

The Pelican Express

August 20, 2026

225.751.0273

mbsbr.org



MBS
Most Blessed Sacrament

Most Blessed Sacrament Catholic School serves our Church, its families, and the community by nurturing Gospel values, academic excellence, and a lifetime of prayer and service.

School Hours August - May

7:20 - Morning Carpool, office opens
7:45 - School Assembly, Gym
2:50 - Afternoon Carpool
3:30 - Office Closes

School Calendar

The school calendar is an active, live site. Click [here](#) for a full calendar.

Social Media



Attendance Reminders

- When a student is absent due to illness, parents are asked to verify the absence by either emailing the school office at MBSabsent@mbsbr.org or calling the school office before 9:00am.
- Students who arrive at school after 7:45am must be walked into the school office by a guardian who will sign the student in. The student will be given a tardy slip to admit to class.
- Students who check out of school due to illness cannot return to school until they have been fever-free without medication for 24 hours. Children with a fever at school must be picked up immediately.
- Early check-out procedures are similar. Parent/guardian must report to the school office who will sign the student out. The latest time to check out a student is 2:15pm.

Handbook Reminder

Accreditation

Most Blessed Sacrament Catholic School is accredited by Lumen. Lumen is facilitated through the Institute for the Transformation of Catholic Education, which is the accrediting body of The Catholic University of America. Lumen provides a framework of guiding principles for pre-kindergarten through grade twelve schools. Goals for improvement are aligned with the Catholic Church's vision for Catholic school mission and identity, assisting schools to align their community more fully to the example and teaching of Christ.

Important Links

- [My School Bucks](#)
- [ClassLink](#)
- [Student Health](#)
- [Academic Support](#)
- [Tuition Policy](#)

Time & Talent Opportunities

August Cafeteria Volunteer [Sign up](#)

September Cafeteria Volunteer [Sign up](#)

SAINT OF THE WEEK

August 20, 2026

Saint Bernard Clairvaux

Today we remember Bernard of Clairvaux. He lived in France in the 1100s and helped start many monasteries. He was known for his deep prayer and love for Mary. He is a Doctor of the Church and a patron of beekeepers and those seeking strong faith. St. Bernard...pray for us.



MONTHLY ASSEMBLY PRAYER - AUGUST

Most Blessed Sacrament Catholic School serves our Church, its families, and the community by nurturing Gospel values, academic excellence, and a lifetime of prayer and service.

DAILY ASSEMBLY PRAYER

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who prowl about the world seeking the ruin of souls. Amen.

UPCOMING EVENTS

August 20

- School Mass/6th Grade Bible Blessing. Dress uniforms are not required until October 1 due to extreme heat conditions. See page 48 of the handbook.
- Dance Practice - St. Ursula, 3:15-4:30
- Back to School Night, parents only - 6:00-8:00pm
- Give Back to MBS night. Men's Club jambalaya. Pick up after carpool from 3:30-6:30. Pre-orders only.

August 21

- Middle School Ministry Night, 6pm - Holy Family Hall. Registration link is in the back of this newsletter.
- Deadline to order additional spirit shirts. See next page.

August 24

- Star Testing
- Circle of Grace Lessons this week
- Athletics Fundraiser Meeting - MBS Gym, 5:30-8:30

August 25

- Star Testing
- Buddy Activity
- Cheer Practice - St. Ursula, 3:15-4:30
- Room Coordinators Meeting, School Library, 6:00-7:00

August 26

- Star Testing
- Student Pictures - **dress uniforms required**. Boys can wear shorts with the dress uniform shirt.
- Sub Workshop, 9am, St. Ursula. We need Substitutes! Anyone wanting to serve as a substitute teacher must attend this workshop.
- Pep Squad, 3:00-4:30, Holy Family Hall
- Dance Practice, 3:15-4:30, St. Ursula

August 27

- Mass, 8:15. Dress uniforms are not required until October 1 due to extreme heat conditions. See page 48 of the handbook.
- Altar Server Training after Mass.
- Star Testing
- Dance Practice, 3:15-4:30, St. Ursula
- Cheer Practice, 3:00-4:30, St. Ursula
- 7th & 8th Grade Confirmation Parent Meeting, 6:30-7:30, St. Ursula

