



Monthly Newsletter

September 2025

Welcome to the QRC Newsletter for September and as always thank you to all service users and staff for their contributions to this edition.



Valley View Barn

Billie-Jo and Clare decided to brave the extremely busy seaside to go and see the Red Arrows at Eastbourne Airbourne. They both thoroughly enjoyed the experience and look forward to the Red Arrows returning next year!



Jamie and Jeremy decided to hold their very own darts tournament, challenging the staff! It was a competitive tournament, with all those taking part winning at least one game!





Casey, pictured left, has been very helpful, assisting staff at the weekends to ensure the home is clean. Casey helped staff by hoovering the office and other communal areas! Thank you, Casey. 😊



Jordan, Tanzy and Amy spent time in the garden, enjoying the sunshine and the slight breeze. Due to the weather forecast predicting a change in the weather, they all took the opportunity to make the most of the sunshine!





Jeremy spent an afternoon with his family where he was treated to a cream tea as an early birthday present! Jeremy said that he enjoyed his time, especially as he was able to be with his family! As you can see, Jeremy also dressed up for the occasion. Looking very dapper Jeremy! 😊



Jeremy, Jamie, Clare and Stephen, pictured below, all attended the festival of transport on a very busy bank holiday weekend! They all thoroughly enjoyed looking at the different types of transport and all had a lot of fun!





Billie- Jo and Julia, pictured below, took the opportunity to enjoy the fine weather by sitting in Billie-Jo's Garden, both enjoying a drink and a chance to socialise in peace.



Clare has also been enjoying spending time in the garden.

This month we celebrated Jeremy's Birthday! Jeremy had a visit from and accessed the community in the early afternoon with his daughter Alice and his grandson Jesse. In the evening, Jeremy went to the Ganges at Eastbourne harbour for an evening meal with Jamie and Stephen, supported by Josh and Bryan. Jeremy was very thankful for the gifts he received. Jeremy received a gift made by Casey, which was a lovely tractor keyring. Jeremy was also very pleased with the customised T-shirt he received. We hope you had a lovely day Jeremy 😊



*Happy
Birthday
Jeremy!*





Elaine decided to go for a walk in the garden to enjoy the weather, relax, look at the views and listen to the birds.



Every Tuesday and Wednesday the residents get involved with motivational therapy, which has for many years been led by Joy. Sadly, Joy is retiring and has finished her final session at the Barn. However, Joy has handed over the motivational therapy activity to Sarah. Everyone who gets involved in motivational therapy have already taken a liking to Sarah, which is lovely to see. All of us at Valley View Barn want to thank Joy for everything she has done for everyone at the Barn and wish her well in her retirement. You will be sadly missed Joy, enjoy your retirement!





David, Clare and Jamie ventured out to Paradise Park this month. Enjoying a walk around, taking in the lovely plants and views on offer. Afterwards they enjoyed a cake and hot drink in the café.



Jamie enjoyed an evening watching the production of 'A Bat out of hell' at the Devonshire theatre in Eastbourne. Jamie enjoyed the show and was very happy to experience it along with his sister, Carol.

Jordan has been enjoying evening walks out in the garden at the Barn. Jordan enjoys these walks and finds them calming.





Jordan said she also enjoys these walks as she can spend time with staff on a 1-1 basis and have a chat about her day. Jordan even stopped outside Greta's room to say hello!

Amy has been doing very well at Chaseley for her physio sessions, which she attends twice a week! Amy is making amazing progress and continues to impress! Well done, Amy, keep up the good work 😊





Jeremy, Jamie, Casey and Clare all visited the Laughton Show, where there were a number of vintage tractors, motorbikes and cars on display.





All those who attended the show enjoyed watching the different events and were even brave enough to handle a snake!

Billie-Jo and Julia, pictured below, enjoyed a trip to the seafront where they appreciated the sounds of the sea, the views and the nice breeze, whilst enjoying a Biscoff frappe from McDonalds.





The service users and staff have spent time completing a couple of puzzles this month. Unfortunately, the first puzzle had a few bits missing, which as everyone knows, is very frustrating! Well done to all involved!



David and Clare enjoyed a trip out to the Tates of Sussex Garden Centre, where they enjoyed looking at all the different plants and figurines on display. David and Clare then enjoyed a hot drink before returning to the Barn.

