



THE WESTON STAR

Luxury Carefree Living for Active Seniors

The Palace at Weston Assisted Living

August 2026



A Message from Helen

Any problems, issues, or other questions?

Call me on my cell at: (786) 556-9009

or e-mail me at:

Helen@ThePalace.org

*Please leave your name and
apartment number.*

- Love, Helen Shaham

Owner, The Palace Group

SPECIAL PROGRAMS & EVENTS IN

August

Aloha August!

August is all about making memories, soaking up the warm weather, and enjoying everything this tropical season has to offer.

Get ready to say "Aloha!" at our exciting Luau Theme Night, where island music, tropical drinks, colorful attire, and plenty of laughter will transport us to paradise. Put on your favorite Hawaiian shirt or summer dress, grab your leis, and join us for an evening of dancing, limbo fun, and tropical vibes!

This month also brings sweet celebrations as we honor National Chocolate Chip Cookie Day because every great day deserves a delicious cookie! We'll also awaken our senses during our Perfume Making Class, where you'll create your own signature fragrance.

And what's August without cooling off? It's officially Frozen Lemonade Season! Nothing says summer quite like an icy, refreshing lemonade shared with friends. So don't forget your sunglasses, because we'll also be heading to the pool to enjoy music, relaxation, and plenty of fun in the Florida sunshine

Happy August from your Activities Team! Lina and Brianna Let's splash into summer together.

**STRETCH AND FLEX WORKOUTS
EVERY MORNING AT 10:00 AM**

**OUTING EVERY THURSDAY:
RESTAURANTS, THEATRES , AND
MUSEUMS.**

**THURSDAY NIGHT SHOWS:
PALACE THEATRE at 7:00 PM**

**ART CLASS EVERY MONDAY:
ACTIVITY ROOM at 11:00 AM**

**LECTURES EVERY SATURDAY:
PALACE THEATRE at 2:00 PM**

**FLOWER CLUB ONCE A
MONTH:
PALACE THEATRE AT 11:00 AM**

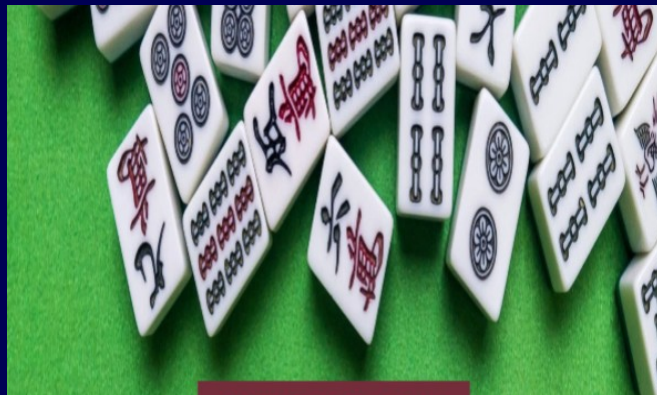
**THE PALACE AT WESTON
16025 EMERALD ESTATES DR.
WESTON, FL 33331**

PHONE: (954) 217-2000

FOURTH OF JULY



THE PALACE CLUBS



SATURDAYS @ 2 PM

MAHJONG CLASS

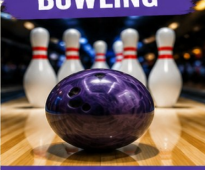
Learn • Play • Connect

Beginner-friendly

SPORTS Options!

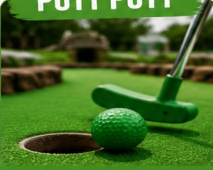
STAY ACTIVE. HAVE FUN. CONNECT!

BOWLING



STRIKE UP SOME FUN!

PUTT PUTT



AIM, PUTT, AND SMILE!

HOCKEY AIR TABLE



FAST-PACED AIR HOCKEY FUN!