August 28

- Mercedarian Sisters visit campus
- Spirit Shirt Day. Wear your 2026-27 spirit shirt with uniform bottoms.
- Star Testing

August 31

- Star Testing
- St. Vincent de Paul Collection - 3rd Grade Only

September 1

- Star Testing
- St. Vincent de Paul Collection - 3rd Grade Only
- Cheer Practice, 3:00-4:30, St. Ursula

September 2

- Star Testing
- St. Vincent de Paul Collection - 3rd Grade Only
- Math Club Meeting, 7:00-7:45am, Room 11
- Pep Squad Practice, 3:00-4:30, Holy Family Hall
- Dance Practice, 3:25-4:30, St. Ursula

September 3

- Star Testing
- School Mass, Dress uniforms are not required until October 1 due to extreme heat conditions. See page 48 of the handbook.
- St. Vincent de Paul Collection - 3rd Grade Only
- Cheer Practice, 3:00-4:30, St. Ursula
- Dance Practice, 3:15-4:30, St. Ursula

September 7

- No School - Labor Day Holiday

September 8

- St. Vincent de Paul Collection - 3rd Grade Only
- Cheer Practice, 3:00-4:30, St. Ursula
- 4H Club Meeting, 3:15-4:15

Looking ahead...

- Sept 20 - Family Movie Night
- Oct 16 - Middle School Dance
- Oct 23-25 - MBS Parish Fair
- Oct 23 - Conferences, no school
- Oct 26 - No School
- Nov 3 - No Buses

IMPORTANT INFORMATION

Carpool Reminders

- Please do not park and walk your child into the school courtyard.
- If your child still sits in a car seat, please unbuckle him/her before dropping off in the morning carpool line. The same is true for afternoon carpool. Please let your child into the car, and then park in a parking spot or pull up to the gravel area on Baringer to secure him/her into the seatbelt.
- For afternoon carpool, you must have your carpool tag. If you do not have your tag, you will be asked to park and will then need to wait for your child to be called at the end of carpool.
- After dropping off your child in morning carpool, the two lines zipper into one lane to exit the parking lot. Please be courteous.
- Please take note of motions & directions of teachers, as we will stop traffic to let buses and students pass.
- Please do not wait for your child to walk through the gate. Once your child has exited the car, please proceed on to exit the parking lot.

School Pictures

Your child's individual school pictures are scheduled for **Wednesday, August 26**. Dress uniforms tops are required for pictures. You will receive an email directly from Barberito to order your child's picture.

Lunch with your child

Parents are invited to eat lunch with their child after Labor Day. If you would like to eat the lunch in the cafeteria, please bring a check or money order for \$4.50. Cash is not accepted. Using your child's MySchoolBucks account is not allowed. Check in at the office first.

Spirit Shirts

Spirit Shirts were delivered to your student's homeroom. Every student receives ONE shirt, price included in fees. If you need to order another spirit shirt, click [here](#). Deadline to order is **Friday, August 21**.

Extended Care

- When checking out your child, please be sure to check out only the child that you are taking with you. If a child is not present at school or if they are getting picked up by someone else, please do not click their names. This complicates things when we are accounting for students present in extended care.
- We are using a lot of different areas of campus for aftercare this year. It make take some time for your child to pack up and walk to the gym. Please plan accordingly if you are rushing to get somewhere.

Maroon MBS Zipper Bags

All MBS Students must have a Maroon MBS Zipper Bag. The cost of the Zipper Bag was included in school supplies that were ordered through the school. If school supplies were not ordered through the school and purchased by parents, zipper bags can be purchased for \$5 from the office. Parents will need to send money for that, or we can charge FACTS accounts.

Student Cell P hones

The cell phone policy has changed. Please review the form sent home via email on August 10. Only students in grades 6-8 may bring phones on campus this year.

