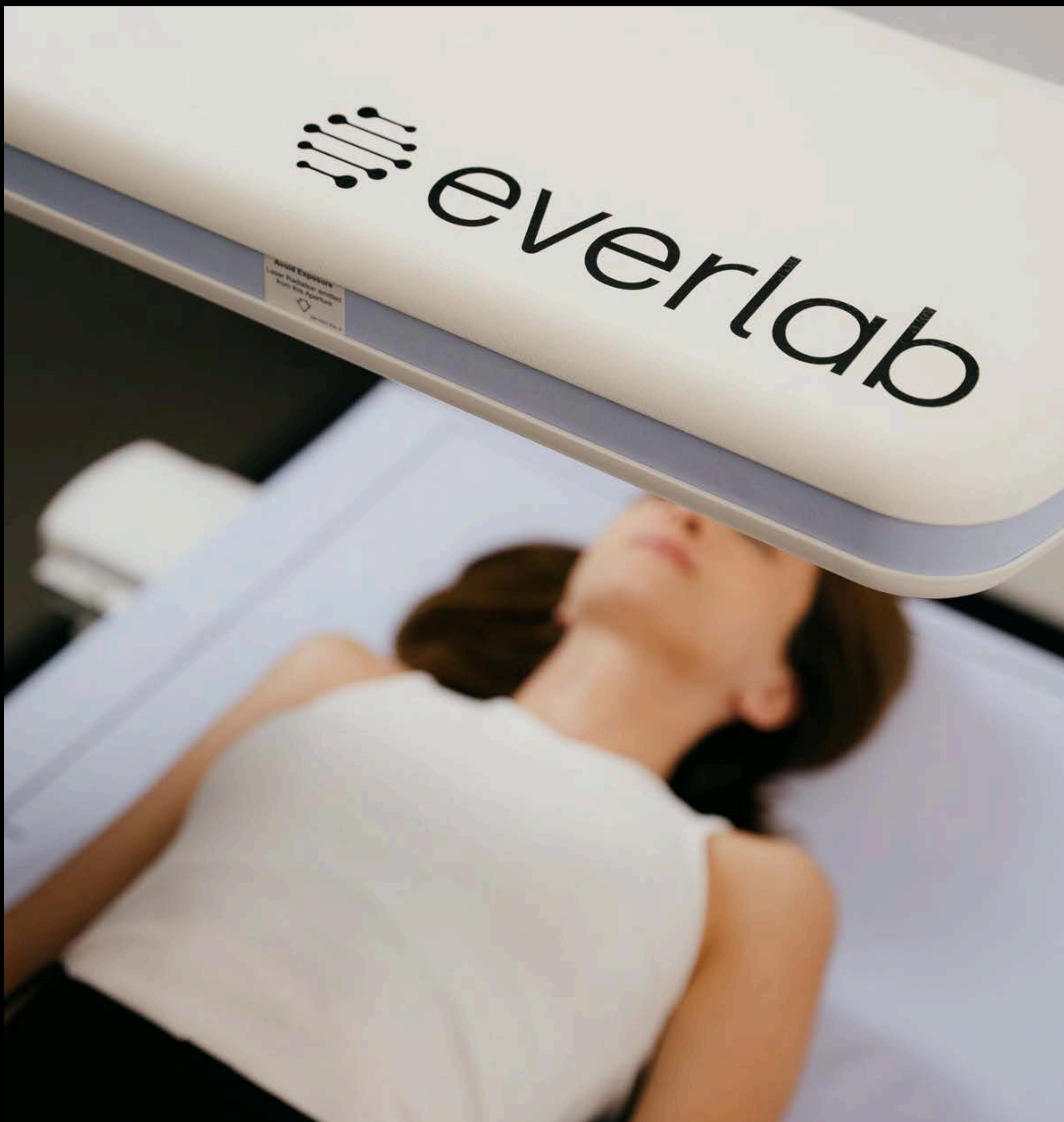




Your Preventative Health Program.

Proactive. Data Driven. Personalised.

Explore Everlab >



The Everlab Programs.

Our proprietary health protocols designed to detect, prevent and reverse your risk of disease.

Actions

Protocol Program

Your personalised, medically backed health plan includes:

- Meet one-on-one with your doctor via video to review risks and set goals.
- Map your health with cutting-edge diagnostics including advanced bloodwork, DEXA and re-testing.
- Deep dive into test results with your doctor and get clear steps to reduce your risk.
- Get your personalised prevention plan, available 24/7 in your Everlab app.

Total program fee

*\$299 deposit + \$2,700 inc. GST

[Get started now](#) >

Actions

Diagnostic Program

Your personalised, medically backed health plan includes:

- Meet one-on-one with your doctor via video to review risks and set goals.
- Advanced testing, including bloodwork, DEXA, and more (no 6 monthly re-testing)
- Review results with your doctor and get clear steps to reduce

Total program fee

\$299 deposit + \$900 inc. GST

[Get started now](#) >

Commitment on your terms.

100% refundable

Book with confidence knowing you can cancel anytime before your onboarding consultation for a full refund.

Nothing billed without consent

We only proceed with your approval after you have met with your Everlab doctor.

*Payment plans available.

Flexible payment options to make getting started easier and more affordable. Protocol program only.

What we test.

Test over 100+ biomarkers across 50+ medical categories including DEXA scan, advanced bloods and more.



