

Stoma Product Formulary

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1. Purpose of the formulary

The stoma appliance formulary has been developed to provide a consistent, evidence-based approach to stoma care across NHS Cheshire and Merseyside. The purpose of the formulary is to improve patient care by ensuring that product choice aligns with best practice, reducing unwarranted variation in prescribing and supporting the safe, effective, and equitable use of stoma appliances.

The products in this formulary have been selected with input from specialist clinicians and the Medicines Optimisation Team, and with reference to the PrescQIPP stoma appliance and supporting products recommendations, existing Cheshire and Merseyside Trust formularies, local prescribing data, and the NHS Business Services Authority Drug Tariff. Decisions were informed by expert clinical opinion, practical experience, and evidence of both clinical and cost-effectiveness.

By standardising product choice, the formulary promotes consistency across prescribers and care settings, enabling resources to be used efficiently while maintaining high standards of patient care.

2. Guidance on the use of the formulary

First-line products should be used wherever possible, with second-line products reserved for cases where a first-line option is not suitable or in case of supply problems. However, following a comprehensive patient-level stoma assessment, an alternative product may be selected where necessary to meet individual needs, as not all stoma products are suitable for every patient.

Formulary choices are designated as follows

1st Line	Recommended 1 st line cost-effective option
2nd Line	Recommended 2 nd line option for use if 1 st line formulary choice not suitable or in case of supply issues.
Paediatric	Recommended for paediatric patients where 1 st and 2 nd line formulary options are not suitable for use in paediatric patients.

This formulary should be used for:

- All new patients
- All current patients at the time of re-assessment when a change in product is required.

3. Stoma Appliances

3.1. Bags

No preferred formulary choice. Stoma bags (pouches) are patient specific and should be decided by a stoma nurse in collaboration with the patient. Patients routinely requesting larger quantities should be referred to the stoma nurse for review.

Appliance	Usual monthly quantity	Directions for use	Notes
Colostomy bags (One piece system)	30-90 bags	Remove and discard after use. Typical usage 1-3 bags per day.	If more than one bag is suitable, the least expensive option should be used. Bags are not drainable / reusable.
Colostomy bags (two-piece system)	15 flanges/30-90 bags	Bag - remove and discard after use. Typical usage 1-3 bags per day. Flange - change every 2-3 days	Items are ordered separately. The flange (base plate for two-piece systems) is not usually changed at every bag change. Bags are not drainable / reusable.
Ileostomy bags (one piece system)	15-30 bags	Drain as required throughout the day. Replace bag every 1-3 days.	Bags are drainable. Paediatric patients may require more than 30 bags per month, especially patients with complex stomas.
Ileostomy bags (two-piece system)	15 flanges/30 bags	Bag - change every 1-3 days. Flange - change every 2-3 days.	Items are ordered separately. The flange (base plate for two-piece systems) is not usually changed at every bag change.
Urostomy bags (one piece system)	15-30 bags	Drain as required throughout the day. Replace bag every 1-3 days.	Bags are drainable
Urostomy bags (two-piece system)	15-20 flanges/20-30 bags	Bag - change every 1-2 days. Flange - change every 2-3 days.	Items are ordered separately. The flange (base plate for two-piece systems) is not usually changed at every bag change.
Urostomy night drainage bag	4 bags (1 box of 10 bags every 2-3 months)	Replace bag every 7 days.	Bags are drainable

4. Stoma Supporting Products

4.1. Adhesive remover sprays

Sprays are generally more cost effective than wipes. Sprays and wipes should not be used in conjunction.

Usual quantity: 1–2 (50ml) cans per month (ileostomy/urostomy), no more than 3 (50ml) cans per month (colostomy). Typical usage: Spray at each bag change - to assist in cleaning the skin at bag change.

1st line	Pack size	Order code
StoCare Remove medical adhesive remover spray	50ml	STC 100
Ostolift medical adhesive remover spray	50ml	300724
StoCare Remove XL medical adhesive remover spray	100ml	STC 300

Sprays with longer nozzle should be reserved for patients with dexterity issues. Scented products should not be routinely prescribed but may be useful for patients with ADHD, autism, heightened sensory sensitivity, or patients struggling to accept their stoma.

2nd line	Pack size	Order code
Offmore adhesive remover spray (longer nozzle)	50ml	OM 60
Peel adhesive remover spray (apple, blackberry, mint)	50ml	OPA50 OPB50 OPM50

4.2. Adhesive remover wipes

Wipes should be reserved for people who lack the dexterity to use sprays, or where wipes are more appropriate e.g. when at work or travelling. Sprays and wipes should not be used in conjunction.

Usual quantity: 1 box (30 wipes) per month (2 boxes if colostomy). Typical usage: One wipe per bag change - to assist in cleaning the skin at bag change.

