

EXPEDITION HIGH TRAILS

Verbier & Zermatt, Switzerland

August 18 - 22, 2027

Between 6 and 16 participants

Fitness:
Technique:

4-DAYS IN THE BEAUTIFUL SWISS ALPS AND PARTICIPATE IN THE TRAILRUN ULTRAKS MATTERHORN

ABOUT THE EXPEDITION

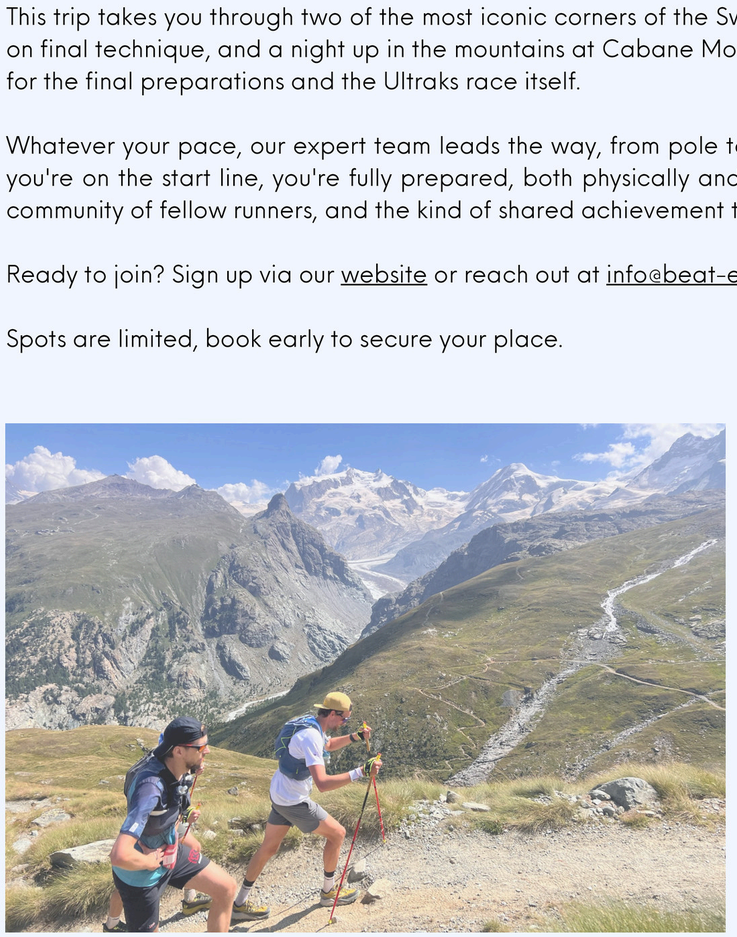
Welcome to your trail running adventure with BEAT. Whether you're chasing a personal best or simply looking for an unforgettable few days in the mountains, this trip brings together a group of like-minded runners for race weekend at the Matterhorn Ultraks, with expert guidance available at every step of the way.

This trip takes you through two of the most iconic corners of the Swiss Alps. We start in Verbier, our base for the first few days as we acclimatise, work on final technique, and a night up in the mountains at Cabane Mont Fort. From there, we make our way to Zermatt, right at the foot of the Matterhorn, for the final preparations and the Ultraks race itself.

Whatever your pace, our expert team leads the way, from pole technique and pacing strategy to fueling and race-day mindset, so that by the time you're on the start line, you're fully prepared, both physically and mentally. Expect stunning trails across two legendary alpine regions, a supportive community of fellow runners, and the kind of shared achievement that only race day can bring.

Ready to join? Sign up via our website or reach out at info@beat-expeditions.com.

Spots are limited, book early to secure your place.









EXPEDITION PROGRAM

ARRIVAL & MEET THE TEAM

Day 1 - Wednesday

Arrival in Verbier and check in at Hotel Montpellier, where we gather at 16:00 for a welcome drink and a chance to meet the rest of the group. After a travel day, we ease into things with a short shake-out run or walk, before heading back for a relaxed welcome dinner together.

