



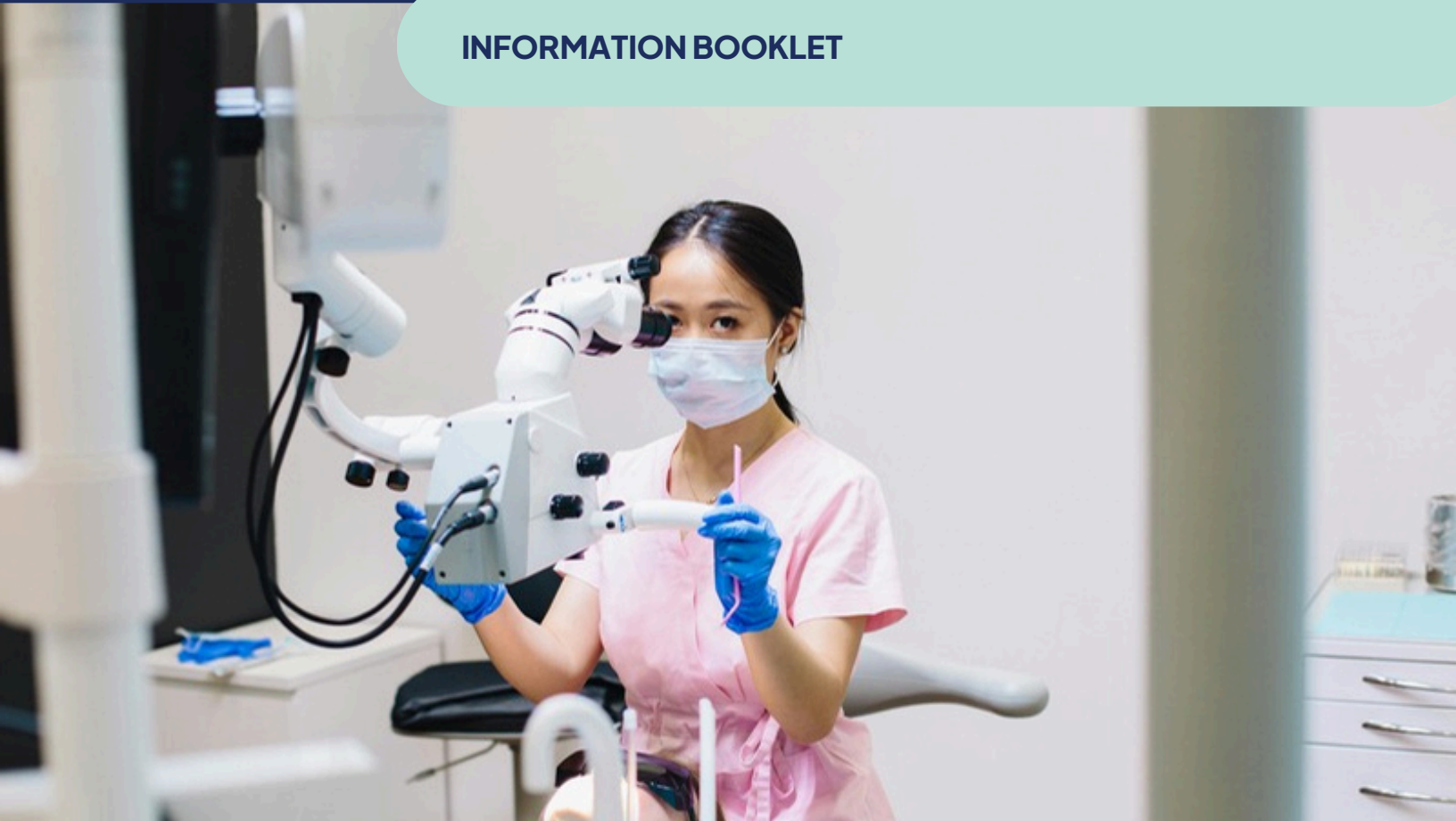
THE INSTITUTE
FOR BIOLOGICAL
DENTISTRY

INITIAL ENTRY TRAINING

AUGUST 15–16, 2025

This training provides a foundational understanding of biological and holistic dentistry, equipping general dentists with knowledge, tools, and protocols necessary to integrate these principles into your existing practice. This training provides 16 hours of Continuing Education.