Every Other WEDNESDAY

11:00AM

All are welcome! Come join the fun! ❤️

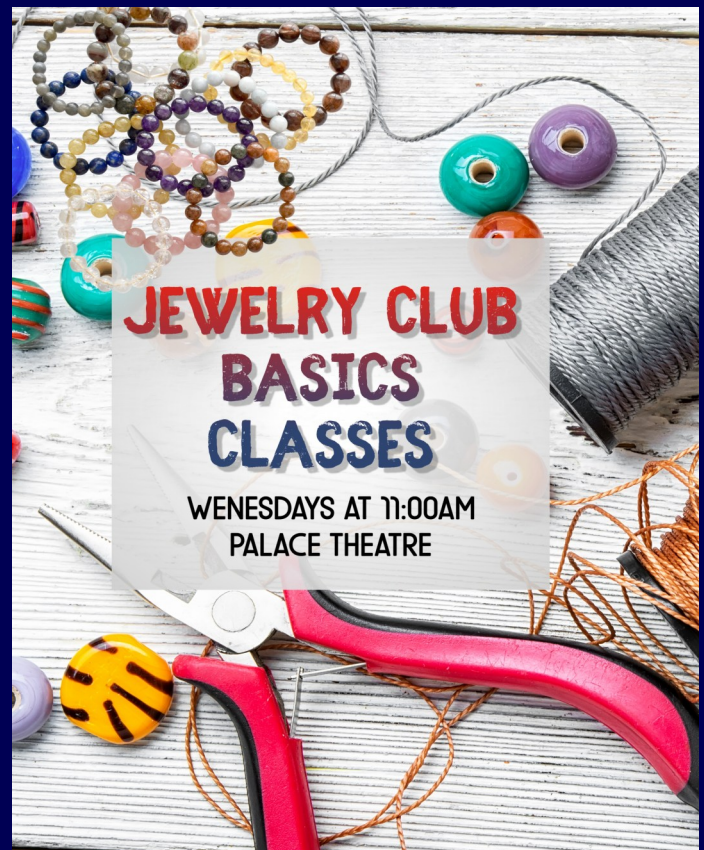
Flower Club

Palace Theatre | 11:00 AM | Wednesdays



JEWELRY CLUB BASICS CLASSES

WENESDAYS AT 11:00AM
PALACE THEATRE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 10:45 am Virtual Catholic Mass 11:15 am Cardio with Isabel 02:00 pm Spanish Bingo Game 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	31 10:00 am Stretch and Flex 11:00 am Ceramics with Terry 01:30 pm Poker Players Meet 02:00 pm Active Healthy & Happy 02:00 pm Resident Leading Class 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	  Calendar is subject to change. Please check daily digital display for updates				1 10:00 am Fit & Balance Workout 11:00 am Color Theory Painting 02:00 pm Lecture 02:00 pm Rummikub Club 02:00 pm Mah Jongg Lessons 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night
2 10:45 am Virtual Catholic Mass 11:15 am Cardio with Isabel 02:00 pm Spanish Bingo Game 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	3 10:00 am Stretch and Flex 11:00 am Arts & Crafts 01:30 pm Poker Players Meet 02:00 pm Active Healthy & Happy 02:00 pm iPhone Assistance 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	4 National Chocolate Chip Cookie D 10:00 am Stretch and Flex 11:00 am Coffee & Smart Talk 02:00 pm Canasta & Bridge 02:00 pm Active Healthy & Happy 02:00 pm Float & Chill at the Pool 02:00 pm Domino’s Club 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	5 10:00 am Stretch and Flex 11:00 am Jewelry Club 02:00 pm Active Healthy & Happy 03:00 pm Big Time Bingo 02:00 pm Virtual Tour of Museums 04:30 pm Happy Hour 07:00 pm Poker Players Meet 07:00 pm Movie Night	6 10:00 am Stretch and Flex 11:00 am Palace Outing... 11:00 am Music Therapy 02:00 pm Active Healthy & Happy 03:00 pm Big Time Bingo 04:00 pm Popcorn & Matinee 04:30 pm Happy Hour 07:00 pm Palace Presents....	7 10:00 am Stretch and Flex 11:00 am Ted Talk Lecture Video 02:00 pm Active Healthy & Happy 02:00 pm Shabbat Service 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Poker Players Meet 07:00 pm Movie Night	8 10:00 am Fit & Balance Workout 11:00 am Perfume Making Class 02:00 pm Lecture 02:00 pm Rummikub Club 02:00 pm Mah Jongg Lessons 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Fun Cat Video evening
9 10:45 am Virtual Catholic Mass 11:15 am Cardio with Isabel 02:00 pm Spanish Bingo Game 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	10 10:00 am Stretch and Flex 11:00 am Ceramics with Terry 01:30 pm Poker Players Meet 02:00 pm Active Healthy & Happy 02:00 pm Resident Leading Class 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	11 RESIDENT COUNCIL 10:00 am Stretch and Flex 11:00 am Resident Council 02:00 pm Canasta & Bridge 02:00 pm Active Healthy & Happy 02:00 pm Room Visits 02:00 pm Domino’s Club 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	12 10:00 am Stretch and Flex 11:00 am Flower Club 02:00 pm Canasta & Bridge 02:00 pm Active Healthy & Happy 02:00 pm Virtual Tour of Museums 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Poker Players Meet 07:00 pm Movie Night	13 LUAU THEME NIGHT! 10:00 am Stretch and Flex  11:00 am Palace Outing... 11:00 am Music Therapy 02:00 pm Active Healthy & Happy 03:00 pm Big Time Bingo 03:00 pm Book Club 04:00 pm Popcorn & Matinee 04:30 pm Happy Hour 07:00 pm Palace Presents...	14 10:00 am Stretch and Flex 11:00 am Ted Talk Lecture Video 11:00 am Harry Getzov Lecture 02:00 pm Active Healthy & Happy 02:00 pm Shabbat Service 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Poker Players Meet 07:00 pm Movie Night	15 10:00 am Fit & Balance Workout 11:00 am Color Theory Painting 02:00 pm Lecture 02:00 pm Rummikub Club 02:00 pm Mah Jongg Lessons 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night
