

The Pelican Express

August 6, 2026

225.751.0273

mbsbr.org



MBS
Most Blessed Sacrament

Most Blessed Sacrament Catholic School serves our Church, its families, and the community by nurturing Gospel values, academic excellence, and a lifetime of prayer and service.

School Hours August - May

7:20 - Morning Carpool, office opens
7:45 - School Assembly, Gym
2:50 - Afternoon Carpool
3:30 - Office Closes

School Calendar

The school calendar is an active, live site. Click [here](#) for a full calendar.

Social Media



Attendance Reminders

- When a student is absent due to illness, parents are asked to verify the absence by either emailing the school office at MBSabsent@mbsbr.org or calling the school office before 9:00am.
- Students who arrive at school after 7:45am must be walked into the school office by a guardian who will sign the student in. The student will be given a tardy slip to admit to class.
- Students who check out of school due to illness cannot return to school until they have been fever-free without medication for 24 hours. Children with a fever at school must be picked up immediately.
- Early check-out procedures are similar. Parent/guardian must report to the school office who will sign the student out. The latest time to check out a student is 2:15pm.

Handbook Reminder

The 2026-27 Handbook has been posted to the website.



Important Links

- [My School Bucks](#)
- [ClassLink](#)
- [Student Health](#)
- [Academic Support](#)
- [Tuition Policy](#)

Time & Talent Opportunities

The weekly Pelican Express is published on Thursdays. All issues are posted on the website under "News."

UPCOMING EVENTS

August 7

- First 9 weeks begins.
- This day is the first of two staggered starts. Only half of the class (grades 1-8) attends. The list is posted [here](#).
- Buses will run.
- Extended care begins.

August 10

- This day is the second of two staggered starts. The second half of the class (grades 1-8) attends. The list is posted [here](#).
- PK/K Parent Meetings
- Buses will run.
- Extended care available.
- Circle of Grace Opt Out Form Due - email was sent on August 2 by Celeste Rabalais with information.

August 11

- PK/K Parent Meetings
- Andy's Give Back to MBS Night

August 12 & 13

- Staggered First Day of School for PK & K. Half of the students will attend on the 12th; the other half will attend on the 13th. Parents are allowed to walk their students to their classroom just on this day.

August 13

- First Mass for Grades 1-8. Dress uniform pants are not required until October 1 due to extreme heat conditions.
- Room Coordinator Application Form due.

August 14

- All PK/K attend. Parents are to use carpool. Please have your children unbuckled and ready to exit the car on the passenger side. Instructions were given at New Family Orientation.

August 17

- Altar Server Forms Due. See next page.
- Circle of Grace Lessons this week

August 19

- Dance Practice - St. Ursula, 3:15-4:30

August 20

- School Mass/6th Grade Bible Blessing. Dress uniform pants are not required until October 1 due to extreme heat conditions.
- Dance Practice - St. Ursula, 3:15-4:30
- Back to School Night, parents only - 6:00-8:00pm
- Give Back to MBS night. Men's Club jambalaya. Pick up after carpool from 3:30-6:30. Pre-orders are available now. Link is in this newsletter.

August 21

- Middle School Ministry Night.

August 24

- Star Testing
- Circle of Grace Lessons this week
- Athletics Fundraiser, 5:30-8:30

August 25

- Star Testing
- Buddy Activity
- Room Coordinators Meeting, 6:00-7:30

August 26

- Star Testing
- Student Pictures
- Sub Workshop, 9am
- Dance Practice, 3:15-4:30, St. Ursula

August 27

- Mass, 8:15. Altar Server Training after Mass.
- Star Testing
- Dance Practice, 3:15-4:30, St. Ursula
- 7th & 8th Grade Confirmation Parent Meeting, 6:30-7:30, St. Ursula

IMPORTANT INFORMATION

Bus Transportation

Click [here](#) for information regarding Bus Transportation. This is also where you can track your child's bus by following instructions for the "Where's the Bus" App.

Altar Server Invitation

All boys and girls in grades 3rd -8th are invited to join the Altar Server Ministry for the 2026-2027 school year. If you are interested in joining the Altar Server ministry, please complete the following [form](#) and return it to school **by August 17**.

2025-26 TerraNova

The 2025-26 TerraNova scores are in and will be sent home with your child next week. If you have an MBS graduate, those scores are being mailed.

