# LONG-RANGE PLANNING MEETING

Newton Villa – Brampton, ON JULY 16-18, 2025

#### **LOCATION:**

Newton Villa 8 Merrydale Court, Brampton, ON L6P 0H4 https://newtonvilla.ca/

#### **OBJECTIVES**

- 1. Getting out of your comfort zone to try something new (CHANGE);
- 2. Finding your next gear, if you're on a good path but want to be better (IMPROVE);
- 3. Overcoming what's holding us back, embracing discomfort and supporting each other as we DARE to Change AND Improve.

#### PRE-WORK

- 1. DARE framework & DIScomfortable compass: <a href="https://youtu.be/LoKgUgqTksQ">https://youtu.be/LoKgUgqTksQ</a>
- 2. Bias & the Ladder of Inference: <a href="https://youtu.be/JL45TF\_w14Y">https://youtu.be/JL45TF\_w14Y</a>

#### **WEDNESDAY JULY 16**

TIMELINE	DESCRIPTION
8-9am	Breakfast
9-915am	Introduction: Roger
915-945am	Charter: co-creation of norms for the meeting
945-10am	RRF Core Values -> Our collective actions = IMPACT
10-1030	Concept: "DARE to change AND DARE to improve?"
1030-1045am	BREAK
1045-1115am	Activity: "What's One Thing You've Outgrown?"
1115-1145am	Guided Reflection: "The Voice in My Head"
1145-12pm	Envelope Activity
12-1pm	LUNCH
1-115pm	Fun Activity: "RRF PDA Quiz"
115-215pm	Activity: Johari Window "Picante Edition"
215-230pm	Reflection
230-245pm	BREAK
245-3pm	Perception vs Perspective
3-415pm	Activity: The Energy Game (need a better name)
415-430pm	Reflection



## **THURSDAY JULY 17**

TIMELINE	DESCRIPTION		
8-9am	Breakfast		
9-915am	Reflections from Day 1		
915-930am	Fun warm-up		
930-1030am	Concept: Discomfortable Compass		
1030-1045am	BREAK		
1045-12pm	How Bias Limits Change: The Role of the Ladder of Inference		
12-1pm	LUNCH		
1-215pm	Discussion: What went right? What went wrong? When Roger was away		
1-215pm	Activity: If we do the Rules of Civil Procedure		
230-245pm	BREAK		
245-5pm	ACTIVITY		

### **FRIDAY JULY 18**

TIMELINE	DESCRIPTION	NOTES
8-930am	BREAKFAST	
930-1130am	STATE OF THE NATION	Roger
12pm	DEPARTURE	

