

LEEDS & GRENVILLE FAMILY HEALTH TEAM

Team & Leadership Retreat

February 10, 2026

Morning Team Retreat Objectives:

1. Build upon a team culture of “respectful candor” and “critical friends”;
2. Develop an external self-awareness of how others perceive you and how you believe that you are perceived;
3. Explore the above interactively through relevant scenarios and reflect on diverse perspectives within the group.

AGENDA

TIMEFRAME	DESCRIPTION
9-905am	Intro kick-off
905-930am	"one honest goal"
930-1015am	REPN Concept Review
1015-1030am	BREAK
1030-1045am	Fun Activity
1045-1145am	CBCF Discussions Collaboration - Outline what good collaboration looks like between staff members. Boundaries - Frame the boundaries in staff member relationships. Communication - Describe what ideal, open communication looks like between staff. Feedback - Articulate best practises for giving and receiving feedback.
1145-1155am	Final Reflections
1155-12pm	Wrap Up
12-1pm	LUNCH
1-4pm	Staff filming with Frank

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Afternoon Leadership Retreat Objectives:

1. Build upon a team culture of “respectful candor” and “critical friends”;
2. Develop an external self-awareness of how others perceive you and how you believe that you are perceived;
3. Explore the above interactively through relevant scenarios and reflect on diverse perspectives within the group.

TIMEFRAME	DESCRIPTION
1-105am	Intro kick-off
105-130am	"one honest goal"
130-215am	REPN Concept Review
115-1030am	BREAK
230-245am	Fun Activity
245-345am	CBCF Discussions Collaboration - Outline what good collaboration looks like between staff members. Boundaries - Frame the boundaries in staff member relationships. Communication - Describe what ideal, open communication looks like between staff. Feedback - Articulate best practises for giving and receiving feedback.
345-355am	Final Reflections
355-4pm	Wrap Up