

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

BIRTHDAYS

February 2026

9:45 CATHOLIC CHURCH SERVICE (CH) 10:30 GRACE CHURCH (AR) 2:30 BINGO(DR) Tu B'Shevat Begins	10:00 MONDAY MORNING DEVOTIONAL(AR) 10:30 FOREVER FIT (AR) 2:00 BINGO(AR) 3:30 PAINTING(AR) Groundhog Day	10:30 CHAIR EXERICSE (AR) 11:00 CHICKENFOOT (AR) 1:00 BIBLE STUDY (CH) 2:00 ENTERTAINMENT W/LONESTAR SOUND (DR) 3:30 JEWELRY MAKING(AR)	10:30 CHAIR EXERCISE(AR) 11:00 WORD ON THE BEAT GAME(AR) 2:00 BINGO(AR) 3:30 VALENTINE'S DAY CARD MAKING W/LINDA(AR)	10:30 CHAIR EXERCISE W/ BAB FITNESS(AR) 11:00 TENZIE(AR) 2:00 BAKING BISTRO 3:30 BETHESDA WALKING GROUP(AR)	10:00 WALMART OUTING 10:30 CHAIR EXERCISE(AR) 11:00 CROSSWORD PUZZLES(AR) 2:00 VALENTINE'S DAY CRAFT(AR) 3:30 NAIL SPA DAY (AR)	10:30 CHAIR EXECISE(AR) 11:00 CONNECT FOUR(AR) 2:30 BINGO(DR)
9:45 CATHOLIC CHURCH SERVICE (CH) 10:30 GRACE CHURCH(AR) 2:30 BINGO(DR) 6:00 SUPERBOWL PARTY(AR)	10:00 MONDAY MORNING DEVOTIONAL(AR) 10:30 FOREVER FIT(AR) 11:00 PUZZLE TIME(AR) 1:00 RESIDENT COUNCIL(AR) 2:00 BINGO(AR)	10:30 CHAIR EXERCISE(AR) 11:00 UNO(AR) 1:00 BIBLE STUDY(CH) 2:00 ANNUAL CHILI COOKOFF(DR) 3:30 JEWELRY MAKING(AR) 5:30 COMMUNITY EDUCATIONAL SERIES(AR)	10:30 CHAIR EXERCISE(AR) 11:00 CROSSWORD PUZZLES(AR) 2:00 BINGO(AR) 3:30 AROMA THERAPY HAND MASSAGE(CH) 6:30 VISITATION W/ GRACE CHURCH(LOBBY)	8:30 MORNING WALK(AR) 10:30 CHAIR EXERCISE W/BAB FITNESS(AR) 11:00 MEXICCAN TRAINS (AR) 2:00 ENTERTAINMENT W/ TRINITY RIVER RAMBLERS(DR) 3:30 THE MASKED SINGER SHOW(CH)	10:00 BURLINGTON OUTING 10:30 CHAIR EXERCISE(AR) 11:00 TENZIE(AR) 2:00 VALENTINE'S DAY SOCIAL(AR) 3:30 NAIL SPA DAY(AR) Valentine's Day	10:30 CHAIR EXERCISE(AR) 11:00 CHICKENFOOT(AR) 2:30 BINGO(DR)
9:45 CATHOLIC CHURCH SERVICE (CH) 10:30 GRACE CHURCH (AR) 2:30 BINGO(DR)	10:00 MONDAY MORNING DEVOTIONAL(AR) 10:30 FOREVER FIT (AR) 11:00 CURRENT EVENTS(AR) 2:00 BINGO (AR) 3:30 CARD MAKING(AR) Presidents' Day (U.S.)	8:30 MORNING WALK(AR) 10:30 CHAIR EXERCISE (AR) 11:00 BIBLE TRIVIA (AR) 1:00 BIBLE STUDY(CH) 2:00 FAT TUESDAY DAIQUIRI SOCIAL AND ENTERTAINMENT W/SCOTTY(DR) Ramadan Begins Mardi Gras	10:30 MOMENTS MUSIC THERAPY(AR) 11:00 CROSSWORD PUZZLES(AR) 2:00 BINGO (AR) 3:30 AROMA THERAPY HAND MASSAGE(CH)	10:30 CHAIR EXERCISE W/BAB FITNESS(AR) 11:00 YAHTZEE (AR) 2:00 BAKING IN BISTRO 3:30 BETHESDA WALKING CLUB(BISTRO)	10:00 TARGET OUTING 10:30 CHAIR EXERCISE(AR) 11:00 PUZZLE TIME(AR) 1:00 MOMENTS MUSIC THERAPY(AR) 2:00 NATIONAL COMFY DAY SPA SOCIAL(AR)	10:30 CHAIR EXERCISE(AR) 1:00 TENZIE(AR) 2:30 BINGO (DR)
9:45 CATHOLIC CHURCH SERVICE (CH) 10:30 GRACE CHURCH (AR) 2:30 BINGO(DR)	10:00 MONDAY MORNING DEVOTIONAL(AR) 10:30 FOREVER FIT(AR) 11:00 UZZLE GAME(AR) 2:00 BINGO(AR)	10:30 CHAIR EXERCISE (AR) 11:00 CHICKENFOOT(AR) 1:00 BIBLE STUDY(CH) 2:00 ENTERTAINMENT (AR) 3:30 JEWELRY MAKING(AR)	10:30 CHAIR EXERCISE(AR) 11:00 MAGAZINE WAR (AR) 2:00 BINGO (AR) 3:30 AROMA THERAPY HAND MASSAGE(CH) 6:00 GAME NIGHT(AR)	9:30 VETERANS COFFEE TALK (PD) 10:30 CHAIR EXERCISE (AR) 11:00 COLORING PAGES (AR) 2:00 CRAFT TIME(AR) 3:30 BETHESDA WALKING CLUB(AR)	10:00 SAM MOON OUTING 10:30 CHAIR EXERCISE (AR) 11:00 UZZLE GAME(AR) 12:30 CHEF CONNECTION(DR) 2:00 SECRET LIFE OF PETS MOVIE(CH) 3:30 SENIOR SMILES TIME(AR)	10:30 CHAIR EXERCISE(AR) 11:00 CROSSWORD PUZZLES(AR) 2:30 BINGO(DR)