1st line	Pack size	Order code
StoCare Remove medical adhesive remover wipes	30	STC 200

2nd line	Pack size	Order code
Salts adhesive remover wipes	30	WAP2

4.3. Barrier Spray

Barrier spray should not be used in conjunction with barrier wipes. Not for repeat prescription.

Refer to stoma nurse for review if skin is broken or the spray is used for more than 3 months.

Usual Quantity: 1-2 cans per month per 30 colostomy/60 ileostomy bags. Typical usage: variable - for when skin is red and/or sore.

1st line	Pack size	Order code
StoCare Protect barrier film spray	50ml	STC 150

2nd line	Pack size	Order code
Medi Derma-S non-sting medical barrier film pump spray	30ml	60796

4.4. Barrier Sheets

To be used on excoriated or macerated skin following reaction, and when other products have been unsuccessful. For use on ulcers around stoma for protection and adhesion of pouch.

Consider primary cause of ulcer and treat accordingly.

Usual quantity: this will depend on the patient. Typical usage: variable.

1st line	Pack size	Order code
Duoderm Extra thin dressing 10cmx10cm	1	S161

2nd line	Pack size	Order code
CeraPlus ostomy skin barrier 10cm x 10cm	5	8900

4.5. Barrier Wipes

Barrier wipes should not be used in conjunction with barrier spray. Not for repeat prescription.

Refer to stoma nurse for review if skin is broken or if wipes are used for more than 3 months.

Usual quantity: 30 wipes per month. Typical usage: 1 wipe per day - used when skin is red.

1st line	Pack size	Order code
Skin Gel protective dressing wipes (very tacky)	50	7917
StoCare Protect barrier film wipes	30	STC 250

2nd line	Pack size	Order code
Derma-gard skin wipes (very tacky)	50	6751101000
Salts barrier film wipes	30	PPS1

4.6. Belts

No preferred formulary choice - belts are usually only compatible with the same brand of stoma bag. Belts should only be prescribed on the advice of a stoma nurse. Belts are washable and re-usable.

Usual quantity: 3-6 belts per year. Typical usage: variable

4.7. Collar

No preferred formulary choice. Stoma collars should only be prescribed on the advice of a stoma nurse. Before trying a stoma collar, patients should be referred to a stoma nurse for review, as an alternative bag may solve leakage issue.

Usual quantity: 30-90 per month. Typical usage: One collar per bag change - to reduce leaks.

4.8. Discharge solidifying agents

Discharge solidifying agents should only be prescribed on the advice of a stoma nurse. Larger pack sizes work out more cost effective for high output stomas.

Usual quantity: dependent on stoma output. Typical usage: 1-2 capsules/tablets/strips per effluent after emptying - to thicken contents of the bag.

1st line	Pack size	Order code
Trio Pearls sachets	100	TR205
Absorb odour neutralising absorbent gel 3g sachets	30	PFW5
Absorb odour neutralising absorbent gel 3g sachets	150	PFW6

Paediatric	Pack size	Order code
AbsorbaGel Sachets	150	9900

4.9. Flange extenders/security strips

Flange extenders/security strips should only be prescribed on the advice of a stoma nurse.

Usual quantity: 2-6 boxes of 30 per month (60-180). Typical usage: 2-3 tapes per bag change – for additional security if patient has hernia or skin creases.

1st line	Pack size	Order code
Comfort flange extender small	30	AFES30
Comfort flange extender large	30	AFEL30
Comfort flange extender wide	30	AFEW30

Salts flange extender with Aloe should be reserved for patients with sensitive skin where other flange extenders may cause skin reactions. Brava elastic tape XL can be used for patient with large hernias.

2nd line	Pack size	Order code
Salts flange extender with Aloe (for sensitive skin)	30	SPHA2
Brava elastic tape XL (for large hernias)	20	12076

4.10. Irrigation systems (colostomy)

No preferred formulary choice. Colostomy irrigation systems are used to wash out the colostomy and should only be initiated after discussion with/on the advice of a consultant. The complete kit is not prescribable and will be supplied by the stoma team. Replacement items

should be prescribed as needed. Patients must be assessed as suitable and taught the technique by a stoma nurse.

Usual quantity: 30 irrigation sleeves per month (use once every 1-2 days). Kit replacement items (cone, tubing and reservoir) every 3-6 months. Pumps are supplied and replaced by the stoma team.

Typical usage: as advised by stoma nurse - to wash out colostomy.

4.11. Lubricating agents

Lubricating agents are not routinely required and should only be prescribed on the advice of a stoma nurse. Baby oil is a cost-effective alternative and should be tried first. Bottles are more cost effective than sachets.

Usual quantity: 1-2 bottles per month. Typical usage: One squirt/sachet into stoma bag prior to application - for patients having difficulty with “pancaking”.

