



The Gardens Gazette -Memory Care -

Suggestions for your loved one? Feel free to contact me!
Alejandro Medina: Director of Memory Care Activities
amedina@thepalaceus.com (305) 508-6046

August 2026

A Message from Helen



Any problems, issues, or other questions?

Call me on my cell at (786) 556-9009 or e-mail me at Helen@ThePalace.org.

"Please say your name & your apartment number."

~ Love Helen Shaham
 Owner, The Palace Group

The PALACE GARDENS
Rooted in Friendship
 RESIDENT MIXER
 Good Company. Good Conversation.
Beautiful Memories.

SIP & SAVOR OUR SIGNATURE DRINK THE MARI GOLD
 A refreshing garden-inspired drink crafted just for the occasion.

LET'S GROW TOGETHER
 Plant your own marigold in a keepsake pot to take home and enjoy!

AUGUST 19TH, 2026 2:00 PM
 FRIENDSHIPS TAKE ROOT. MEMORIES BLOOM.

The PALACE GARDENS
Showtime:
AN ARABIAN Night
 WITH **Lulu**
 AN ENCHANTING EVENING OF MUSIC, DANCE & MIDDLE EASTERN MAGIC!

AUGUST 12TH 2026 AT 7:00PM
 JOIN US FOR A MESMERIZING PERFORMANCE YOU WON'T WANT TO MISS!

The PALACE GARDENS
Italian GOURMET DINNER
 A delicious evening inspired by the rich flavors and timeless traditions of Italy.

AUGUST 26TH, 2026
 MEMORY CARE 5:00 PM ASSISTED LIVING 5:30 PM
 SAVOR. SHARE. CELEBRATE.

The PALACE GARDENS
END OF THE Summer PARTY RAVE HORA LOCA!
 MUSIC • DANCING • GLOW • FUN
 GREAT COMPANY • UNFORGETTABLE MEMORIES

LIVE DJ HORA LOCA EXPERIENCE GLOW STICKS & GIVEAWAYS LIGHTS, CONFETTI & GOOD VIBES!

SATURDAY, AUGUST 29TH, 2026 3:00 PM
 Let's light up the day & make unforgettable memories together!

August Birthdays

Celebrating our August birthdays!

August 4th - Susan J.	August 14th - James M.
August 7th - Regina J.	August 15th - Amalia A.
August 10th - Lois C.	August 19th - Pamela O. & Miguel V.
August 12th - Christiane M.	August 20th - Nancy H.
August 13th - Maria G.	August 28th - Selma G.
	August 29th - Virginia B.

Wishing you a wonderful birthday month!

Montessori & 1-on-1 Leisure Activities to Promote Stimulation

- Range of Motion Tools
- Music Players & Soothing Hand Massages
- Remote Operated Cats and Dogs
- Fingerpainting & Water coloring
- Sensory Fidget Books and Tools
- Abacus Training & Cognitive Activities
- Large Puzzles & Dominoes

August Outings

Join us for two fun outings this August!



8/14:
Old Tom's
Sports Bar

— ⌚ @ 11:00 am —



8/21:
Cheddar's
Scratch Kitchen

— ⌚ @ 11:00 am —



Good company. Great places. Memorable moments.