RACE PREP & FINETUNING

Day 3 - Friday

Choose your way back down to the village: a short walk, a lift ride, or the full trail run back for those chasing extra distance. From there, we swap regions, traveling by van and car from Verbier to Zermatt, at the foot of the Matterhorn. Once settled in, we shift focus to the race ahead, picking up your bib numbers and attending the official runners' briefing.

DEPARTURE DAY

Day 5 - Sunday

Time to say goodbye to Zermatt and travel back home, with plenty of stories (and sore legs) to bring with you.

TRAIL TO HUT

Day 2 - Thursday

The morning starts with a theory session at the hotel, covering everything from pole technique to fueling strategy. In the afternoon, we head into the mountains on a proper trail running hut trek, choosing between a longer or shorter route to Cabane Mont Fort. Your bags travel separately, so you can run light. We finish at the hut, our home for the night, and unwind with a real mountain dinner, watching the sunset in the silence of the high alpine.

RACEDAY

Day 4 - Saturday

This is what we came for. Everyone takes on their chosen Ultraks distance, with the BEAT team cheering you on every step of the way. After crossing the finish line, it's time to relax, celebrate, and reflect on the day, with the wellness area open for some well-earned recovery. In the evening, we celebrate everyone's achievements with a festive dinner and a closing drink together.

ACCOMMODATION

This trip takes you through two very different corners of the Swiss Alps, each with its own kind of hospitality. We start in the village comfort of Verbier, spend a night in true high-alpine simplicity at Cabane du Mont Fort, and finish in Zermatt, our base for the final race preparations.

HOTEL MONTPELIER – VERBIER

in the heart of Verbier, this hotel is a welcoming 3-star hotel known for its panoramic Alpine views and relaxed mountain atmosphere. With an indoor pool, sauna and steam room, plus a generous breakfast buffet each morning, it's the perfect place to settle in before the trip properly begins.



CABANE MON FORT – VAL DE BAGNES

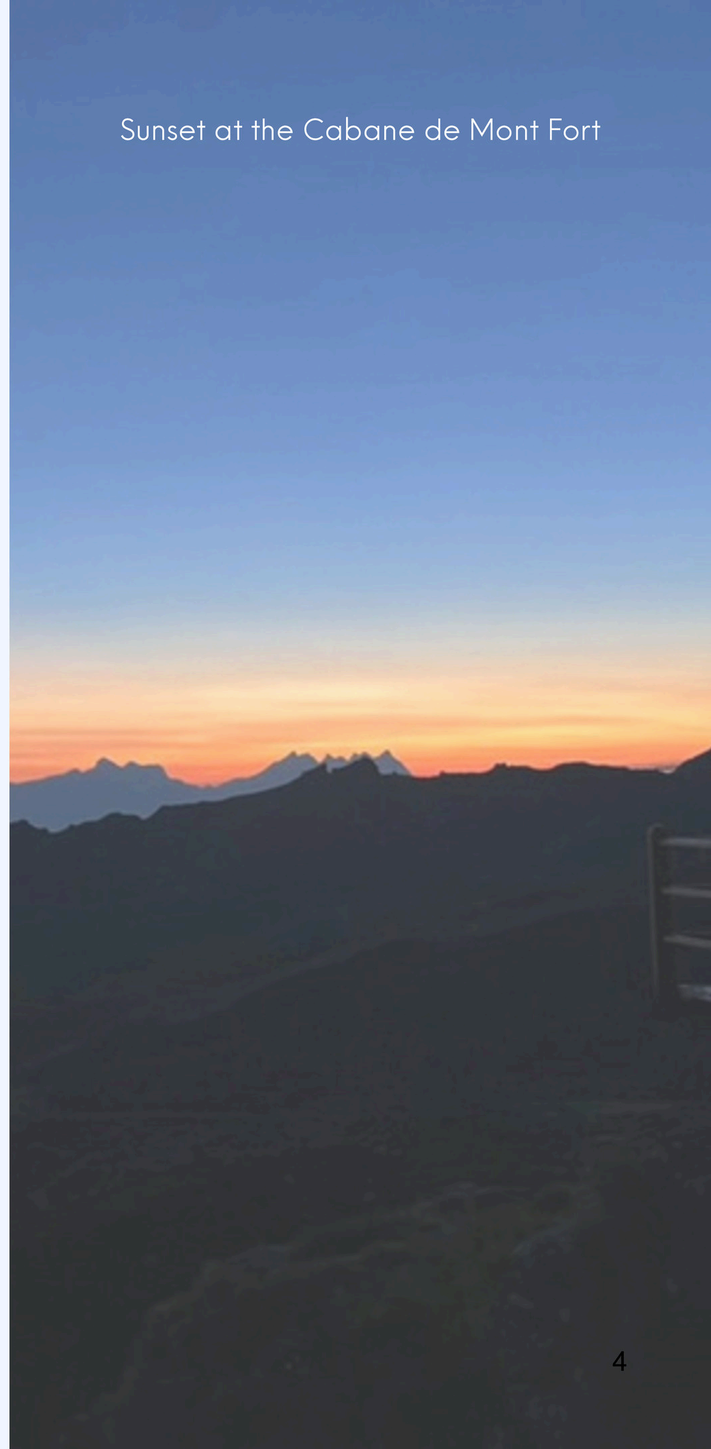
This hut sits at 2,457 metres on the Haute Route, the legendary trail connecting Chamonix to Zermatt. This century-old Valais refuge is famous for its traditional cuisine and sweeping panorama over Mont Blanc and the Grand Combin, a true reward after a day of trail running.