1st line	Pack size	Order code
Coloplast Brava lubricating deodorant	240ml	12061
Glide odour neutralising pouch lubricant sachets	30 sachets	TCB3

2nd line	Pack size	Order code
Adapt lubricating deodorant	236ml	78500
Adapt lubricating deodorant sachets	50 sachets	78501

4.12. Paste

Stoma pastes should only be prescribed on the advice of a stoma nurse. A different bag may be more appropriate than using a paste as a filler for uneven skin surfaces to help with adhesion.

Usual quantity: 1-3 tubes per month. Typical usage: Used at each bag change - to fill creases or dips in the skin to ensure seal is maintained.

1st line	Pack size	Order code
Adapt paste	60g	79300
Soft paste	50g	77550-0

No sting paste should be used when an alcohol-free paste is required. Stomahesive paste should be used for patients with complex stomas only.

2nd line	Pack size	Order code
Salts No-Sting stoma paste	60g	NSP1
Stomahesive paste (for complex stoma only)	60g	S105

Paediatric	Pack size	Order code
Cohesive paste	60g	839010

4.13. Pouch Clips

No preferred formulary choice - clips are specific to the pouch brand. Pouch clips are rarely needed; they are used with drainable ostomy bags that do not have an integrated closure.

Pouch clips are re-usable.

Usual quantity: 1 box of 10 per year. Typical usage: variable - to seal the bottom of the bag.

4.14. Powder

Stoma powders should only be prescribed on the advice of a stoma nurse.

Usual quantity: 1 pack every 1-3 months. Typical usage: variable - to absorb moisture from broken skin.

1st line	Pack size	Order code
Adapt stoma powder	28.3g	7906
Brava ostomy powder	25g	1907

Renew protective powder has a longer nozzle and should be reserved for patients with dexterity issues.

2nd line	Pack size	Order code
Renew protective powder (longer nozzle)	50g	ABP2

4.15. Seals

No preferred formulary choice - product choice should be based on the clinical need of the patient. Seals should only be prescribed on the advice of a stoma nurse as a different bag may be more appropriate.

Usual quantity: 30-90 per month. Typical usage: 1 per bag change -to prevent leaks by reinforcing adhesive seal.

4.16. Stoma Caps

No preferred choice- product choice should be based on the clinical need of the patient.

Usual quantity: 15 per month. Typical usage: variable- for use on mucous fistulae or colostomy if irrigating.

4.17. Stoma support wear

No preferred formulary choice. Level 2 and level 3 stoma support wear (hernia support belts, girdles, waistbands and underwear) should be prescribed on an individual basis. It should only be prescribed for patients with previous or present parastomal hernia, or for parastomal hernia prevention in high-risk patients (patients with manual jobs involving lifting, parents of young children and all children with stomas). The stoma nurse will refer the patient to a specialist support wear company for measurement and product advice. Patients should be reviewed annually to ensure support wear is still appropriate.

Patients who do not meet criteria for Level 2 and Level 3 support wear on prescription should be advised to purchase these from specialist ostomy manufacturers (e.g. Kavendoor Ltd (Comfizz), CUI international Ltd (CUI wear), AMI Medical Ltd (Suportx), Vanilla Blush, Salts).

Usual quantity: 2 per year for hernia prevention, 3 per year for hernia treatment.

5. Stoma Supporting Products that should **not** routinely be prescribed

5.1. Barrier creams

Barrier creams are not routinely recommended as they may compromise the adhesiveness of stoma pouches or flanges. Their use should be limited to exceptional circumstances and only

on the advice of a stoma nurse in patients with dry or excoriated skin at the peristomal area where barrier wipes and sprays are not suitable.

Usual quantity: 2 tubes (60g) per year. Typical usage: variable - for dry skin or where sore skin has healed and requires moisture/protection.

6. Do Not Prescribe - Stoma Supporting Products that should not be prescribed

6.1. Deodorants (excluding lubricating deodorants)

If the bag is fitted correctly, there should be no odour except when the bag is emptied/changed.

If odour is present, this may indicate a problem with bag fitting and the patient should be referred to a stoma nurse for review. Household air fresheners are sufficient and should be purchased by the patient. Alternatively, deodorants for use during bag changes are available over the counter.

6.2. Skin cleansers

Skin cleansers are not clinically necessary. Warm water cleanses peristomal skin effectively.

6.3. Level 1 support wear

Patients should be advised to purchase Level 1 support wear. These are available online from specialist ostomy manufacturers (e.g. Kavendoor Ltd (Comfizz), CUI international Ltd (CUI wear), AMI Medical Ltd (Suportx), Vanilla Blush, Salts), or high street retailers.

6.4. Bag/pouch covers

Pouch covers are cosmetic and opaque pouches are available. Pouch covers are available to purchase online.

6.5. Stoma filters

Not required as all modern pouches have built-in filters.

6.6. Gauze swabs

There is no clinical rationale for use of gauze swabs in stoma care.

6.7. Sports shield

Sports shields are used to protect the stoma when playing sports. Sports shields are available to purchase online.

7. References

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