



The Weston Star

Luxury Carefree Living for Active Seniors

September 2026

A Message from Helen



- Love, Helen Shahan
Owner, The Palace Group

Any problems, issues,
or other questions?
Call me on my cell at:
(786) 556-9009
or e-mail me at:
Helen@ThePalace.org
Please leave your name
and apartment number.

Monthly Highlights

- 9/2 The Odyssey RSVP Cinemark
Paradise 24
- 9/6 Grandparents Day Friends and Family
Event RSVP
- 9/9 Balloon Museum Miami RSVP
- 9/9 Comedy Reading/Improv W/ Leslie
- 9/12 Leslie Lenz: Fantasy Author Visit
- 9/16 Palace Dog Show
- 9/17 Resident Council
- 9/23 Coopers hawk RSVP
- 9/23 Hispanic Heritage Happy Hour
- 9/25 Palace Presents: Harry Getzov
- 9/26 Susan Holmes: Musical Trivia
- 9/29 Lunch and Learn: Robert Dawson-
George Washington

Welcome to September, everyone!

We're excited for a month filled with family, fun,
furry friends, and celebration. Join us for our
Grandparents Day Celebration on Sunday,
September 6th, our Palace Dog Show on
Wednesday, September 16th, and a festive
Happy Hour celebrating Hispanic Heritage Month
to close out the month!

We're so happy to welcome all of our new
residents and look forward to making wonderful
memories together!

With love,
Mackenzie McAlister

September Birthdays:

Maddy McCauley 9/11

Hilde Breitbart 9/17

Carolyn Bass 9/24

Lila Tickman 9/25

Sheila Smith 9/27

Nova Lectures.....

September Lecture Series

September 4, 2026

Attention, All Personnel: Why M*A*S*H Matters

The Korean War was known as “The Forgotten War” – until one of its veterans, an Army doctor, published a novel based on his experience at a Mobile Army Surgical Hospital. Hear how the book was turned into an Academy Award-winning film and a classic television series that continues to run successfully in syndication today. Find out why the series in particular retains a connection not just to war veterans, but also to millions of viewers.

Lecturer: Sylvia Gurinsky Educator | Writer | Cohost

September 11th

Otto Wagner, Tradition and New Beginnings

Otto Wagner was a Viennese architect, furniture designer and urban planner. He bridged the gap between Historicism and Jugendstil. The buildings he designed determined the appearance of Vienna at the turn of the twentieth century. A talented draftsman and an influential teacher at the Vienna Academy of Fine Arts in Vienna, he exerted a considerable influence over the for the next generation of architects and designers.

Lecturer: Armando Droulers

September 18, 2026

The Beatles, 1960 to 1970: Ten Years That Changed Our World

In just one decade, four young men from Liverpool reshaped music, culture, and a generation. Shane LeMar traces the Beatles' journey from their early days to their final years together, revisiting the songs and moments that left a lasting mark on the world. A must for longtime fans and anyone who lived through the era.

Lecturer: Shane Lemar

September 25, 2026

IMMIGRANT STORIES OF BLUES AND POPULAR CULTURE

The 20th century melting pot in America fostered a combination of talents from different ethnicities and origins. The music born included Blues, Soul, Rhythm and Blues and protest songs that left an enduring legacy.

Lecturer: Emanuel Abramovits

September Outings.....



Balloon[®] MUSEUM

Wednesday, September 9th
12:00pm

\$47.00 per person

RSVP W/ Front Desk
#954-217-2000

Just a reminder we will not have an outing on Wednesday, September 16th to prepare for the Dog Show

Make Reservations Early.....