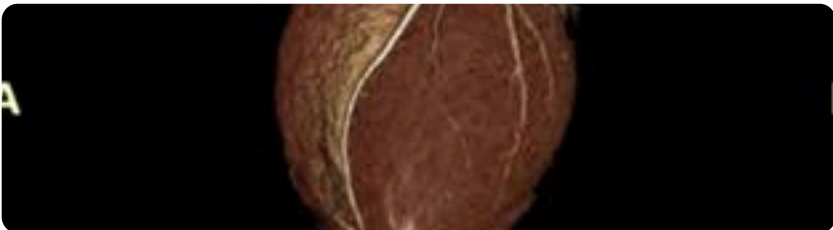
Tested twice per year
(Protocol program only)



Protocol program only



Add-on service



Heart Health

Total Cholesterol	
Serum Triglycerides	
Lipoprotein (a) /LP (a)	
High sensitivity C-Reactive Protein	
Electrocardiogram (ECG) *VIC & NSW only	
Apolipoprotein B	
Systic Blood Pressure Profiling	
Non-HDL Cholesterol	
LDL Cholesterol	
HDL Cholesterol	
Diastolic Blood Pressure Profiling	
CT Coronary Angiogram (CTCA)	



Blood & Bone Marrow Function

Red Cell Distribution Width (RDW)	
Platelets	
Mean Corpuscular Haemoglobin Concntration (MCHC)	
Haemoglobin	
Red Cell Count	
Mean Corpuscular Haemoglobin (MCH)	
Haematocrit	
Mean Corpuscular Volume (MCV)	



Cancer Detection

Comprehensive skin check	
Alanine Aminotransferase	
Ultrasound	
Gastroscopy	
Colonoscopy	
Prostate Specific Antigen (PSA)	
C-Reactive Protein	
Lung CT Chest	
Full Body MRI	
Cancer Antigen 125	



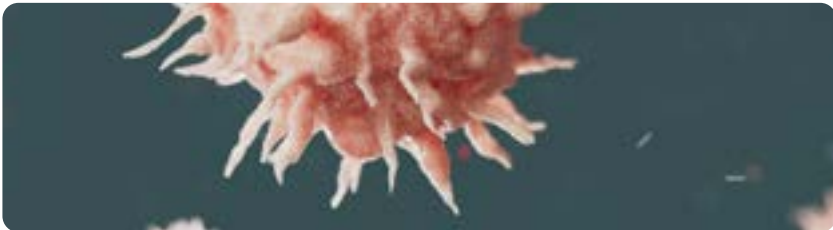
Metabolic Function

Uric Acid	
HbA1c (NGSP)	
Fasting Insulin	
Estimated Average Glucose	
Thyroid Stimulating Hormone (TSH)	
HbA1c (IFCC)	
Fasting Glucose	



Kidney Function

Urea	
Creatinine	
Estimated Glomerular Filtration Rate (EGFR)	



Autoimmunity

Total White Cell Count	
Neutrophills	
Lymphocytes	
Basophils	
Monocytes	
Eosinnophils	



Genetic Health

Preventive Health Genetic Test	
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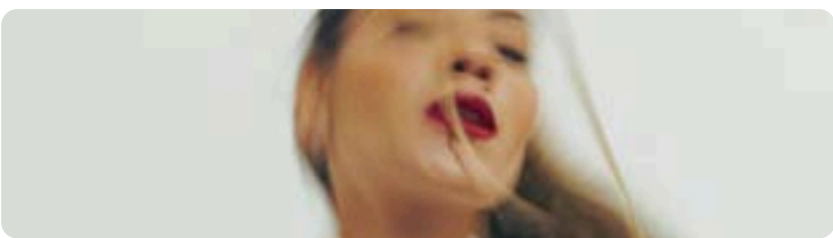
Liver Function

Total Serum Protein	
Serum Bilirubin	
Gamma-GT	
Alkaline Phosphatase (ALP)	
Serum Globulin	
Serum Albumin	
Aspartate Transaminase (AST)	
Alanine Aminotransferase (ALT)	



Male Health

Total Testosterone	
Serum Iron	
Free Testosterone	
Sex Hormone Binding Globuline level (SHBG)	
Prostate Specific Antigen (PSA)	



Female Health

Transferrin Saturation
Serum Iron
Serum Transferrin
Sex Hormone Binding Globuline level (SHBG)
Pregnancy (Quantitative b-HCG)
Iron Saturation
Total Iron-Binding Capacity (TIBC)
Serum Ferritin
Luteinizing Homrone (LH)
Folicle Stimulating Hormone (FSH)



Muscle Health

Isometric Squat		
Grip Strength		
Isometric Mid Thigh Pull		
Balance Assessment		
Exercise Optimisation Plan		



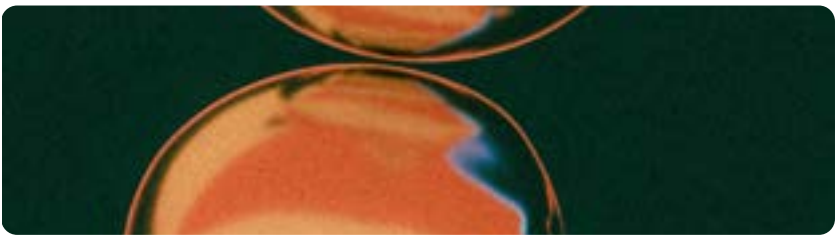
Aerobic Capacity

VO2 Max		
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Full Body Composition/
DEXA

Total Lean Mass	
Total Body Fat %	
Lean Mass of Legs	
Fat Mass Index (FMI)	
Estimated VAT Volume	
Body Mass Index (BMI)	
Total Fat Mass	
Relative Skeletal Muscle Index (RSMI)	
Lean Mass of Arms	
Estimated VAT Mass	
Android/Gynoid Ratio	



