

EXPEDITION PATROUILLE DES GLACIERS

Zermatt/Verbier, Switzerland

April 2028 (exact dates tba)

Between 6 and 18 participants

Fitness:
Technique:

A JOURNEY OF TRAINING AND PREPARATION TOWARDS THE LEGENDARY PATROUILLE DES GLACIERS SKI RACE

ABOUT THE EXPEDITION

Welcome to your Patrouille des Glaciers journey with BEAT. The Patrouille des Glaciers is not a race you simply show up for. Starting at night and crossing demanding high-alpine terrain, it tests your fitness, mountain skills, and mindset from the first kilometre to the finish. To take part, you'll need solid ski touring experience and a strong level of fitness, this is a serious mountain race, not a starting point.

BEAT helps you get there. Whether you already have a full team of three or are looking for a partner to complete yours, we build a personalised training programme around your level, advise you on equipment, and help you develop a smart strategy for race day. Your preparation comes together during a three-day training weekend around Arolla, Switzerland, where we take the skills from your training into the mountains, practising the techniques needed for the race alongside a group of athletes working towards the same goal.

Already planning to register yourself? Join us anyway, and BEAT builds your team, helps you find an experienced guide, and streamlines the registration process, so you show up on race day fully prepared, not just signed up.

Ready to join? Sign up via our website or reach out at info@beat-expeditions.com.

Spots are limited, book early to secure your place.









THE JOURNEY TO THE PDG

BUILD YOUR TEAM

Whether you already have your trio or need a third teammate, this is where it starts. Solo or as a duo? BEAT matches you with fellow athletes and helps you form a complete team of three, ready to take on the Patrouille together.

REGISTER

Once your team is set, we help you navigate registration, from finding an experienced guide to lead your team to streamlining the application process itself, so nothing stands between you and a confirmed start.

TRAIN WITH YOUR COACH

From here, your personalised training programme begins. Built around your level, it prepares you physically and mentally for the months ahead, with the BEAT team on hand for equipment advice and race strategy.

TRAINING WEEKEND IN AROLLA

Your preparation comes together during a three-day training weekend in the mountains around Arolla, Switzerland. Here, you put your training into practice on real alpine terrain, alongside the rest of your fellow athletes working toward the same finish line.

RACE DAY

The start is in the middle of the night. In the silence of the high mountains, with only your headlamp and the stars above you, the journey you've worked towards for months begins. 57 kilometres, Zermatt to Verbier. The BEAT team is stationed along the route to cheer on and support multiple teams on their way to the finish. After arriving in Verbier, we celebrate together at the afterparty.



THE RACE

Every two years, one of the most iconic ski touring races in the world returns: the Patrouille des Glaciers. A legendary journey from Zermatt to Verbier, cutting straight through breathtaking high-alpine terrain. This is not a race for the faintheartedd, but for those who dare, it's the chance to test yourself, push your limits, and achieve something truly legendary alongside your team.

The Patrouille began in 1943 as a training exercise for the Swiss military. The modern version, in which civilian and military teams compete, started in 1984. Today, around 1,500 teams of three take part. The race still has strong links to the Swiss military, which controls safety and the checkpoints in the mountains, an operation described as one of its largest of the year.

This is a serious alpine challenge. The race starts at night, includes time limits at checkpoints, and demands a combination of endurance, mountain skills, and mental resilience, the ultimate test of alpine fitness and an unbreakable mindset.

TWO ROUTES

Arolla to Verbier

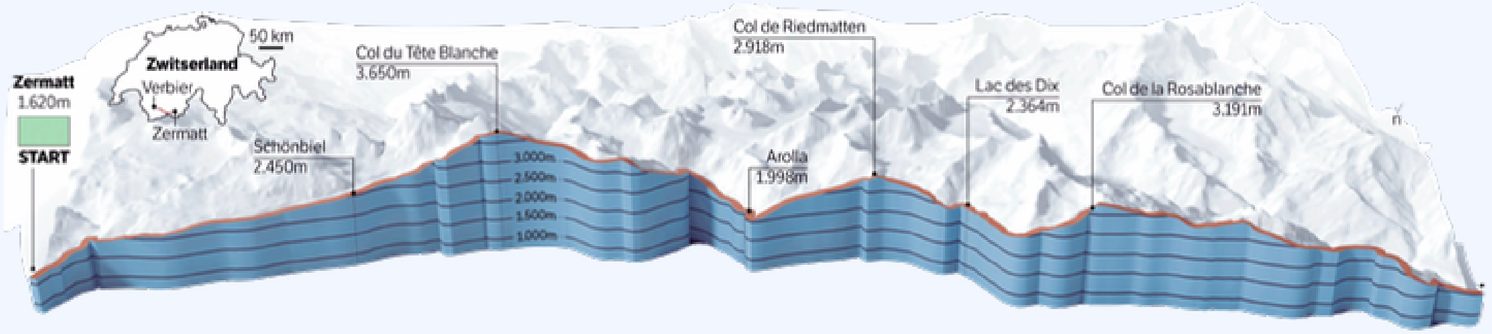
- 29,6 km
- 1,600 m altitude climb

Zermatt to Verbier

- 57 km
- 4,386 m altitude climb

Whichever route you take, the finish is the same: Verbier.





EXPEDITION DETAILS

INCLUDED:

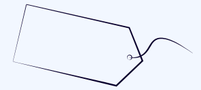
- Personalised training programme, tailored to your level
- Advice on clothing and equipment
- Advice on travel to the race
- BEAT merchandise
- Race preparation session in March 2028 with fellow Dutch Patrouilleurs
- Three-day training camp in Arolla, Switzerland: 3 training days, 2 nights in hotel/mountain lodge, 2 days of guided tours
- Team building and matching (duo or full team of three)

EXCLUDED:

- Patrouille des Glaciers registration fee
- Travel to the race
- Personal running/ski-touring gear and equipment

OPTIONAL ADDITIONS:

- Post-race night in Verbier (minimum 4-star hotel), including luggage transfer
- Matching with a certified local guide for the race (guarantees your start spot)



FROM €1,750



ABOUT BEAT



Preparation for challenges that demand more.

BEAT is about movement, momentum, and pushing beyond familiar boundaries. For us, that means getting outside, setting ambitious goals, and discovering what you're capable of when proper preparation meets a serious challenge.

The Patrouille des Glaciers is exactly that kind of event, and one BEAT knows well. We've completed the race multiple times ourselves, know the route from Zermatt to Verbier inside out, and have guided dozens of participants to the finish over the years. That experience shapes everything we build for you: from forming your team and navigating registration, to your personalised training programme and the weekend in Arolla, all the way to your final preparation for race day. Our role is to make sure you don't arrive at the start unprepared, or alone.



Core Values:

Nature · Sport · Creativity · Adventure · Purpose · Full Service



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