



The Weston Star

Luxury Carefree Living for Active Seniors

November 2026

A Message from Helen



Any problems, issues,
or other
questions?

Call me on my cell at:
(786) 556-9009

or e-mail me at:
Helen@ThePalace.org

Please leave your name
and
apartment number.

Love, Helen Shaham
Owner, The Palace Group

Monthly Highlights

- 11/4 Seasons 52 RSVP
- 11/6 Veterans Breakfast
RSVP
- 11/8 Fall Potpourri Jars
- 11/9 Encompass Health
Lunch and Learn
RSVP
- 11/10 Thank you Card
Making
- 11/11 Veterans Day
- 11/12 Perez Art Museum
RSVP
- 11/15 F&F Event RSVP
- 11/18 Joes Stone Crab
RSVP
- 11/25 Sicilian Oven RSVP

Welcome to November

As we enter this season of gratitude, we extend
our warm wishes to you and your families.

Veterans Day

We honor all who have served our country and
sincerely thank you for your service and sacrifice.

Nashville Friends & Family Thanksgiving Event

You are cordially invited to join us for our
Thanksgiving celebration.

Date: November 15th

RSVP Deadline: Wednesday, November 11th

We look forward to celebrating this special
occasion with you.

Wishing you and your families a wonderful
Thanksgiving!

With Love,

Mackenzie McAlister

November Birthday

Ruth Johnson 11/11

Roberta Krolick 11/13

Barbara Goldberg 11/13

Jay Dash 11/18

Linda Finkelstein 11/18

Luisa Lipins 11/19

Mauricio Milhoua 11/19

Harold Sobel 11/19

Bob Walsh 11/29

The Palace Presents:



Lunch and Learn



November 9th
at 11:00am



Location
Palace Weston
Theater



RSVP at
front desk

The background of the poster features a blue-toned image of a human head in profile, composed of a network of glowing nodes and lines, set against a dark blue background with a faint grid pattern. To the right, a portion of a theater interior with gold-colored arches and warm lighting is visible.

AI Lecture

November 19th • 1:00pm
Led by Resident Roger Nagel
— The Palace Theater —

The background of the poster shows a theater stage with blue and purple spotlights shining down. The stage floor is dark, and the audience seating in the foreground is visible as rows of dark chairs.

Harry Getzov Lecture

Friday November 27th 7:30pm theater

November Outings....



Seasons 52
Wednesday, November 4th
11:30am
RSVP W/ FRONT DESK
#954-217-2000



Thursday, November 12th
10:15am
RSVP W/ Front Desk
Free Admission

Make Reservations Early.....