Electrolytes

Sodium	
Potassium	
Chloride	
Bicarbonate	



Heavy Metals

Mercury
Blood Lead Level



Allergies

Rye Grass Pollen
Dog Allergy
Alternaria Alternata
Dustmite
Cat Allergy





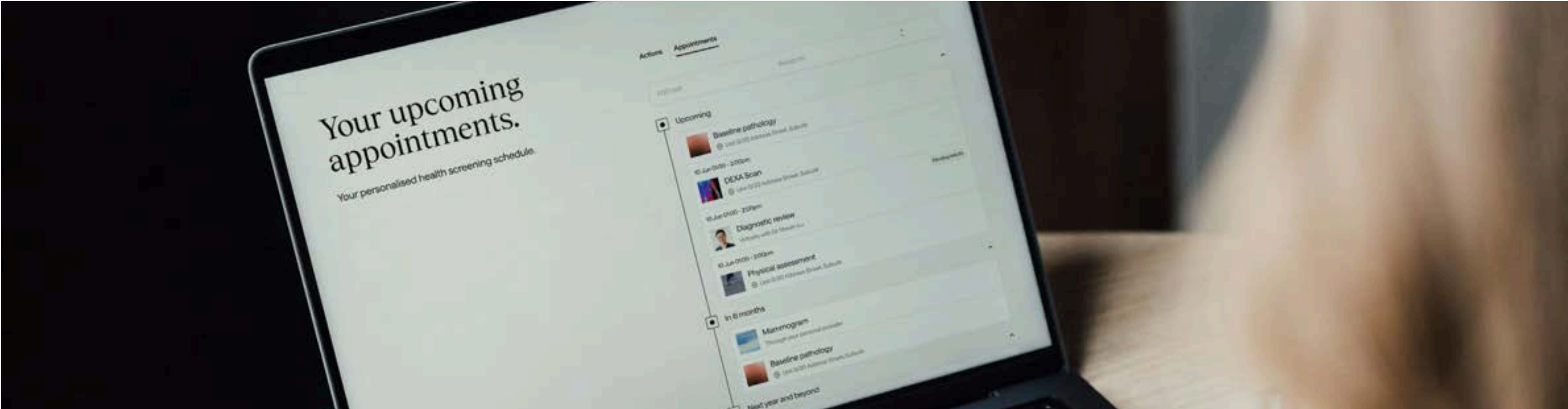
Bone Health

Vitamin D
Standardised Bone Density Comparisons
Femoral Neck Densities
Total Body Bone Mineral Content
Multi-level Lumbar-spine Densities



Nutrition

Serum Zinc	
Vitamin B12	
Magnesium	
Food Diary Analysis	
Nutrition Optimisation Advice	




Your appointments.

The Everlab health assessment is comprehensive but we’ve streamlined the process to ensure your time is respected. Our patient care team will support you with all your bookings and appointments.


Protocol program Diagnostics program

Onboarding



Onboarding Consultation


with your Everlab doctor

 via Google Meet

30 minutes


Protocol program Diagnostics program

Diagnostics



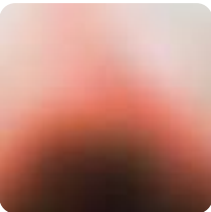
Diagnostic Appointment

for bloods, DEXA and ECG

 In person in our diagnostic lab


45 minutes

Protocol program Diagnostics program




Diagnostic Review

with your Everlab doctor

 via Google Meet


45 minutes

Protocol program Diagnostics program




Physical Assessment

with Everlab sport physio or PT

 In person in our diagnostic lab


90 minutes

Protocol program



Nutrition Assessment


with Everlab nutritionist

 via Google Meet

45 minutes


Protocol program

6 Month Re-Testing




Diagnostic Appointment

bloods, DEXA, physical assessment

 In person in our diagnostic lab


120 minutes

Protocol program



Diagnostic 6 Month Review


with your Everlab doctor

 via Google Meet

30 minutes


Protocol program

End of 12 Months



End Of Year Review

with your Everlab doctor

 via Google Meet

15 minutes

Protocol program Diagnostics program

Please note: Each appointment is booked at a time that works for you - they don't all have to happen on the same day. Also, test results take around 5–7 business days to be analysed, so be sure to factor that into your timeframe.


04

Access Everlab services wherever you are.

We partner with leading diagnostic facilities across every state, giving you the flexibility and convenience to complete your tests close to home.

Once you join, we'll guide you to book at the location nearest to you—simple, seamless, and stress-free.

Victoria


- 

Everlab Melbourne Clinic

Pathology

DEXA

Physical


Suite 203, Level 2, 517 Flinders Lane,
Melbourne VIC 3000
- 

Melbourne Pathology

Pathology


Multiple locations

New South Wales

- 


Douglass Hanly Moir

Pathology

Greater Sydney, North NSW (up to Port Macquarie), and Regional NSW
- 


Southern.IML Pathology

Pathology

South East NSW (Illawarra, Shoalhaven, Eurobodalla)
- 


Sullivan Nicolaides Pathology

Pathology

North Coast NSW (Coffs Harbour to QLD border, incl. Byron Bay, Macksville) and inland northern NSW
- 


PRP Imaging (Multiple Locations)

DEXA

Zetland, Warriewood
- 

Medscan – Double Bay

DEXA


3/451 New South Head Rd, Double Bay NSW 2028
- 

Befit Training – Edgecliff

Physical


Ground Floor, 287/289 New South Head Rd, Edgecliff NSW 2027

Queensland

- 


Sullivan Nicolaides Pathology

Pathology

Walk-in clinics available across QLD
- 


Mater Women's Imaging – South Brisbane

DEXA

6/550 Stanley St, South Brisbane QLD 4101
- 


Queensland X-Ray (Multiple Locations)

