

HHS/Umbrella Program 2024-2025



*Linked in Friendship, Connected in Service
Columbia (MD) Chapter*

- **American Foundation for Suicide Prevention Walk on 9/21**
 - 8 Participants walking 1.3 miles
 - \$425 was raised surpassing our \$150 goal
- **Behavioral Health Unit Tour on 9/26 by 5 Link Sisters**
- **Neighborhood Hospital Partnership –**
 - Support the hospital promoting the BHU expansion
- **Columbia Associations Wellness Panel on 10/23**
 - On The Road to a Better You
- **Black K.A.R.E approval notification**
 - Specifics forthcoming
- **Mental Health Forum at HCC**
 - Initial planning started