbsbr.org

If you are interested in joining Pelican Power, please email Tommy Krysan:  
tkrysan@mbsbr.org

Go Pelicans!

Athletics can be an important part of a young person’s life. It teaches discipline and self- pride while helping one realize the importance of cooperation. Athletics are a component of, and interact with, the spiritual, social and academic components of the overall school program. MBS recognizes that support from the administration, faculty, staff, coaches, parents and fans are necessary in providing a positive Catholic athletic experience for the student-athlete. Athletes, parents, and fans are a direct reflection of MBS and should adhere to the philosophy of the school by always acting in a dignified manner.

Go Pelicans!

Tommy Krysan, Athletic Director

MBS Athletics

tkrysan@mbsbr.org



# The Book Fair is Back!

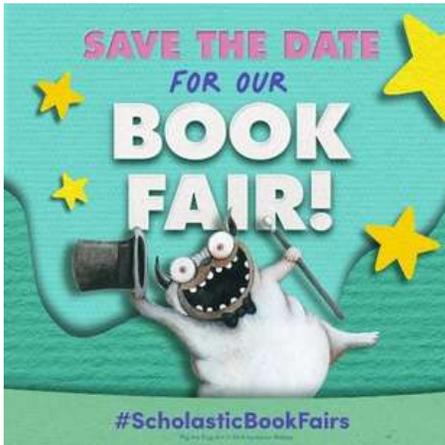
Click [here](#) for all things Book Fair

**Preview Days – no sales**

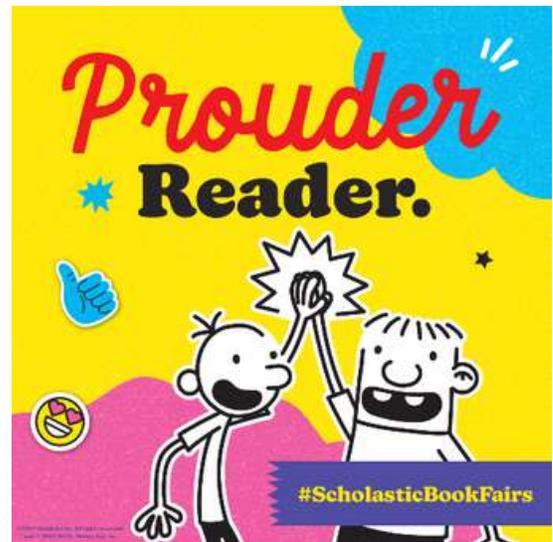
**Thursday, Feb 5 & Friday, Feb 6**

**Sale Days**

- **Sunday, Feb 8, 9-1:30**
- **Mon, Feb 9, 8-2:30**
- **Tues, Feb 10, 8-2:30**
- **Wed, Feb 11, 8-noon**



**Class Visit [Schedule](#)**



**[Set up eWallet for your child](#)**



The Roman Catholic Diocese of  
**BATON ROUGE**  
 YOUTH & YOUNG ADULT MINISTRY

# ARISE

DIOCESAN MIDDLE SCHOOL RALLY

*Saturday, 03.07.26*

*1PM-9PM*

SCAN TO SIGN  
 UP TO ATTEND  
 WITH MBS!



**RACHAEL DUCHMANN**  
 Emcee



**FR. BRAD DOYLE**  
 Keynote



**RYAN FOULON**  
 Worship

-MUSIC-

-KEYNOTES-

-WORKSHOPS-

-ADORATION-

-MASS W/  
 BISHOP DUCA-

**ST. ALPHONSUS CATHOLIC CHURCH**  
**GREENWELL SPRINGS, LOUISIANA**

TRANSPORTATION TO ST.  
 ALPHONSUS NOT PROVIDED

DIOCESAN PERMISSION FORMS AND PAYMENT INFO WILL BE EMAILED  
**DEADLINE TO REGISTER TO ATTEND WITH MBS IS 2/10**  
 QUESTIONS? CONTACT MARY GIROIR AT [MGIROIR@MBSBR.ORG](mailto:MGIROIR@MBSBR.ORG)