DEXA

Bowen Hills, Coorparoo, Wynnum, Taringa
- 

Imaging Queensland (formerly Citiscan)

DEXA


2/141 Queen Street, Brisbane City QLD 4000
- 

Queensland Sports Medicine Centre (QSMC)

Physical


Suite 2, 16 Thompson Street, Bowen Hills QLD 4006

Western Australia

- 


Clinipath Pathology

Pathology

Collection centres available across WA
- 

Western Radiology (All Locations)

DEXA


Services available across all sites
- 

West Coast Health & High Performance

Physical


42 Bishop St, Lathlain WA 6100

South Australia

- 


Benson Radiology

DEXA

580 Lower North East Road, Campbelltown SA 5074
- 

AEP Health Group

Physical

699 Port Rd, Woodville Park SA 5011
- 

Clinipath Pathology

Pathology

Collection centres available across SA

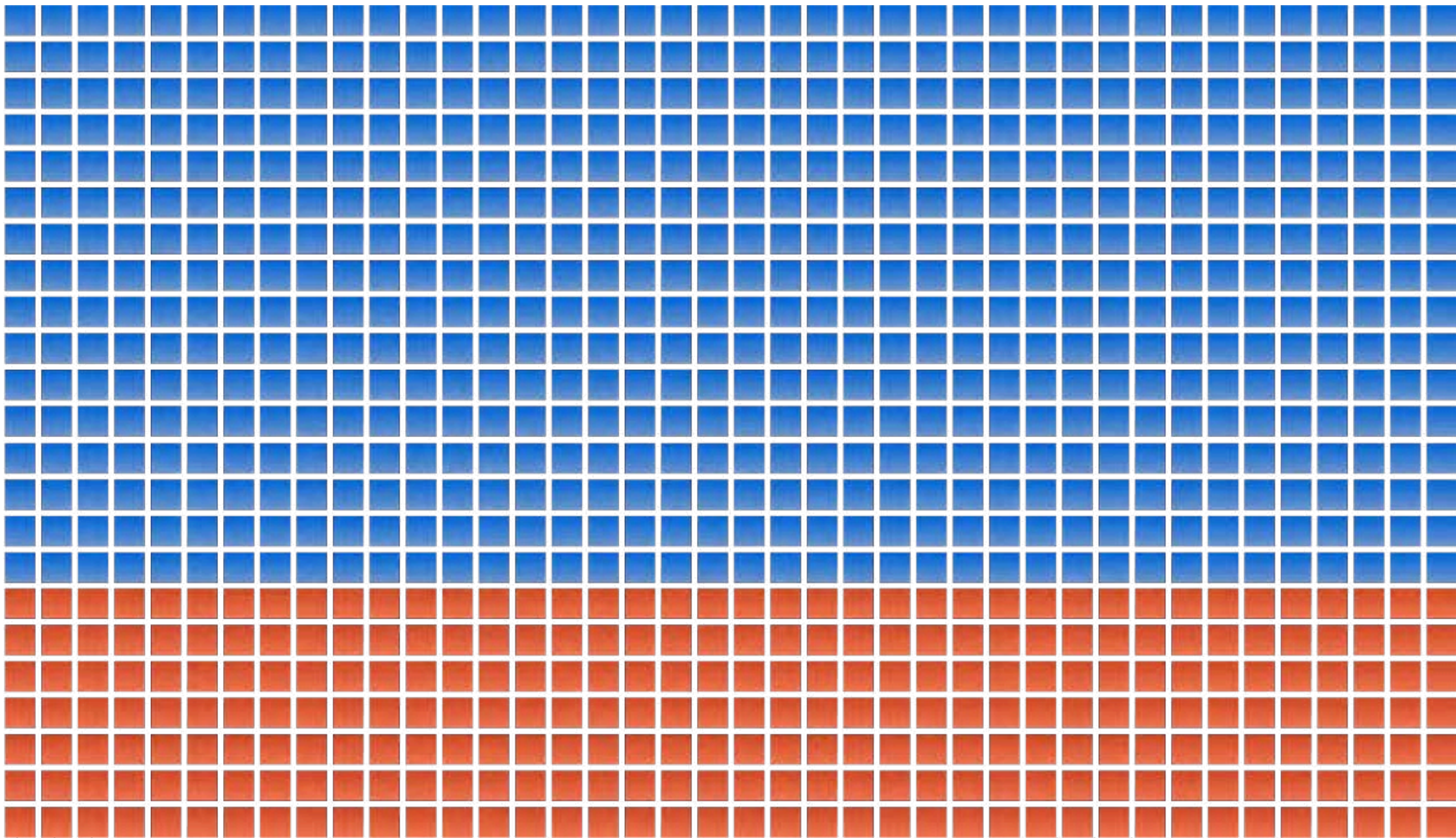
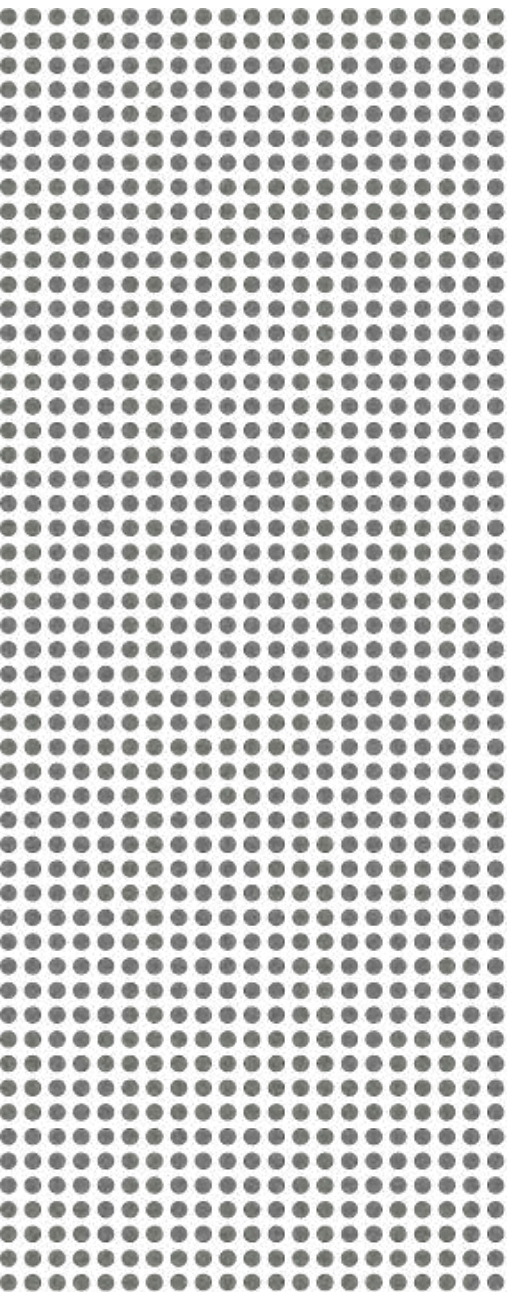
Our Impact