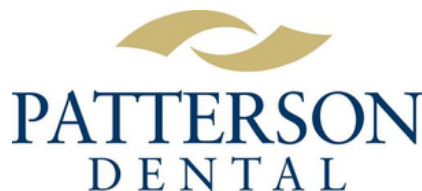
INFORMATION BOOKLET





INITIAL ENTRY TRAINING

OFFICIAL SPONSORS



Thank you to our incredible sponsors for supporting our mission to elevate holistic dentistry. Your partnership empowers us to transform more practices and improve patient care nationwide. We're deeply grateful for your commitment to advancing a purpose-driven future in dentistry.



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INITIAL ENTRY TRAINING

WELCOME



WELCOME

We are delighted to welcome you to the Institute for Biological Dentistry's Initial Entry Training, hosted in the thriving city of Durham, North Carolina. It is fitting that this event is taking place in Durham since it has proudly earned the moniker "City of Medicine" due to its exceptional concentration of hospitals, innovative universities, cutting-edge research institutions, and a remarkable number of health and medical organizations.

You will experience a jam-packed event featuring some of the leading pioneers in Holistic and Biological Dentistry—visionaries who have laid the groundwork for integrating oral health with whole-body wellness.

Over the next two days, we hope you will be inspired by thought-provoking lectures and engaging panel discussions that will challenge and expand your understanding of comprehensive, patient-centered care.

In addition to the incredible knowledge you'll gain from our speakers, there will be valuable networking opportunities designed to connect you with like-minded professionals who share your passion for holistic healing and innovation.

In the following pages, you'll find:

- A detailed itinerary for the next two days
- Speaker bios and course outlines
- Information about our generous sponsors
- A curated list of local restaurants to explore during your stay

As you embark on your training, know that you're joining a vibrant, diverse, and influential community—one renowned for its pursuit of excellence in both medicine and holistic health. We're excited for you to be part of Durham's ongoing story, where science, history, and healing come together to shape the future of biological dentistry.

Humbly in health,
Ralph K. Mensah, DDS, FICOI, AIAOMT
Institute For Biological Dentistry - Founder



INITIAL ENTRY TRAINING

ABOUT US

INSTITUTE FOR BIOLOGICAL DENTISTRY

OUR MISSION



The Institute for Biological Dentistry is a leading educational organization dedicated to integrating holistic health principles with advanced dental techniques. It equips dental professionals with the tools, knowledge, and protocols to deliver patient-centered, biologically based care. Through in-person and digital trainings, the Institute empowers clinicians to transform their practice and improve patient outcomes. Their programs offer CE credits, hands-on learning, and access to top experts in holistic dentistry.



OUR TEAM



DR. RALPH K. MENSAH DDS, FICOI, AIAOMT

Founder

Dr. Mensah brings decades of clinical experience and strategic leadership to the Institute. As a private practice owner and Adjunct Assistant Professor at the UNC Adams School of Dentistry, he is known for his cutting-edge approach and mentorship. He served on the Executive Boards of the NC Dental Society Foundation – Missions of Mercy and the Old North State Dental Society. His specialties include clinical training, brand development, recruitment, and operational execution.

OUR TEAM



GINA HELMS

Chief Operating Officer

With over a decade in the dental field, Gina brings a 360° view of both clinical and administrative operations. She currently serves as COO and holds certifications in Dental Sleep Medicine, Bio-PRF, and PRF Esthetics. Her core strengths include administrative team training, implementation, and leadership—making her an essential force in transforming dental offices into high-functioning holistic practices.



WILLIAM HAMILTON- BARLOW III

President of Business Development

William offers a systems-driven approach to growth. A UNC-Chapel Hill graduate with a background in franchise operations and strategic consulting, he blends operational discipline with a passion for dental practice innovation. His work focuses on system implementation, organizational development, fundraising, and helping dentists bring their long-term goals to life.



