

2026
WALKING IN THE LIGHT

Following the Light of God
1 John 1:1-4

Life _____

- This life was from the _____ -
- From the beginning, this life was _____ -
- This life was with the _____ -
- This life is _____ -

Life Made _____

- This life became _____ - John 1:1-5
- This life was the _____ -
- This life became _____ -
- This life _____ among us -

Life _____

- John wants us to have _____ with the apostles -
- Fellowship means to _____ in something together -
- The life fills the _____ in our lives -
- We must share our _____ with others -

Life Made _____

- The life is made real through the _____ -
- John is writing this so that he can _____ share this good news with us -
- We in turn are to share the good news, Jesus Christ, with _____ -

Lompoc church of Christ
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SCHEDULE

Sunday

Bible Class	9:30 a.m.
Morning Worship	10:30 a.m.
Evening Worship	5:00 p.m.

Wednesday

Devo and Bible Class	6:30 p.m.
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ELDERS AND STAFF

Elders	Deacons
Eric Bliss (805) 757-6338	Bob Murray (805) 717-9150
Dale Donaghe (805) 315-4847	
Minister: Roy Senior Phone: 805-680-3787 roy_senior@comcast.net	Secretary: Shelli Donald Phone: 805-588-9887 shelli.donald@verizon.net

OPPORTUNITIES TO SERVE

Bible Hour Cheryl Bliss	
ELDER for May	Eric Bliss
LADIES COMMITTEE for May	Billie Jean Chadwick and Ann Thompson



MAY 31 2026

Order Of Worship

Song Leader: Bob Chadwick

Welcome.....Eric Bliss

643 The Lord My Shepherd Is
359 Jesus, Keep Me Near The Cross

Prayer.....Kevin Thompson

662 There Is A Fountain

Lord's Supper.....Dale Brand

274 I Have Found A Friend In Jesus

Offering.....Brian Donaghe

351 Jesus Is Coming Soon

Scripture Reading.....Dan Donaghe

Morning Service....."Following the Light of God"
with Roy Senior

334 In The Morning Of Joy
340 Into Our Hands

Closing Prayer.....Eddie Crosby

Evening Worship.....5 P

WHAT'S HAPPENING THIS WEEK	
May 31st	Morning Class @ 9:30 A Morning Worship @ 10:30 Evening Service @ 5 P
June 3rd 6th	Evening Service @ 6:30 P Men's Breakfast @ Tom's @ 8:30 A Ladies Luncheon @ noon @ the building

LADIES LUNCHEON

The Ladies luncheon is this Saturday at the building @ noon. Please come and enjoy a time of food and fellowship together!

LADIES COMMITTEE FOR JULY '26-JUNE'27

There is a sign up sheet in the foyer for the Ladies Committee for June '26-May '27. Please pick your month and help us fill the sheet! Many spots still available!

NEWS AND NOTES

- 1) The fellowship hall is prepared for election day June 2nd. **It will be reassembled after the equipment is picked up.**
- 2) The process of **painting the building begins June 5th.**
- 3) The rod iron railing and the parking lot resurfacing will follow after all painting is complete.
- 4) Stay tuned for **news of the food program** we are starting to support our local community.
- 5) **The June potluck has moved to the 2nd Sunday, June 14th.**

THOUGHT FOR TODAY

There is only one corner of the universe you can be certain of improving, and that is your own self.

SCRIPTURE FOR TODAY

For God gave us a spirit not of fear but of power and love and self-control. ~2 Tim. 1:7

JINNY'S CLOSET HAS NEW ITEMS! COME LOOK!

PRAYER IS IMPORTANT

-**Richard Farrell, Dave and Kim Senior's** son-in-law, had a stroke this past Sunday. Please keep him and the extended family in your prayers.

-Congratulations to **Kevin Hemeon** and his wife on the birth of their daughter **Brynlee** this past Friday at 8:03 AM, weighing in at 6 lbs., 11 oz., and 20 3/4" inches long. Please keep this new little one in your prayers as she grows!

-**Mike Bryant** had shoulder surgery this past Friday. Please keep him in your prayers that it was successful and will provide needed relief of pain moving forward.

-Please keep **Joanie Lehman** in your prayers. She plans to make the trip here to see her grandson graduate this week. Prayers for strength to make this trip and enjoy the celebration with family.

-**Mike Cottam** asked for prayers for his nephew **Joseph** and his wife **Savannah's** sister, who was lost in a drowning accident. Prayers for comfort in this tragic loss.

-**Sharon Donaghe** is due to have neck surgery soon. Please keep her and the family in your prayers as they help her through it and take care of her in her recovery.

-**Dave Gastellum** is recovering well from his surgery. Prayers of thanksgiving for answered prayers.

-**Bob Donald** is feeling some better. Please keep him and **Jinny** in your prayers.

-**Sylvan Bateman** was not feeling well last Sunday. Please keep her in your prayers.

-Please keep **Ryan Bliss** in your prayers as he deals with his fractured foot. Prayers for full healing.

-**Tracy Bower** asked for prayers for her friend **Shana**. She is having a double mastectomy. She is having a hard time dealing with this. She also asked for prayers for **Natalie Marsh**, whose cancer has returned after many years of being cancer free.

-Please continue to keep **Christy Dodson and Javier** in your prayers. He is due to have surgery this Monday.

-**Bob Bliss** has finished the induction phase of his treatment. The tumors have shrunk considerably but are still present. The next step is probably the consolidation phase to complete the destruction of the tumors. He has to go through a battery of tests to determine if he is a candidate. Please continue to keep him and **Pat** in your prayers as they begin this next phase. Prayers he is a candidate for this phase.

-Please keep **Jerry and Sandy Hopkins** in your prayers as they

ENCOURAGING WORDS

Self-Control = Spiritual Growth

Once we know what is right, the next challenge is doing it consistently. Self-control is the ability to govern oneself—to master desires, impulses and appetites rather than be mastered by them. The Greek word carries the idea of “holding oneself in,” having power over one’s passions. It is strength that is directed inward.

This quality is essential because knowledge alone is not enough. It is possible to know what is right and still fail to do it. Without self-control, knowledge becomes little more than unused information—which is useless. Self-control is what enables us to put knowledge into practice.

Jesus made self-denial a requirement for being His disciple: “If anyone desires to come after Me, let him deny himself.” (**Luke 9:23**) Paul recognized the same necessity, when he compared the Christian life to an athlete who disciplines his body in order to win. (**1 Cor. 9:24-27**). Without self-control, spiritual failure is inevitable.

The struggle for self-control is real. Scripture describes the conflict between the flesh and the spirit. (**Gal. 5:16-17**) Even Paul spoke of the internal battle between knowing what is right and struggling to do it. (**Rom. 7:15-19**) Left to ourselves, we are often overpowered by our own desires.

But there is hope. Self-control begins with a transformed life in Christ. In baptism, we are set free from the dominion of sin and raised to walk a new life. (**Rom. 6:3-6, 12-14**) While temptation remains, sin no longer has to rule over us.

From there, self-control grows as we are guided by the Word of God. When we fill our minds with Scripture and walk according to its truth, God’s Word reshapes our thinking and strengthens our resolve. Through prayer and dependence on Him, we gain the strength to overcome. We cannot do it without HIM!