16 10:45 am Virtual Catholic Mass 11:15 am Cardio with Isabel 02:00 pm Spanish Bingo Game 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	17 10:00 am Stretch and Flex 11:00 am Arts & Crafts 01:30 pm Poker Players Meet 02:00 pm Active Healthy & Happy 03:00 pm Big Time Bingo 02:00 pm iPhone Assistance 04:30 pm Happy Hour 07:00 pm Movie Night	18 10:00 am Stretch and Flex 11:00 am Let’s Walk to the Park 02:00 pm Canasta & Bridge 02:00 pm Active Healthy & Happy 02:00 pm Float & Chill at the Pool 02:00 pm Domino’s Club 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	19 10:00 am Stretch and Flex 11:00 am Jewelry Club 02:00 pm Active Healthy & Happy 02:00 pm Virtual Tour of Museums 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Poker Players Meet 07:00 pm Movie Night	20 Frozen Lemonade Day! 10:00 am Stretch and Flex 11:00 am Palace Outing... 11:00 am Music Therapy 02:00 pm Active Healthy & Happy 03:00 pm Big Time Bingo 04:00 pm Popcorn & Matinee 04:30 pm Happy Hour 07:00 pm Palace Presents... 	21 10:00 am Stretch and Flex 11:00 am Ted Talk Lecture Video 02:00 pm Active Healthy & Happy 02:00 pm Shabbat Service 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Poker Players Meet 07:00 pm Movie Night	22 10:00 am Fit & Balance Workout 11:00 am Color Theory Painting 02:00 pm Lecture 02:00 pm Rummikub Club 02:00 pm Mah Jongg Lessons 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night
23 10:45 am Virtual Catholic Mass 11:15 am Cardio with Isabel 02:00 pm Spanish Bingo Game 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	24 10:00 am Stretch and Flex 11:00 am Ceramics with Terry 01:30 pm Poker Players Meet 02:00 pm Active Healthy & Happy 03:00 pm Big Time Bingo 02:00 pm Resident Leading Class 04:30 pm Happy Hour 07:00 pm Movie Night	25 10:00 am Stretch and Flex 11:00 am Coffee & Smart Talk 02:00 pm Canasta & Bridge 02:00 pm Active Healthy & Happy 02:00 pm Room Visits 02:00 pm Domino’s Club 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	26 10:00 am Stretch and Flex 11:00 am Put Put & Bowling 02:00 pm Active Healthy & Happy 02:00 pm Virtual Tour of Museums 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Poker Players Meet 07:00 pm Movie Night	27 10:00 am Stretch and Flex 11:00 am Palace Outing... 11:00 am Music Therapy 02:00 pm Active Healthy & Happy 03:00 pm Big Time Bingo 04:00 pm Popcorn & Matinee 04:30 pm Happy Hour 07:00 pm Palace Presents...	28 Ladies Tea Social 10:00 am Stretch and Flex 11:00 am Ted Talk Lecture Video 02:00 pm Active Healthy & Happy 02:00 pm Shabbat Service 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Poker Players Meet 07:00 pm Movie Night 	29 10:00 am Fit & Balance Workout 11:00 am Color Theory Painting 02:00 pm Lecture 02:00 pm Rummikub Club 02:00 pm Mah Jongg Lessons 03:00 pm Big Time Bingo 04:30 pm Happy Hour 07:00 pm Movie Night

TIME TO DO THE LIMBO!

LUAU
Theme Night!

AUGUST 13

DRESS UP THE PART
Bring your best summer outfit!

LET'S HAVE TROPICAL DRINKS | AND DANCE THE LIMBO!

STARTS AT
4:30

250TH CELEBRATION





RESTAURANT HOURS

Breakfast 8:00 - 10:00 am

Lunch 12:30 - 2:00 pm

Happy Hour 4:30 - 5:30 pm

Dinner 5:00 - 7:00 pm

Your New Address:

16025 Emerald Estates Drive

Weston, FL 33331

Tel: 754-236-8100



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@thepalaceatweston



HEALTH & WELLNESS GYM HOURS

Monday–Friday

10:00 AM Stretch & Flex
2:00 PM–Silver Sneakers