School Pictures

Your child's individual school pictures are scheduled for **Wednesday, August 26**. Dress uniforms tops are required for pictures. You will receive an email directly from Barberito to order your child's picture.

Child Nutrition - Food Allergies

To better serve our students with special diet needs, all dietary orders will need to be renewed EACH SCHOOL YEAR. Dietary requests will be valid only for the school year in which they are written and will expire at the end of the school year. Current dietary requests will expire on the last day of school of this current school year. If you have not submitted a form for this school year, please submit a [form](#) to your Café Manager and school nurse on a current Louisiana Special dietary order form. As with new dietary requests, signature from a physician or other recognized medical authority is required. The cafeteria must have the completed form before we can make any accommodations.

Carpool Tags

If you need to order additional carpool tags, please complete the following [form](#). Payment must be included. \$10 per tag.

Spirit Shirts

Spirit Shirts were delivered to your student's homeroom on Wednesday of this week. Every student receives ONE shirt, price included in fees. If you need to order another spirit shirt, click [here](#). Deadline to order is Friday, August 21.

2026-27 Parent-Student Handbook

The updated Parent-Student Handbook has been posted to the website. As a reminder, the content that has changed from last year has been updated in yellow. Upon completion of reading the handbook, please print the last three pages, sign, and return back to your homeroom teacher by **Friday, August 14**.

- Discipline Plan Acknowledgement Form
- Technology & Acceptable Use Contract Form
- Photo Permission Form

Water Bottles

All students bring a water bottle to school. Should you wish not to send a water bottle to school, MBS has numerous cold-water drinking fountains around campus. Acceptable water bottles must be spill-proof:

- they should not have to be unscrewed to drink from
- no larger than 20 ounces
- if tipped over while closed, they will not leak or spill
- please label all water bottles with your child's name - we are not responsible for lost water bottles
- failure to provide appropriate water bottles or failure to use them appropriately will result in children not being able to bring water bottles to school

Maroon MBS Zipper Bags

All MBS Students must have a Maroon MBS Zipper Bag. The cost of the Zipper Bag was included in school supplies that were ordered through the school. If school supplies were not ordered through the school and purchased by parents, zipper bags can be purchased for \$5 from the office. Parents will need to send money for that.

