



AUGUST CALENDAR

The Renaissance Gazette

ASSISTED LIVING RESIDENCES

A Message from Helen



Any problems, issues,
or other questions?

Call me on my cell
at (786) 556-9009

or e-mail me at
Helen@ThePalace.org

Please leave your name
and apartment number.

~ Love, Helen Shaham

Owner, The Palace Group

THE PALACE RENAISSANCE'S MONDAY OUTINGS

Fresh Air, Friendship & Beautiful Memories



Diamond Art Class

Join us for a relaxing and creative
Diamond Art Class!

Create beautiful, sparkling designs while improving focus,
hand-eye coordination, and fine motor skills!

No experience needed—just bring your creativity and enjoy the fun!



When: August, 11 & 25 @ 11am

Where: Activities Room

Hosted by: Terrie Dawkins

Our weekly field trips give residents the opportunity to
enjoy nature, socialize with friends, experience a refreshing
change of scenery, and support their overall well-being.

Let's Get Out and Enjoy the Day!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
August, 2026						9:30 Morning Stretch 10:00 Catholic Service/Act-R 11:00 Watercolor Classes / Katy 11:00 Music & Trivia 1:00 Friendly Dog Visits 1:30 Discover the power of your voice! 2:00 Music Time / Lobby 3:00 Trumpet with Soul by Humberto 3:00 Ice Cream Social /Violin 3:00 Travel Memories Club
9:30 Awaken Your Senses: Join our Morning Wellness Group! 11:00 Lee's Saxophone Performance 11:00 Aromatherapy Session 1:30 Drum Circle with Katy 2:00 Music Appreciation Club/Lee 3:00 Ice Cream Social with Harp 3:00 Sensory Meditation Corner/Gaby 3:00 Piano Singer by Edgar 4:00 Table Games with Friends	9:30 Awakening Stretch 10:00 Crochet Classes 10:30 Circle of friends 10:30 Outing to: "Indian Hammock's Park" 11:00 Wonders of Creation 1:30 Music / Shape Painting 1:30 Jewelry Design 2:30 Soft Music therapy/Sensory R 3:00 Social Hour with Edgar 4:00 Mindful Mondays/Sensory R	9:30 Morning Coffee / Patio 9:30 Awakening Stretch 10:00 Art & Craft / Giuliana 10:00 Brain Boost Trivia 11:00 Canvas Crafts / Terrie 1:30 Big Bingo \$\$\$ 3:00 Ice Cream Social 3:00 Social Time with Dragan 3:00 Touch & Explore/Sensory Room 4:00 Crossword Puzzles	9:30 Group Exercise 10:15 Jewelry Design 11:00 Bible Study / Big Screen 11:00 Garden Stroll / Photography 1:00 Soothing Music Time 1:30 Musical Immersion / Katy 3:00 Ice Cream Social 3:00 Social Hour with Gustavo 3:00 Memory Lane/Sensory Room 3:30 Rosary Time/Sensory Room 4:00 Mix & Match Table Games	9:30 Coffee & Conversation 9:30 Beauty & Fashion 10:00 Crochet Classes 11:00 Art & Craft / Giuliana 11:00 Chair Yoga & Stretching 1:30 Belly Dance with Katy 1:30 Music & Resident Favorites 3:00 Ice Cream Social / Sax 3:00 Therapeutic Thursday/Sensory Room 3:00 Social Time / Robert's Guitar 4:00 Mix & Match Table Games 6:00 Movie Night...TBA	9:30 Morning Stretch 10:00 Puppet Fun Time 11:00 Feel-Good Fridays / S-R 11:00 Coloring for Calmness 11:00 Music & Trivia 1:30 Music Therapy 3:00 Social Hour with Dragan 3:00 Ice Cream Social w / Harp 4:00 Shabbat Services/Ice Cream Parlor 6:00 Movie Night...TBA	9:30 Morning Stretch 10:00 Catholic Service/Act-R 11:00 Watercolor Classes / Katy 11:00 Music & Trivia 1:30 Discover the power of your voice! 2:00 Music Time / Danny 3:00 Ice Cream Social /Violin 3:00 Trumpet with Soul by Humberto 3:00 Travel Memories Club 6:00 Movie Night ...TBA
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Monday Outings

in **AUGUST!**

Dress Up for the Occasion!

Join us for Fun Adventures Every Monday!
Departing at 10:30 AM



August 3 – Indian Hammock's Park



August 10 – Cape Florida Lighthouse



August 17 – Crandon Park



August 24 – Tropical Park



August 31 – Bayfront Park

*Make New Friends, See Beautiful Sights
& Create Wonderful Memories!*

Sign up with Activities Department:
Maggie Miranda / Director of Activities at
Maggie@thepalaceus.com

Join Our Garden Club!

Make new friends and enjoy gardening with us!



Everyone is welcome!
Come and grow with us

Contact us to join today!

(786) 924-2585

maggie@thepalaceus.com



August

Birthday Celebrations!

August 1	Sylvia Zurbaran
August 1	Maria Villar Avery
August 8	Elba Gomez
August 9	Gladys Mercado
August 10	Elizabeth Vivero
August 10	Patricia Traum
August 11	Maria Gershanik
August 14	Roberto Ferrin
August 16	Mirelys Ugalde
August 22	Yael Rind
August 25	Marta Cochez
August 27	Norma Cohen

GARDEN CLUB

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Everyone Is Welcome!



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