Casey and Charlotte enjoyed an outing to the local café, where they spent time socialising with each other, whilst enjoying a hot drink and a slice of cake.



Meads Street

James was supported by staff to attend the recent Eastbourne Airshow. He shared with staff that he enjoyed the event and spoke about fond memories of attending the show with his Mum in the past. James appeared to make the most of the experience, engaging positively throughout, and he also posed for some photos near to the helicopters.



Aaron was supported by staff to attend the recently concluded Eastbourne Airshow. He enjoyed the day and took photos with staff and with a friend he knows from another service and the day centre he regularly visits. Aaron shared his excitement about the show with staff and also posed for a photo with a member of the public.



On 18th August, James was supported by staff to go on the Eastbourne Dotto train, an activity he chose himself. This is one of his favourite rides, and James appeared to really enjoy the experience and made the most of it by posing for some photos at Holywell.



On 30th August, James was supported by staff to visit the cinema to see 'How to train a Dragon.' On arrival, he asked staff to take a photo of him at the entrance, capturing the moment. He appeared very excited and showed enthusiasm throughout the visit.



Sundays are always a special time for the service users at Meads, as they come together to share a communal meal and catch up with each other about their week and plans for the days ahead. At the most recent communal meal on 31st August, everyone chose to enjoy some Chinese cuisine, which was well received and added to the enjoyable atmosphere.



As part of James' monthly independence goal, he decided to tidy up his flat and clean his toilet and shower room, with staff observing throughout. He showed great energy and enthusiasm during the task and expressed pride in completing it himself with only minimal staff support. Well done, James!



Charlotte celebrated her 33rd birthday and with support from staff she chose her favourite birthday cake. She spent most of the day celebrating with her family and later decided to cut her cake in the office with staff after making her wishes.



*Happy
Birthday
Charlotte!*



On the 28th August, James was supported by staff to attend his GP surgery for an appointment. While at the surgery, he asked staff to take some photos of him on the stairs leading to the doctor's waiting room as he was working hard on his mobility skills walking up and down the stairs.

On the 9th September, James chose to make the most of the warm and pleasant weather by going on a local walk in the community. During the walk, he shared fond memories with staff and enjoyed chatting about his younger years. James also engaged with some neighbours and members of the public whom he knows. He appeared very happy and excited throughout, making it a wonderful and fulfilling day for him.



On the 5th September, Glen went into town with staff following his usual Friday activity at Eastbourne Sports Park for his cycling session. After the cycling, he enjoyed a walk-through town with staff, stopping at some of his favourite shops for window shopping before ending the visit at the local post office to pick up his weekly magazine. Glen appeared excited and engaged throughout the activity.



On the 10th September, Aaron started a course at East Sussex College, with staff support on his first day. He checked in at the college, collected his student card and other useful information, and joined his course session where he met his new classmates. Staff also supported Aaron to tour the campus, helping him explore the facilities and learn where to catch public buses to and from college to support his independence. Aaron appeared positive and engaged throughout the day. Well done, Aaron!



On the 10th September, after the long summer break Rob, Charlotte and Aaron resumed their Wednesday club, known as the Phab Club, at the Archery Youth Centre. This time, they joined their peers from other services and enjoyed catching up with one another. They shared what they had been up to over the summer and talked about their plans for the months ahead.



On the 12th September, James was supported by staff to attend an appointment at Eastbourne District General Hospital. While at the hospital, he asked staff to take some photos of him during the visit. James spent some time in the waiting room, where he chatted with members of the public and had engaging conversations with staff.

On the 11th September, Glen chose to enjoy a game of snooker at Tenpin Eastbourne, where he usually goes for his bowling games. He also explored other activities at the centre and ended the day with his favourite choice of beer and a meal. Glen told staff that he really enjoyed the outing and would like to do it again.