What we’ve learned from testing 1,000+ Australians

1 in 4 biomarkers were flagged as abnormal across areas like metabolic health, cardiovascular risk, inflammation, toxins and more.

1096
EVERLAB MEMBERS

37,479
BIOMARKERS RECORDED



25.6%
BIOMARKERS RECORDED AS ABNORMAL
Health category breakdown:

Metabolic 27.77%	Cardiovascular 27.23%	Musculoskeletal 15.08%
Micronutrients 10.04%	Inflammation 9.71%	Blood 4.20%
Toxins 3.50%	Cancer Risk 1.24%	Respiratory 1.23%

2.5% of members discovered life-changing findings.

We found:

8
Blocked arteries
in heart with two cases requiring open heart surgery.

10
Gastrointestinal issues
including a removed appendix tumor and Barrett's esophagus.

4
Tumors & growths
such as early prostate cancer, brain cyst, and congenital abnormalities.

[See what your body's telling you](#) >

The benefits of being an Everlab member.

Joining Everlab gives you access to advanced testing, personalised health strategies, and ongoing support — everything you need to take control of your health, now and into the future.

Start your health journey >

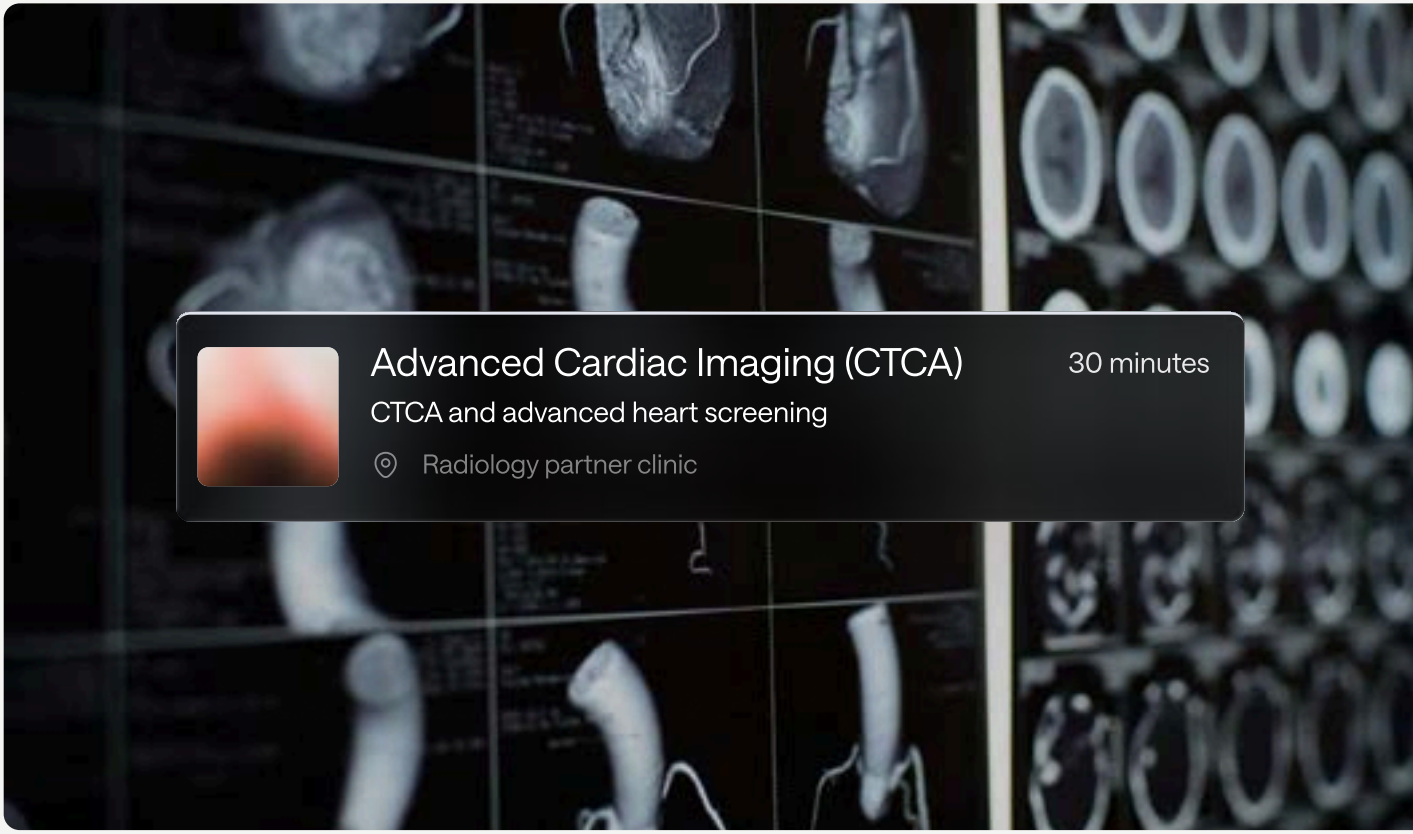


Biomarker trend analysis.

