



The Gardens Gazette

-Memory Care -

Suggestions for your loved one? Feel free to contact me!
Alejandro Medina: Director of Memory Care
Activities amedina@thepalaceus.com (305) 508-6046

September 2026

A Message from Helen



Any problems, issues, or other questions?

Call me on my cell at (786) 556-9009 or e-mail me at Helen@ThePalace.org.

“Please say your name & your apartment number.”

~ Love Helen Shaham
Owner, The Palace Group



September BIRTHDAYS

SEPTEMBER 10

Carole H.

SEPTEMBER 15

Eva F.

SEPTEMBER 19

Amparo R.

Montessori & 1-on-1 Leisure Activities to Promote Stimulation

- Range of Motion Tools
- Music Players & Soothing Hand Massages
- Remote Operated Cats and Dogs
- Fingerpainting & Water coloring
- Sensory Fidget Books and Tools
- Abacus Training & Cognitive Activities
- Large Puzzles & Dominoes

The PALACE GARDENS

GRANDPARENTS DAY Celebration!

"Adventure Is Out There!"

A HEARTWARMING CELEBRATION
HONORING OUR AMAZING GRANDPARENTS!

DATE:
SUNDAY, SEPTEMBER 13, 2026

TIME:
12:30 PM – 2:30 PM

LET'S CELEBRATE THE LOVE,
WISDOM, AND JOY THAT OUR
GRANDPARENTS BRING TO OUR LIVES!

RSVP IS REQUIRED.
CALL 305.508.6055 TO RESERVE YOUR SPOT.

Join Us! FOOD, FUN, MEMORIES,
AND AN AFTERNOON
TOGETHER!

BECAUSE GRANDPARENTS
MAKE LIFE'S JOURNEY
MORE BEAUTIFUL!

The PALACE GARDENS

YOU'RE INVITED!
BRING A FRIEND!

BOOTS, Beats & BBQ

WEDNESDAY, SEPTEMBER 23RD, 2026
6:00 PM

START THE NIGHT
WITH A FUN
LINE DANCE CLASS!
THEN STAY & ENJOY A
SOCIAL FILLED WITH...

- BBQ-STYLE APPETIZERS
- BEER KEGS
- COUNTRY MUSIC & FUN!
- GREAT COMPANY

COMPLIMENTARY

Good Times. Great Company.

BRING A FRIEND. WE CAN'T WAIT TO SEE YOU THERE!

THE PALACE GARDENS 3100 CAMPBELL DR, HOMESTEAD, FL 33033

The PALACE GARDENS

SHOWTIME

AN EVENING
EN POINTE
with *Emily*

**SUNDAY
SEPT 27, 2026**

7:00 PM
IN THE THEATER

AN INSPIRING EVENING OF BALLET, STORYTELLING,
AND TIMELESS BEAUTY.

The PALACE GARDENS

GREECE

Gourmet Dinner

Join us for an unforgettable evening
of Mediterranean flavors, warm hospitality,
and wonderful company!

DATE:
WEDNESDAY, SEPTEMBER 30TH, 2026

TIMES:
MEMORY CARE 5:00 PM
ASSISTED LIVING 5:30 PM

EXPERIENCE:
A DELICIOUS JOURNEY
THROUGH GREECE

*Good food. Great company.
Beautiful memories.*

**WE CAN'T WAIT TO
CELEBRATE WITH YOU!**

September Outings

Join us for three fun outings this September!



9/4:
Inka Nikkei

— ⌚ @ 11:00 am —



9/18:
BJ's Restaurant
and Brewhouse

— ⌚ @ 11:00 am —



9/25:
The Big Cheese

— ⌚ @ 11:00 am —

Good company. Great places. Memorable moments.

