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AFTER CARE INSTRUCTIONS

IF MEDICATION WAS PRESCRIBED BY DR. BAKER, start taking medication as prescribed the day of treatment. If the pharmacy does not have your prescription, provide the pharmacy with the paper copy of the prescription you were given when you left our office.

If needed, you may take generic ibuprofen – up to 800 mg every 6 hours – for 2 to 3 days. If you are sensitive to ibuprofen, or have been advised by your physician to avoid taking ibuprofen, please ask us for alternatives.

Use ice pack as needed.

Eat soft food for the first 24 to 48 hours following the procedure. Avoid spicy/acidic foods for 24 to 48 hours.

SURGICAL EXTRACTION WITH BONE GRAFT

Make follow up appointment for 2 weeks post extraction to examine healing and remove sutures.

You can resume normal brushing and flossing after 24 hours; however, avoid brushing directly on the graft site for 2 weeks.

Avoid using mouthwash and salt water rinses for 2 weeks.

Avoid smoking.

Avoid applying pressure with fingers or tongue to bone graft site as this may dislodge the grafting material.

SURGICAL EXTRACTION

Do not smoke, rinse, spit, use a straw, or brush for 24 hours.

Avoid placing pressure on extraction site with tongue or finger.

After 24 hours, you may resume your normal dental hygiene regimen.

After 24 hours, you may gently rinse with warm salt water for 1 week. Avoid vigorous rinsing.