- ✓ Analysis of available past medical records
- ✓ Personalised health reference ranges
- ✓ Uncover key areas to optimise your health

Custom preventative protocols.

- ✓ Personalised action plan based on your results
- ✓ Comprehensive report that scores your health across 10+ categories
- ✓ Insights backed by the latest medical research



Access to advanced add-on diagnostics.

- ✓ Full body MRI, Genetic Testing, Advanced Skin Checks, CTCA (Cardiac imaging) and more.
- ✓ These are available at a discounted cost to all patient’s who join the Everlab program

Ongoing clinical support.

- ✓ Referrals to Everlab vetted specialists across all medical domains
- ✓ Ongoing support from our clinical team of doctors, dietitians and physios
- ✓ Tailored diagnostic screening schedule



What Our Members Say

Trusted by thousands of Australians.

Excellent



★ Trustpilot

“A great holistic one stop shop”

A great holistic one stop shop for assessing health, with tools to address weaknesses before they become life threatening. It takes the guesswork out by tailoring a health plan specifically for you. Thorough, passionate, professional and knowledgeable doctors and dietitians. Great app to see results and plan. Highly recommend.

SH Samantha H
August 2025

“Much better than going to the GP”

Everlab was great. A much better product/service than going to the GP (if you can even compare). I've already started implementing parts of my plan.

EO Evan O
August 2025

“Comprehensive, caring & motivating”

I wanted to improve my health span and live disease free into old age. At Everlab, comprehensive testing and assessments were carefully explained, and I was guided on how to improve naturally through exercise, diet and supplements. I'm now much more confident about my future health.

JW Jane W
November 2024

“The single best investment I’ve made”

Caring and thorough consultations, excellent follow up, extensive lab reports clarified with excellent doctors. Easy-to-use portal and app with useful health markers and content. Hands down the single best investment I’ve made for my health.

MH Myfanwy H
February 2025

“World class, true health care”

I was unsure at first, but after the Diagnostic review it was confirmed that Everlab provides true health care, just what Australia needed. Leading-edge testing without having to go overseas. Seamless process and well supported all the way.

LW Lyndel W
July 2025

“Wellness management for busy people”

I joined Everlab four months ago. Now I'm working on areas I'd put off due to being 'too busy', including ones I didn't realise carried health risks. The team is professional, friendly and easy to work with. I look forward to seeing my health improve over time.

VF Violet F
July 2025

“Turn key solution for your longevity”

The onboarding was seamless, tests booked quickly, and results explained simply. Together we created a tailored, achievable plan. This level of personalised care is unique—I haven't found anything like it elsewhere. Highly recommend!

FE Ferri E
June 2025

“Life changes for the better”

Just starting my journey with Everlab and already inspired by their professionalism. Testing and reviews are organised and easy, removing the hard work. I now have a team of experts supporting me towards a better life.

GS Georgie S
Janaury 2025

“An all round first class experience”

Steven and the team combine deep knowledge with a friendly, customer-centric approach. Simple, sensible frameworks and an outstanding experience both in person and digitally. As good as leading US longevity services. Highly recommended.