Montessori Activities at all tables & Multisensory Room Daily 9:30-5:00p

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Outings for September:</u> 9/4: Inka Nikkei @ 11:00 am 9/18: BJ's Restaurant and Brewhouse @ 11:00 am 9/25: The Big Cheese @ 11:00 am		9:30: Ceramics & Karaoke with Terrie 1 10:30: Coloring & Music 11:00: Large Puzzle Assembling 1:30: Creative Exercises with Monica 3:00: Ice Cream Taco Tuesday Social 3:00: Happy Hour 4:00: Hand Massages 4:00: In Room Visits: Hand Massages	10:00: Latin Dancing with Katy 2 11:00: Shooting Range Practice 11:30: Punch that Bag 12:00: In-Room Visits with Boujee Cattle 1:15: Animal Therapy with Boujee Cattle 1:30: Creative Exercises with Monica 2:00: Categories Word Game 3:00: Happy Hour 4:00: Educational Documentary and Relaxation	9:30: Balloon Tennis 3 10:00: Cornhole Tournament 10:30: Mind & Melody Music Therapy 11:30: Guessing Game 1:30: Creative Exercises with Monica 2:00: Piano Trivia with Susan 3:00: Happy Hour 4:00: Hand Massages & Aroma 4:00: In Room Visits: Hand Massages	9:30: Kickball 4 10:00: Chair Zumba 10:30: Jewelry Design 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Shooting Range Practice 3:00: Happy Hour 4:00: Watercolor & Relaxation 4:00: Room Visits: Trivia	9:30: Belly Dancing with Katy 5 10:30: Baking Class 11:15: Watercolor & Music 11:30: Pop A Shot Basketball Tournament 1:30: Singalong with Mark 2:30: Balloon Tennis 3:00: Happy Hour 4:00: Watercolor & Relaxation
10:00: Chair Zumba 6 10:30: Balloon Tennis 11:00: Cornhole 11:30: Guessing Game 1:30: Jumbo Jenga 2:15: Roll the Dice Topics Game 3:00: Happy Hour 4:00: Watercolor & Spa	9:30 Quick Math Solving 7 10:00: Brain Crunch: Hangman 10:30: Pop A Shot Basketball Tournament 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Canvas Painting & Smoothies 3:00: Happy Hour 4:00: Watercolor Relaxation & Spa 4:00: In Room Visits: Steel Drums Happy Labor Day	9:30: Ceramics & Karaoke with Terrie 8 10:30: Coloring & Music 11:00: Memory Scrapbooking 1:30: Creative Exercises with Monica 2:00: Flower Arranging 2:30: In-Room Flower Arranging/Delivery 3:00: Happy Hour 4:00: Hand Massages	10:00: Latin Dancing with Katy 9 11:00: Music Therapy & Blowing Bubbles with Inara 12:00: In-Room Visits with Boujee Cattle 1:00: Pet Therapy Visit with Endo 1:15: Animal Therapy with Boujee Cattle 1:30: Creative Exercises with Monica 2:00: Categories Word Game 3:00: Happy Hour 4:00: Educational Documentary and Relaxation	9:30: Balloon Tennis 10 10:00: Soccer Shootouts 10:30: Mind & Melody Music Therapy 11:30: Guessing Game 1:30: Creative Exercises with Monica 2:00: Piano Trivia with Susan 3:00: Happy Hour 4:00: Hand Massages & Aroma 4:00: In Room Visits: Hand Massages	9:30: Kickball 11 10:00: Chair Zumba 10:30: Jewelry Design 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Shooting Range Practice 3:00: Happy Hour 4:00: Watercolor & Relaxation 4:00: Room Visits: Trivia 9/11 Patriot Day	9:15: Gardening Class with Ale 12 9:30: Belly Dancing with Katy 10:30: Baking Class 11:15: Watercolor & Music 11:30: Pop A Shot Basketball Tournament 1:30: Singalong with Mark 2:00: Pet Therapy with Endo 2:30: Balloon Tennis 3:00: Happy Hour 4:00: Watercolor & Relaxation 5:30: Rosh Hashanah Dinner
10:00: Chair Zumba 13 10:30: Coloring & Music 11:30: Cornhole 12:00: Live Music in the Plaza 12:30: Disney's Up! Grandparent's Day Party 2:00: Jumbo Jenga 3:00: Happy Hour 4:00: Watercolor & Spa 4:25: Dolphins vs Raiders at the Plaza Happy Grandparents' Day	9:30 Quick Math Solving 14 10:00: Brain Crunch: Multiple Choice General Trivia 10:30: Pop A Shot Basketball Tournament 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Jumbo Jenga 3:00: Happy Hour 4:00: Watercolor Relaxation & Spa 4:00: In Room Visits: Steel Drums	9:30: Ceramics & Karaoke with Terrie 15 10:30: Coloring & Music 11:00: Large Puzzle Assembling 1:30: Creative Exercises with Monica 2:00: Where's Waldo Resident Mixer 2:00: Balloon Volleyball 3:00: Ice Cream Taco Tuesday Social 3:00: Happy Hour 4:00: Hand Massages 4:00: In Room Visits: Steel Drums	10:00: Latin Dancing with