

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

BIRTHDAYS

VIVI G. 01/02
BARBARA W. 01/10
JOHN F. 01/12
LYNN L. 01/17
LINDA F. 01/18
CAROL C. 01/22
BERTA W. 01/26
NORMA L. 01/30

January 2026

<p>9:45 CATHOLIC CHURCH SERVICE (CH) ⁴</p> <p>10:30 GRACE CHURCH (AR)</p> <p>2:30 BINGO(DR)</p>	<p>10:00 MONDAY MORNING DEVOTIONAL(AR) ⁵</p> <p>10:30 FOREVER FIT (AR)</p> <p>2:00 BINGO(AR)</p> <p>3:30 PAINTING(AR)</p>	<p>10:30 CHAIR EXERICSE (AR) ⁶</p> <p>11:00 CHICKENFOOT (AR)</p> <p>1:00 BIBLE STUDY (CH)</p> <p>2:00 ENTERTAINMENT W/SCOTTY (DR)</p> <p>3:30 PRAYER JAR CRAFT(AR)</p>	<p>10:30 CHAIR EXERCISE(AR) ⁷</p> <p>11:00 WORD ON THE BEAT GAME(AR)</p> <p>2:00 BINGO(AR)</p> <p>3:30 AROMA THERAPY HAND MASSAGE(CH)</p> <p>New Year's Day</p>	<p>10:30 CHAIR EXERCISE(AR) ¹</p> <p>11:00 TENZIE(AR)</p>	<p>10:00 WALMART OUTING ²</p> <p>10:30 CHAIR EXERCISE(AR)</p> <p>11:00 BULLSEYE GAME(AR)</p> <p>2:00 SPACEMAN (CH)</p> <p>3:30 NAIL SPA DAY (AR)</p>	<p>10:30 CHAIR EXECISE(AR) ³</p> <p>11:00 CONNECT FOUR(AR)</p> <p>2:30 BINGO(DR)</p>
<p>9:45 CATHOLIC CHURCH SERVICE (CH) ¹¹</p> <p>10:30 GRACE CHURCH(AR)</p> <p>2:30 BINGO(DR)</p>	<p>10:00 MONDAY MORNING DEVOTIONAL(AR) ¹²</p> <p>10:30 FOREVER FIT(AR)</p> <p>11:00 TRIVIA(AR)</p> <p>12:30 RESIDENT COUNCIL(DR)</p> <p>2:00 BINGO(AR)</p>	<p>10:30 CHAIR EXERCISE(AR) ¹³</p> <p>11:00 UNO(AR)</p> <p>2:00 ENTERTAINMENT W/LONESTAR SOUND(DR)</p> <p>3:30 JEWELRY MAKING(AR)</p> <p>6:00 GAME NIGHT(AR)</p>	<p>10:30 CHAIR EXERCISE(AR) ¹⁴</p> <p>11:00 CROSSWORD PUZZLES(AR)</p> <p>2:00 BINGO(AR)</p> <p>3:30 AROMA THERAPY HAND MASSAGE(CH)</p> <p>6:30 VISITATION W/ GRACE CHURCH(LOBBY)</p>	<p>10:30 CHAIR EXERCISE W/BAB FITNESS(AR) ¹⁵</p> <p>11:00 LIFELONG LEARNING(AR)</p> <p>2:00 BAKING IN BISTRO</p> <p>3:30 CATCH PHRASE(BISTRO)</p>	<p>10:00 TARGET OUTING ¹⁶</p> <p>10:30 CHAIR EXERCISE(AR)</p> <p>11:00 TENZIE(AR)</p> <p>1:00 MOMENTS MUSIC THERAPY(AR)</p> <p>2:00 SNOW DOGS(DR)</p> <p>3:30 NAIL SPA DAY(AR)</p>	<p>10:30 CHAIR EXERCISE(AR) ¹⁷</p> <p>1:00 TENZIE(AR)</p> <p>2:30 BINGO (DR)</p>
