

# REPN CONCEPT PRE-READ WORKSHEET

Leeds & Grenville FHT Team & Leadership Retreat  
February 10, 2026

## REPN Concept

1. Watch the pre-read video: <https://www.youtube.com/watch?v=6iQBBDTgK9Q>
2. Answer each of the questions in the REPN Concept below after watching the pre-read video. This is for your own preparation, as we will be discussing this concept in depth.

<u>Reflection 1a:</u> <b>Where do you fall on the spectrum of RISK?</b>	
<u>Reflection 1b:</u> <b>Where do members of your clinic fall?</b>	
<u>Reflection 2a:</u> <b>Where do you fall on the spectrum of EXTROVERSION?</b>	
<u>Reflection 2b:</u> <b>Where do members of your clinic fall?</b>	
<u>Reflection 3a:</u> <b>Where do you fall on the spectrum of PATIENCE?</b>	
<u>Reflection 3b:</u> <b>Where do members of your clinic fall?</b>	
<u>Reflection 4a:</u> <b>Where do you fall on the spectrum of NORMS?</b>	
<u>Reflection 4b:</u> <b>Where do members of your clinic fall?</b>	