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A short questionnaire about your child's behaviour

Your child's SENCO has shared this with you because a few things at school suggest it may be worth looking at attention and behaviour more closely.

What the SNAP-IV is

This 26-item teacher and parent rating scale is a trusted, widely used tool designed to help identify potential signs of attention deficit hyperactivity disorder (ADHD).

What it screens for

9 symptoms of inattentive ADHD, 9 symptoms of hyperactive-impulsive ADHD, and 8 symptoms of oppositional defiant disorder (ODD).

How to use it

As a parent or guardian, you know your child best. Please take a few moments to fill this out and bring the completed form with you to your NHS GP appointment. It's a great way to help guide your conversation and support your request for an ADHD referral.

Filling it in

The 26 items run across pages 2 to 4, grouped into three sections. Tick one box per item, thinking about how your child usually is rather than one particular day. Complete all three sections.

SCORING

Each item scores 0 to 3, shown in brackets above the columns. Add the scores within each of the three sections and write the total in the box at the foot of the page. Your GP will interpret the totals — there is no pass or fail here, and a low total does not rule anything out. If you or the school still have concerns, say so at the appointment.

SNAP-IV (Swanson, Nolan and Pelham) rating scale, parent and teacher version. Reproduced for use in NHS referral conversations. Paloma Health provides autism and ADHD assessment as an NHS service partner.

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Inattentive ADHD

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Child's name _____ Date of birth _____ Completed by (name and relationship to child) _____

For each item, select the box that best describes your child. Please check one box per item.

		Not at all (0)	Just a little (1)	Quite a bit (2)	Very much (3)
1	Often fails to give close attention to details or makes careless mistakes in schoolwork, work, or other activities	☐	☐	☐	☐
2	Often has difficulty sustaining attention in tasks or play activities	☐	☐	☐	☐
3	Often does not seem to listen when spoken to directly	☐	☐	☐	☐
4	Often does not follow through on instructions and fails to finish schoolwork, chores or duties	☐	☐	☐	☐
5	Often has difficulty organising tasks and activities	☐	☐	☐	☐
6	Often avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort (e.g., schoolwork or homework)	☐	☐	☐	☐
7	Often loses things necessary for tasks or activities (e.g., toys, school assignments, pencils, books or tools)	☐	☐	☐	☐
8	Often is distracted by extraneous stimuli	☐	☐	☐	☐
9	Often is forgetful in daily activities	☐	☐	☐	☐

Add up the numbers in brackets for the boxes you have ticked on this page.

SECTION 1 TOTAL ☐ / 27

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Hyperactive-impulsive ADHD

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For each item, select the box that best describes your child. Please check one box per item.

		Not at all (0)	Just a little (1)	Quite a bit (2)	Very much (3)
10	Often fidgets with hands or feet or squirms in seat	☐	☐	☐	☐
11	Often leaves seat in classroom or in other situations in which remaining seated is expected	☐	☐	☐	☐
12	Often runs about or climbs excessively in situations in which it is inappropriate	☐	☐	☐	☐
13	Often has difficulty playing or engaging in leisure activities quietly	☐	☐	☐	☐
14	Often is "on the go" or often acts as if "driven by a motor"	☐	☐	☐	☐
15	Often talks excessively	☐	☐	☐	☐
16	Often blurts out answers before questions have been completed	☐	☐	☐	☐
17	Often has difficulty awaiting turn	☐	☐	☐	☐
18	Often interrupts or intrudes on others (e.g., butts into conversations/games)	☐	☐	☐	☐

Add up the numbers in brackets for the boxes you have ticked on this page.

SECTION 2 TOTAL ☐ / 27

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Oppositional defiant disorder

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For each item, select the box that best describes your child. Please check one box per item.

	Not at all (0)	Just a little (1)	Quite a bit (2)	Very much (3)
19 Often loses temper	☐	☐	☐	☐
20 Often argues with adults	☐	☐	☐	☐
21 Often actively defies or refuses adult requests or rules	☐	☐	☐	☐
22 Often deliberately does things that annoy other people	☐	☐	☐	☐
23 Often blames others for his or her mistakes or misbehaviour	☐	☐	☐	☐
24 Often is touchy or easily annoyed by others	☐	☐	☐	☐
25 Often is angry and resentful	☐	☐	☐	☐
26 Often is spiteful or vindictive	☐	☐	☐	☐

Add up the numbers in brackets for the boxes you have ticked on this page.

SECTION 3 TOTAL ☐ / 24

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