



Spa Hotel Roanoke

Dermaplane - Radiant Skin Care Renewal

Aftercare Instructions

1. Wear a 30+ sunscreen and **avoid sun if possible** - for 7 days.
2. Avoid wearing makeup for 24 hrs. if possible.
3. Drink lots of water and other non-caffeinated fluids: hydrate!
4. Use a gentle cleanser, pat dry.
5. Do use moisturizer daily.
6. Do not use an exfoliant for 7-10 days.
7. Try to not touch your face for several days, do not pick.
8. Avoid any hot activities- exercising, hot activities, sauna for 7-10 days.
9. DO NOT use any retinol products for 7-10 days.

DO NOT have any of facial waxing or hair removal for 7-10 days.

DO NOT have any type of facial peel for 7-10 days.

If you have any concerns, please email or call the spa

front-desk@SpaHotelRoanoke.com or text Call (540) 853-8275