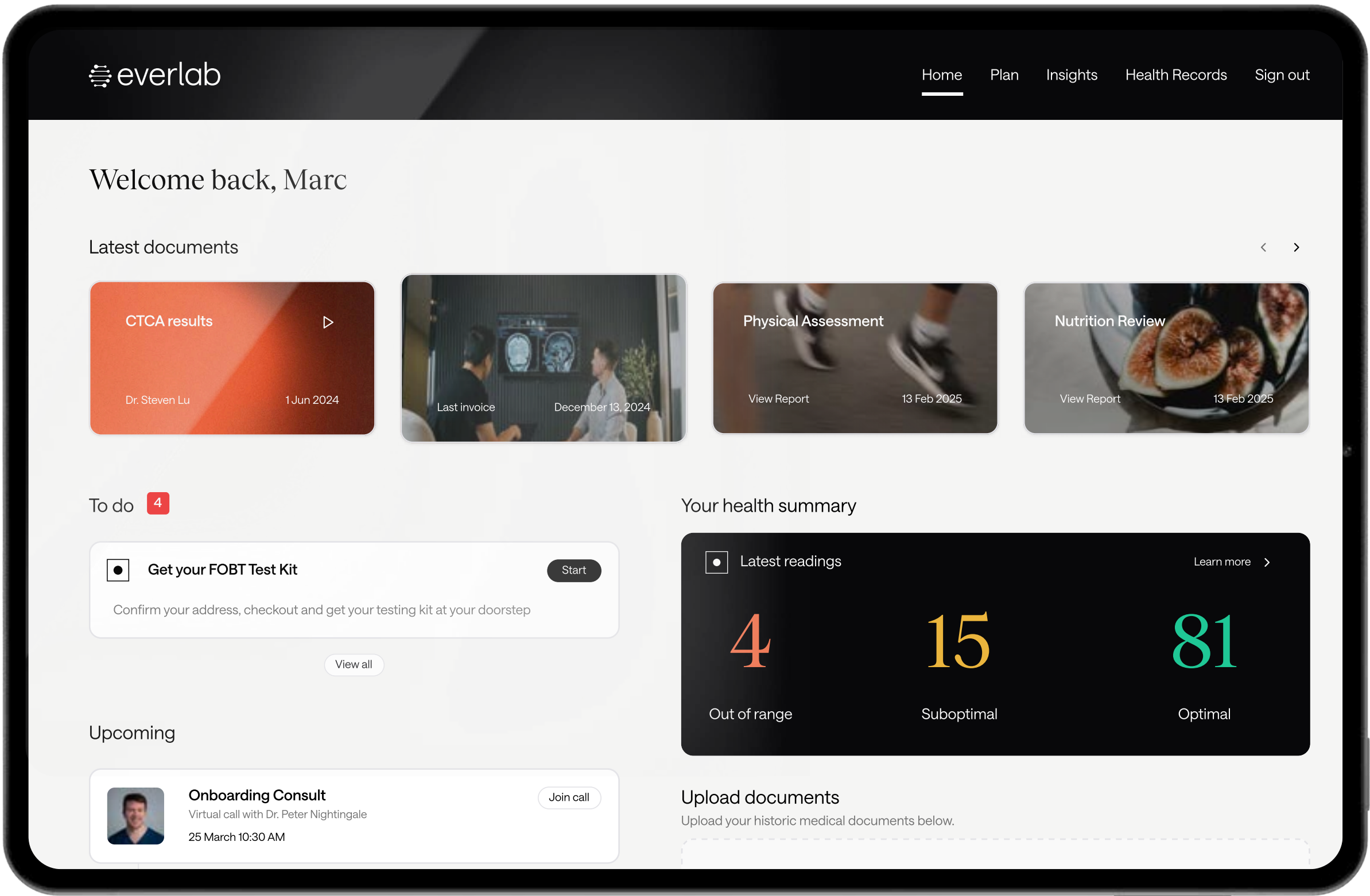
SJ Stephen J
May 2025

Take control of your health >

The Everlab App

One secure home for your health data.

Own your health data like never before. Track results, explore your plan and manage your membership in our smart, secure app.



Digital health reports.

Comprehensive reports that incorporate your health data and the latest medical research to score your health across 10+ categories.



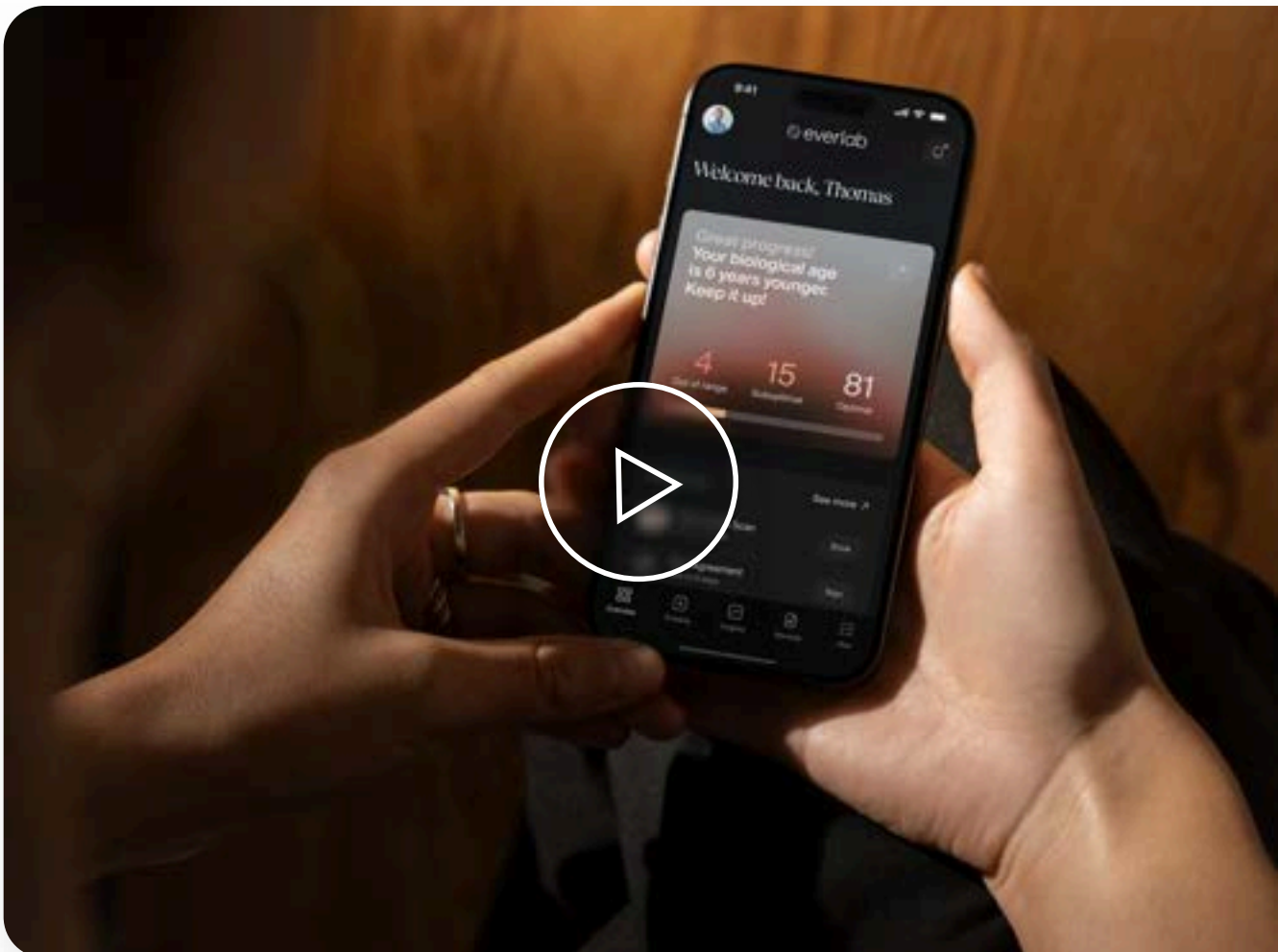
Dynamic trend analysis.

