

# SNAP-IV

This 26-item teacher and parent rating scale is a trusted, widely used tool designed to help identify potential signs of attention deficit hyperactivity disorder (ADHD).

It looks closely at key behaviors, screening for:

- 9 symptoms of hyperactive-impulsive ADHD
- 9 symptoms of inattentive ADHD
- 8 symptoms of oppositional defiant disorder (ODD)

## How to use it:

As a parent or guardian, you know your child best. Please take a few moments to fill this out and bring the completed form with you to your NHS GP appointment. It's a great way to help guide your conversation and support your request for an ADHD referral.

	For each item, select the box that best describes your child. Please check one box per item	Not at all (0)	Just a little (1)	Quite a bit (2)	Very much (3)
1	Often fails to give close attention to details or makes careless mistakes in schoolwork, work, or other activities				
2	Often has difficulty sustaining attention in tasks or play activities				
3	Often does not seem to listen when spoken to directly				
4	Often does not follow through on instructions and fails to finish schoolwork, chores or duties				
5	Often has difficulty organising tasks and activities				
6	Often avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort (e.g., schoolwork or homework)				
7	Often loses things necessary for tasks or activities (e.g., toys, school assignments, pencils, books or tools)				
8	Often is distracted by extraneous stimuli				
9	Often is forgetful in daily activities				
10	Often fidgets with hands or feet or squirms in seat				
11	Often leaves seat in classroom or in other situations in which remaining seated is expected				

	For each item, select the box that best describes your child. Please check one box per item	Not at all (0)	Just a little (1)	Quite a bit (2)	Very much (3)
12	Often runs about or climbs excessively in situations in which it is inappropriate				
13	Often has difficulty playing or engaging in leisure activities quietly				
14	Often is "on the go" or often acts as if "driven by a motor"				
15	Often talks excessively				
16	Often blurts out answers before questions have been completed				
17	Often has difficulty awaiting turn				
18	Often interrupts or intrudes on others (e.g., butts into conversations/games)				
19	Often loses temper				
20	Often argues with adults				
21	Often actively defies or refuses adult requests or rules				
22	Often deliberately does things that annoy other people				
23	Often blames others for his or her mistakes or misbehaviour				
24	Often is touchy or easily annoyed by others				
25	Often is angry and resentful				
26	Often is spiteful or vindictive				