Pilgrimage to France with Fr. Todd

Are you interested in joining a Pilgrimage to France in honor of the Sacred Heart of Jesus and the Immaculate Heart of Mary with Fr. Todd? June 21-July 2, and will include Paris, Nevers, Paray-le-Monial, Lyon, and Lourdes. For more information, contact Select international Tours - rebecca@select-intl.com

LEGO Robotics

It's time to register for Fall Lego Robotics. Students in grades 1-5 will build new projects each week using critical thinking and engineering skills. They will meet on Thursdays, September 10-October 15. 3:00-4:00. Click [here](#) for more information and to register.

Math Club

Math Club, for middle school students, will begin meeting at 7am every other Wednesday morning starting in September. Click [here](#) for more information and to sign up. Last day to sign up is September 11. All meeting dates are on the flyer in the back of this newsletter. They can also be found on the school calendar on the homepage.

Visitors to Campus

Visitors on campus between the school hours of 7:45 am and 2:15 pm are asked to park in the parking lot and check in at the office first. Please refrain from taking photographs of students other than your own children while on campus.

Back to School Night

All parents grades 1-8 are invited to attend Back to School Night on Thursday, August 20, 5:45-7:50. It's a special night to meet your child's teacher(s) and hear presentations of expectations of the school year. The schedule of the night is on the next page.

Back to School Night

Thursday, August 20
MBS Gym and Classrooms
5:45 p.m. – 7:50 p.m.

5:45 p.m. – 6:00 p.m. – Registration in Gym

6:00 p.m. – Introductions and Presentations

Athletics – Tommy Krysan
Home and School – Lauren Stelly
MBS Men's Club – Josh Stickling
Principal Presentation – Cheri M. Gioe