INITIAL ENTRY TRAINING

AGENDA



AGENDA

DAY 1 - FRIDAY, AUGUST 15

7AM-8AM

Registration/Breakfast
Ambassador Gallery

8AM-8:30AM

Welcome
(Dr. Ralph Mensah)
Ambassador Ballroom

8:30AM-9:30AM

Whole-Body Dentistry: A New Dental Paradigm
(Dr. Mark Breiner)
Ambassador Ballroom

9:30AM-10AM

Break

10AM-11AM

Fluoride Fallout: Unveiling the Hidden Risks in Dentistry (Dr. Griffin Cole)
Ambassador Ballroom

11AM-12PM

The NEW Standard of Care: Mastering Safe Amalgam Removal
(Dr. Griffin Cole)
Ambassador Ballroom

12PM-1PM

Lunch
Ambassador Gallery

1PM-3PM

Ozone in Action: Revolutionizing Dental Care with Oxygen Therapy
(Dr. Griffin Cole)
Ambassador Ballroom

3PM-5PM

Breath of Life: Exploring Airway Evaluation and its Systemic Health Impact in Dentistry (Dr. Evie Sabet)
Ambassador Ballroom

AGENDA

DAY 2 - SATURDAY, AUGUST 16

7:30AM-8AM

Breakfast
Ambassador Gallery

8AM-9AM

Hidden Dangers: Uncovering the Truth About Dental Cavitations
(Dr. Gene Sambatoro)
Ambassador Ballroom

9AM-10:30AM

Nature's Healing Power: Unlocking the Potential of Platelet-Rich Fibrin in Dentistry
(Dr. Rick Miron)
Ambassador Ballroom

10:30AM-11AM

Break

11AM-12PM

Future Perfect: Harnessing Cutting-Edge Technology in Modern Dentistry
(Dr. Ralph Mensah)
Ambassador Ballroom

12PM-1PM

Lunch
Ambassador Gallery

1PM-3PM

Stronger Foundations: An Introduction to the Biological Harmony of Ceramic Implants in Modern Implantology
(Dr. Sammy Noubissi)
Ambassador Gallery

3PM-5PM

Thriving Naturally: Mastering Practice Management in Biological Dentistry
(Panel Discussion)
Ambassador Gallery



INITIAL ENTRY TRAINING

LECTURES₇



DR. RALPH K MENSAH, DDS, FICOI, AIAOMT



Dr. Mensah is a dedicated holistic dentist based in Chapel Hill, NC, with a passion for integrating biological principals and cutting edge dental technology to provide comprehensive care. As the son of Ghanaian immigrants, Dr. Mensah graduated from A.C. Reynolds High School in Asheville, NC, and continued his education at the University of North Carolina at Chapel Hill, where he earned both his bachelors and dental degrees. His early focus on academic excellence laid the foundation for his successful dental career. Dr. Mensah has over 8 years of private practice experience and hundreds of hours of continuing education, he is well versed in treating a range of dental issues including obstructive sleep apnea, implantology, and simple orthodontic cases.

Future Perfect: Harnessing Cutting Edge Technology in Modern Dentistry

This course explores the latest advancements in dental technology and their transformative impact on patient care. Participants will gain insight into how artificial intelligence, digital dentistry, biomaterials, and minimally invasive techniques are reshaping modern practice. The session will highlight innovations such as 3D printing, laser dentistry, smart diagnostics, and regenerative treatments, providing a roadmap for integrating these technologies into everyday workflows.

Course Objectives:

- Understand the Evolution of Dental Technology
- Explore Digital Dentistry and AI Technology
- Examine Advances in Minimally Invasive and Regenerative Dentistry
- Enhance Patient Care Through Smart Technology
- Develop Strategies for Integration and Implementation



DR. MARK BREINER, DDS, MIAOMT, FAGD



Dr. Breiner is a distinguished biological dentist with over four decades of experience, known for his groundbreaking work in holistic and whole-body dentistry. A graduate of Temple University School of Dentistry and a former U.S. Army Dental Prosthetics Department head, Dr. Breiner has dedicated his career to uncovering the dental origins of systemic health issues, including TMJ Dysfunction, mercury toxicity, and sleep disordered breathing. His integrative approach blends advanced dental techniques with homeopathy, nutrition, and alternative therapies to address the root causes of illness. As the founder of the Breiner Whole-Body Health Center in Fairfield, Connecticut, Dr. Breiner leads a multidisciplinary team focused on restoring health through dental and medical collaboration. A respected author and international lecturer, he continues to educate practitioners and patients alike on the vital link between oral health and overall wellness.