We collect and analyse available historical test results to give you the clearest picture of your health, today and into the future.



Custom health protocols.

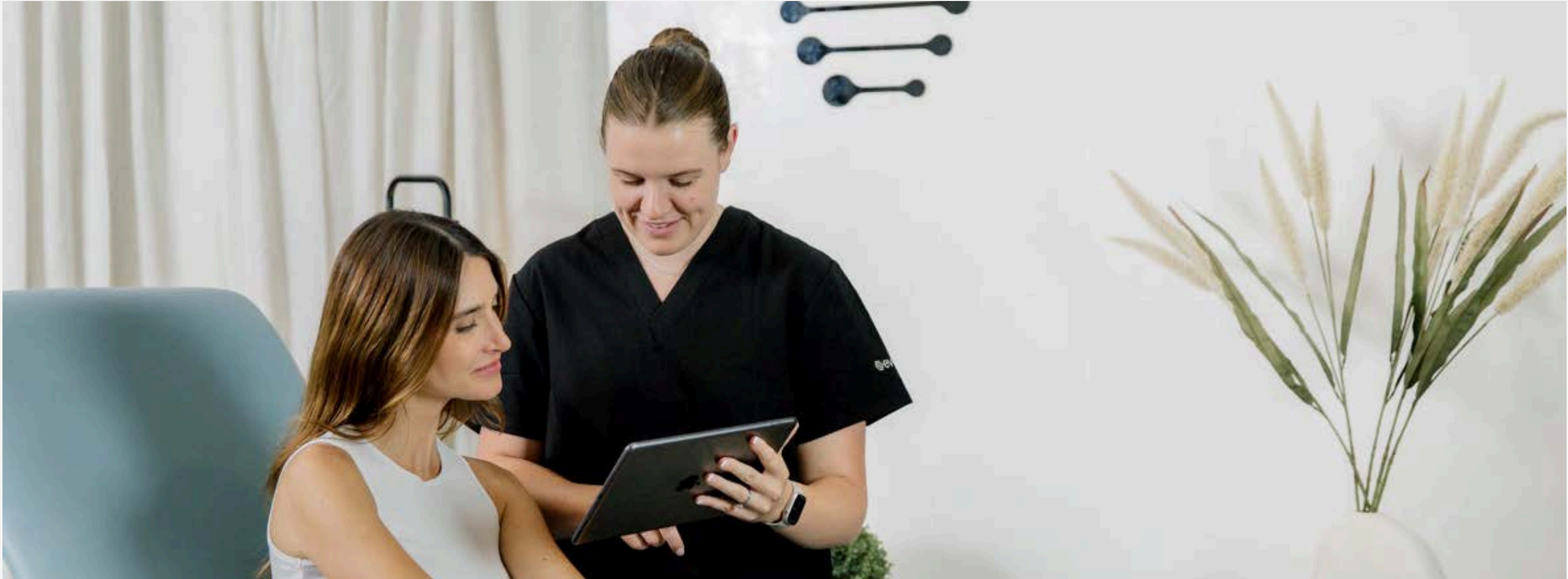
A personalised action plan tailored to your unique health risks and designed to optimise your wellbeing.



Learn how Everlab will support you.

With Dr. Steven Lu

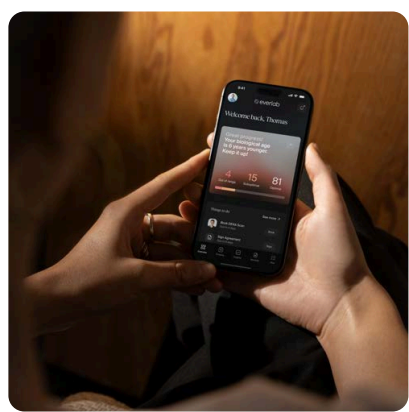
Watch Video >



Getting Started

Your next steps to better health.

Follow these simple steps to unlock your health dashboard, meet your Everlab doctor, and start your personalised plan.



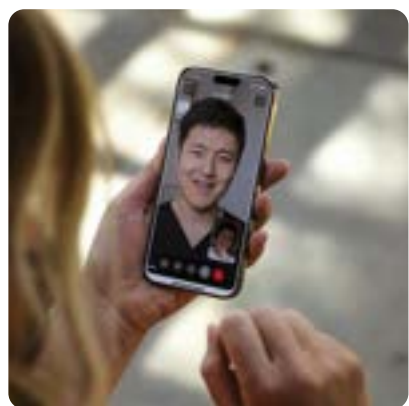
Secure your position

Join the Everlab program by paying your deposit. This unlocks your health dashboard and starts your journey.



Complete your medical questionnaire

Fill out a short health questionnaire in your dashboard and share any past results with your Everlab doctor.



Schedule your onboarding consultation

Schedule your first telehealth call with your chosen doctor — from the comfort of your home.

Start your Everlab journey >



Your future starts here.

Taking control of your health today.

Join Everlab >