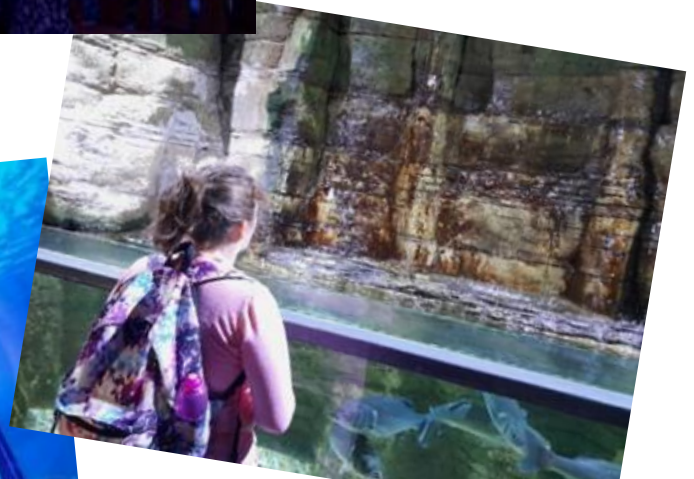
35 Barnhorn Road

Izzy had an incredible time at the aquarium in London, marvelling at the vibrant marine life and getting up close with everything from graceful stingrays to playful penguins. The immersive exhibits and underwater tunnels made her feel like she was walking through the heart of the ocean. It was a day filled with wonder, laughter, and unforgettable moments.





Izzy also paid a visit to Hastings Aquarium, where she spent time admiring her favourite fish species and exploring the other vibrant exhibits





Amelia, Evie, and Pinar had a wonderful time exploring Barby Keel Animal Sanctuary in Sidley, where they met rescued animals of all shapes and sizes - from curious goats and gentle horses to playful cats and dogs. Surrounded by the peaceful countryside and the sanctuary's compassionate spirit, they enjoyed every moment, learning about the incredible stories behind each animal's journey to safety.



Evie and Kiri spent a joyful day at the Little Gate Farm Annual Fair, surrounded by the warmth of the community and the charm of the countryside. They explored handmade stalls, met friendly farm animals, and joined in the fun with games, crafts, and delicious local treats. The fair wasn't just festive - it was a celebration of inclusion and support for an incredible cause.



Kiri, Evie, and Pinar enjoyed a scenic walk through the ancient trails of Abbots Wood, surrounded by fluttering butterflies and the gentle rustle of leaves. After exploring the woodland paths, they settled by the medieval lake for a relaxing lunch, soaking in the tranquil views and the sounds of nature.



Amelia, Pinar, and Izzy kicked off their day with high-energy fun at Jumpin Fun in Eastbourne, diving into the inflatable playground and laughing their way through obstacle courses and bounce zones. After the excitement, Amelia headed to the shops at The Beacon, where she found the perfect coat to keep cozy and dry during the wetter months ahead—a stylish pick for the changing seasons.



Amelia took a positive step toward her health goals by joining Slimming World. With its supportive community and flexible food optimising plan, she's now on a



journey that celebrates real food, real results, and real confidence. Whether she's cooking up delicious meals or sharing wins with her group, she's embracing a lifestyle that's all about feeling good and staying motivated.



Kiri, Amelia, Pinar, and Evie spent a laid-back afternoon at their local pub in Little Common, sipping on ice-cold Cokes and enjoying a few friendly rounds of pool. With laughter echoing through the cozy corners of the Wheatsheaf Inn, it was the perfect mix of relaxation and fun in the heart of their community.



Dani and Amelia had a fantastic time celebrating Maria's birthday, surrounded by laughter, good vibes, and great company. From the festive decorations to the delicious cake, every detail made the day feel extra special. Huge thanks to Maria for the invite - it was a joy to be part of such a memorable occasion!

Dani, Amelia, Evie, Pinar, and Kiri had an unforgettable time at the Bexhill Fire Station Open Day, where they got to wear firefighters helmets, climb aboard the fire engines, and even practice CPR on a training dummy 'Annie'. The hands-on experience gave them a glimpse into the bravery and skills of the emergency services, all while having loads of fun and learning something new.



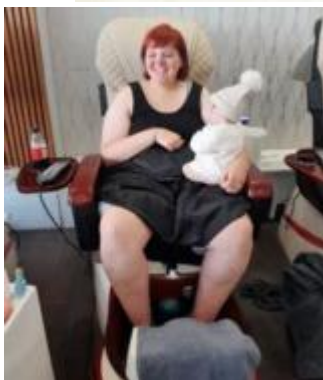
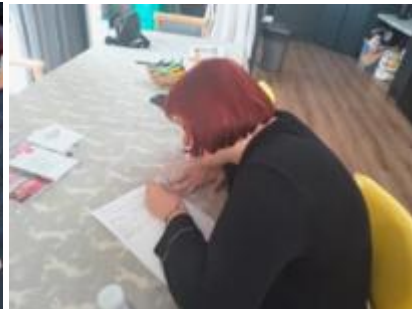


The ladies at 35 enjoyed a laid-back afternoon unwinding with movies on their brand-new TV. With snacks in hand and blankets at the ready, they settled in for a cinematic escape - laughing, gasping, and soaking up every moment of their film marathon in perfect comfort.



