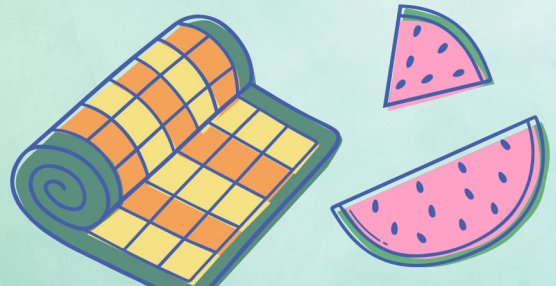


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
  						
3 9:45 CATHOLIC CHURCH SERVICE IN THE CHAPEL 10:30 GRACE CHURCH SERVICE IN THE ACTIVITY ROOM 2:30 BINGO (DR)	4 10:00 MONDAY MORNING DEVOTIONAL(AR) 10:30 FOREVER FIT(AR) 11:00 WORD IN A WORD(AR) 2:00 BINGO(AR) 3:30 CARD MAKING(AR)	5 10:30 CHAIR EXERCISE (AR) 11:00 TENZIE(AR) 2:00 ENTERTAINMENT W/LONESTAR SOUND(DR) 3:30 PAINT A ROCK/HIDE A ROCK CRAFT(AR)	6 10:30 CHAIR EXERCISE 11:00 PENNY PITCHING (AR) 1:30 GOSPEL SING-A-LONG (CH) 2:00 BINGO & ROOT BEER FLOATS(AR)	7 10:30 MUSIC THERAPY W/LAURA(AR) 11:00 PAINT A ROCK/HIDE A ROCK GAME(AR) 2:30 BAKING IN BISTRO 4:00 BETHESDA WALKING CLUB(AR)	1 10:00 SAM MOON OUTING 10:30 CHAIR EXERCISE(AR) 11:00 COLORING PAGES 2:00 PEDICURE OUTING 3:30 NAIL SPA DAY (AR)	2 10:30 CHAIR EXECISE(AR) 11:00 SPANISH FOR BEGINNERS(AR) 2:30 BINGO(DR) 3:30 ZERO DAY EPISODE 2(CH)
10 9:45 CATHOLIC CHURCH SERVICE (CH) 10:30 GRACE CHURCH SERVICE 2:30 BINGO(DR)	11 10:00 MONDAY MORNING DEVOTIONAL(AR) 11:00 WORD IN A WORD(AR) 1:30 RESIDENT COUNCIL MEETING(AR) 2:00 BINGO(AR) 3:30 JEWELRY MAKING(AR)	12 10:00 BINGO OUTING AT THE GROVE 10:30 CHAIR EXERCISE(AR) 11:00 UNO(AR) 2:00 ENTERTAINMENT W/SCOTTY(DR) 6:00 EVENING GAMES(AR)	13 10:30 CHAIR EXERCISE(AR) 11:00 HALLWAY HOCKEY 1:30 BIBLE STUDY (CH) 2:00 BINGO 6:30 VISITATION W/ GRACE CHURCH	14 10:30 EXERCISE W/BAB FITNESS 11:00 ROLL THE PAPER TOWEL (AR) 2:00 TRINITY RIVER RAMBLERS(DR) 3:30 RUMIKUUB(AR)	15 10:00 KROGER OUTING 10:30 MOMENTS MUSIC THERAPY(AR) 11:00 TENZIE(AR) 1:30 CHEF CONNECTION(AR) 2:00 CHOSEN SEASON 5(CH) 3:30 NAIL SPA DAY(AR)	16 10:30 CHAIR EXERCISE(AR) 11:00 SPANISH FOR BEGINNERS(AR) 2:30 BINGO (DR)
17 9:45 CATHOLIC CHURCH SERVICE IN THE CHAPEL 10:30 GRACE CHURCH SERVICE IN THE ACTIVITY ROOM 2:30 BINGO (DR)	18 10:30 CHAIR FITNESS W/FOREVER FIT (AR) 11:00 WORD W/IN A WORD LIFELONG LEARNING 2:30 BINGO (AR) 3:30 CARD MAKING	19 10:30 CHAIR EXERCISE (AR) 11:00 MATCH THE BALL (AR) 2:00 ENTERTAINMENT W/LONESTAR SOUND 3:30 PAINTING(AR)	20 10:00 DALLAS BIBLICAL MUSUEM OUTING 10:30 CHAIR EXERCISE(AR) 1:30 BIBLE STUDY (CH) 2:00 BINGO (AR)	21 10:30 CHAIR EXERCISE W/BAB FITNESS(AR) 11:00 VOLLEY BALL CHAIR (AR) 2:00 NATIONAL SENIOR CITIZENS DAY SOCIAL(AR) 4:00 BETHESDA WALKING CLUB(AR)	22 10:00 KOHL'S OUTING 10:30 CHAIR EXERCISE (AR) 11:00 UZZLE GAME 2:00 MAMMA MIA MOVIE(CH) 3:30 NAIL SPA DAY(AR)	23 10:30 CHAIR EXERCISE 11:00 SPANISH FOR BEGINNERS(AR) 2:30 BINGO (DR) 3:30 MOVIE(CH)
24 9:45 CATHOLIC CHURCH SERVICE IN THE CHAPEL 10:30 GRACE CHURCH SERVICE IN THE ACTIVITY ROOM 2:30 BINGO (DR)	25 10:00 MONDAY MORNING DEVOTIONAL(AR) 10:30 CHAIR FITNESS W/FOREVER FIT 11:00 WORD IN A WORD(AR) 2:30 BINGO (AR) 3:30 CARD MAKING(AR)	26 10:30 CHAIR EXERCISE (AR) 11:00 BALL TOSS(AR) 2:00 ENTERTAINMENT W/LAURIE GABRIEL & BIRTHDAY CELEBRATION(DR) 6:00 EVENING GAMES(AR)	27 10:30 CHAIR EXERCISE(AR) 11:00 CHARDES (AR) 1:30 BIBLE STUDY (CH) 2:00 BINGO (AR) 3:30 AROMA THERAPY HAND MASSAGE 4:00 JOURNAL TIME (CH)	28 9:30 MEN'S COFFEE TALK 10:30 CHAIR EXERCISE W BAB FITNESS(AR) 11:00 CHICKENFOOT(AR) 2:30 BAKING BISTRO 3:30 BALLOON BULLSEYE GAME(AR)	29 10:00 TARGET OUTING 10:30 CHAIR EXERCISE (AR) 11:00 MAGAZINE WAR GAME(AR) 2:00 ZERO DAY EPISODE 3(CH) 3:30 NAIL SPA DAY(AR)	30 10:30 CHAIR EXERCISE 11:00 SPANISH FOR BEGINNERS(AR) 2:30 BINGO (DR)
31 9:45 CATHOLIC CHURCH SERVICE IN THE CHAPEL 10:30 GRACE CHURCH SERVICE IN THE ACTIVITY ROOM 2:30 BINGO (DR)	 BIRTHDAYS: Yolanda C. 08/06 Richard P. 08/17 Frances B. 08/19 Gloria B. 08/20 Steve P. 08/21 Cliff S. 08/22 Sarah M. 08/28 					