Katy 16 11:00: Shooting Range Practice 11:30: Punch that Bag 12:00: Room Visits with Boujee Cattle 1:15: Animal Therapy with Boujee Cattle 1:30: Creative Exercises with Monica 2:00: Categories Word Game 3:00: Happy Hour 4:00: Educational Documentary and Relaxation	9:30: Balloon Tennis 17 10:00: Cornhole Tournament 10:30: Mind & Melody Music Therapy 11:30: Guessing Game 1:30: Creative Exercises with Monica 2:00: Piano Trivia with Susan 3:00: Happy Hour 4:00: Hand Massages & Aroma 4:00: In Room Visits: Hand Massages	9:30: Kickball 18 10:00: Chair Zumba 10:30: Jewelry Design 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Shooting Range Practice 3:00: Happy Hour 4:00: Watercolor & Relaxation 4:00: Room Visits: Trivia	9:30: Belly Dancing with Katy 19 10:30: Baking Class 11:15: Watercolor & Music 11:30: Pop A Shot Basketball Tournament 1:30: Singalong with Mark 2:30: Balloon Tennis 3:00: Happy Hour 4:00: Watercolor & Relaxation
10:00: Chair Zumba 20 10:30: Balloon Tennis 11:00: Cornhole 11:30: Guessing Game 1:30: Jumbo Jenga 2:15: Roll the Dice Topics Game 3:00: Happy Hour 4:00: Watercolor & Spa 4:25: Dolphins at 49ers at the Plaza 5:30: Yom Kippur Service	9:30: Quick Math Solving 21 10:00: Brain Crunch: Hangman 10:30: Pop A Shot Basketball Tournament 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Canvas Painting & Smoothies 3:00: Happy Hour 4:00: Watercolor Relaxation & Spa 4:00: In Room Visits: Steel Drums	9:30: Ceramics & Karaoke with Terrie 22 10:30: Coloring & Music 11:00: Large Puzzle Assembling 1:30: Creative Exercises with Monica 2:00: Balloon Volleyball 3:00: Happy Hour 4:00: Hand Massages 4:00: In-Room Visits: Hand Massages	10:00: Latin Dancing with Katy 23 11:00: Music Therapy & Blowing Bubbles with Inara 12:00: Room Visits with Boujee Cattle 1:15: Animal Therapy with Boujee Cattle 1:30: Creative Exercises with Monica 2:00: Categories Word Game 3:00: Happy Hour 4:00: Educational Documentary and Relaxation	9:30: Balloon Tennis 24 10:00: Soccer Shootouts 10:30: Mind & Melody Music Therapy 1:30: Creative Exercises with Monica 2:00: Piano Trivia with Susan 3:00: Happy Hour 4:00: Hand Massages & Aroma 4:00: In Room Visits: Hand Massages	9:30: Kickball 25 10:00: Chair Zumba 10:30: Jewelry Design 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Shooting Range Practice 3:00: Happy Hour 3:45: Sukkot Shabbat Service 4:00: Watercolor & Relaxation 4:00: In Room Visits: Trivia	9:15: Gardening Class with Ale 26 9:30: Belly Dancing with Katy 10:00: Kickball 10:30: Baking 11:15: Watercolor & Music 11:30: Pop A Shot Basketball Tournament 1:30: Singalong with Mark 2:00: Pet Therapy with Endo 2:30: Balloon Tennis 3:00: Happy Hour 4:00: Watercolor & Relaxation
10:00: Chair Zumba 27 10:30: Balloon Tennis 11:00: Cornhole 11:30: Guessing Game 1:00: Dolphins vs Chiefs at the Plaza 1:30: Hula Hoop Basketball 2:00: Balloon Volleyball 3:00: Happy Hour 4:00: Watercolor & Spa 7:00: Theater Show: En Pointe Ballet with Emily	9:30 Quick Math Solving 28 10:00: Brain Crunch: Multiple Choice General Trivia 10:30: Pop A Shot Basketball Tournament 11:00: BINGO 1:30: Creative Exercises with Monica 2:00: Jumbo Jenga 3:00: Happy Hour 4:00: Watercolor Relaxation & Spa 4:00: In Room Visits: Steel Drums	9:30: Ceramics & Karaoke with Terrie 29 10:30: Coloring & Music 11:00: Large Puzzle Assembling 1:30: Creative Exercises with Monica 2:00: Flower Arranging 2:30: In-Room Flower Arranging/Delivery 3:00: Happy Hour 3:00: Ice Cream Taco Tuesday Social 4:00: Hand Massages	10:00: Latin Dancing with Katy 30 11:00: Shooting Range Practice 11:30: Punch that Bag 12:00: Room Visits with Boujee Cattle 1:15: Animal Therapy with Boujee Cattle 1:30: Creative Exercises with Monica 2:00: Categories Word Game 3:00: Happy Hour 4:00: Educational Documentary and Relaxation 5:00: Greek Gourmet Night	Please be advised that <u>Daily Activities</u> are subject to change at any time.		

August Vibes



Instagram: @thepalacegardens



Facebook: The Palace Gardens



Receive Palace Updates by
Subscribing to our texting
app. Text "Add Me" to
33222

palacegardenslife.com