Whole-Body Dentistry: A New Dental Paradigm

This course introduces dental professionals to the principals of biological dentistry emphasizing the connection between oral health and overall well being. Participants will explore holistic treatment approaches that prioritize biocompatibility, minimally invasive techniques, and the integration of natural healing methods. The course will also cover the impact of dental materials, nutrition, and detoxification on systemic health, as well as the role of biological dentistry in preventing chronic disease.

Objectives

- Understand the foundations of biological dentistry
- Explore the oral-systemic connection
- Implement holistic treatment approaches
- Optimize patient health through detoxication and nutrition
- Apply ethical and sustainable practices.



DR. RICHARD MIRON, DDS, BMSC, MSC, PHD



Dr. Miron serves as the lead educator at Advances PRF Education and is an adjunct Visiting Faculty in the Department of Periodontology in Bern, Switzerland, where he completed his PhD. He has published over 350 peer-reviewed articles and is an internationally recognized lecturer, especially in the areas of growth factors, bone biomaterials, and guided bone regeneration. Dr. Miron has been acknowledged by Dentistry Today as one of the top 100 CE providers for eight years, making him the youngest to ever make this list. He holds the rank in Platelet Rich Fibrin therapy according to an independent review by Expertscape. His accolades include the ITI Andre Schroeder Prize, the IADR Young Investigator of the year in implant dentistry, and the IADR Socransky Research Award in Periodontology. Dr. Miron has authored ten textbooks on regenerative dentistry, including best-sellers like "Next Generation Biomaterials for Bone and Periodontal Regeneration" and "Understanding Platelet Rich Fibrin"

Nature's Healing Power: Unlocking the Potential of Platelet Rich Fibrin in Dentistry

The use of platelet concentrates has a long history of use in various fields of medicine as an autologous source of growth factors fabricated utilizing centrifugation of blood under various conditions. Platelet Rich Plasma (PRP) was proposed as a first-generation platelet concentrate over 3 decades ago, over the last 10 years. Platelet Rich Fibrin has seen a steady increase in utilization for a variety of medical procedures due to its lack of coagulation factors favoring fibrin clot formation and faster wound healing. Most recently, the development of liquid PRF provides a new formation of liquid PRF without using anti-coagulation factors that may be specifically combined with currently available bone biomaterials favoring particle stability, and angiogenesis and tissue integration. The course aims to highlight the recent advancements made with respect to the newest formulations of platelet concentrates including recent developments in horizontal centrifugation and liquid concentrated PRF to further speed wound healing and tissue regeneration for various clinical indications faced in routine daily dental practice including Periodontology, Implant Dentistry, Temporomandibular Joint Disorders, and Facial Esthetics.

Objectives

- Provide the biological background and scientific rationale for why platelet concentrates speed wound healing
- Introduce new protocols using horizontal centrifugation
- Provide clinical indications when, where and why to use PRF (membranes and liquid) in regenerative dentistry and facial esthetics



DR. SAMUEL NOUMBISSI, DDS, MS

IAOC

INTERNATIONAL ACADEMY OF
CERAMIC IMPLANTOLOGY

Dr. Sammy Noumbissi earned his Doctorate in Dental Surgery from Howard University in Washington, DC, and a Master of Science in Implant Surgery from Loma Linda University in Loma Linda, California. He specializes in ceramic implants and has authored multiple book chapters and articles in dental implantology. Dr Noumbissi serves as a visiting professor at the University of Milan and an adjunct professor at the University of Chieti-Pescara, Italy. He founded the International Academy of Ceramic Implantology, which advances the use of bioceramics in dental practices. He currently practices in Silver Spring, Maryland, where he is a respected clinician and educator in implant dentistry.

Stronger Foundations: An Introduction to the Biological Harmony of Ceramic Implants in Modern Implantology

Titanium has long been the preferred material in dental implantology. However, evidence now shows it is not as stable or inert in the oral environment as once believed. This led to research into alternatives like zirconia and zirconia composites, which are favored for their biocompatibility, hypoallergenicity, and corrosion-free properties. Zirconia also boasts excellent osseointegration and a lower incidence of peri-implantitis.

Zirconia composites such as Alumina Toughened Zirconia (ATZ) and Zirconia Toughened Alumina (ZTA), have improved significantly, becoming reliable load-bearing ceramics with enhanced physical properties. Their stability in the oral environment has been proven over extended periods.