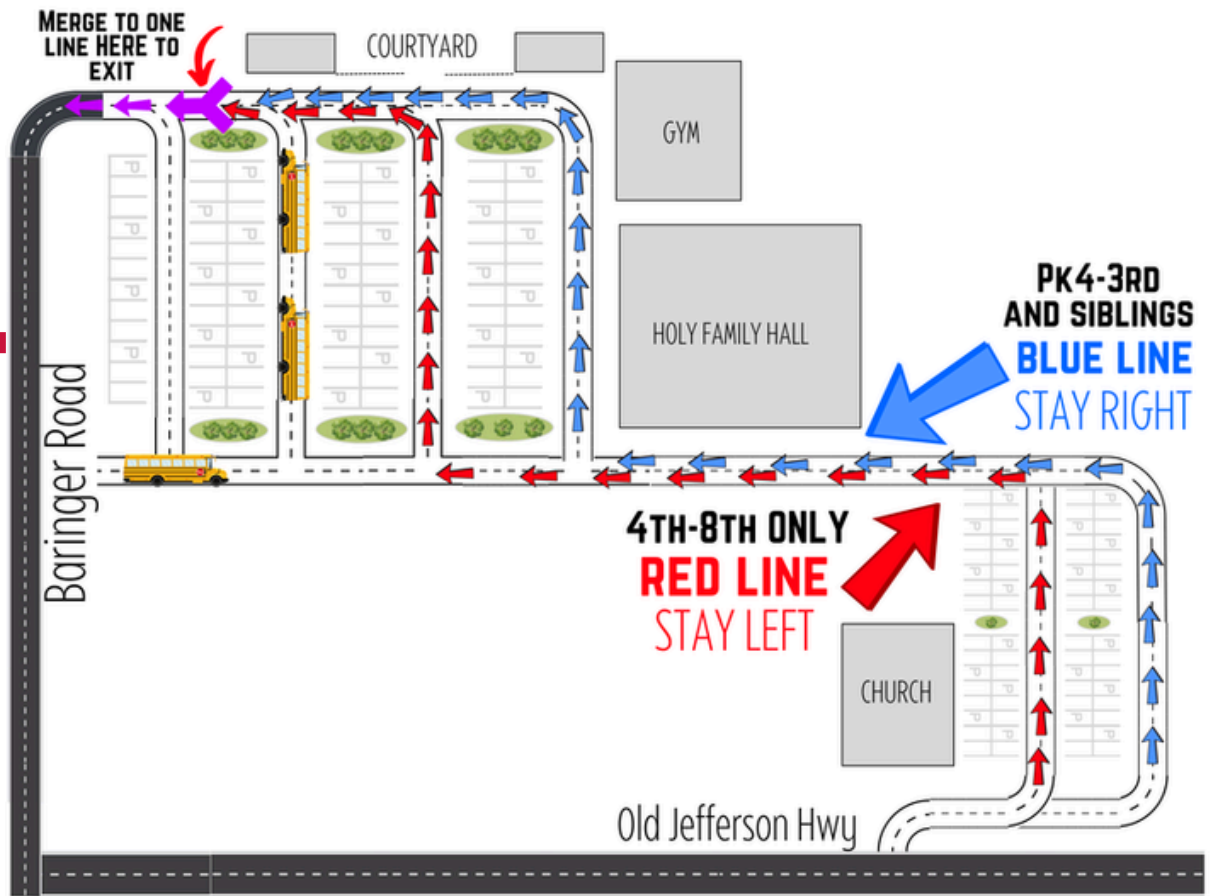
Carpool Reminders

- Parents can park in the Lot on Baringer and walk their child into school on their staggered day. Afterwards, please do NOT walk your child into school. We have extra adults and students to help them get to their classroom. Use the carpool line.
- Those cars in the PK-4 line, please hug the curb with your vehicle. This gives the second line space to pull out after they drop off their bigger kids.
- Have your child unbuckled, breakfast completed, ipads down, and ready to exit the vehicle.
- Please refrain from cell phone use during carpool.

Room Coordinators Wanted!

Any parent who is interested in becoming a Classroom Coordinator for this school year is invited to complete the following [form](#). The form is due Thursday, August 13. If selected, there is a Room Coordinator meeting on the 25th at 6:00pm in the School Library.

AM Carpool



PM Carpool



LUNCH

AUGUST 2026

Elementary School

Monday		Tuesday		Wednesday		Thursday		Friday	
BACK TO					School				
10 Honey Citrus Chicken Fried Rice Steamed Broccoli Garden Variety Veggies Orange Craisins Milk Choice: Pepperoni or Cheese Pizza		11 Soft Chicken Fajita Tacos Taco Salad Cup, Salsa Pinto Beans & Spanish Rice Garden Variety Veggies Red Apple Wedges Milk Choice: Chicken Smackers		5 Pepperoni or Cheese Pizza Steamed Corn Garden Variety Veggies Peaches Milk Choice: Sausage and Cheese Pancake Sandwich		6 Chicken Smackers w/ Potatoes Vegetable Medley Garden Variety Veggies Green Apple Wedges Dinner Roll Milk Choice: Loaded Baked Potato		7 Macaroni and Cheese Green Beans Garden Variety Veggies Fruit Sorbet Dinner Roll Milk Choice: Pepperoni or Cheese Pizza	
17 Chicken Smackers Spaghetti and Cheese Spinach Salad Garden Variety Veggies Red Apple Wedges Milk Choice: Pepperoni or Cheese Pizza		18 Hamburger Steak w/ Gravy Mashed Potatoes & Lima Beans Garden Variety Veggies Peaches Dinner Roll Milk Choice: Chicken Smackers		12 Beef A Roni Green Beans Garden Variety Veggies Dinner Roll Peaches Milk Choice: Pepperoni or Cheese Pizza		13 Chicken & Sausage Jambalaya White Beans Garden Variety Veggies Green Apple Wedges Dinner Roll Milk Choice: Loaded Baked Potato		14 Chicken Sandwich French Fries Sandwich Salad Cup Garden Variety Veggies Fruit Sorbet Milk Choice: Pepperoni or Cheese Pizza	
24 <i>Happy National Waffle Day!</i> Chicken & Waffles Potato Hash Garden Variety Veggies Orange Wedges Milk Choice: Pepperoni or Cheese Pizza		25 Chicken Parmesan w/ Spaghetti Spinach Salad Garden Variety Veggies Red Apple Wedges Garlic Dinner Roll Milk Choice: Chicken Smackers		19 Pepperoni or Cheese Pizza Steamed Corn Garden Variety Veggies Fresh Watermelon Milk Vanilla Cupcake Choice: Sausage and Cheese Pancake Sandwich		20 Spaghetti and Meat Sauce Green Peas Garden Variety Veggies Green Apple Wedges Garlic Dinner Roll Milk Choice: Loaded Baked Potato		21 Nachos Black Beans Nacho Salad Cup, Salsa Garden Variety Veggies Fruit Sorbet Milk Choice: Pepperoni or Cheese Pizza	
31 Chicken Smackers Spaghetti and Cheese Spinach Salad Garden Variety Veggies Red Apple Wedges Milk Choice: Pepperoni or Cheese Pizza		26 Hamburger/Cheeseburger Sandwich Salad Cup Baked Beans French Fries Garden Variety Veggies Strawberry Craisins Milk Choice: Pepperoni or Cheese Pizza		27 Chicken Smackers w/ Potatoes Vegetable Medley Garden Variety Veggies Peaches Dinner Roll Milk Choice: Loaded Baked Potato		28 Macaroni and Cheese Green Beans Garden Variety Veggies Fruit Sorbet Dinner Roll Milk Choice: Pepperoni or Cheese Pizza		29 Macaroni and Cheese Green Beans Garden Variety Veggies Fruit Sorbet Dinner Roll Milk Choice: Pepperoni or Cheese Pizza	