Coopers Hawk
Winery and
Restaurant

Wednesday,
September 23rd
11:30am

RSVP W/ Front
Desk
#954-217-2000



Wednesday, September
30th 11:30am

RSVP W/ Front Desk
#954-217-2000
Argentinean Restaurant

BAIRES
Grill
Since 1999

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2026		1 10:00 am Chair Fitness Class 11:00 am Yearbook Club 01:00 pm Couples Gin Club 02:00 pm Peter Levine Lecture 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	2 Deadline to RSVP for Friends and Family Event 10:00 am Chair Fitness Class 11:00 am Horticulture Class 11:00 am The Odyssey RSVP Cinemark Paradise 24 11:00 am Aqua Fit 12:00 pm Resistance Band class 02:00 pm Yoga Class 03:00 pm Silver Sneakers workout class 03:00 pm Sewing/ Quilting Club 04:30 pm Happy Hour 07:00 pm Movie Night	3 10:00 am Chair Fitness Class 10:00 am Men’s Gin Club 11:30 am Ball and Balance Class 02:00 pm Afternoon Tea 02:00 pm Billiards Game 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	4 10:00 am Chair Fitness Class 11:00 am Nova Lecture Series 12:00 pm Resistance Band class 01:00 pm Diamond Painting 02:00 pm Yoga Class 02:30 pm Shabbat Service 04:30 pm Happy Hour 07:00 pm Movie Night	5 10:00 am Aqua Fit 11:00 am Film and Book Lecture 11:30 am Spanish Bingo 01:00 pm Canasta 01:00 pm Gin Game 01:00 pm Rummikub 04:30 pm Happy Hour 07:00 pm Movie Night
6 7:30-9:30 Breakfast in Café Bar 12:00-2:30-Grandparents Day Friends and Family Event Come Dressed in your best Renaissance faire attire Examples: (Fantasy, Nobles, Royalty, Dancers, Jesters, Magicians) 04:30 pm Happy Hour 07:00 pm Movie Night	7 Labor Day 10:00 am Chair Fitness Class 11:00 am Cornhole/Darts 11:30 am Ball and Balance Class 01:00 pm Afternoon Matinee 01:00 pm Art Class W/ Karen 01:00 pm Rummikub Game 03:00 pm Jewelry Class 04:30 pm Happy Hour 07:00 pm Movie Night	8 10:00 am Chair Fitness Class 11:00 am Pictionary 01:00 pm Couples Gin Club 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	9 10:00 am Chair Fitness Class 11:00 am Aqua Fit 12:00 pm Balloon Museum Miami RSVP \$47.00 12:00 pm Resistance Band class 02:00 pm Yoga Class 03:00 pm Silver Sneakers workout class 03:00 pm Sewing/ Quilting Club 04:30 pm Happy Hour 07:15 pm Center Stage: Comedy Reading/ Improv	10 10:00 am Chair Fitness Class 10:00 am Men’s Gin Club 11:30 am Ball and Balance Class 02:00 pm Afternoon Tea 02:00 pm Billiards Game 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	11 Rosh Hashanah Begins 10:00 am Chair Fitness Class 11:00 am Nova Lecture Series 12:00 pm Resistance Band class 01:00 pm Diamond Painting 02:00 pm Yoga Class 02:30 pm Shabbat Service 04:30 pm Happy Hour 07:00 pm Movie Night	12 10:00 am Aqua Fit 11:00 am Current Events 11:30 am Spanish Bingo 01:00 pm Video Concert 01:00 pm Gin Game 01:00 pm Rummikub 02:00 pm Leslie Lenz :Fantasy Author 04:30 pm Happy Hour 07:00 pm Movie Night
13 Rosh Hashanah Ends 10:00 am Cardio Class 10:30 am Streaming Church Service 11:00 am Knitting Club 01:00 pm Matinee Movie 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	14 10:00 am Chair Fitness Class 11:00 am Cornhole/Darts 11:30 am Ball and Balance Class 01:00 pm Afternoon Matinee 01:00 pm Art Class W/ Karen 01:00 pm Rummikub Game 02:00 pm Technology Class 04:30 pm Happy Hour 07:00 pm Movie Night	15 10:00 am Chair Fitness Class 11:30 am Flower Arranging 01:00 pm Couples Gin Club 02:00 pm Peter Levine Lecture 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	16 Palace Dog Show 10:00 am Chair Fitness Class 11:00 am Aqua Fit 11:00 am Horticulture Class 12:00 pm Resistance Band class 01:30 pm Palace Dog Show 02:00 pm Yoga Class 03:00 pm Silver Sneakers 04:30 pm Happy Hour 07:00 pm Movie Night	17 RESIDENT COUNCIL 09:00 am Men’s Gin Club 10:00 am Chair Fitness Class 11:00 am Resident Council 11:30 am Ball and Balance Class 02:00 pm Afternoon Tea 02:00 pm Billiards Game 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	18 10:00 am Chair Fitness Class 11:00 am Nova Lecture Series 12:00 pm Resistance Band class 01:00 pm Diamond Painting 02:00 pm Yoga Class 02:30 pm Shabbat Service 04:30 pm Happy Hour 07:00 pm Movie Night	19 10:00 am Aqua Fit 11:00 am Film and Book Lecture 11:30 am Spanish Bingo 01:00 pm Gin Game 01:00 pm Rummikub 04:30 pm Happy Hour 07:00 pm Movie Night
20 Yom Kippur Begins 10:00 am Cardio Class 10:30 am Streaming Church Service 11:00 am Knitting Club 01:00 pm Charm Bracelet Class 01:00 pm Matinee Movie 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	21 Yom Kippur Ends 10:00 am Chair Fitness Class 11:00 am Cornhole/Darts 11:30 am Ball and Balance Class 01:00 pm Afternoon Matinee 01:00 pm Art Class W/ Karen 01:00 pm Rummikub Game 03:00 pm Jewelry Class 04:30 pm Happy Hour 07:00 pm Movie Night	22 10:00 am Chair Fitness Class 11:30 am Wii Bowling 01:00 pm Couples Gin Club 02:30 pm Chess game 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm \$100.00 Bingo w/Mack	23 10:00 am Chair Fitness Class 11:00 am Aqua Fit 11:30 pm Coopers Hawk RSVP 12:00 pm Resistance Band class 02:00 pm Yoga Class 03:00 pm Sewing/ Quilting Club 03:00 pm Silver Sneakers workout Class 04:30 pm Hispanic Heritage Month Happy Hour 07:00 pm Movie Night	24 10:00 am Chair Fitness Class 10:00 am Men’s Gin Club 11:30 am Ball and Balance Class 02:00 pm Afternoon Tea 02:00 pm Billiards Game 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Book Club 07:00 pm Movie Night	25 Sukkot Begins 10:00 am Chair Fitness Class 11:00 am Nova Lecture Series 12:00 pm Resistance Band class 01:00 pm Diamond Painting 02:00 pm Yoga Class 02:30 pm Shabbat Service 04:30 pm Happy Hour 07:30 PM Palace Presents: Harry Getzov	26 10:00 am Aqua Fit 11:00 am Current Events 11:30 am Spanish Bingo 01:00 pm Video Concert 01:00 pm Gin Game 01:00 pm Rummikub 04:30 pm Happy Hour 07:30 pm Susan Holmes: Musical Trivia
27 10:00 am Cardio Class 10:30 am Streaming Church Service 11:00 am Knitting Club 01:00 pm Matinee Movie 01:00 pm Cake Embroidery 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	28 10:00 am Chair Fitness Class 11:00 am Cornhole/Darts 11:30 am Ball and Balance Class 01:00 pm Rummikub Game 01:00 pm Art Class W/ Karen 01:00 pm Afternoon Matinee 02:00 pm Technology Class 04:30 pm Happy Hour 07:00 pm Movie Night	29 10:00 am Chair Fitness Class 11:00 am Lunch and Learn Robert Dawson: George Washington 01:00 pm Couples Gin Club 02:00 pm September Birthday Party 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	30 10:00 am Chair Fitness Class 11:00 am Aqua Fit 11:30 am Baires Grill RSVP 12:00 pm Resistance Band class 02:00 pm Yoga Class 03:00 pm Sewing/ Quilting Club 03:00 pm Silver Sneakers 04:30 pm Happy Hour 07:00 pm Movie Night	September		