Dani, Pinar, Kiri, and Amelia had an absolute blast at Bexhill's Spirit of the Wild West festival in town. They danced to live country music, laughed their way through line-dancing lessons, and even bumped into Shrek among the cowboy chaos! With stunt shows, saloon shootouts, and a vintage funfair, the day was packed with unforgettable moments and plenty of Western charm.

Dani has had a wonderfully busy month filled with creativity and self-care. She's been sharpening her musical skills during keyboard lessons with Jacob, making steady progress with each session. She treated herself to a relaxing visit to the foot spa - soothing away stress and stepping out refreshed, and in quieter moments, she's been practicing her writing, letting her thoughts flow and her imagination take shape on the page.



Lushington Road

Louise chose to take a trip with staff to the Sealife Centre in Brighton on the 6th September.



Louise informed staff she enjoyed looking at the different types of marine life which were on display in the aquariums.



Alex, pictured below, took a trip to Knockhatch, where he enjoyed making the most of what was on offer!



To the left Jonathan is pictured in the Beacon Centre where he decided that he would like to try a bubble tea.



Louise has been gaining more independence in the kitchen and is pictured here making an omelette.



To the right is Louise completing a very nice colouring picture.

On the 7th September Julie chose to take a day trip to Hastings. Julie, supported by a member of staff, caught the bus from Eastbourne and once she had arrived in Hastings, she enjoyed a walk around the town informing the member of staff that she used to live in Hastings and showed them the places that she used to visit. Julie enjoyed a KFC for her lunch whilst there.



Jonathan is pictured on a day trip to Brighton during August. Jonathan took a bus ride over to the city and enjoyed a game of crazy golf, a nice lunch, some freshly made donuts, followed by a walk along the seafront.



Jonathan and Alex are pictured here enjoying a morning at Jumpin Fun



Alex and his housemates celebrated Alex's birthday in August with a house trip to Tenpin Bowling.



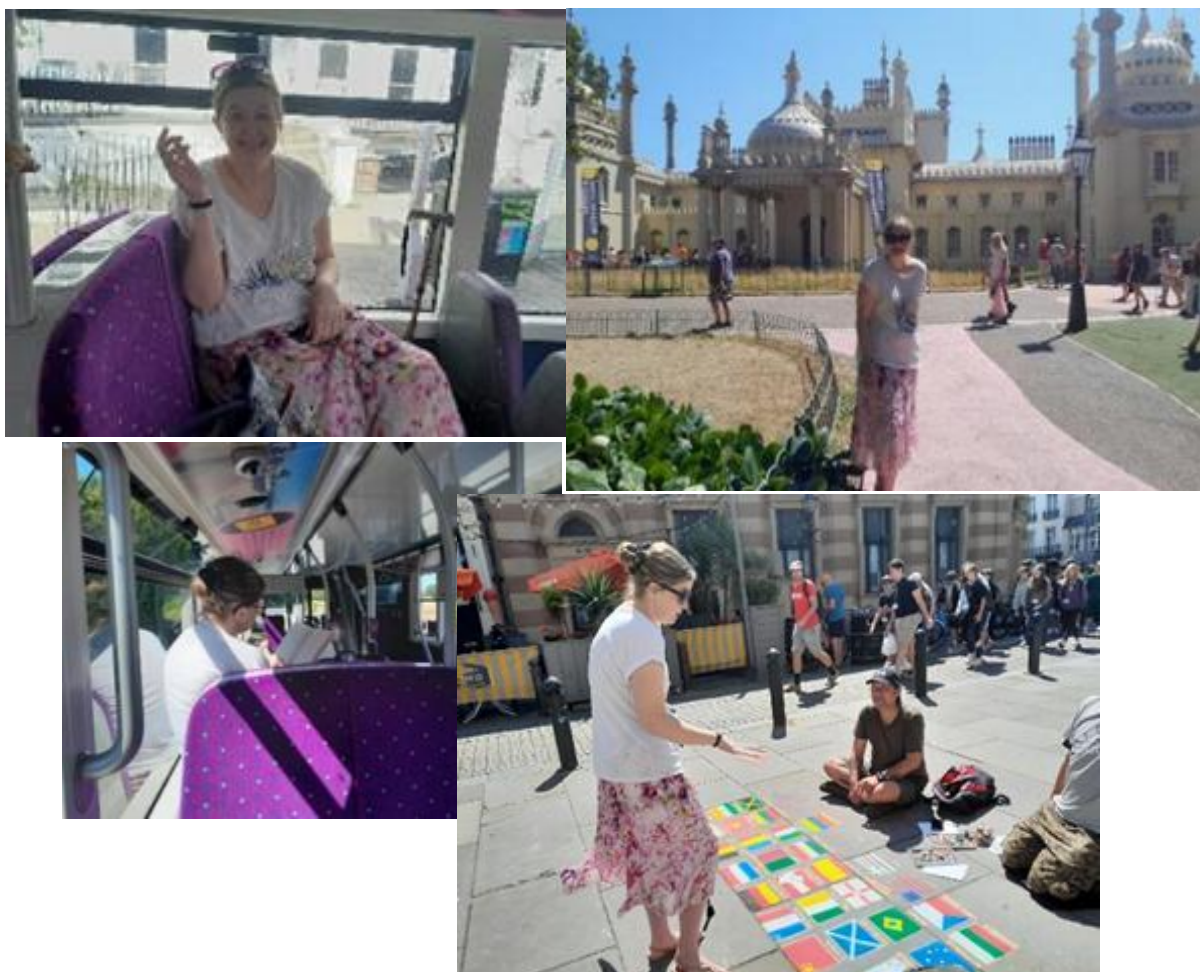
*Happy Birthday Alex,
hope you had a great day!*