Notes: Menus are subject to change. All meals are served with a choice of milk.

Notification Statement: Peanuts and Peanut Butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program. However, some products served may contain nuts, may be produced in plants that use nuts, and may contain traces of nuts.

This institution is an equal opportunity provider.

PAY FOR MEALS ONLINE
[MySchoolBucks.com](https://www.myschoolbucks.com)

MENUS: www.cnpbr.org

OFFICE OF CHILD PROTECTION

According to the Safe Environment Policy promulgated by the Diocese of Baton Rouge, **all parish and school ministry volunteers/chaperones must complete a mandatory background check and child protection training.** Child Protection credentials allow the holder of these credentials the opportunity to chaperone/volunteer. All credentialed adults must abide by the sign-up and confirmation process for each event.

New Volunteer Credentialing for the 2026-2027 School Year

New Volunteer Applications for parents/guardians are being accepted now. Please email your volunteer request to childprotection@mbsbr.org to get the process started.

Update Your Volunteer File for 2026-2027

Please note that the [Code of Ethics](#) must be reviewed by all volunteers of MBS School annually as required by the Diocese of Baton Rouge. Please complete and submit the Code of Ethics Acknowledgement form, page 5, to the MBS Office of Child Protection to update your file.

For your convenience, you may scan and email the forms to childprotection@mbsbr.org.

PARENTS' COMMITMENT TO CHURCH & SCHOOL

Enrollment and/or continued enrollment at Most Blessed Sacrament Catholic School requires a commitment to ALL of the following:

- **Prayer and Mass** – Families must commit to daily prayer at home. Catholic families must attend weekly, Sunday, Mass on Holy Days of Obligation. Non-Catholic families must attend Sunday services at their home church.
- **Service** – Twenty (20) hours of Time and Talent given to the school and/or Church each year. Hours must be completed between January 1 and December 31 *to receive the in-parish tuition rate*. These hours are reviewed each year. Definition of an hour of Time and Talent: an actual hour of volunteer work or donation purchases of \$10
- **Weekly Church Offering** – A minimum amount of \$325 will be donated to the Church to support the stewardship program as an Identified Offertory Giver (IOG). Those donations must be made through weekly use of MBS church envelopes, automatic church deductions, or online giving through the church website. Catholic church members who meet the *IOG requirement will receive the in-parish tuition*. Donations will be verified by December 15 unless otherwise authorized by the Pastor/Principal. Any offerings thereafter will count towards the following year.

Catholic families meeting these requirements will receive the in-parish tuition rate. Any families who have not met the stewardship commitment requirements will receive either the Catholic Out-of-Parish tuition or Non-Catholic rates.

New Students

Time and Talent hours are prorated (10 hours) for new students. New Catholic families must also meet the IOG requirement of \$325.00 to receive in-parish tuition the following school year.

Log your Service Hours into FACTS.

Go to Family > Family Home. You will see "Service Hours" in the middle of the screen. Click "add" to add the hours. You must type in a description. Select "type a custom value," and then type your description.

