



# NAHWAL READING



## Nahwal Reading — Key Principles

### Clarity & Self-Understanding

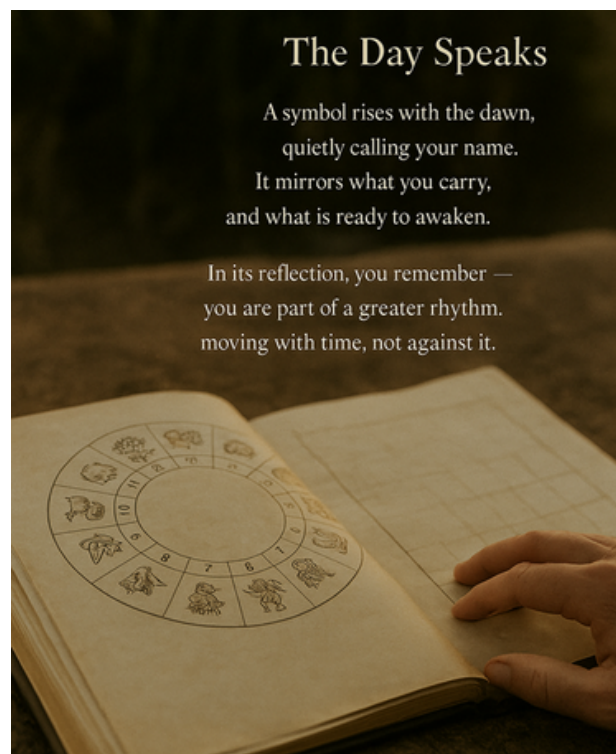
- A Nahwal Reading offers insight into your natural strengths, challenges, and life themes, helping you better understand yourself and your current path.

### Alignment With Life Cycles & Energy

- The reading reflects the energetic rhythms and cycles influencing you, supporting more conscious decisions and a deeper sense of flow rather than resistance.

### Reflection, Meaning & Inner Guidance

- Nahwal wisdom creates space for reflection, revealing patterns and perspectives that can bring meaning, reassurance, and a renewed sense of direction.



E-mail [jeff@actualized.com.au](mailto:jeff@actualized.com.au) or Call **0405640016** to ask any questions on the offering. Our Vision at Actualized is to support raising consciousness together. We appreciate others are here to assist on our journey of self discovery. Scan QR code below to book. This can be organized in person or distance.