Outing to Joe's Stone Crab

Wednesday, November 18th at 10:45am

RSVP with Front desk

(954)217-2000

Outing to Sicilian Oven

Wednesday, November 25th at 11:30am

RSVP w/ front Desk

(954) 217-2000

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 am Cardio Class 10:30 am Streaming Church Service 11:00 am Knitting Club 01:00 pm Matinee Movie 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	2 10:00 am Chair Fitness Class 11:00 am Cornhole/Darts 11:30 am Ball and Balance Class 01:00 pm Afternoon Matinee 01:00 pm Art Class W/ Karen 01:00 pm Rummikub Game 02:00 pm Technology Class 03:00 pm Jewelry Class 04:30 pm Happy Hour 07:00 pm Movie Night	3 10:00 am Chair Fitness Class 11:00 am Gratitude Tree Craft 01:00 pm Couples Gin Club 02:00 pm Peter Levine Lecture 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	4 10:00 am Chair Fitness Class 11:00 am Aqua Fit 11:30 am Seasons 52 RSVP 12:00 pm Resistance Band class 02:00 pm Yoga Class 03:00 pm Silver Sneakers workout class 03:00 pm Spanish Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	5 10:00 am Chair Fitness Class 10:00 am Men’s Gin Club 11:30 am Ball and Balance Class 02:00 pm Afternoon Tea 02:00 pm Billiards Game 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	6 07:30 am Veterans Breakfast Outing (Veterans Only) RSVP 10:00 am Chair Fitness Class 11:00 am Nova Lecture Series 12:00 pm Resistance Band class 01:00 pm Diamond Painting 02:00 pm Yoga Class 02:30 pm Shabbat Service 04:30 pm Happy Hour 07:00 pm Movie Night	7 10:00 am Aqua Fit 11:00 am Film and Book Lecture 12:30 pm Learn Mah Jongg 01:00 pm Canasta 01:00 pm Gin Game 01:00 pm Rummikub 03:00 pm Left, Right, Center 04:30 pm Happy Hour 07:00 pm Movie Night
8 10:00 am Cardio Class 10:30 am Streaming Church Service 11:00 am Knitting Club 01:00 pm Fall Potpourri Jars 01:00 pm Matinee Movie 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	9 10:00 am Chair Fitness Class 11:00 am Encompass Health Lunch and Learn RSVP 11:30 am Ball and Balance Class 01:00 pm Afternoon Matinee 01:00 pm Art Class W/ Karen 01:00 pm Rummikub Game 02:00 pm Technology Class 03:00 pm Jewelry Class 04:30 pm Happy Hour 07:00 pm Movie Night	10 10:00 am Chair Fitness Class 11:00 am Make thank you Cards for Veterans 01:00 pm Couples Gin Club 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	11Deadline to RSVP 10:00 am Chair Fitness Class 11:00 am Aqua Fit 12:00 pm Resistance Band class 02:00 pm Yoga Class 03:00 pm Silver Sneakers workout class 03:00 pm Bingo 04:30 pm Happy Hour/ Veterans Day  07:00 pm Movie Night	12 10:00 am Chair Fitness Class 10:00 am Men’s Gin Club 10:15 am Perez Art Museum Outing RSVP 11:30 am Ball and Balance Class 02:00 pm Billiards Game 04:30 pm Happy Hour 07:00 pm Movie Night	13 10:00 am Chair Fitness Class 11:00 am Nova Lecture Series 12:00 pm Resistance Band class 01:00 pm Diamond Painting 02:00 pm Yoga Class 02:30 pm Shabbat Service 04:30 pm Happy Hour 07:00 pm Movie Night	14 10:00 am Aqua Fit 11:00 am Current Events Card Room 12:30 pm Learn Mah Jongg 01:00 pm Gin Game 01:00 pm Rummikub 04:30 pm Happy Hour
15 7:30-9:30 Breakfast in Café Bar 12:00-2:30: A Nashville Thanksgiving Friends and Family Event 04:30 pm Happy Hour 07:00 pm Movie Night	16 10:00 am Chair Fitness Class 11:00 am Cornhole/Darts 11:30 am Ball and Balance Class 01:00 pm Afternoon Matinee 01:00 pm Art Class W/ Karen 01:00 pm Rummikub Game 02:00 pm Technology Class 03:00 pm Jewelry Class 04:30 pm Happy Hour 07:00 pm Movie Night	17 10:00 am Chair Fitness Class 11:30 am Fall Clay Craft 01:00 pm Couples Gin Club 02:00 pm Peter Levine Lecture 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	18 10:00 am Chair Fitness Class 10:45 am Joes Stone Crab RSVP 11:00 am Aqua Fit 12:00 pm Resistance Band class 02:00 pm Yoga Class 03:00 pm Silver Sneakers 04:30 pm Happy Hour 07:00 pm Movie Night	19 RESIDENT COUNCIL 09:00 am Men’s Gin Club 10:00 am Chair Fitness Class 11:00 am Resident Council 11:30 am Ball and Balance Class 01:00 pm Ai Lecture and Class W/Roger Nagel 02:00 pm Afternoon Tea 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Book Club 07:00 pm Francisco Paz Pianist	20 10:00 am Chair Fitness Class 11:00 am Nova Lecture Series 12:00 pm Resistance Band class 01:00 pm Diamond Painting 02:00 pm Yoga Class 02:30 pm Shabbat Service 04:30 pm Happy Hour 07:00 pm Movie Night	21 10:00 am Aqua Fit 11:00 am Film and Book Lecture 12:30 pm Learn Mah Jongg 01:00 pm Gin Game 01:00 pm Rummikub 03:00 pm Left, Right, Center 04:30 pm Happy Hour 07:00 pm Movie Night
22 10:00 am Cardio Class 10:30 am Streaming Church Service 11:00 am Knitting Club 01:00 pm Matinee Movie 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	23 10:00 am Chair Fitness Class 11:00 am Cornhole/Darts 11:30 am Ball and Balance Class 01:00 pm Afternoon Matinee 01:00 pm Art Class W/ Karen 01:00 pm Rummikub Game 03:00 pm Jewelry Class 04:30 pm Happy Hour 07:00 pm Movie Night	24 10:00 am Chair Fitness Class 11:30 am Flower Arranging 01:00 pm Couples Gin Club 02:30 pm Chess game 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm \$100.00 Bingo W/ Mack	25 10:00 am Chair Fitness Class 11:00 am Aqua Fit 11:30 pm Sicilian Oven RSVP 12:00 pm Resistance Band class 02:00 pm Yoga Class 03:00 pm Spanish Bingo 03:00 pm Silver Sneakers workout Class 04:30 pm Happy Hour 07:00 pm Movie Night	26 Happy Thanksgiving  10:00 am Men’s Gin Club 04:30 pm Happy Hour 07:00 pm Movie Night	27 10:00 am Chair Fitness Class 11:00 am Nova Lecture Series 12:00 pm Resistance Band class 01:00 pm Diamond Painting 02:00 pm Yoga Class 02:30 pm Shabbat Service 04:30 pm Happy Hour 07:30 PM Palace Presents: Harry Getzov	28 10:00 am Aqua Fit 11:00 am Current Events 12:30 pm Learn Mah Jongg 01:00 pm Video Concert 01:00 pm Gin Game 01:00 pm Rummikub 04:30 pm Happy Hour 07:00 pm Movie Night
29 10:00 am Cardio Class 10:30 am Streaming Church Service 11:00 am Knitting Club 01:00 pm Matinee Movie 03:00 pm Bingo 04:30 pm Happy Hour 07:00 pm Movie Night	30 10:00 am Chair Fitness Class 11:00 am Cornhole/Darts 11:30 am Ball and Balance Class 01:00 pm Rummikub Game 01:00 pm Art Class W/ Karen 01:00 pm Afternoon Matinee 02:00 pm Technology Class 03:00 pm Jewelry Class 04:30 pm Happy Hour 07:00 pm Movie Night					