Sending Items to School

Please label your items that you send to school from a SignUp Genius:

- **Parent Name** (signed up on the **SUG**)
- **Name of item**
- **Title of Sign Up** (ex: 5th Grade Auction Basket)

This helps us match your hours in FACTS.

CSAA Football Schedules have been released!

4 th Grade, 6 th Grade & 8 th Grade ~ Birds Football (we combine with STM)

Registration for Parish Sports Basketball and Louie's Little Pelicans coming soon!

Registration for Tennis, Swimming and Cross Country coming soon!

Athletic Fundraiser coming later this month~ Details Soon!

Looking for LOUIE!?!? We are looking for 7 th and/or 8 th grade students who may be interested in wearing the Louie costume (mascot) for athletic and school events. If interested, please email Tommy Krysan tkrysan@mbsbr.org

We post lots of athletic information on the school Facebook page, be sure to LIKE and Share!!

If you are interested on a carpool line sign or gym sign, please email Tommy Krysan: tkrysan@mbsbr.org

If you are interested in joining Pelican Power, please email Tommy Krysan: tkrysan@mbsbr.org

Go Pelicans!

Tommy Krysan, Athletic Director
MBS Athletics
tkrysan@mbsbr.org



WANT TO MAKE DINNER EASY ON BACK
TO SCHOOL NIGHT?
MEN'S CLUB HAS YOU COVERED!

Jambalaya Plates

Includes jambalaya, salad, and roll

Pick up
date:

Thursday
August 20th

Pick Up Time
& Location:

Side of Holy
Family Hall

3:15 - 6:00 PM

Drive through
after Carpool

Order By:

Thursday,
August 13th

\$7

All proceeds support Home & School events
during the school year!

[Click HERE to purchase!](#)

SPRINKLE SHORTS & SKORTS PREORDER

[CLICK TO ORDER NOW!](#)



PREORDER CLOSES AUGUST 15, 2026



CHECK OUT THE WEBSTORE
FOR MORE PELICANS MERCH!



GIVE BACK NIGHT



Tuesday
August 11
4 - 8 PM



Andy's Frozen Custard
18451 Highland Road
Baton Rouge, LA



With every mention
of MBS, Andy's will
donate 15% of
associated sales to
MBS!



SPRINKLE SHORTS & SKORTS PREORDER

[CLICK TO ORDER NOW!](#)



PREORDER CLOSES AUGUST 15, 2026



CHECK OUT THE WEBSTORE
FOR MORE PELICANS MERCH!



MR. FORD INVITES YOU TO JOIN THE
3RD-8TH GRADE

MASS CHOIR!

Tuesday & Thursday

Before School 7:00-7:45
in the Music Room



To Join: please email Mr. Ford
at jford@mbsbr.org

FOR THE MEN & WOMEN OF THE PARISH

WE ARE EXCITED TO OFFER OPPORTUNITIES FOR BOTH
THE MEN AND WOMEN OF OUR PARISH TO GROW IN
THEIR FAITH. SCAN THE CODES BELOW TO JOIN!

FOR MEN
TMIY
THAT MAN IS YOU!



Friday Mornings
5:30 AM - 7:15 AM
Our Lady of the Eucharist
Beginning September



FOR WOMEN
SHE SHALL BE CALLED WOMAN



Tuesday Evenings
6:30 PM - 8:00 PM
Our Lady of the Eucharist
Beginning September 8th



TMIY

[Click here
to register.](#)

SHE

[Click here to
register.](#)

BROUGHT TO YOU BY
PARADISUS DEI

paradisusdei.org



SCHOOL LABEL FUNDRAISER!!

MABELSLABELS.COM



AT CHECKOUT, SELECT
"MOST BLESSED SACRAMENT
(BATON ROUGE)" UNDER
"SUPPORT A FUNDRAISER"

**DID YOU KNOW MBS GETS
20% OF EVERY SALE?!**

LABELS FOR EVERYONE:

- SCHOOL SUPPLIES
- WATER BOTTLES
- CLOTHING

- SHOES
- LUNCH ITEMS
- DAYCARE ITEMS



HOME & SCHOOL EVENTS!

2026-2027

**SAVE
THE
DATE!!**

VOLUNTEERS NEEDED!!

OUR COMMITTEE CHAIRS WORK HARD TO MAKE THESE EVENTS GREAT AND VOLUNTEERS ARE NEEDED!! PLEASE CONSIDER VOLUNTEERING YOUR TIME THIS SCHOOL YEAR!