The Palace Presents.....

Center Stage

**DRAMATIC/COMEDY
READINGS AND
IMPROV GAMES
W/ LESLIE**

WEDNESDAY, SEPTEMBER 9TH 7:15PM

Residents take the spotlight with hilarious scripts, classic TV sitcom Moments, and beloved plays. No experience required--just bring your sense of humor!



SEPTEMBER
11th
**ROSH
HASHANAH**

Celebration

Resident Happy Hour & Dinner
4:30 – 4:45 PM Rabbi's Reflection & Blessing
5:00 PM Rosh Hashanah Dinner

DRESSED TO THE K-9'S

PALACE DOG SHOW
ALL PROCEEDS GO TO
THE HUMANE SOCIETY OF BROWARD COUNTY

**WEDNESDAY, SEPTEMBER 16TH
1:30PM
PALACE THEATER
NO OUTSIDE DOGS ALLOWED ON PREMISIS**



August Activities



A festive banner for Hispanic Heritage Happy Hour. It features a light beige background with a border of colorful triangular flags and stars. The text is centered and reads:

HISPANIC HERITAGE Happy Hour

WEDNESDAY, SEPTEMBER 23RD
4:30PM-5:30PM PLAZA

WEDNESDAY, SEPTEMBER 23RD
4:30PM-5:30PM PLAZA

Café Bar

Open from 10:00AM till 8:00PM

Stop by and enjoy our Café Bar situated in the plaza
We have a wide range of hot and cold beverages
Or try our amazing selection of Ice Creams!!!

HAPPY HOUR

Live Entertainment

Every day

4:30 PM — 5:30 PM

RESTAURANT HOURS

Breakfast 7:30 - 10:00 am

Lunch 12:30 - 2:00 pm

Happy Hour 4:30 - 5:30 pm

Dinner Served 5:00-7:30 pm

HEALTH & WELLNESS GYM HOURS

7:00 AM till 7:00 PM

**Schedule a personal training session
with James your Wellness Assistant**

**Check the Daily Digital for updates on
all of the classes we offer!**