Nova Lecture Series

November 6, 2026

The Rise and Fall of the Berlin Wall

With the rise of the Berlin Wall 65 years ago this summer, the course of Germany's and especially of Berlin's history took a tragic turn. It would take 28 years for this cruel and inhuman symbol of Germany's division to come down in November of 1989, thus giving birth to yet another period in this European nation's remarkable evolution. Join German Historian and Ex-Berliner Anette Isaacs, M.A., as she presents you with a historical and political overview of this painful but also almost miraculous period in Berlin's captivating history.

Lecturer: Anette Isaacs M.A.

November 13, 2026

Not Just Flamingos: The Birds of Florida

Birds have always been a central part of Florida, from prehistoric times onward. Join Sylvia Gurinsky for a look at that history. Hear about archaeological finds of ancient birds, John James Audubon's trips to Florida and how the campaign to save birds led to the eventual creation of Everglades National Park. **Lecturer:** Sylvia Gurinsky
Educator | Writer | Cohost

November 20, 2026

Gone with the Wind at 90: The Story That Still Sweeps Us Away

Ninety years later, *Gone with the Wind* still knows how to make an entrance! Discover the fascinating story behind **Margaret Mitchell's Pulitzer prize-winning novel**, the unforgettable Scarlett O'Hara and Rhett Butler, and the **film that became one of Hollywood's greatest sensations**.

It's a tale of ambition, romance, history and Hollywood—and one unforgettable heroine. Come see why *Gone with the Wind* still sweeps us away!

Lecturer: Lauren Radick, M.Ed

November 27, 2026

Music & Art: The Rhythm of Creativity

Explore how rhythm, harmony, and emotion connect music and visual arts from the Renaissance to the digital age, from Vermeer to Picasso.

Lecturer: Emanuel Abramovits

Halloween Friends and Family



— Friends and Family Event —

A Nashville Thanksgiving

Sunday, November 15th

12:00PM-2:30PM

RSVP by Wednesday, November 11th

HAPPY HOUR

Live Entertainment

Every day

4:30 PM — 5:30 PM

Café Bar

Open from 10:00AM till 8:00PM

Stop by and enjoy our Café Bar situated in the plaza

We have a wide range of hot and cold beverages

Or try our amazing selection of Ice Creams!!!

HEALTH & WELLNESS GYM HOURS

7:00 AM till 7:00 PM

Schedule a personal training session
with James your Wellness Assistant

Check the Daily Digital for updates
on all of the classes we offer!

RESTAURANT HOURS

Breakfast 7:30 - 10:00 am

Lunch 12:30 - 2:00 pm

Happy Hour 4:30 - 5:30 pm

Dinner Served 5:00-7:30 pm