HOTEL ZERMATT

In Zermatt, we stay in a minimum 3-star hotel with breakfast included, our final base to prepare for race day at the foot of the Matterhorn. The exact hotel will be communicated soon.





Sunset at the Cabane de Mont Fort







THE RACE

The Matterhorn Ultraks isn't just a race, it's the reason this whole trip exists. Set against the iconic backdrop of the Matterhorn, it's grown into one of the Alps' premier mountain running events, and on Saturday, you'll be part of it. By default, our expedition prepares you for two distances: SKY and MOUNTAIN.

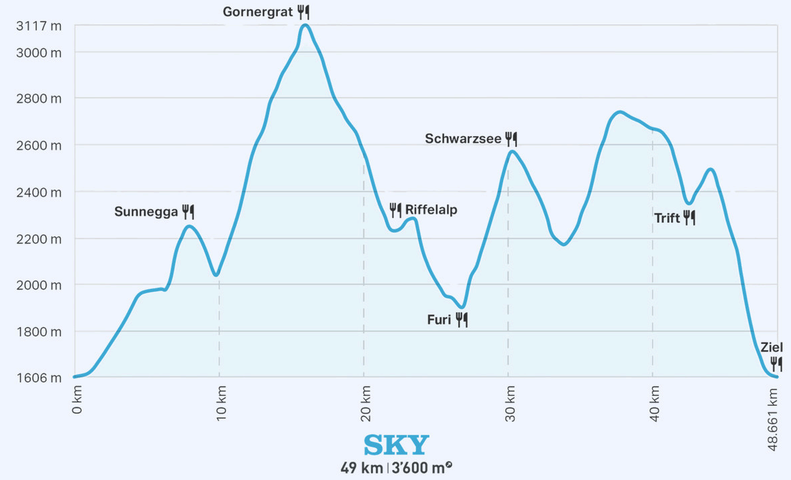
SKY

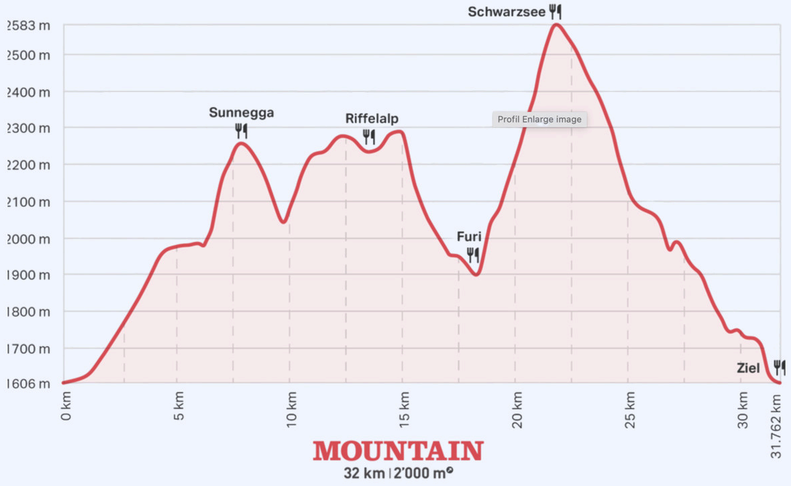
The big one. Starting at 07:00, the SKY course covers 49 kilometres and climbs 3,600 metres of elevation, the longest and most demanding distance on offer. It's an enchanting route with unique scenery that demands speed and technique, with the ascent to the Gornergrat at 3,100 metres just one of many challenges along the way. A run for real champions, taking you deep into high-alpine terrain with a finish line back in Zermatt.

MOUNTAIN

Starting at 09:30, the MOUNTAIN course covers 32 kilometres with 2,000 metres of elevation gain, a serious but more approachable alpine challenge. The route takes you up toward Riffelalp before returning to the finish in Zermatt, offering a true taste of high-alpine trail running without the full SKY distance.

Looking for something different? Whether it's the shorter ACTIVE course, the technical EXTREME, or the nighttime VERTINIGHT, reach out and we'll help you find the right fit.





EXPEDITION DETAILS

INCLUDED:

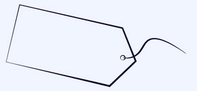
- 3 nights accommodation in a comfortable alpine hotel (shared rooms, group + guide)
- 1 night in a mountain hut
- 4x Breakfast in the hotel / hut