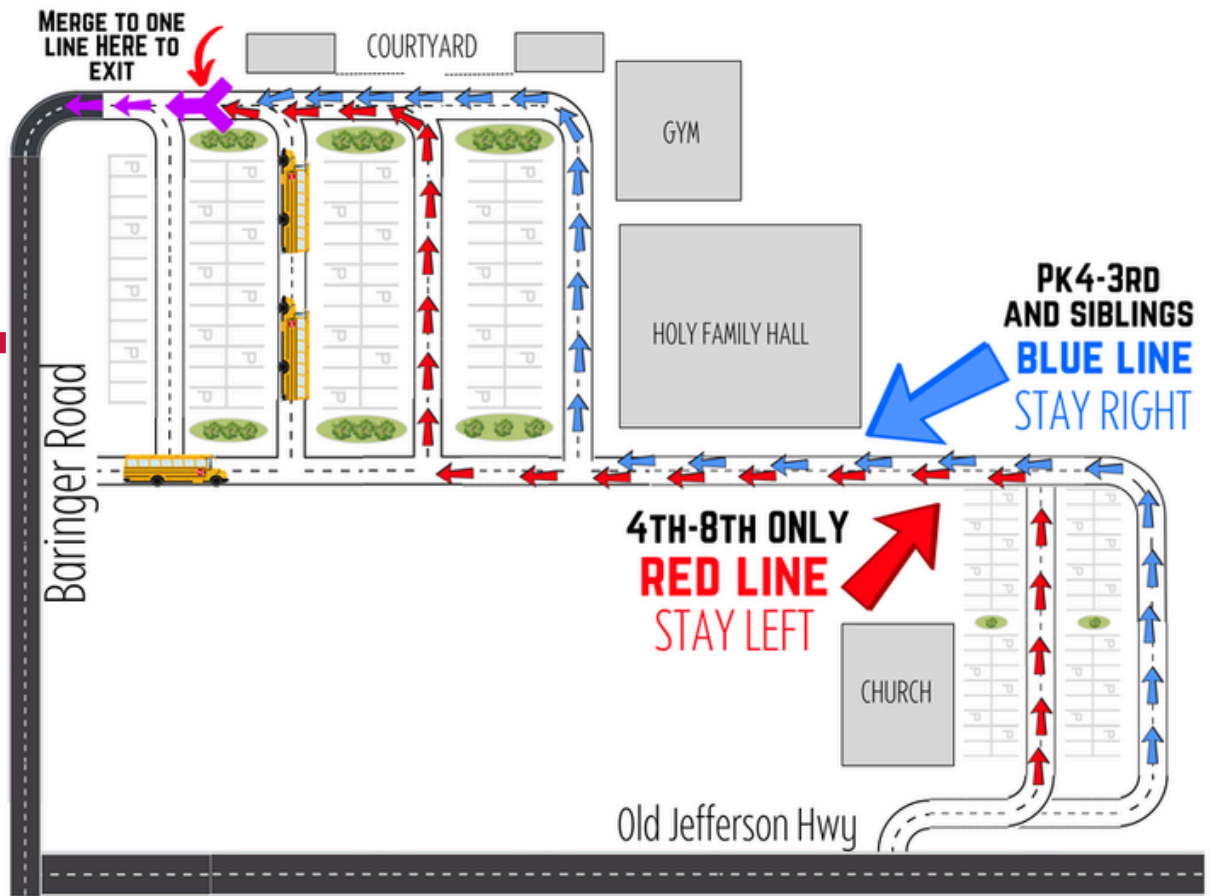
Elementary

1st – 2nd – Homeroom Classes
3rd – 5th – Grade Level is together
3rd Mrs. Duet's Classroom
4th Mrs. Virget's Classroom
5th Mrs. Minvielle's Classroom
6:40 p.m. – 7:15 p.m. – Session 1
7:20 p.m. – 7:50 p.m. – Session 2 (Repeat of Session 1)

Middle School – 6th – 8th Grade

6:50 p.m. 7:50 p.m. – Middle School Presentations –
(two minute transitions between classes)
6:50 p.m. – 2nd Period
7:00 p.m. – 3rd Period
7:10 p.m. – 4th Period
7:20 p.m. – 5th Period
7:30 p.m. – 6th Period
7:40 p.m. – 7th Period

AM Carpool



PM Carpool



LUNCH

AUGUST 2026

Elementary School

Monday		Tuesday		Wednesday		Thursday		Friday	
BACK TO					School				
10 Honey Citrus Chicken Fried Rice Steamed Broccoli Garden Variety Veggies Orange Craisins Milk Choice: Pepperoni or Cheese Pizza		11 Soft Chicken Fajita Tacos Taco Salad Cup, Salsa Pinto Beans & Spanish Rice Garden Variety Veggies Red Apple Wedges Milk Choice: Chicken Smackers		5 Pepperoni or Cheese Pizza Steamed Corn Garden Variety Veggies Peaches Milk Choice: Sausage and Cheese Pancake Sandwich		6 Chicken Smackers w/ Potatoes Vegetable Medley Garden Variety Veggies Green Apple Wedges Dinner Roll Milk Choice: Loaded Baked Potato		7 Macaroni and Cheese Green Beans Garden Variety Veggies Fruit Sorbet Dinner Roll Milk Choice: Pepperoni or Cheese Pizza	
17 Chicken Smackers Spaghetti and Cheese Spinach Salad Garden Variety Veggies Red Apple Wedges Milk Choice: Pepperoni or Cheese Pizza		18 Hamburger Steak w/ Gravy Mashed Potatoes & Lima Beans Garden Variety Veggies Peaches Dinner Roll Milk Choice: Chicken Smackers		12 Beef A Roni Green Beans Garden Variety Veggies Dinner Roll Peaches Milk Choice: Pepperoni or Cheese Pizza		13 Chicken & Sausage Jambalaya White Beans Garden Variety Veggies Green Apple Wedges Dinner Roll Milk Choice: Loaded Baked Potato		14 Chicken Sandwich French Fries Sandwich Salad Cup Garden Variety Veggies Fruit Sorbet Milk Choice: Pepperoni or Cheese Pizza	
24 <i>Happy National Waffle Day!</i> Chicken & Waffles Potato Hash Garden Variety Veggies Orange Wedges Milk Choice: Pepperoni or Cheese Pizza		25 Chicken Parmesan w/ Spaghetti Spinach Salad Garden Variety Veggies Red Apple Wedges Garlic Dinner Roll Milk Choice: Chicken Smackers		19 Pepperoni or Cheese Pizza Steamed Corn Garden Variety Veggies Fresh Watermelon Milk Vanilla Cupcake Choice: Sausage and Cheese Pancake Sandwich		20 Spaghetti and Meat Sauce Green Peas Garden Variety Veggies Green Apple Wedges Garlic Dinner Roll Milk Choice: Loaded Baked Potato		21 Nachos Black Beans Nacho Salad Cup, Salsa Garden Variety Veggies Fruit Sorbet Milk Choice: Pepperoni or Cheese Pizza	
31 Chicken Smackers Spaghetti and Cheese Spinach Salad Garden Variety Veggies Red Apple Wedges Milk Choice: Pepperoni or Cheese Pizza		26 Hamburger/Cheeseburger Sandwich Salad Cup Baked Beans French Fries Garden Variety Veggies Strawberry Craisins Milk Choice: Pepperoni or Cheese Pizza		27 Chicken Smackers w/ Potatoes Vegetable Medley Garden Variety Veggies Peaches Dinner Roll Milk Choice: Loaded Baked Potato		28 Macaroni and Cheese Green Beans Garden Variety Veggies Fruit Sorbet Dinner Roll Milk Choice: Pepperoni or Cheese Pizza			