Jonathan, Louise and Julie are pictured below sitting at the seafront watching this year's Airbourne show.



Julie is pictured below on a recent day trip to Brighton, taking a bus ride over to the city, in the grounds of the Royal Pavillion and admiring some street art.



Louise is pictured on a recent meet up with one of her friends 'Sammy' from her weekly Hive club. Louise was thrilled that Sammy had bought her a bunch of flowers, and both enjoyed a nice meal and a drink at the local Weatherspoon's.



374 Battle Road



Emma, Cassie, Hellen and Josh had a fabulous time Bowling in Hailsham on 23rd August. Cassie has developed the skills to bowl the balls without using the frame, well done Cassie!



After bowling everyone chose to have lunch in Wetherspoons and as it was a beautiful day, the service users all chose to sit in the beer garden and enjoy the sunshine!



Cassie had an invite to a friend's 30th birthday party. It was a disco, so Cassie decided to dress up for the occasion. Cassie danced her socks off and did not come off of the dance floor the whole evening apart from a break for the delicious buffet!





Josh loves to spend time in the garden. He has been building spectacular ramps for his ball games. The latest ramp he built he used old drainpipes, carefully positioning them for his balls to roll down and land in the

bucket at the end. Hours of fun had with very imaginative building skills!



On the 31st August 2025 Cassie and Josh went to Odeon Cinema in Hastings. Both were fully engaged throughout the time and enjoyed the story of the movie.



Every Wednesday Emma likes to attend the Crisp Packet Project in Hastings, which she enjoys a lot. They make things out of crisp packets including sleeping bags for the homeless around the local area. This month she got lots of appreciation from the manager of the Crisp Packet Project and staff for her great work which improved her confidence. Emma wants to continue with this volunteering job every Wednesday.



Sarah was very happy to receive in the post some new sensory toys. As soon as the parcel arrived, Sarah couldn't wait to get it open. After looking through the box Sarah selected a bright coloured toy and immediately started to flap it!



Elise chose to go to Hastings town centre by public bus on 19th August as it was a lovely sunny day. She chose to have a nice walk around the local area and sat on a bench to relax and enjoy the view.



Whilst out Elise decided to have some lunch in a café and chose 'jacket potato with tuna mayo' and a cup of hot chocolate which she appeared to enjoy a lot.



Cassie got the opportunity to use her bus pass to visit Hastings town centre on 30th August as it was a lovely sunny day.



Cassie had a nice long walk around the town centre. She enjoyed a street music show, where she danced along with other people, waved and clapped her hands. She visited some shops in the town centre as well. Cassie decided to have her lunch at a pub called 'The John Logie Baird' where she chose 'fish and chips with baked beans' which is her most favourite food!