This presentation will discuss zirconia as a bioceramic implant material, its rationale, indications, and benefits. It will include clinical cases from the past fifteen years using different zirconia dental implant systems and prosthetic solutions.

Objectives

- Understand zirconia as a bioceramic material
- Understand and appreciate zirconia's behavior in bone and the oral environment
- Long term health benefits—biotolerance vs. biocompatibility
- Implant materials and peri-implantitis
- Understand the limitations of ceramic implants



DR. E. GRIFFIN COLE, DDS, NMD, MIAOMT, IBDM



Dr. Cole received his DDS from the University of Texas Health Science Center in San Antonio in 1993 and has practiced biological dentistry for 28 years in Austin, TX. He became ozone certified in 2006 and earned Board Certification in Naturopathic Medicine and a degree in Integrative Biological Dental Medicine in 2010 from the School of Integrative Biological Dental Medicine (ACIMD). Dr. Cole is known for his contributions to drafting the IAOMT's Fluoridation Brochure and the official Scientific Review on Ozone use in root canal therapy. He has also been published in numerous national peer-reviewed journals and was the first dentist to publish a case study on using ozone therapy for Bisphosphonate-Related Osteonecrosis of the Jaw

Ozone In Action: Revolutionizing Dental Care with Oxygen Therapy

This course explores the powerful applications of ozone therapy in modern dentistry, highlighting its role in infection control, tissue regeneration, and minimally invasive treatment. Participants will learn how ozone, a naturally occurring and highly reactive form of oxygen, can be used to eliminate harmful bacteria, promote healing, and enhance overall patient outcomes. The course will cover the science behind ozone therapy, clinical techniques for its application, and strategies for integrating it into a biological dental practice.

Course Objectives:

- Understand the science and mechanism of ozone therapy
- Explore clinical applications of ozone in dentistry
- Implement safe and effective ozone delivery techniques
- Integrate ozone therapy into a biological dental practice
- Educate patients on the benefits of ozone therapy



DR. EUGENE SAMBATARO, DDS



Dr Eugene Sambataro is a leading biological dentist based in Ellicott City, Maryland. He specializes in holistic, preventative dental care that prioritizes whole body wellness through his practice, The Julian Center for Comprehensive Dentistry. His interests include orthodontics, dental orthopedics, TMJ disorder, sleep disordered breathing and ceramic implantology. Dr. Sambataro strives to educate his patients on how they can make healthier decisions in their lives, as well as sharing his knowledge around toxic-free dentistry, which avoids mercury amalgam fillings, fluoride, and toxic root canals. A few of his affiliations include a fellowship in the Academy of General Dentistry, the American Academy of Dental Sleep Medicine, the International Academy of Biological Dentistry and Medicine, the Holistic Dental Association, the International Dental Implant Association, and the International Academy of Oral Medicine and Toxicology. He is also a Board Member for the Maryland Society of Integrative Medicine and the author of "Stop the Snore, Dental Solutions to Healthy Sleep," as well as "Your Guide to Holistic Dental Implants: The Permanent Solution for Missing or Lost Teeth."

Hidden Dangers: Uncovering the Truth About Dental Cavitations

This course explores the often overlooked issue of dental cavitations—hidden infections in the jawbone that can contribute to chronic health conditions. Participants will learn how these lesions develop, their impact on systemic health, and the challenges in diagnosis and treatment. This course will also cover advanced imaging techniques, biological treatment protocols, and strategies for patient education and prevention.

Course Objectives:

- Understand the nature and causes of dental cavitations
- Explore the oral-systemic connection of cavitations
- Master diagnostic tools and techniques
- Implement biological treatment protocols
- Educate and empower patients
- Prevent future cavitations through holistic dental practices



DR. JULIENNE “EVIE” SABET, DDS



DEVELOPMENTAL DENTISTRY

Dr. Julianne “Evie” Sabet is an accomplished general dentist with extensive experience in craniofacial development, airway health, and TMJ disorders, having completed her Doctorate of Dental Surgery at the University of Maryland after attending the University of Florida. With twelve years of practice in diverse settings including hospitals, public health clinics, private practice, and educational institutions, Dr. Sabet has developed a profound expertise in treating complex dental cases. Transitioning her focus to airway-centered dentistry, she aims to offer holistic care that enhances overall health and well-being. This shift in her career path led her to establish Developmental Dentistry, a practice devoted to providing comprehensive treatments that promote healing, health, and longevity. Through her innovative approach, Dr. Sabet is committed to making a significant positive impact on her patients' lives, emphasizing preventive care and patient education.