Notes: Menus are subject to change. All meals are served with a choice of milk.

Notification Statement: Peanuts and Peanut Butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program. However, some products served may contain nuts, may be produced in plants that use nuts, and may contain traces of nuts.

This institution is an equal opportunity provider.

PAY FOR MEALS ONLINE
[MySchoolBucks.com](https://www.myschoolbucks.com)
MENUS: www.cnpbr.org

OFFICE OF CHILD PROTECTION

According to the Safe Environment Policy promulgated by the Diocese of Baton Rouge, **all parish and school ministry volunteers/chaperones must complete a mandatory background check and child protection training.** Child Protection credentials allow the holder of these credentials the opportunity to chaperone/volunteer. All credentialed adults must abide by the sign-up and confirmation process for each event.

New Volunteer Credentialing for the 2026-2027 School Year

New Volunteer Applications for parents/guardians are being accepted now. Please email your volunteer request to childprotection@mbsbr.org to get the process started.

Update Your Volunteer File for 2026-2027

Please note that the [Code of Ethics](#) must be reviewed by all volunteers of MBS School annually as required by the Diocese of Baton Rouge. Please complete and submit the Code of Ethics Acknowledgement form, page 5, to the MBS Office of Child Protection to update your file.

For your convenience, you may scan and email the forms to childprotection@mbsbr.org.

PARENTS' COMMITMENT TO CHURCH & SCHOOL

Enrollment and/or continued enrollment at Most Blessed Sacrament Catholic School requires a commitment to ALL of the following:

- **Prayer and Mass** – Families must commit to daily prayer at home. Catholic families must attend weekly, Sunday, Mass on Holy Days of Obligation. Non-Catholic families must attend Sunday services at their home church.
- **Service** – Twenty (20) hours of Time and Talent given to the school and/or Church each year. Hours must be completed between January 1 and December 31 *to receive the in-parish tuition rate*. These hours are reviewed each year. Definition of an hour of Time and Talent: an actual hour of volunteer work or donation purchases of \$10
- **Weekly Church Offering** – A minimum amount of \$325 will be donated to the Church to support the stewardship program as an Identified Offertory Giver (IOG). Those donations must be made through weekly use of MBS church envelopes, automatic church deductions, or online giving through the church website. Catholic church members who meet the *IOG requirement will receive the in-parish tuition*. Donations will be verified by December 15 unless otherwise authorized by the Pastor/Principal. Any offerings thereafter will count towards the following year.

Catholic families meeting these requirements will receive the in-parish tuition rate. Any families who have not met the stewardship commitment requirements will receive either the Catholic Out-of-Parish tuition or Non-Catholic rates.

New Students

Time and Talent hours are prorated (10 hours) for new students. New Catholic families must also meet the IOG requirement of \$325.00 to receive in-parish tuition the following school year.

Log your Service Hours into FACTS.

