



The Gardens Gazette

Luxury Carefree Living for Active Seniors

Assisted Living

September 2026

A Message from Helen



Any problems, issues, or other questions?
Call me on my cell at
(786) 556-9009 or e-mail me at
Helen@ThePalace.org.
"Please say your name & your
apartment number."

~ Love Helen Shaham
Owner, The Palace Group

**Make Reservations for
Events, Classes & Excursions
at the
Activities Office
or
the Conclerge Desk**

List of Outings on back of Calendar

*Suggestions for your loved
ones? Feel free to contact me!*

**AL Director of Activities,
Jasper Wade
rwade@thepalaceus.com**

GRANDPARENTS DAY Celebration!
"Adventure Is Out There!"
A HEARTWARMING CELEBRATION
HONORING OUR AMAZING GRANDPARENTS!

DATE: SUNDAY, SEPTEMBER 13, 2026
TIME: 12:30 PM - 2:30 PM
LET'S CELEBRATE THE LOVE, WISDOM, AND JOY THAT OUR GRANDPARENTS BRING TO OUR LIVES!

RSVP IS REQUIRED.
CALL 305.508.6055 TO RESERVE YOUR SPOT.

YOU'RE INVITED!
BRING A FRIEND!
BOOTS, Beats & BBQ
WEDNESDAY, SEPTEMBER 23RD, 2026
6:00 PM

START THE NIGHT WITH A FUN **LINE DANCE CLASS!**
THEN STAY & ENJOY A SOCIAL FILLER WITH...

BBQ-STYLE APPETIZERS
BEER KEGS
COUNTRY MUSIC & FUN!
GREAT COMPANY

COMPLIMENTARY
Good Times. Great Company.
BRING A FRIEND. WE CAN'T WAIT TO SEE YOU THERE!

WHERE'S WALDO?
THEMED RESIDENT MIXER!
Join us for a fun-filled afternoon of mystery, mingling, and memories!
WEAR STRIPES, BRING YOUR CURIOSITY, AND LET'S FIND WALDO TOGETHER!

DATE: TUESDAY, SEPTEMBER 15TH, 2026
TIME: 2:00 PM FOR 1 HOUR
EVENT: WHERE'S WALDO THEMED RESIDENT MIXER

FUN. FRIENDS. FIND WALDO!

SHOWTIME
AN EVENING EN POINTE
with Emily

SUNDAY SEPT 27, 2026 **7:00 PM**
IN THE THEATER

AN INSPIRING EVENING OF BALLET, STORYTELLING, AND TIMELESS BEAUTY.

GREECE
Gourmet Dinner

Join us for an unforgettable evening of Mediterranean flavors, warm hospitality, and wonderful company!

DATE: WEDNESDAY, SEPTEMBER 30TH, 2026
TIMES: MEMORY CARE 5:00 PM, ASSISTED LIVING 5:30 PM
EXPERIENCE: A DELICIOUS JOURNEY THROUGH GREECE

Good food. Great company.
Beautiful memories.
WE CAN'T WAIT TO CELEBRATE WITH YOU!

The Gardens Gazette

August Memories



August Memories



Check Out All

Event Photos

Birthdays



HELLO September! ♥

Wishing Our Wonderful Residents a Very Happy Birthday!

