

**2026**  
**WALKING IN THE LIGHT**

**The Certainty of Eternal Life**  
1John 5:1-13

**A Season of \_\_\_\_\_ -**

- False teachers had \_\_\_\_\_ the church -
- Many were beginning to doubt their \_\_\_\_\_ -
- "Truth is an aspiration, not a \_\_\_\_\_."

**The Certain of \_\_\_\_\_ -**

(Jn. 3:16; Jn. 5:24; Jn. 17:3)

- Eternal life is \_\_\_\_\_ -
- "A life for this age and the age to \_\_\_\_\_.":
- This life is \_\_\_\_\_ in Jesus Christ -
- If you have the \_\_\_\_\_, you have the life -
- To have Jesus Christ is to have a \_\_\_\_\_ with Him.

**The Believers \_\_\_\_\_ - (Jn. 20:30-31)**

- Hearing - \_\_\_\_\_ the life and message of Jesus -
- Believing - \_\_\_\_\_ the life and message of Jesus -
- Living - \_\_\_\_\_ Jesus in our everyday life -
- Knowing - having complete \_\_\_\_\_ that you are God's child, now and \_\_\_\_\_!

**The \_\_\_\_\_ One - (1 Jn. 5:18-20)**

- We live in a \_\_\_\_\_ world -
- "The whole world is under the \_\_\_\_\_ of the evil one"
- Jesus Christ, the life to come, has \_\_\_\_\_ come!

**Lompoc church of Christ**

138 N. O St.  
Lompoc, CA 93436

(805) 736-3517

[www.lompoccc.org](http://www.lompoccc.org)

[www.facebook.com/LompocChurchOfChrist](http://www.facebook.com/LompocChurchOfChrist)

**SCHEDULE**

**Sunday**

Bible Classes for all ages 9:30 a.m.  
Morning Worship 10:30 a.m.  
Evening Worship 5:00 p.m.

**Tuesday**

Men's Class on summer hiatus

**Wednesday**

Bible Classes for all ages 6:30 p.m.

**ELDERS AND STAFF**

**Elders**

Eric Bliss (805) 757-6338  
Dale Donaghe (805) 315-4847

**Deacons**

Bob Murray (805) 717-9150

*The Elders meet on Sunday evenings before services*

Minister: Roy Senior  
Phone: 805-680-3787  
roy\_senior@comcast.net

Secretary: Shelli Donald  
Phone: 805-588-9887  
shelli.donald@verizon.net

**OPPORTUNITIES TO SERVE**

Bible Hour  
Kim Bower

ELDER for January Eric Bliss  
LADIES COMMITTEE for January Shannon Cottam

Happy New Year



**JANUARY 11, 2026**

**Order Of Worship**

Song Leader: Bob Chadwick

Welcome.....Eric Bliss

17 All People That On Earth Do Dwell  
9 A Wonderful Savior

Prayer.....Kevin Thompson

950 Lamb Of God

Lord's Supper.....Dale Brand

500 O Thou Fount Of Every Blessing

Offering.....Bob Murray

647 The Love Of God

Scripture Reading.....Danny Donaghe

Morning Service....."The Certainty of Eternal Life"  
with Roy Senior

683 Though Your Sins Be As Scarlet  
684 This World Is Not My Home

Closing Prayer.....Don Ribble

Prayer & Song Worship.....5 P

## WHAT'S HAPPENING THIS WEEK

Jan. 11th

Morning Class @ 9:30 A  
Morning Worship @ 10:30 A  
Prayer & Song Worship 5P P  
Sharon Donaghe's birthday  
Prayer Nite @ 6:30 P  
Linda Bryant's birthday  
Beth-Annie Capshaw's birthday  
Men's Breakfast @ Tom's @ 8:30 A

## PREGNANCY & PARENTING SUPPORT CENTER

The Pregnancy & Parenting Support Center is having their Annual Life Banquet January 22nd @ the Hilton Garden Inn in support of the P&PSC. RSVP is a must @ 805-735-2353 or email the center @ LompocPSC@gmail.com or mail a response with the form posted in the foyer. Any questions, please see the flyer.