Go to Family > Family Home. You will see "Service Hours" in the middle of the screen. Click "add" to add the hours. You must type in a description. Select "type a custom value," and then type your description.

Sending Items to School

Please label your items that you send to school from a SignUp Genius:

- **Parent Name** (signed up on the **SUG**)
- **Name of item**
- **Title of Sign Up** (ex: 5th Grade Auction Basket)

This helps us match your hours in FACTS.

ATHLETICS

Registration for Parish/Intramural Sports Basketball, Girls and Boys

Kindergarten, 1st grade and 2nd grade.

Program Director Monica Southard - msouthard@mbsbr.org

Registration Link: <https://payit.nelnet.net/form/xa6nNNCQ>

Louie's Little Pelicans, Girls Kindergarten, 1st grade and 2nd grade.

Registration Link: <https://payit.nelnet.net/form/WuUMdca0>

Athletic Fundraiser Launches Today, Thursday, August 20! Questions to Tommy Krysan, Athletic Director
tkrysan@mbsbr.org

We post lots of athletic information on the school Facebook page, be sure to LIKE and Share!!

If you are interested on a carpool line sign or gym sign, please email Tommy Krysan:
tkrysan@mbsbr.org

If you are interested in joining Pelican Power, please email Tommy Krysan:
tkrysan@mbsbr.org

Go Pelicans!

Tommy Krysan, Athletic Director
MBS Athletics
tkrysan@mbsbr.org



Most Blessed Sacramento Athletic Fundraiser

- Set-up your Red Zone Account by Sunday, August 23!
- Fundraiser begins August 24 – September 11
- 100% of the proceeds support MBS Athletics – Equipment, Uniforms, Facility Upgrades, Spirit Items
- All MBS Athletes are asked to raise a minimum of \$100
- For every \$100 raised, students will receive Five Pelican Bucks.
- There will be a grand prize for the family raising the most money.



~COMPLETE THESE 4 STEPS TO GET READY FOR OUR LAUNCH~

- (Participants/Coaches ONLY) Scan QR Code, Download the MoneyDolly app and create an account.
- Once you join campaign select "Participant", then select your "Team/Grade". Now click "Start my Challenges". (If you don't see the below Challenges listed, please close out the app and reopen)
- Upload a profile picture of your face or group picture (ONLY)
- Add 20-50 ADULT contacts to your "My Circle". (Tip: You can start with parents, grandparents, aunts, uncles, or other adult family members).
-Share "Helper" link with a Parent/Guardian to give them access to your "My Circle" to add more contacts from their phone book.

*ANY QUESTIONS PLEASE LET YOUR COACH OR OUR RED ZONE REP KNOW (jdsports04@gmail.com)

1 OPEN THE APP
Open the MoneyDolly app on your phone. You will see your home screen like this.

2 CLICK ON THE CIRCLE FEATURE
Click on the My Circle feature at the bottom of your screen.

3 SEND TEXT MESSAGES
Click the green buttons next to each contact to send your personalized texts. Make sure all green buttons are gone!

4 FOLLOW UP CALLS
Wait 48 hours after sending your texts. Then tap the blue phone button to make follow up calls. There are reminder calls to make sure people got your text. Example: "Hi! I sent you a text two days ago about our Most Blessed Sacramento Athletic Fundraiser! Did you get the text?" Make sure all blue buttons are gone!

KICKOFF DAY! LET'S GO!

Your Team. Your People. Your Success!
* MAKE EVERY MESSAGE COUNT! *

We're Growing!

☀️ Join Our Early Learning Family! ☀️



Our ELC is looking for caring, energetic, and dedicated Teacher's Aides to join our team. If you have a passion for helping young children learn, explore, and thrive, we'd love to meet you.

- ☀️ Supportive team
- ☀️ Positive, faith-filled environment
- ☀️ Opportunities for professional growth

Catering to students ages 1-3 years 📅 5 Days a Week/Full Time

🕒 Flexible Hours & Benefits

Send us a message or apply today at mbsecl.org. We can't wait to welcome the right people into our community!