Sarah likes to spend time in her summer house and in the garden and made the most of the lovely weather that we've had this year. She had a good rummage around and found some toys to flap. Sarah then had a walk around the garden and spent some time relaxing on the swing chair.



102 Victoria Drive

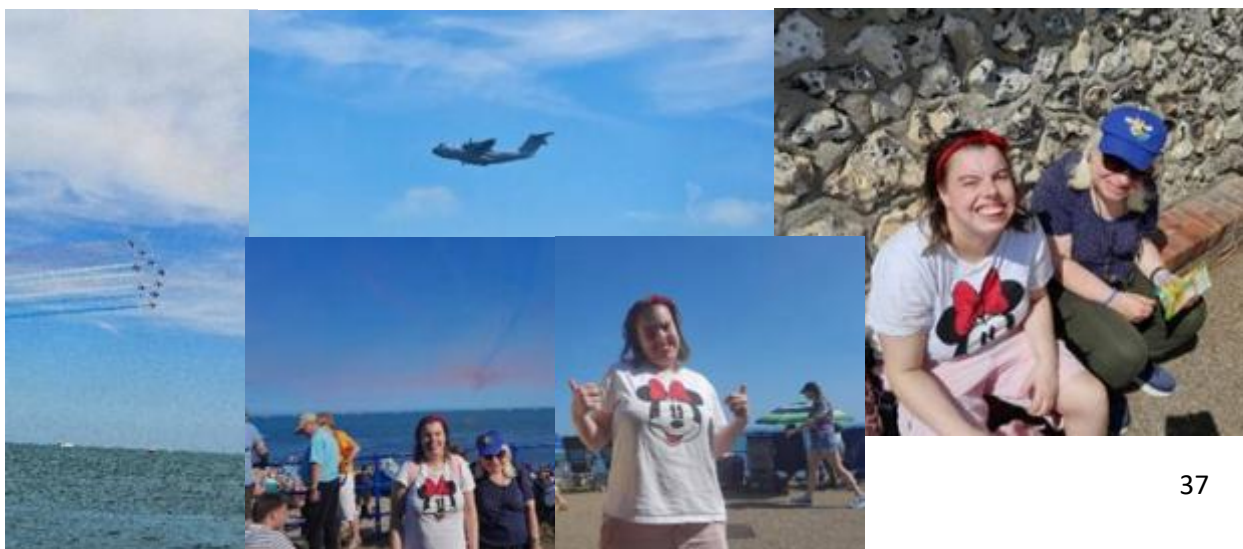
On Thursday 14th August Rachael attended a hair appointment, where she chose to have her hair dyed red. She enjoyed chatting to her hairdresser throughout the appointment and was excited to show her new hair colour off to her family when she got home. We think it looks fabulous Rach!



Pam, Matt and Rachael all chose to attend the Brazilian Circus in Eastbourne where they enjoyed watching all the acts that performed in the big top. They said it was a lot of fun. After the show they chose to go to the Perch café next door for a drink and chat before heading home.



On Friday 15th August, Chloe and Pam chose to go to the seafront to watch Airborne. They bought themselves a meal deal lunch on the way into town to enjoy on the beach whilst they watched the show. They both enjoyed looking around the different stalls and purchasing themselves some treats and souvenirs. It was very busy at the seafront, but they managed to find a good spot to watch the show from. Chloe thought the show was spectacular, especially the Red Arrows. Pam also enjoyed looking at the planes when Chloe pointed them out to her.



After the air show they chose to go to Harry Ramsdens for a fish and chip supper, before walking back to Victoria Drive. They both said they had a lovely day out.



On Friday 15th August Matt went to see a Queen Tribute night at the bandstand. He thoroughly enjoyed himself, telling staff it was "fantastic". Matt sang and danced to the music; and enjoyed a drink and some pringles whilst there.



On Friday 22nd August Chrissy, Pam, Chloe and Rachael all went to the bandstand to watch an ABBA tribute.





They all said they had a lovely time singing and dancing along to all the songs, as well as enjoying some snacks and refreshments.

