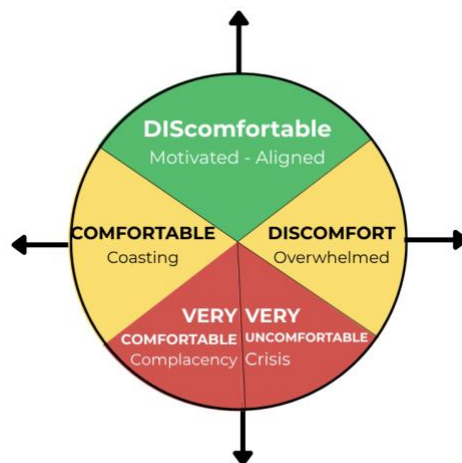


Long Range Planning 2025: Pre-Read Worksheet

Complete the reflections below based on the pre-read videos in the client portal.

<u>DECIDE</u>	<u>ASSESS</u>	<u>RESOLVE</u>	<u>EXECUTE</u>
What do you want to change, improve, or explore?	What's your current reality? What's helping or hindering you?	Make a conscious decision to commit. What mindset or approach will you take?	Take action. Start the smallest meaningful step forward.
My Reflection...	My Reflection...	My Reflection...	My Reflection...
What part of the DIScomfortable Compass will you need to move to work in each part of the DARE framework to meet your CHANGE & IMPROVE goals?			
My Reflection...	My Reflection...	My Reflection...	My Reflection...



Long Range Planning 2025: Pre-Read Worksheet

1. Think of a Situation...

Choose a moment where you felt frustrated, misunderstood, or confident about your judgment of something or someone at work.

Briefly describe it below:

2. Climb the Ladder

Use the Ladder of Inference to break it down:

What did I observe? (raw data)

What did I notice or focus on? (filtered data)

What meaning did I add?

What assumption did I make?

What conclusion or belief did I form?

What action did I take... or not take?



Long Range Planning 2025: Pre-Read Worksheet

3. Dunning-Kruger Moment Check

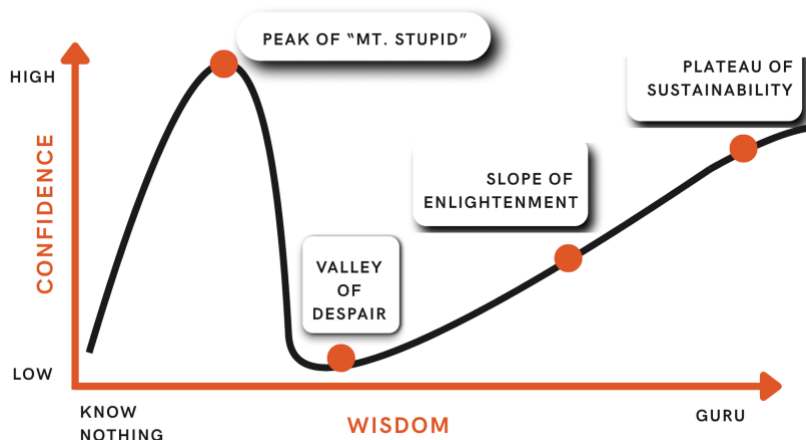
Reflect on a skill or area where you've felt overconfident before having deep experience.

- Is there an area I've assumed competence without seeking feedback or growth?
- How might that assumption be limiting me today?

4. Reframe It

- What new data or perspective might challenge that belief?
- What would it look like to step into the DIScomfortable zone with this?

DUNNING-KRUGER EFFECT



HUMAN SCAFFOLD