BLAZE Bible Study

For all 6th, 7th, and 8th grade girls
A fun opportunity to connect with others
A welcome environment to learn and talk about God

Details:

Meetings will be every Sunday at 4:00 pm
 Starting on September 13th
 Priority Registration ends August 22nd
 Moms are welcome to be part of
 BLAZE with their daughters
 Contact Sarah Rico or Kayla LeBlanc -
 BLAZEatMBS@gmail.com



SCAN THE QR CODE TO VISIT THE WEBSTORE!



**Most Blessed Sacrament
 is Hiring
 Extended Care Staff
 for the 2026-2027 School Year**



**Contact Jeanne Hebert,
 Extended Care Director
 jhebert@mbsbr.org**

www.mbsbr.org
 225-751-0273

JOIN THE MBS SCHOLA CANTORUM

Open to 4th-12th graders
Begins August 27
Practices are Thursdays from 4:45-5:45
Schola sings at 11:30 Mass once a month

WORSHIP THE LORD WITH GLADNESS; COME
BEFORE HIM WITH JOYFUL SONGS
PS 100:2

To register, call or email Rebecca LeBlanc
225-405-7233 rebeccaleblanc@cox.net

FOR THE MEN & WOMEN OF THE PARISH

WE ARE EXCITED TO OFFER OPPORTUNITIES FOR BOTH
THE MEN AND WOMEN OF OUR PARISH TO GROW IN
THEIR FAITH. SCAN THE CODES BELOW TO JOIN!

FOR MEN

TMIY
THAT MAN IS YOU!



Friday Mornings
5:30 AM - 7:15 AM
Our Lady of the Eucharist
Beginning September



FOR WOMEN

SHE SHALL BE CALLED WOMAN



Tuesday Evenings
6:30 PM - 8:00 PM
Our Lady of the Eucharist
Beginning September 8th



BROUGHT TO YOU BY
PARADISUS DEI

paradisusdei.org

[TMIY](#)

[Registration](#)

[SHE](#)

[Registration](#)

JOIN MATH CLUB!

WHAT IS MATH CLUB?

JOIN US TWICE A MONTH ON WEDNESDAY
MORNINGS FOR MATH FUN BEYOND THE
CLASSROOM! WE'LL PLAY EXCITING MATH
GAMES, TACKLE HANDS-ON CHALLENGES,
PREPARE FOR MATH TOURNAMENTS, AND
ENJOY SNACKS WITH FRIENDS. MEMBERS
WILL ALSO HAVE THE OPPORTUNITY TO
REPRESENT OUR SCHOOL AT THE SJA OR
CHS MATH TOURNAMENT! WHETHER YOU
LOVE MATH, ENJOY A GOOD CHALLENGE, OR
JUST WANT TO HAVE FUN WITH FRIENDS,
MATH CLUB IS THE PLACE FOR YOU! COME
SOLVE, COMPETE, CREATE, AND HAVE FUN!

DATES:

9/2	9/16	10/7	10/21	11/4	11/18
12/2	1/6	1/20	2/3	2/17	3/3
		4/7	4/21	5/5	

For more information/interest, email Ms. Delaune
adelaune@mbsbr.org

HOME & SCHOOL

RAFFLE

@BACK TO SCHOOL NIGHT

6 AMAZING DRAWINGS!

Drawing Date: August 20th

Do not need to be present to win

Before and after
school care
(fall semester)

Before and after
school care
(spring semester)

First in
Carpool

MBS Fair
Parking Spot

MBS Fair Tent
Spot

Name the Gym
Concession
Stand

Information on how to purchase
& tickets will be sent home the first week of school

Don't miss your chance to win!

CHECK OUT OUR MBS CHURCH MINISTRIES!

AUGUST 22 & 23

After all Masses



OUR LADY OF THE EUCHARIST ROOM

KINDNESS CLUB

Meeting



Wednesday, September 2nd
at 7:15 AM in the Library

**ALL 6TH-8TH GRADE STUDENTS
WELCOME!**

Dues: \$20; payable via FACTS:

<https://payit.nelnet.net/form/YHDQnalg>