On Saturday 16th August, everybody at 102 went to the Congress Theatre to watch a production of 'The Lion, The Witch, and The Wardrobe'. The show was very good, and everybody said that they really enjoyed it. Matt could be seen dancing along to some of the songs during the show, and Rachael said her favourite bit was when she saw Aslan the Lion, which was a large mechanical puppet controlled by two people. Chloe, Chrissy, Pam and Rachael all laughed out loud when a puppet cat started meowing loudly on the stage. Everybody enjoyed sipping on a Pepsi Max whilst they watched the entertainment.





On Saturday 30th September Pam went to the bandstand to see an Elvis tribute act. She said she really enjoyed it, despite getting soaked by the rain, she spent the evening singing and dancing. Pam is looking forward to next summer when she can choose some more shows to attend.



The residents all chose to have a weekend of train rides this month. On Saturday 23rd August they decided to catch a train ride to Hastings and have a walk around the town. They then chose to go on the pier and had fun on the caterpillar ride before getting the train back to Eastbourne.



On Sunday 24th August, Pam, Matt, Rachael and Chrissy chose to go on another train, this time to Lewes. They walked a scenic route by the river, and purchased a drink to enjoy, before carrying on past the duck pond and up to the castle. They also chose to walk down to the Grange where they enjoyed looking at all the lovely flowers. In the afternoon they all chose to get the train back to Eastbourne together.



On Wednesday 3rd and Thursday 4th September Chloe chose to have a fun couple of days out with staff. On the Wednesday she chose to go to the arcades where she spent time beating staff at several games of air hockey and using the different machines, particularly enjoying the roller coaster simulator. She also chose to have a burger and chips whilst there and thought it was hysterical to try on the staff members reading glasses!



On the Thursday Chloe then chose to go to Boom Battle Bar to play a game of 'Crazier Golf'. The course really is 'crazier' as lots of the hole's include a lift for the ball to travel up in, or handheld parts to do trick shots! Chloe enjoyed watching the ball travel through the different mechanisms and tried to work out where they would appear. She was also very proud of herself for getting a hole in one and for working out how to get her golf ball through a hand-controlled maze.





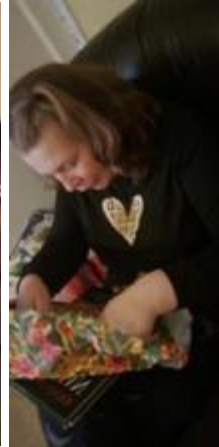
116 Barnhorn Road

It's been a month of celebration at 116, with both Caitlin and Maria D marking their birthdays in style!



Everyone at 116 came together to help Caitlin celebrate her birthday in true style! The day began with a heartwarming surprise as Caitlin woke up to a delightful array of presents from her family and friends.

Happy Birthday Caitlin!



Throughout the day, she was visited by her peers, who brought even more cheer and smiles. The celebration was topped off with delicious party food and plenty of fun, including trying on some fabulous party glasses that had everyone laughing and posing for photos.

A special shoutout goes to Maria D, who went the extra mile by baking Caitlin a birthday cake that was as beautiful as it was delicious - everyone agreed it was a showstopper!



Maria D had a birthday to remember this month, and one of the highlights was a special shopping trip to pick out presents for herself. Supported by staff, she explored a wide range of shops and was spoilt for choice - there were so many wonderful things to choose from, it was tough to narrow it down!



After her shopping spree, Maria invited her peers from 35 to join her for a lively birthday celebration filled with party food, dancing, and plenty of catching up, but the highlight of her day was the arrival of her brother Martin and her cousin, who came along to help her celebrate. Their presence made the occasion even more meaningful, and Maria was absolutely thrilled to share her special day with them.



Happy Birthday Maria!



All of the ladies at 116 had a lovely trip to Toby Carvery in Eastbourne, where they enjoyed a delicious variety of food, great company, and a warm, welcoming atmosphere.





Once their tummies were full, the ladies headed into town, parked up, and took a leisurely stroll to the cinema. There, they settled in with refreshing drinks and thoroughly enjoyed watching Freakier Friday!



All the ladies from 116 took a delightful trip to Paradise Park Garden Centre in Seaford and what a day it turned out to be! From the moment they arrived, the group were immersed in a world of vibrant gardens. The adventure began with a stroll through the beautifully landscaped themed gardens, where koi carp ponds shimmered beneath Japanese tea house bridges





Paradise Park isn't just about plants; it's a full sensory experience. The ladies also ventured into the Planet Earth Museum, a truly extraordinary exhibition that traces the story of our planet from its earliest beginnings to the present day. With fossils, minerals, and crystals dating back up to 500 million years, the museum showcases everything from the formation of ancient rocks to the rise of dinosaurs and early humans.