**AUG
20**

BACK TO SCHOOL NIGHT

Hospitality Committee

NEW

MOVIE DAY @ CELEBRITY THEATER!

Executive Board/Pelican Partners

**SEPT
20**

**OCT
16**

MIDDLE SCHOOL DANCE

Class Coordinator Committee (Middle School)

MBS PARISH FAIR

mbsparishfair@gmail.com

**OCT
23-25**

**NOV
20**

GRANDPARENTS DAY

Class Coordinator Committee

TEACHER SHOPPING DAYS

Classroom Coordinator Committee

**DEC 4
& 11**

**JAN
29**

FATHER/DAUGHTER DANCE

Dance Committee

HOME & SCHOOL EVENTS!

2026-2027

VOLUNTEERS NEEDED!!

**JAN
29**

PALS LUNCHEON

PALS Committee

DONUTS WITH DAD

Classroom Coordinator Committee

**MAR
17**

**APR
14**

MUFFINS WITH MOM

Classroom Coordinator Committee

PELICAN GAMES & FUN RUN

Pelican Games & Fun Run Committees

**APR
16**

**APR
26-30**

FACULTY & STAFF TEACHER APPRECIATION WEEK

Executive Board

MAY CROWNING

May Crowning Committee

**MAY
6**

SIGN UP



THE FORM ABOVE IS TO EXPRESS INTEREST IN VOLUNTEERING. IF WE ARE SHORT ON VOLUNTEERS COMMITTEES CAN USE THIS LIST TO HELP GET MORE VOLUNTEERS!

QUESTIONS?

CONTACT LAUREN STELLY
LWSTELLY@GMAIL.COM

Louie's Little Pelicans



Due to the popularity of Louie's Little Pelicans and the number of interested students, we are making a few changes to the program. The primary change is that it will now be offered through MBS Parish Sports. This means it will be volunteer led, using MBS resources. The purpose of Louie's Little Pelicans is fun and recreational. It is not competitive.

Details:

- Program will be offered to two squads (space will be limited):
 - Group 1 - Kindergarten Students
 - Group 2 - 1st and 2nd Grade Students
- Practice Days and Location: TBD
- Time: 3:15pm - 4:00pm
- Cost: \$45/semester or \$90/year - (you may choose semester 1, semester 2 or year - Fees will cover the cost of a t-shirt and pom poms.
- One game performance and family show off day per semester.
- Needed: Volunteers interested in moderating Louie's Little Pelicans - Must complete Safe Environments Training. Please reach out...



Need more Information:

EMAIL: TOMMY KRYSAN AT
TKRYSAN@MBSBR.ORG



PELIBOTS 2026-2027

Start your robotics journey with fun STEM projects and real robot building designed to help students grow through creativity, problem solving, and teamwork

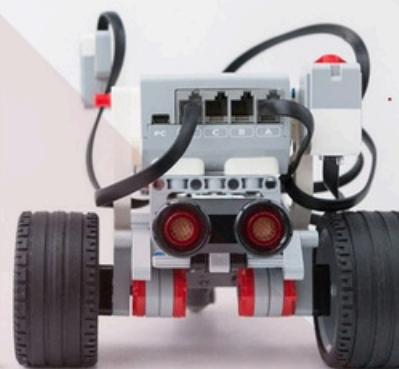
Our Program:

- 6th - 8th Grade
- STEM Education
- Lego Robotics
- Programming and Design
- Competition Teams

\$45 per year
Fees cover the cost of a
team t-shirt and
competition fees.

Sign up today:

<https://payit.nelnet.net/form/094XDDm2>



MBS PEP SQUAD IS OPEN TO FEMALE STUDENTS IN 3RD AND 4TH GRADE FOR THE 2026-2027 SCHOOL YEAR.

FOR MORE INFORMATION OR TO SIGN UP CLICK HERE

PEP SQUAD REGISTRATION

CONTACT INFORMATION: ASMITH@MBSBR.ORG

CONFIRMATION -Updated Timeline-

FALL 2026
Registration closed

HIGH SCHOOL
October 13, 2026

SPRING 2027
Registration info
coming soon

7th-8th GRADE
7th Grade: April 6, 2027
8th Grade: April 13, 2027

FALL 2027
Registration will open
late spring 2027

HIGH SCHOOL
Mid October 2027

SPRING 2028
Registration will open
fall 2027

7th GRADE
Late Spring 2028



Most Blessed Sacrament
Catholic Church