Breath of Life: Exploring Airway Evaluation and its Systemic Health Impact on Dentistry

This course examines the critical role of airway health in dentistry and its profound impact on overall well-being. Participants will learn how to assess airway function, identify signs of airway disorders such as sleep disordered breathing and obstructive sleep apnea, and implement integrative treatment strategies. The course will also explore the connection between airway health, craniofacial development, and systemic conditions, equipping dental professionals with tools to enhance patient care through airway focused dentistry.

Objectives

- Understand the importance of Airway Health in Dentistry
- Identify Common Airway Disorders in Dental Patients
- Explore Diagnostic Tools for Airway Evaluation
- Implement Holistic and Integrative Treatment Approaches
- Enhance Patient Education and Multidisciplinary Collaboration
- Prevent and Manage Airway Issues in Different Age Groups



INITIAL ENTRY TRAINING

RESOURCES



5 ESSENTIAL TIPS FOR IMPLEMENTING HOLISTIC PRACTICES IN YOUR DENTAL PRACTICE



BY DR. RALPH K MENSAH, DDS, FICOI, AIAOMT

Incorporating holistic practices into your dental office can significantly enhance patient care and improve clinical outcomes. Holistic Dentistry focuses on the connection between oral health and overall wellness, using minimally invasive techniques and natural materials whenever possible. In this lecture you will learn the five essential tips for implementing holistic practices in your dental office, by educating yourself and your team, adopting biocompatible materials, integrating minimally invasive techniques, focusing on the mouth-body connection, and creating a patient centered environment. Embrace these changes to offer your patients a more comprehensive and health focused dental experience

5 ESSENTIAL TIPS

1. EDUCATE YOURSELF AND YOUR TEAM

The first step in transitioning to a holistic dental practice is education. Ensure that you and your team are well-versed in the principals of holistic dentistry. Attend workshops, courses, and seminars the focus on biological and holistic dental techniques. Understanding the science behind holistic practices will enable you to explain the benefits to your patients effectively.

- Enroll in holistic dental courses offered by reputable institutions.
- Encourage team participation in continuing education
- Stay up to date with the latest research and advancements in holistic dentistry

2. ADOPT BIOCOMPATIBLE MATERIALS

Holistic Dentistry emphasizes the use of biocompatible materials that are safe for the body. Replace traditional dental materials with alternatives that are non toxic and less likely to cause adverse reactions. Common biocompatible materials include ceramic implants and BPA-free composites.

- Assess the materials currently used in your practice and identify potential replacements
- Source biocompatible materials from trusted suppliers
- Educate patients on the benefits of using these materials

3. INTEGRATIVE MINIMALLY INVASIVE TECHNIQUES

Minimally invasive techniques are a cornerstone of holistic dentistry. These techniques aim to preserve as much of the natural tooth structure as possible, reducing the need for extensive dental work. Methods such as air abrasion, laser therapy, and ozone therapy can be effective in achieving this goal.

- Invest in minimally invasive dental equipment like lasers and ozone therapy devices.
- Train your team in the application of these techniques
- Promote the benefits of minimally invasive procedures to your patients

4. FOCUS ON MOUTH-BODY CONNECTION

Holistic Dentistry recognizes the connection between oral health and overall wellness. Educate your patients about how oral health can impact other aspects of their health, such as cardiovascular health and immune system function. Incorporating nutritional counseling and stress management into your practice can also support this holistic approach.