BIRTHDATE	FIRST NAME	LAST NAME INITIAL
SEPTEMBER 7	Edward	R.
SEPTEMBER 15	Josefina	B.
SEPTEMBER 18	Mary Lou	A.
SEPTEMBER 19	Consuelo	C.
SEPTEMBER 29	Linda	M.
SEPTEMBER 30	Judy	H.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		¹ 10:00 am Get Up & Move! 10:30 am Pool & Water Aerobics 10:30 am Jewelry Design 11:00 am Nondenominational Service 11:15 am Sports: Basketball 1:30 pm Dominos & Cards 1:45 pm Craft: Ceramics with Terri 3:00 pm Bingo \$3.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night	² 10:00 am Get Up & Move! 10:30 am Catholic Mass with Three Virtues 11:15 am Sports: Basketball Shootout 1:30 pm Animal Meet & Greet with Yaney 2:00 pm Blackjack \$5.00 Buy In 3:00 pm Book Mobile 3:00 pm Bingo! \$3.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night	³ 10:00 am Get Up & Move! 11:00 am Belly Dance with Katy 1:30 pm Dominos & Cards 1:45 pm Water Color Class 2:00 pm Virtual Lecture 3:30 pm Bingo \$3.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night	⁴ 10:00 am Get Up & Move! 10:30 am Pool & Water Aerobics 10:30 am Walking Club 11:15 am Bingo! \$3.00 Buy In 1:30 pm Puzzle Masters Meet 1:45 pm Water Color Club 2:00 pm Piano Trivia with Susan 3:00 pm Publix 4:30 pm Happy Hour 6:00 pm Virtual Shabbat 6:45 pm Movie Night	⁵ 10:00 am Get Up & Move! 10:30 am Virtual Shabbat 11:00 am Mark's Singalong 1:30 pm Board Games 2:00 pm Blackjack \$5.00 Buy In 2:30 pm Classic Movie 3:30 pm Bingo! \$2.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night
⁶ 10:00 am Mass at Sacred Heart 10:30 am Sports: Axe Throwing 11:00 am Virtual Worship & Bible Study 11:00 am Dance Class with Katy 1:30 pm Puzzle Masters Meet 2:00 pm Nails & Pamper Party 2:00 pm Legends in Concert 3:30 pm Bingo \$2.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night	⁷ Labor Day 10:00 am Get Up & Move 10:30 am Walking Club 11:15 am Music Hour—Drum Circle 1:30 pm Knitting Class with Yaney 2:00 pm Virtual Lecture 2:30 pm Flower Arranging Club 3:30 pm Bingo \$3.00 Buy-In 3:30 pm Tai Chi with Grisell 4:30 pm Happy Hour 6:45 pm Movie Night	⁸ 10:00 am Get Up & Move! 10:30 am Pool & Water Aerobics 10:30 am Jewelry Design 11:00 am Nondenominational Service 11:15 am Sports: Basketball 1:30 pm Dominos & Cards 1:45 pm Gardening Club 3:00 pm Bingo \$3.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night	⁹ 10:00 am Get Up & Move! 10:30 am Waking Club 11:15 am Sports: Shooting Range 1:30 pm Animal Meet & Greet with Yaney 2:00 pm Blackjack \$5.00 Buy In 3:00 pm Book Mobile 3:00 pm Bingo! \$3.00 Buy-In 4:30 pm Farmers Market Happy Hour 6:45 pm Movie Night	¹⁰ 10:00 am Get Up & Move! 11:00 am Belly Dance with Katy 11:00 am Hooky Bowling Lanes 1:30 pm Dominos & Cards 2:00 pm Virtual Lecture 3:30 pm Bingo \$3.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night	¹¹ Patriot Day Rosh Hashanah at Sunset 10:00 am Get Up & Move! 10:30 am Pool & Water Aerobics 10:30 am Walking Club 11:15 am Water Color Club 2:00 pm Piano Trivia with Susan 3:00 pm Bingo! \$3.00 Buy In 4:30 pm Happy Hour 6:00 pm Virtual Shabbat 6:45 pm Movie Night	¹² 10:00 am Get Up & Move! 10:30 am Virtual Shabbat 10:45 am Refuel & Refresh Drinks 11:00 am Mark's Singalong 1:30 pm Board Games 1:45 pm Classic Movie 2:00 pm Blackjack \$5.00 Buy In 3:00 pm Bingo! \$2.00 Buy-In 4:30 pm Happy Hour 5:30 pm Rosh Hashanah with Eilat 6:45 pm Movie Night
¹³ Grandparents Day 10:00 am Mass at Sacred Heart 10:30 am Sports: Basketball Shootout 11:00 am Virtual Worship & Bible Study 11:00 am Dance Class with Katy 12:30 pm Grandparents Day Celebration 3:30 pm Bingo \$2.00 Buy-In 4:25 pm On the Big Screen: Dolphins vs Raiders 4:30 pm Happy Hour 6:45 pm Movie Night	¹⁴ 10:00 am Get Up & Move 10:30 am Walking Club 11:15 am Music Hour—Drum Circle 1:30 pm Mahjong 2:00 pm Flower Arranging Club 2:30 pm Virtual Lecture 3:30 pm Bingo \$3.00 Buy-In 3:30 pm Tai Chi with Grisell 4:30 pm Happy Hour 6:45 pm Movie Night	¹⁵ 10:00 am Get Up & Move! 10:30 am Pool & Water Aerobics 10:30 am Jewelry Design 11:00 am Nondenominational Service 11:15 am Sports: Shooting Range 1:30 pm Dominos & Cards 2:00 pm "Where's Waldo?" Resident Mixer 3:00 pm Bingo \$3.