


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BIRTHDAYS Tom C. 06/03 Linda F. 06/18 Steve B. 06/29	1 10:00 MONDAY MORNING DEVOTIONAL(AR) 10:30 FOREVER FIT (AR) 11:00 WORLD TOURS (AR) 2:00 BINGO(AR) 3:30 SAND PAINTING(AR)	2 10:30 CHAIR EXERCISE(AR) 11:00 CHICKENFOOT (AR) 1:00 BIBLE STUDY (CH) 2:00 ENTERTAINMENT W / LONESTAR SOUND 3:30 JEWELRY MAKING(AR)	3 10:30 CHAIR EXERCISE(AR) 11:00 CURRENT EVENTS(AR) 2:00 BINGO(AR) 3:30 BETHESDA WALKING CLUB(AR)	4 10:30 CHAIR EXERCISE(AR) 11:00 RUMIKUB (AR) 2:00 BAKING IN BISTRO 3:30 BETHESDA WALKING GROUP(AR)	5 10:00 WALMART OUTING 10:30 CHAIR EXERCISE(AR) 11:00 CROSSWORD PUZZLES(AR) 2:00 MOVIE MATINEE HOSTED BY STEVE B. (CH) 3:30 NAIL SPA DAY (AR)	6 9:00 4TH ANNUAL DAD'S AND DONUTS CAR SHOW 10:30 CHAIR EXECISE(AR) 11:00 CONNECT FOUR(AR) 2:30 BINGO(DR)
7 9:45 CATHOLIC CHURCH SERVICE (CH) 10:30 GRACE CHURCH (AR) 2:30 BINGO(DR)	8 10:00 MONDAY MORNING DEVOTIONAL(AR) 10:30 FOREVER FIT(AR) 11:00 TENZIE(AR) 1:30 RESIDENT COUNCIL(AR) 2:00 BINGO(AR) 3:30 PAINTING(AR)	9 10:30 CHAIR EXERCISE(AR) 11:00 UNO(AR) 1:00 BIBLE STUDY(CH) 2:00 ENTERTAINMENT W/SCOTTY (DR) 3:30 JEWELRY MAKING(AR)	10 10:30 CHAIR EXERCISE(AR) 11:00 UZZLE GAME(AR) 1:00 FATHER'S DAY CARD MAKING W/LINDA(AR) 2:00 BINGO(AR) 3:30 AROMA THERAPY HAND MASSAGE(CH) 6:30 VISITATION W/ GRACE CHURCH(LOBBY)	11 8:30 MORNING WALK(AR) 10:30 CHAIR EXERCISE (AR) 11:00 SHARE AN ANTIQUE DAY(AR) 2:00 BODYSRUB W/ ASSISTED HANDS(BISTRO)	12 10:00 KORGERS 10:30 CHAIR EXERCISE(AR) 11:00 TENZIE(AR) 3:30 NAIL SPA DAY(AR) 6:00 NORRIS PERRY (LOBBY)	13 10:30 CHAIR EXERCISE(AR) 11:00 FATHERS DAY BBQ 2:30 BINGO(DR)
14 9:45 CATHOLIC CHURCH SERVICE (CH) 10:30 GRACE CHURCH(AR) 2:30 BINGO(DR) Flag Day (U.S.)	15 10:00 MORNING DEVOTIONAL (AR) 10:30 FOREVER FIT (AR) 11:00 CHICKEFOOT (AR) 2:00 BINGO (AR) 3:30 CARD MAIKING (AR)	16 8:30 MORNING WALK(AR) 10:30 CHAIR EXERCISE (AR) 11:00 BIBLE TRIVIA (AR) 1:00 BIBLE STUDY(CH) 2:00 ENTERTAINMENT W/ LONESTAR SOUND(DR)	17 10:30 CHAIR EXERCISE(AR) 11:00 MEXICAN TRAINS(AR) 2:00 BINGO (AR) 3:30 AROMA THERAPY HAND MASSAGE(CH) 6:00 GAME NIGHT(AR)	18 10:30 CHAIR EXERCISE (AR) 11:00 RUMIKUB (AR) 1:30 TOWN HALL MEETING(AR) 2:30 CRAFT (AR) BETHESDA WALKING CLUB(AR)	19 10:00 TARGET OUTING 10:30 CHAIR EXERCISE(AR) 11:00 CONNECT FOUR (AR) 2:00 MOVIE W/STEVE B. (CH)	20 10:30 CHAIR EXERCISE(AR) 11:00 TENZIE(AR) 2:30 BINGO (DR)
21 9:45 CATHOLIC CHURCH SERVICE (CH) 10:30 GRACE CHURCH (AR) 2:30 BINGO(DR) Summer Begins Father's Day	22 10:00 MORNING DEVOTIONAL(AR) 10:30 FOREVER FIT (AR) 11:00 UZZLE (AR) 1:00 BIBLE STUDY (CH) 2:00 BINGO (AR) 3:30 CRAFT (AR)	23 10:30 CHAIR EXERCISE (AR) 11:00 CHICKENFOOT(AR) 1:00 BIBLE STUDY(CH) 2:00 ENTERTAINMENT W/ LAURIE(DR) 3:00 CARD MAKING (AR)	24 10:30 CHAIR EXERCISE(AR) 11:00 WORLD TOURS(AR) 2:00 BINGO (AR) 3:30 AROMA THERAPY HAND MASSAGE(CH)	25 10:30 CHAIR EXERCISE (AR) 11:00 COLORING PAGES (AR) 2:00 COMMUNITY EDUCATIONAL SERIES: SUPPORTING LOVED ONES W/ALZHEIMER'S AND DEMENTIA(AR) 3:30 BETHESDA WALKING GROUP(AR)	26 10:00 SCOTTY P'S LUNCH OUTING 10:30 CHAIR EXERCISE(AR) 2:00 MOVIE MATINEE W/ STEVE B(CH) 3:30 NAIL SPA DAY	27 10:30 CHAIR EXERCISE(AR) 1:00 UZZLE GAME (AR) 2:30 BINGO(DR)
28 9:45 CATHOLIC CHURCH SERVICE (CH) 10:30 GRACE CHURCH (AR) 2:30 BINGO(DR)	29 10:00 MORNING DEVOTIONAL (AR) 10:30 FOREVER FIT (AR) 11:00 RUIKUB(AR) 1:00 BIBLE STUDY (CH) 2:00 BINGO (AR) 3:30 CARD MAIKING (AR)	30 10:30 CHAIR EXERCISE (AR) 11:00 TENZIE (AR) 1:00 BIBLE STUDY(CH) 2:00 ENTERTAINMENT (DR) 3:00 CARD MAKING (AR)	 <p>June 2026 June 2026</p>			