- Provide educational materials and resources to your patients about the mouth body connection
- Offer nutritional counseling and advice on maintaining a healthy diet for better oral health
- Introduce stress management techniques such as meditation or breathing exercises into your patient care routines

5. CREATE A PATIENT-CENTERED ENVIRONMENT

A holistic dental practice should prioritize patient comfort and care. Create a welcoming and calming environment in your office to reduce patient anxiety and promote a sense of well-being. Using non toxic cleaning products, incorporate natural elements like plants and other amenities such as herbal teas or aromatherapy. ↗

- Redesign your office space to include natural elements and a calming atmosphere
- Use non toxic and environmentally friendly cleaning products
- Provide additional amenities that enhance your patient's comfort



**DR. RALPH K MENSAH,
DDS, FICOI, AIAOMT**














































































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Tooth-Organ Meridian Chart

Sense Organs	Inner Ear	Maxillary Sinus	Ethmoid Cells	Eye	Frontal Sinus	Frontal Sinus	Eye	Ethmoid Cells	Maxillary Sinus	Inner Ear								
Joints	Shoulder Elbow	Jaws	Shoulder Elbow	Back of Knee		Back of Knee		Shoulder Elbow	Jaws	Shoulder Elbow								
	Hand, Ulnar Foot, Plantar Toes, Sacro-iliac Joint	Front of Knee	Hand, Radial Foot Big Toe	Hip	Sacrococcyx	Sacrococcyx	Hip	Hand, Radial Foot Big Toe	Front of Knee	Hand, Ulna Foot, Planta Toes, Sacro-iliac Joint								
Spinal Segments	C8 T1 T5 T6 T7 S1 S2 S3	T11 T12 L1	C5 C6 C7 T2 T3 T4 L4 L5	T8 T9 T10	L2 L3 S4 S5 Coccyx	L2 L3 S4 S5 Coccyx	T8 T9 T10	C5 C6 C7 T2 T3 T4 L4 L5	T11 T12 L1	C8 T1 T5 T6 T7 S1 S2 S3								
Vertebrae	C7 T1 T5 T6 S1 S2	T11 T12 L1	C5 C6 C7 T2 T3 T4 L4 L5	T9 T10	L2 L3 S3 S4 S5 Coccyx	L2 L3 S3 S4 S5 Coccyx	T9 T10	C5 C6 C7 T2 T3 T4 L4 L5	T11 T12 L1	C7 T1 T5 T6 S1 S2								
Organs	Heart-R	Pancreas	Lung-R	Liver-R	Kidney-R	Kidney-L	Liver-L	Lung-L	Spleen	Heart-L								
	Duodenum	Stomach-R	Large Intestine-R	Gall-bladder	Bladder-R Urogenital Area	Bladder-L Urogenital Area	Bile Ducts -L	Large Intestine-L	Stomach-L	Jejunum Ileum-L								
Endocrine Organs	Pituitary, Ant. Lobe	Para-thyroid	Thy-roid	Thy-mus	Pituitary, Post Lobe	Pineal Gland	Pineal Gland	Pituitary, Post Lobe	Thy-mus	Thy-roid	Para-thyroid	Pituitary, Ant. Lobe						
Others	CNS Psyche	Mammary Gland-R							Mammary Gland-L	CNS Psyche								
Upper Teeth	R	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	L
Lower Teeth	R																	L
		32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17	
Others	Energy Metabolism			Mammary Gland-R								Mammary Gland-L				Energy Metabolism		
Endocrine Glands Tissue System	Peripheral Nerves	Ar-teries	Veins	Lymph Vessels	Gonad (Testes or Ovary)		Adrenal Gland		Adrenal Gland		Gonad (Testes or Ovary)		Lymph Vessels	Veins	Ar-teries	Peripheral Nervous System		
Organs	Ileum-R	Large Intestine-R		Stomach-R Pylorus		Gall-bladder	Bladder-R Urogenital Area		Bladder-L Urogenital Area		Bile Ducts -L	Stomach-L		Large Intestine-L		Jejunum Ileum-L		
	Ileocecal Region																	
	Heart-R	Lung-R		Pancreas		Liver-R	Kidney-R		Kidney-L		Liver-L	Spleen		Lung-L		Heart-L		
Vertebrae	C7 T1 T5 T6 S1 S2	C5 C6 C7 T2 T3 T4 L4 L5		T11 T12 L1		T9 T10	L2 L3 S3 S4 S5 Coccyx		L2 L3 S3 S4 S5 Coccyx		T9 T10	T11 T12 L1		C5 C6 C7 T2 T3 T4 L4 L5		C7 T1 T5 T6 S1 S2		
Spinal Segments	C8 T1 T5 T6 T7 S1 S2 S3	C5 C6 C7 T2 T3 T4 L4 L5		T11 T12 L1		T8 T9 T10	L2 L3 S4 S5 Coccyx		L2 L3 S4 S5 Coccyx		T8 T9 T10	T11 T12 L1		C5 C6 C7 T2 T3 T4 L4 L5		C8 T1 T5 T6 T7 S1 S2 S3		
Joints	Shoulder and Elbow		Front of Knee		Back of Knee		Back of Knee		Back of Knee		Front of Knee		Shoulder and Elbow					
	Hand, Ulnar Foot, Plantar Toes, Sacro-iliac Joint	Hand, Radial Foot Big Toe			Hip	Sacrococcyx	Sacrococcyx	Hip			Jaws	Hand, Radial Foot Big Toe	Hand, Ulna Foot, Planta Toes, Sacro-iliac Joint					
Sense Organs	Ear	Ethmoid Cells	Maxillary Sinus	Eye	Frontal Sinus	Frontal Sinus	Eye	Maxillary Sinus	Ethmoid Cells	Ear								