## OUR MONTHLY POTLUCK

Our monthly potluck is next Sunday after morning worship. If you have any questions, please see Shannon Cottam. A short devo will directly follow the potluck & conclude our services for the day.

## THOUGHT FOR TODAY

We will open the book. Its pages are blank. We are going to put words on them ourselves. The book is called "Opportunity" and its first chapter is New Year's Day.

## SCRIPTURE FOR TODAY

*Trust in the LORD with all your heart and lean not on your own understanding. In all your ways acknowledge Him and He will make your paths straight. ~ Proverbs 3:5-6*

JINNY'S CLOSET HAS NEW ITEMS.

## PRAYER IS IMPORTANT

13th

Prayer & Song Worship 5P P  
Sharon Donaghe's birthday  
Prayer Nite @ 6:30 P  
Linda Bryant's birthday  
Beth-Annie Capshaw's birthday  
Men's Breakfast @ Tom's @ 8:30 A

**-Joanie Lehman** asked for prayers for her granddaughter **Aubrie**. She had a rough week last week. Prayers for a peaceful future.

**-Roy Senior** asked for prayers for his cousin **Greg Carey**. He was airlifted to El Paso last week & had surgery on his liver this past Monday. Prayers for a swift recovery.

-Prayers for **Bob Chadwick & Sharon Donaghe**. They were both under the weather last week. Prayers they are feeling better.

**-Lesly Hernandez** left for boot camp for the Army yesterday. Please keep her in your prayers as she embarks on a new career. Please keep her parents **Elias & Teresa** in your prayers as well.

**-Ruiz Recio** asked for prayers for his nephew who is in ICU. He also asked for prayers his brother's court date to go well. Prayers for more customers for his auto-mechanic work. Finally, prayers for **Emily** & the pain she is in with her wisdom teeth. Prayers she will get an appointment soon.

**-Bob & Robin Murray** reported that their son-in-law **Fred Simpkins** came through his knee replacement this past Monday well & is home resting. Prayers for a swift recovery. **Crystal** came through her cataract surgery well this past Thursday. She is already seeing better & seeing a difference. **God** is good! **Bob** is up next with his wrist surgery the 23rd. Prayers all goes well for him in this innovative surgery.



## ENCOURAGING WORDS

### Your Biblical Caloric Intake

The Food and Drug Administration requires labels on food packages to indicate the % Daily Value of that food item to the FDA's recommendation of 2,000 calories a day. It doesn't matter, in essence, who picks up that package of food. It is going to recommend 2,000 calories. Yet even the FDA realizes that the caloric needs of each individual person varies.

That's because every person is different. A person's age, gender, height, weight, metabolism and activity level all affect how much food and how many calories are needed. There is not a "one size fits all" number that can be applied to every individual. These factors (and others) must be taken into consideration.

The same is true when it comes to spiritual nutrition. We have just concluded our 52 week "Bible Reading Plan" and have begun again with "Week 1" this past Monday. I do however want to emphasize that there is not a "one size fits all" Bible intake schedule that works equally for every single person. Some Christians read nine chapters of the New Testament every day, so that they can read through the New Testament once every month. That's a great practice, but not every Christian can accommodate that. Many Christians read about three chapters of the Bible every day, so that they can read through the entire Bible in a year. So many reading plans are available, which is a good thing.

The most important thing that a Christian can do is to take in as many Biblical calories as they can handle each day. Bible reading is not a speed-reading contest, but it is more critical than one's physical food intake each day. Jesus said, "Man shall not live by bread alone, but by every word that proceeds from the mouth of God."

**Matt. 4:4** How many meals do you eat each day?

May I encourage you to find what works for you. Find the best time of day and the best location for you. Then, find the best reading regimen for you. Read thoughtfully at least a few verses every day. Meditate on them. Pray through them. Then, like a physical appetite, increase your reading a little more to stretch and grow your faith. That's God's daily recommendation. (Rom. 10:17)

R. Senior