- 4 dinners during the stay (including half board at the hut)
- 3x lunch
- Theory & technique workshop (pole technique, pacing, race strategy)
- Guided trail runs on Thursday & Friday, supported by lift usage
- Guidance by trailrunning experts throughout the trip
- Ultraks race start ticket
- Goodie bag
- Transport from Verbier to Zermatt

EXCLUDED:

- Travel to Verbier and from Zermatt (by car, train, or plane)
- Personal running gear and equipment
- Drinks and personal expenses

OPTIONAL ADDITIONS:

- Personalised training schedule by a professional coach
- Trailrunning kit
- Paragliding experience



€1,995



ABOUT BEAT



Running is better together.

BEAT was founded from a passion for outdoor sports and the conviction that adventure should be transformative. Every expedition is carefully designed to bring people closer to nature, encourage personal growth, and build meaningful connections through shared challenges.

Trail running has been part of that story from the start. We first took on the Matterhorn Ultraks ourselves in 2024, and since then we've guided groups on trail running trips through Sweden, Norway, Austria, and Portugal, chasing everything from quiet forest trails to high-alpine terrain. Closer to home, we host our own trail running festival in the Amsterdamse Bos, bringing the same energy and community spirit to Amsterdam's backyard.

This expedition brings that experience full circle: back to Zermatt, back to the Matterhorn, with a group of like-minded runners working toward the same start line together.

This is more than a race. It's an invitation to push your limits, alongside people who understand exactly why you do.

B T E A

ENHANCED SPORTING EXPERIENCE

Core Values:

Nature · Sport · Creativity · Adventure · Purpose · Full Service





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