

REPN CONCEPT PRE-READ WORKSHEET

Arnprior & District FHT Workshop
March 11, 2026

REPN Concept

1. Watch the pre-read video: <https://www.youtube.com/watch?v=6iQBBDTgK9Q>
2. Answer each of the questions in the REPN Concept below after watching the pre-read video. This is for your own preparation, as we will be discussing this concept in depth.

<u>Reflection 1a:</u> Where do you fall on the spectrum of RISK?	
<u>Reflection 1b:</u> Where do members of your clinic fall?	
<u>Reflection 2a:</u> Where do you fall on the spectrum of EXTROVERSION?	
<u>Reflection 2b:</u> Where do members of your clinic fall?	
<u>Reflection 3a:</u> Where do you fall on the spectrum of PATIENCE?	
<u>Reflection 3b:</u> Where do members of your clinic fall?	
<u>Reflection 4a:</u> Where do you fall on the spectrum of NORMS?	
<u>Reflection 4b:</u> Where do members of your clinic fall?	