This Tooth-Organ Meridian Chart maps the energetic connections between individual teeth and various organs, joints, endocrine glands, spinal segments, and sense organs. It visually illustrates how dental health may correlate with systemic health through meridian pathways used in holistic and integrative medicine. Each tooth is linked to specific body parts and functions, suggesting that issues with certain teeth might reflect or influence problems elsewhere in the body.

Glands	Anterior pituitary	RIGHT BREAST			Posterior pituitary	Intermediate lobe of pituitary	Pineal	Pineal	Intermediate lobe of pituitary	Posterior pituitary	LEFT BREAST			Anterior pituitary		
		Parathyroid	Thyroid	Thymus							Thymus	Thyroid	Parathyroid			
Organs	Heart  Small Intestine  Endocrine gland, Pericardial	 Thyroid  Stomach  Pancreas 	 Lungs  Large Intestine	 Liver  Gall Bladder  Eye	 Kidneys  Prostate  Bladder, Uterus, Rectum, Anus	 Liver  Gall Bladder  Eye	 Lungs  Large Intestine	 Esophagus Breast  Thyroid Stomach  Spleen 	Heart  Small Intestine  Endocrine gland, Pericardial							
	Teeth	 1	 2	 3	 4	 5	 6	 7	 8	 9	 10	 11	 12	 13	 14	 15
Upper Jaw	3 rd molar (wisdom)	2 nd molar	1 st Molar	2 nd bicuspid (pre-molar)	1 st bicuspid (pre-molar)	canine (cuspid)	lateral incisor	central incisor	central incisor	lateral incisor	canine (cuspid)	1 st bicuspid (pre-molar)	2 nd bicuspid (pre-molar)	1 st Molar	2 nd molar	3 rd molar (wisdom)
Lower Jaw	3 rd molar (wisdom)	2 nd molar	1 st Molar	2 nd bicuspid (pre-molar)	1 st bicuspid (pre-molar)	canine (cuspid)	lateral incisor	central incisor	central incisor	lateral incisor	canine (cuspid)	1 st bicuspid (pre-molar)	2 nd bicuspid (pre-molar)	1 st Molar	2 nd molar	3 rd molar (wisdom)
Teeth	 32	 31	 30	 29	 28	 27	 26	 25	 24	 23	 22	 21	 20	 19	 18	 17
Organs	Heart  Small Intestine  Endocrine gland, Pericardial	 Lungs  Large Intestine	 Stomach  Pancreas	 Liver  Eye	 Kidneys  Prostate  Bladder, Uterus, Rectum, Anus	 Liver  Eye	 Stomach  Spleen	 Lungs  Large Intestine	Heart  Small Intestine  Endocrine gland, Pericardial							
	Glands				Ovaries, testicles Right Breast	Adrenals	Adrenals	Ovaries, testicles Left Breast								

This chart shows the connections between specific teeth and corresponding organs and glands in the body based on meridian theory. It links upper and lower jaw teeth to systems like the heart, lungs, liver, stomach, and reproductive organs, indicating possible energetic or health relationships. It's used in holistic dentistry and integrative medicine to explore how oral health may reflect or influence overall wellness.



CONTACT US

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