Montessori Activities at all tables & Multisensory Room Daily 9:30-5:00p

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Outings for August</u> 8/14- Old Tom's Sports Bar @ 11am 8/21- Cheddar's Scratch Kitchen @ 11am	AUGUST					9:30: Belly Dancing with Katy 10:30: Baking Class 11:15: Watercolor & Music 11:30 Pop A Shot Basketball Tournament 1:30: Singalong with Mark 2:30: Balloon Tennis 3:00: Happy Hour with Mayren 4:00: Yoga & Meditation
10:00: Chair Zumba 10:30: Balloon Tennis 11:00: Shooting Range Practice 11:30: Roll the Dice Topics Game 1:30: Mad Science Lab 2:15: Roll the Dice Topics Game 3:00: Happy Hour with Humberto 4:00: Watercolor & Spa	9:30 Quick Math Solving 10:00: Brain Crunch: Hangman 10:30: Pop A Shot Basketball Tournament 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Canvas Painting & Smoothies 3:00: Happy Hour with JP 4:00: Watercolor Relaxation & Spa	9:30: Ceramics & Karaoke with Terrie 10:30: Coloring & Music 10:30: <i>Walking Club</i> 11:00: Large Puzzle Assembling 1:30: Creative Exercises with Monica 2:00: Flower Arranging 2:30: In-Room Flower Arranging/Delivery 3:00: Happy Hour with Jorge 4:00: Hand Massages & Aroma 4:00: In Room Visits: Steel Drums	9:30: Pop A Shot Basketball Tournament 10:00: Latin Dancing with Katy 11:00: Music Therapy & Blowing Bubbles with Inara 1:00: Animal Therapy with Boujee Cattle 1:30: Creative Exercises with Monica 2:00: Categories Word Game 3:00: Happy Hour with Anabel 4:00: Watercolor Relaxation & Spa	9:30: Balloon Tennis 10:00: Soccer Shootouts 10:30: Mind & Melody Music Therapy 11:30: Guess the Celebrity 1:30: Creative Exercises with Monica 2:00: Piano Trivia with Susan 3:00: Happy Hour with Javier 4:00: Yoga & Meditation 4:00: In Room Visits: Hand Massages	9:30: Kickball 10:00:Chair Zumba 10:30: Jumbo Jenga 11:00: BINGO 11:00 Back to School Event 1:30: Creative Exercises with Monica 2:00: Inflatable Bullseye 3:00-Happy Hour with Tony 4:00:Watercolor & Spa 4:00: Room Visits: Trivia	9:15: Gardening Class with Ale 9:30: Belly Dancing with Katy 10:30: Baking Class 11:15: Watercolor & Music 11:30: Pop A Shot Basketball Tournament 1:30: Singalong with Mark 2:30: Balloon Tennis 3:00: Happy Hour with Natasha 4:00: Yoga & Meditation
10:00: Chair Zumba 10:30: Balloon Tennis 11:00: Shooting Range Practice 11:30: Roll the Dice Topics Game 1:30: Hula Hoop Basketball 2:00: Balloon Volleyball 3:00: Happy Hour with Anama 4:00: Watercolor & Spa	9:30 Quick Math Solving 10:00: Brain Crunch: Multiple Choice General Trivia 10:30: Pop A Shot Basketball Tournament 11:00: Trumpet Freestyle Music with Humberto 1:30: Creative Exercises with Monica 2:00: Jumbo Jenga 3:00: Happy Hour with Gustavo 4:00: Watercolor Relaxation & Spa	9:30: Ceramics & Karaoke with Terrie 10:30: Coloring & Music 10:30: <i>Walking Club</i> 11:00: Large Puzzle Assembling 12:00:Lunch 1:30: Creative Exercises with Monica 2:00: Inflatable Bullseye 3:00: Happy Hour with Jorge 4:00: Hand Massages & Aroma 4:00: In Room Visits: Steel Drums	9:30: Pop A Shot Basketball Tournament 10:00: Latin Dancing with Katy 11:00: Shooting Range Practice 11:30: Punch that Bag 1:00: Animal Therapy with Boujee Cattle Monica 2:00: Categories Word Game 3:00: Happy Hour with Pamir 4:00: Watercolor Relaxation & Spa 7:00: Theater Show: Belly Dancing with Lulu	9:30: Balloon Tennis 10:00: Soccer Shootouts 10:30: Mind & Melody Music Therapy 11:30: Soccer Shootouts 1:30: Creative Exercises with Monica 2:00: Piano Trivia with Susan 3:00: Happy Hour with Tina 4:00: Yoga & Meditation 4:00: In Room Visits: Hand Massages	9:30: Kickball 10:00: Chair Zumba 10:30: Jewelry Design 11:00: Miami Dolphins Fan Club Mix & Mingle 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Inflatable Bullseye 3:00: Happy Hour with Tywon 4:00: Watercolor & Spa 4:00: Room Visits: Trivia	9:30: Belly Dancing with Katy 10:30: Baking Class 11:15: Watercolor & Music 11:30: Pop A Shot Basketball Tournament 1:30: Singalong with Mark 2:30: Balloon Tennis 3:00: Happy Hour with Liana 4:00: Yoga & Meditation