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night	¹⁶ 10:00 am Get Up & Move! 10:30 am Walking Club 11:00 am Resident Council Meeting 1:30 pm Animal Meet & Greet with Yaney 2:00 pm Blackjack \$5.00 Buy In 3:00 pm Book Mobile 3:00 pm Bingo! \$3.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night	¹⁷ 10:00 am Get Up & Move! 11:00 am SUPERBLUE Miami 11:00 am Belly Dance with Katy 1:30 pm Dominos & Cards 2:00 pm Virtual Lecture 3:30 pm Bingo \$3.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night	¹⁸ 10:00 am Get Up & Move! 10:30 am Pool & Water Aerobics 10:30 am Walking Club 11:15 am Bingo! \$3.00 Buy In 1:45 pm Water Color Club 2:00 pm Piano Trivia with Susan 3:00 pm Publix 4:30 pm Happy Hour 6:00 pm Virtual Shabbat 6:45 pm Movie Night	¹⁹ 10:00 am Get Up & Move! 10:30 am Virtual Shabbat 10:45 am Refuel & Refresh Drinks 11:00 am Mark's Singalong 1:30 pm Board Games 1:45 pm Classic Movie 2:00 pm Blackjack \$5.00 Buy In 3:00 pm Bingo! \$2.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night
²⁰ Yom Kippur at Sunset 10:00 am Mass at Sacred Heart 10:30 am Sports: Shooting Range 11:00 am Dance Class with Katy 2:00 pm Nails & Pamper Party 2:00 pm Legends in Concert 3:00 pm Bingo \$2.00 Buy-In 4:25 pm On the Big Screen: Dolphins vs 49ers 4:30 pm Happy Hour 5:30 pm Yom Kippur 6:45 pm Movie Night	²¹ 10:00 am Get Up & Move 10:30 am Walking Club 11:15 am Music Hour—Drum Circle 1:30 pm Knitting Class with Yaney 2:00 pm Virtual Lecture 2:30 pm Flower Arranging Club 3:30 pm Bingo \$3.00 Buy-In 3:30 pm Tai Chi with Grisell 4:30 pm Happy Hour 6:45 pm Movie Night	²² First Day of Autumn 10:00 am Get Up & Move! 10:30 am Pool & Water Aerobics 10:30 am Jewelry Design 11:00 am Nondenominational Service 11:15 am Sports: Giant Bowling 1:30 pm Dominos & Cards 1:45 pm Gardening Club 3:00 pm Bingo \$3.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night	²³ 10:00 am Get Up & Move! 10:30 am Walking Club 11:15 am Sports: Basketball Shootout 1:30 pm Animal Meet & Greet with Yaney 2:00 pm Blackjack \$5.00 Buy In 3:00 pm Book Mobile 3:30 pm Bingo! \$3.00 Buy-In 4:30 pm Happy Hour 6:00 pm Boots, Beats & BBQ 6:45 pm Movie Night	²⁴ 10:00 am Get Up & Move! 10:00 am Black Point Ocean Grill 11:00 am Belly Dance with Katy 1:30 pm Dominos & Cards 2:00 pm Virtual Lecture 3:30 pm Bingo \$3.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night	²⁵ 10:00 am Get Up & Move! 10:30 am Pool & Water Aerobics 10:30 am Walking Club 1:45 pm Water Color Club 2:00 pm Piano Trivia with Susan 3:00 pm Bingo! \$3.00 Buy In 3:45 pm Sukkot with Eilat 4:30 pm Happy Hour 6:00 pm Virtual Shabbat 6:45 pm Movie Night	²⁶ 10:00 am Get Up & Move! 10:30 am Virtual Shabbat 11:00 am Mark's Singalong 10:45 am Refuel & Refresh Drinks 1:30 pm Board Games 1:45 pm Classic Movie 2:00 pm Blackjack \$5.00 Buy In 3:00 pm Bingo! \$2.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night
²⁷ 10:00 am Mass at Sacred Heart 10:30 am Sports: Basketball Shootout 11:00 am Dance Class with Katy 1:00 pm On the Big Screen: Dolphins vs Chiefs 2:00 pm Nails & Pamper Party 2:00 pm Legends in Concert 3:00 pm Bingo \$2.00 Buy-In 4:30 pm Happy Hour 7:00 pm Showtime: Ballet with Emily	²⁸ 10:00 am Get Up & Move 10:30 am Walking Club 11:15 am Music Hour—Drum Circle 1:30 pm Mahjong 2:00 pm Flower Arranging Club 2:00 pm Virtual Lecture 3:00 pm Bingo \$3.00 Buy-In 3:30 pm Tai Chi with Grisell 4:30 pm Happy Hour Gustavo 6:45 pm Movie Night	²⁹ 10:00 am Get Up & Move! 10:30 am Pool & Water Aerobics 10:30 am Jewelry Design 11:00 am Nondenominational Service 11:15 am Sports: Basketball 1:30 pm Dominos & Cards 1:45 pm Craft: Ceramics with Terri 3:00 pm Bingo \$3.00 Buy-In 4:30 pm Happy Hour 6:45 pm Movie Night	³⁰ 10:00 am Get Up & Move! 10:30 am Walking Club 11:00 am Passport Redemption 1:30 pm Animal Meet & Greet with Yaney 2:00 pm Blackjack 3:00 pm Book Mobile 3:00 pm Bingo! \$3.00 Buy-In 4:30 pm Happy Hour 5:30 pm Greece Gourmet Dinner 6:45 pm Movie Night			
Activities are subject to change . Please check Daily Schedule.						