<p>9:45 CATHOLIC CHURCH SERVICE (CH) ¹⁸</p> <p>10:30 GRACE CHURCH (AR)</p> <p>2:30 BINGO(DR)</p> <p>Activity Professionals Week</p>	<p>10:00 MONDAY MORNING DEVOTIONAL(AR) ¹⁹</p> <p>10:30 FOREVER FIT (AR)</p> <p>11:00 CURRENT EVENTS(AR)</p> <p>2:00 BINGO (AR)</p> <p>3:30 CARD MAKING(AR)</p> <p>Martin Luther King Jr. Day</p>	<p>8:30 MORNING WALK(AR) ²⁰</p> <p>10:30 CHAIR EXERCISE (AR)</p> <p>11:00 BIBLE TRIVIA (AR)</p> <p>1:00 BIBLE STUDY(CH)</p> <p>2:00 ENTERTAINMENT W/LONESTAR SOUND(DR)</p> <p>3:30 PAINTING(AR)</p>	<p>10:30 MOMENTS MUSIC THERAPY(AR) ²¹</p> <p>11:00 CROSSWORD PUZZLES(AR)</p> <p>2:00 BINGO (AR)</p> <p>3:30 AROMA THERAPY HAND MASSAGE(CH)</p>	<p>10:30 CHAIR EXERCISE (AR) ²²</p> <p>11:00 COLORING PAGES (AR)</p> <p>2:00 CRAFT TIME(AR)</p> <p>3:30 BETHESDA WALKING CLUB(AR)</p>	<p>10:00 SAM MOON OUTING ²³</p> <p>10:30 CHAIR EXERCISE (AR)</p> <p>11:00 UZZLE GAME(AR)</p> <p>12:30 CHEF CONNECTION(DR)</p> <p>2:00 VEGAS VACATION (CH)</p> <p>3:30 NAIL SPA DAY(AR)</p>	<p>10:30 CHAIR EXERCISE(AR) ²⁴</p> <p>11:00 CROSSWORD PUZZLES(AR)</p> <p>2:30 BINGO(DR)</p>
<p>9:45 CATHOLIC CHURCH SERVICE (CH) ²⁵</p> <p>10:30 GRACE CHURCH (AR)</p> <p>2:30 BINGO(DR)</p> <p>Australia Day (Observed)</p>	<p>10:00 MONDAY MORNING DEVOTIONAL(AR) ²⁶</p> <p>10:30 FOREVER FIT(AR)</p> <p>11:00 UZZLE GAME(AR)</p> <p>2:00 BINGO(AR)</p>	<p>10:30 CHAIR EXERCISE (AR) ²⁷</p> <p>11:00 CHICKENFOOT(AR)</p> <p>1:00 BIBLE STUDY(CH)</p> <p>2:00 RESIDENT MEMORIAL SERVICE(AR)</p> <p>3:30 JEWELRY MAKING(AR)</p>	<p>10:30 CHAIR EXERCISE(AR) ²⁸</p> <p>11:00 MAGAZINE WAR (AR)</p> <p>2:00 BINGO (AR)</p> <p>3:30 AROMA THERAPY HAND MASSAGE(CH)</p> <p>6:00 GAME NIGHT(AR)</p>	<p>10:30 CHAIR EXERCISE (AR) ²⁹</p> <p>11:00 COLORING PAGES (AR)</p> <p>2:00 BAKING BISTRO</p> <p>3:30 DOMINOS GAME(AR)</p> <p>6:00 PUZZLE TIME(AR)</p>	<p>10:30 CHAIR EXERCISE (AR) ³⁰</p> <p>11:00 TEXAS ROADHOUSE LUNCH OUTING</p> <p>2:00 CAST AWAY MOVIE (CH)</p> <p>3:30 NAIL SPA DAY(AR)</p>	<p>10:30 CHAIR EXERCISE(AR) ³¹</p> <p>11:00 CROSSWORD PUZZLES(AR)</p> <p>2:30 BINGO(DR)</p>