10:00: Chair Zumba 10:30: Balloon Tennis 11:00: Shooting Range Practice 11:30: Roll the Dice Topics Game 1:30: Mad Science Lab 2:15: Roll the Dice Topics Game 3:00: Happy Hour with Ariel 4:00: Watercolor & Spa	9:30: Quick Math Solving 10:00: Brain Crunch: Hangman 10:30: Pop A Shot Basketball Tournament 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Canvas Painting & Smoothies 3:00: Happy Hour with JP 4:00: Watercolor Relaxation & Spa	9:30: Ceramics & Karaoke with Terrie 10:30: Coloring & Music 10:30: <i>Walking Club</i> 11:00: Large Puzzle Assembling 11:00: Ice Cream Taco Tuesday in the Ice Cream Parlor 1:30:Creative Exercises with Monica 2:00: Inflatable Bullseye 3:00: Happy Hour with Florenza 4:00: Hand Massages & Aroma 4:00: In-Room Visits: Steel Drums	9:30: Pop A Shot Basketball Tournament 10:00: Latin Dancing with Katy 11:00: Music Therapy & Blowing Bubbles with Inara 1:30: Creative Exercises with Monica 2:00: Categories Word Game 2:00: Rooted in Friendship Mixer 3:00: Happy Hour with Anabel 4:00: Watercolor Relaxation & Spa	9:30: Balloon Tennis 10:00: Soccer Shootouts 10:30: Mind & Melody Music Therapy 1:30: Creative Exercises with Monica 2:00: Piano Trivia with Susan 3:00: Happy Hour with Lici 4:00: Yoga & Meditation 4:00: In Room Visits: Hand Massages	9:30: Kickball 10:00: Chair Zumba 10:30: Jumbo Jenga 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Shooting Range Practice 3:00: Happy Hour with Nathalie 4:00: Watercolor & Spa 4:00: In Room Visits: Trivia	9:15: Gardening Class with Ale 9:30: Belly Dancing with Katy 10:00: Kickball 10:30: Baking 11:15: Watercolor & Music 11:30: Pop A Shot Basketball Tournament 1:30: Piano Hour with Lois 2:30: Balloon Tennis 3:00: Happy Hour with Mayren 4:00: Yoga & Meditation
10:00: Chair Zumba 10:30: Balloon Tennis 11:00: Shooting Range Practice 11:30: Roll the Dice Topics Game 1:30: Hula Hoop Basketball 2:00: Balloon Volleyball 3:00: Happy Hour with Anama/Ariel 4:00: Watercolor & Spa	9:30 Quick Math Solving 10:00: Brain Crunch: Multiple Choice General Trivia 10:30: Pop A Shot Basketball Tournament 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Jumbo Jenga 3:00: Happy Hour with Tony/Gustavo 4:00: Watercolor Relaxation & Spa	9:30: Ceramics & Karaoke with Terrie 10:30: Coloring & Music 11:00: Large Puzzle Assembling 10:30: <i>Walking Club</i> 1:30: Creative Exercises with Monica 2:00: Flower Arranging 2:30: In-Room Flower Arranging/Delivery 3:00: Happy Hour with Florenza 4:00: Hand Massages & Aroma 4:00: In Room Visits: Steel Drums	9:30: Pop A Shot Basketball Tournament 10:00: Latin Dancing with Katy 11:00: Shooting Range Practice 11:30: Punch that Bag 12:00: Room Visits with Boujee Cattle 1:15: Animal Therapy with Boujee Cattle 1:30: Creative Exercises with Monica 2:00: Categories Word Game 3:00: Happy Hour with JP 4:00: Watercolor Relaxation & Spa 5:00: Italian Gourmet Night	9:30: Balloon Tennis 10:00: Soccer Shootouts 10:30: Mind & Melody Music Therapy 11:30: Guess the Celebrity 1:30: Creative Exercises with Monica 2:00: Piano Trivia with Susan 3:00: Happy Hour with Lici 4:00: Yoga & Meditation 4:00: In Room Visits: Hand Massages	9:30: Kickball 10:00: Chair Zumba 10:30: Jewelry Design 11:00: Large Puzzle Assembling 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Shooting Range Practice 3:00: Happy Hour with Tywon 4:00: Watercolor & Spa 4:00: Room Visits: Trivia	9:30: Belly Dancing with Katy 10:30: Baking Class 11:15: Watercolor & Music 11:30: Pop A Shot Basketball Tournament 1:30: Singalong with Mark 3:00: Rave Hora Loca Happy Hour! 4:00: Yoga & Meditation

*Activities are subject to change *

Ju(ly)ke what you see?



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