PLEASE CONSIDER  
SUPPORTING THE MBS

*Forward*  
*in Faith*  
*Gala*

FEBRUARY 28, 2026



[WWW.MBSAUCTION.COM](http://WWW.MBSAUCTION.COM)

DONATE  
AUCTION  
ITEMS

BUY  
TICKETS

BECOME  
A  
SPONSOR



# Catholic High School Cheerleading Clinics

Open to girls 1<sup>st</sup> through 5<sup>th</sup> grade



**Sunday, March 1 or  
Sunday, March 8**

**1:00 p.m. – 3:00 p.m.**

*Performance for parents at  
3:00 p.m.*

**Catholic High School Gym**

**Cost - \$40**

*Includes a t-shirt and snack*

**Register by Friday, February 6 at**

**<https://mychs.catholichigh.org/cheer/clinic>**

***(You will need to create a myCHS account.)***



*Any questions, please email [CHSCheer@catholichigh.org](mailto:CHSCheer@catholichigh.org).*

MBS Men's Club

*Pelican Classic*

**GOLF  
TOURNAMENT**

Monday March 16, 2026

**Benefitting 3 Memorial Scholarships  
Honoring:**

**Taylor  
Melancon**

**Danny  
Major**

**Francis  
Guillory**

-Santa Maria Golf Club

**\$50,000 hole-in-one giveaway**

**Annual golf cart raffle tickets  
will soon be available**

**Registration is now open.  
Please register today!**

**[Birdease.com/pelicanclassic](http://Birdease.com/pelicanclassic)**



MBS Men's ACTS Retreat Registration  
Rosaryville Retreat Center Ponchatoula, LA  
April 9-12, 2026

**ACTS** is an acronym for Adoration, Community, Theology and Service. The retreat's goals are to strengthen our faith and its application in our daily life, to renew ourselves spiritually, and to build strong lasting friendships. The ACTS weekend is presented by lay Catholic women with support provided by a Spiritual Companion and clergy. The retreat begins Thursday evening, April 9, with check-in between 4:45 and 5:15 pm in the St. Peter Room at the MBS Parish Activity Center. Transportation to and from Rosaryville will be provided. We will return to MBS Church on Sunday, April 12, for the 11:30 am Mass with a reception following Mass.

Space is limited. Preference will be given according to the following criteria: (1) Registered MBS parishioners, (2) Catholics, and (3) non-Catholics. **Registration will be accepted for men aged 21 and over.** The full cost of the retreat is \$325. The payment link will be sent to accepted retreatants to either pay online or in the church office to secure your spot. Payments will not be returned if cancellations are within 2 weeks of the retreat.

**Please note: A fund has been established to provide registration assistance for retreat attendance. If you have financial concerns, a limited number of scholarships are available for each retreat. Please note your need on your registration.**

ACTS is a parish-based program. Registration will begin on Saturday, January 31 and closes on Friday, February 13. Use your camera on the QR code below to register:



Online and in person payments will be offered. If paying in person, payments may be dropped off (Attn: Jerry Zeller, Retreat Director) at the MBS Parish Office (15615 Jefferson Hwy, Baton Rouge, LA, 70817) or by mail. When the retreat is full, a waiting list is maintained until the day of the retreat to fill any vacancies. Retreatants will receive an email about two weeks prior to the retreat describing the necessities you should bring on the retreat. For more information or questions about submitting your registration, please contact one of the leaders listed below:

Jerry Zeller, Director: (225) 439-8034  
Mickey Giroir, Co-Director: (225) 938-3262  
Tim Hannan, Co-Director: (225) 229-7067  
David Fontenot, Spiritual Coordinator (337) 781-2426



*Save the Date*

You're invited to a

# MBS MOTHER-SON EVENT

On Friday, March 27th from 6:00-9:00pm

On the grounds of Most Blessed Sacrament School

Featuring Tre's Street Kitchen Food Truck

*Ticket sale coming soon!*