SEPTEMBER OUTINGS



FUN. ADVENTURE. CONNECTION.



DATE: SEPT 4TH & 18TH

🕒 DEPARTURE TIME:
3:00 PM

PUBLIX

📍 ADDRESS:
891 N Homestead Blvd.
Homestead, FL 33030



DATE: SEPT 10TH

🕒 DEPARTURE TIME:
10:30 AM
(Two lanes reserved
from 11:00 AM – 12:00 PM)

HOOKY ENTERTAINMENT
HOMESTEAD

📍 ADDRESS:
100 S Krome Ave.
Homestead, FL 33030



DATE: SEPT 17TH

🕒 DEPARTURE TIME:
10:00 AM
(11:00 AM reservation)

SUPERBLUE MIAMI

📍 ADDRESS:
1101 NW 23rd St.
Miami, FL 33127



DATE: SEPT 24TH

🕒 DEPARTURE TIME:
10:00 AM

BLACK POINT
OCEAN GRILL

📍 ADDRESS:
24775 S.W. 87th Avenue,
Cutler Bay, FL 33032



SPACES ARE LIMITED • SIGN UP EARLY!
Let's make wonderful memories together!



Health & Wellness

Pool & Water Aerobics: Tuesdays and Fridays @ 10:30 am

Wellness Center Hours: Mon-Sat 9:00 am– 5:30 pm

Walking Club: Monday, Wednesday, & Friday at 10:30 am



TikTok: @pgassistedliving



Instagram: @thepalacegardens



Facebook: The Palace Gardens



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