The Dinosaur Zone was their favourite part! They experienced a glimpse into what life may have looked like in Sussex over 65 million years ago and seemed to love the interactive displays such as the earthquake simulator!



When it was time to refuel, they visited the cozy coffee shop and choose their favourite hot drink with a view of the gardens before going to the restaurant to enjoy some lunch!



Of course, no visit would be complete without a browse through the garden centre shop itself. From seasonal plants to quirky gifts and Caitlin chose to purchase herself a lovely tea and saucer set with her birthday money.





Employees of the Month!

Each month staff and service users are asked to recognise and nominate colleagues and care staff respectively, who have gone the extra mile whilst at work. The Group Manager and Managing Director read the nominations and then select a member of staff from each area within the organisation to receive this award.

Congratulations go to these staff who were selected in September 2025:



Alfi Saleem; Alfi joined Valley View Barn in April 2023 and subsequently transferred to Eastbourne. Alfi works with a great person-centred approach and always supports the service users across all Eastbourne services with care and compassion. Alfi works hard completing both her training and her NVQ. Alfi has built a great rapport with the service users especially a lady who lives at Lushington Road whom she has been supporting on regular outings. Alfi is happy and polite and always well-spoken when communicating with both staff and management.



Jasmine Jasmine; Jasmine joined QRC Dom Care in April 2023 and has worked in the Eastbourne services. Recently she has been helping to cover shifts in all services, especially 374 Battle Road & 35 Barnhorn Road. All staff have complimented her on her work ethic, how she has a calming nature, is helpful and will complete all tasks asked of her, as well as offering to assist with other duties. The service users enjoy her shifts, and she has a good report with everyone. The Registered Manager and Deputy Manager especially want to say thank you to Jasmine for everything she does, as it's not gone unnoticed.



Shalini Erramaneni; Shalini joined Valley View Barn in June 2024. Shalini is very calm, kind and professional in all areas of her work. Shalini has taken on more responsibility and has been learning the role of an acting senior. Her line manager has said that Shalini is going above and beyond ensuring that all tasks are completed to a high standard. She is very supportive of both the service users and her colleagues, always shows respect to all and remains calm when incidents occur, always ensuring that documentation is clear and concise. Well done, Shalini!



Staff Training

Amy recently attended her own refresher First Aid at Work course hosted by St Johns Ambulance which was a 1- day training event to ensure that Amy had the up-to-date information and skills to be able to teach these to the staff at QRC during her in house sessions. Amy completed both a practical and written assessment to ensure she met the pass mark! Well done, Amy! 😊



Congratulations to Rakshya for completing and passing her Care Certificate. Rakshya has recently joined QRC working in the Eastbourne Services. Rakshya has settled in very quickly and has been an asset to the staff team. She has built a strong rapport with both staff and service users and has a lot of good knowledge an understanding of the Health and Social Care sector and the 15 Care Certificate Standards.



Amy has continued to deliver First Aid Refresher courses to QRC Dom Care Staff throughout September. Well done to all staff who have attended and engaged in practical aspects of the course including giving CPR, using bandages and an AED. A big thank you to all staff for their positive and strong engagement in discussions and bringing ideas that they can implement in their own services to support their service users to remain safe and recognise physical deterioration quickly.

Amy would like to thank staff for continuing to complete online training at home and on shift.



Puzzle Time

Who knew that September 13th was International Chocolate Day? We all know everyone loves a cheeky bit of chocolate every now and then, but can you find all the different types of chocolate bars in the wordsearch below?

L B E S M R W M W W I S P A L K P B
M I A S K R E M S F B E G I N Y I A
A E S A G K L I M Y R I A D S R D L
R A A I E E O K T L B U L S D E F Y
S A G N H A E B A M S N A F L C L N
M M Y M L A S O E A A C X M A F A A
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W I R R E I U Y R S K C M S T R I D
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W B E M P Y O C C O R W R D A U S R
E H S B B E E O L A T S O O B I I O
A O E S R E K C I N S R K G A K A S

Galaxy
Crunchie
Milkyway
Mars

Wispa
Flake
Malteser
Snickers

Dairymilk
Caramel
Bounty
Boost

Buttons
Oreo
Fudge
Aero

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